

Election Year Produces List Of Multiple Ingredients for Mixing up Good Congressman

By JACK STINNETT

WASHINGTON—This is Congressional election year. Thousands of men and women all over the country who never have been in Congress will be angling for those 435 House seats. Have they any idea what they are getting into? Do you really have any idea what their qualifications should be?

Seen years ago, Rep. Luther Patrick, Birmingham, Ala., with lawyer, writer, radio commentator, lodge member and four-term House Democrat, listed 10 rules of conduct and necessary qualifications for members of Congress. With a few cuts for brevity and modernity, here they are:

1. Entertain with a smile constituents, their wives, their sons, sons' wives, etc. Go with them to the White House and have ready a good reason why you are unable to have them meet the president; take daughters to meet midshipmen at Annapolis.
2. Explain what bill is up for debate, points of discussion, how it will be passed, how you will vote, and why.
3. Attend to balcony and point out Speaker Rayburn, Leaders McCormick and Martin, John Rankin, Dewey Short and Mrs. Clare Booth Luce and all the other lady members of the House. Eat Anything, Any Time.
4. Respond to all worthy causes, make after-dinner speeches, before-dinner speeches, learn to eat everything, anywhere, any night—work all day, dictate all night and be fresh as a rain-washed daisy for next day's duties.
5. Be a cultured gentleman, a teller of ribald stories, a profound philosopher, a gagster, be a ladies' man, a man's man, a he-man, a diplomat, a Democrat with a Republican slant, a Re-

publican with a Democratic viewpoint, a hater of the New Deal, a New Dealer, and old dealer and a quick dealer.

6. Learn how to attend six to eight major functions (back home), rushing home and back during each term on one round-trip travel pay.

Know the Hot Spots

7. Have the dope on hot spots in town, with choice telephone numbers for the gay boys from back home; and help to contact local moral organizations and uplift societies with offices in Washington.

8. Learn to be an expert guide. Keep your car in tip-top shape.

9. Know the names and dates related to all public buildings and statutory about Washington.

10. Be an authority on history, travel, psychology, philosophy, education, economics, physics, civics, finance, export trade, government printing, international relations, neckties and fishing tackle.

Explaining that he made no pretense to being all these things, Rep. Patrick concluded: "A congressman has become an expanded messenger, an employment agency, a getter-out of the Army, Navy, Marines, ward healer, wound healer, trouble shooter, law explainer, financial wet

nurse, cornerstone layer and bridge dedicant.

"And find time to properly study legislation—the real business we are here to discharge."

Treble Club to be Heard

The Treble Club, Junior High School girls chorus, will be presented in concert May 3 at the Junior High auditorium at 8 o'clock in the evening. Choral and special numbers will be included on the program with Mrs. Vivian Gilkey, violinist, as guest artist, accompanied by Miss Gladys H. Strong at the piano.

Only about 815,000 acres in Arizona are under cultivation and 750,000 of them are irrigated.

Two NEA Offices Filled

DETROIT, April 25.—(AP)—Perry L. Schneider, assistant to the director in charge of adult elementary education for the New York City Board of Education, was elected president today of the Department of Adult Education of the National Education Association.

Eva Anderson of Cheban, Wash., a member of the University of Washington board of regents, was elected a regional vice president.

Beauty Assn. Post Given

Velma Herman, operator of Velma's Beauty Shop, Roseburg, was named District 2 representative at a meeting in Portland this

week of the Oregon Association of Beauty Shop Owners and Operators.

Coffee is first known to have been cultivated in Arabia about 575 A.D.

More motor vehicles are used in the distribution of milk than any other commodity.

The Germans were the first people to use gunpowder in warfare in 1338.

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How to prepare old-time meat favorites

There's nothing like one of these old-time meat favorites for satisfying hearty appetites and bringing words of praise to the cook. Most of them are easy on the budget, too.

SWISS STEAK

This perennial favorite always goes over with the men in the family. Although round steak is most frequently used, chuck or sirloin tip is equally good swissed.

Allowing about 1½ pound for each person, have steak cut 1 to 2 inches thick. Sprinkle with salt and pepper and roll in flour. Pound with edge of plate. Brown in melted shortening in Dutch oven or heavy frying pan. Add 2 cups of water, cover, and cook slowly for 2½ hours or until meat is tender. Add more water, if necessary, to make the desired amount of gravy. Serve with fluffy mashed potatoes.

LAMB SHOULDER POT ROAST

About a half hour before the pot roast is done put in peeled potatoes, carrots and onions and you'll have a complete meal. Sprinkle a 3-pound lamb shoulder with salt and pepper and roll in flour. Brown in melted shortening in a Dutch oven or deep kettle with tight fitting lid. Add 2 cups of hot water, a medium-sized onion thinly sliced and a bay leaf. Cover and cook slowly about 3 hours or until tender. Add more water if necessary. Serves 6 to 8.

BRAISED SHORT RIBS

Here's another old-timer that's been a favorite for generations. Try serving with home-made noodles.

Have 3 pounds of short ribs cut in serving size pieces. Brown slowly, turning often, in a small amount of shortening in a heavy kettle with tight fitting cover. Add a cup of hot water, salt and pepper. Cover and cook slowly until meat is tender, about 1½ to 2 hours. Serve the liquid as gravy or add more water and thicken with flour blended to a smooth paste with cold water. Serves 6.

Carol Drake, Director
The Homemakers' Bureau
An Extra Safeway Service

Old Dutch Cleanser 2 cans 15c
20 Mule Team Borax 2-lb. pkg. 25c
Lifebuoy Toilet Soap 3 bars 20c
White Magic bleach ½ gal. 17c gal. 32c
Soll Off, for cleaning woodwork 60c
Clearex Window Clearer 12-oz. 23c
Aunt Sue's Dry Clearer 1 gallon 63c

National Baby Week!
April 28
to May 4

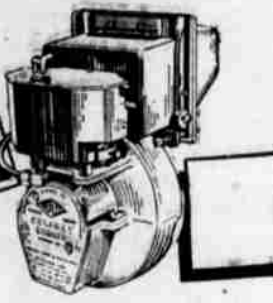


BRENDA'S MOTHER HELPS OUT!



GOOD NEWS FOR
Contractors, carpenters, home builders. Power tools now available for rental service. Skill saws, drills, radial saws, etc. Save time and labor costs.
SALES, RENTALS, SERVICE
OSBUN ELECTRIC
Experts on construction, maintenance and repair of all electrical equipment.
Phone 728-J West End Oak St. Bridge

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RANGE OIL BURNER
Modernizes KITCHEN RANGE
Saves Time, Labor and Fuel.



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Phone 350

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NOW OPEN

12 NOON TO 12 MIDNIGHT DAILY

COFFEE Edwards 2-lb. 54c
Regular or Drip jar
TEA CANTER-16-bag 13c 48-bag 36c
BURY pkg.
Sardines King Solomon, No. 1 10c
Natural or Tom. jar
Stidd's Tamales 7-oz. 22c
jar
Chicken Ravioli Riviera Pint 14c
jar
Noodles NALLEY'S—Pint 25c
with Turkey jar

Grade A Fresh FOWL
Dressed lb. 38c
Sliced HALIBUT
lb. 42c

Lamb ROAST
Shoulder, Square AA 35c A 34c
lb.

Berkshire NATURAL CHEESE
Medium 22c Mild 20c
½-lb. pkg.

Sunny Bank MARGARINE
1 lb. 20c

Grade A Fresh EGGS
Med. 45c Large 48c
Doz.

Old Fashioned Ginger Snaps
lb. 23c

Minute Man SOUP MIXES
Vegetable and Noodle Pkg. 5c

Sierra Pine Soap
Toilet Soap 2 Bars 13c

Nabisco 100% Bran
Many Wonderful Recipes 16-oz. Pkg. 17c

Lunch Cookies Royal pkg. 24c
Cheez-it Jr. Dainty Cheese 11c
Kraft Cheese Crackers 6-oz. pkg. 21c
Catsup Red Hill 1½-lb. bot. 14c
Bouillon Cubes Stearns 12 cubes 23c

Beet SUGAR
5 lbs. 35c
10 lbs. 68c
Sugar Stamp No. 39 expires Tue., Apr. 30

Rollled Oats Morning Glory, 3-lb. 26c
Cream of Wheat Regular or Quick 28-oz. 22c
Carnation Wheat 2½-lb. pkg. 24c
Raisin Bran Flakes Kellogg's 10-oz. pkg. 11c
Tomato Juice Sunny Down 46c 21c
Apple Juice New West 29c
Grape Juice Autumn 24c
Nectar Raisins Sun 12c
Baby Lima Beans 2-lb. 23c 5-lb. 55c

Peanut Butter Best 25c 2-lb. 49c
Roast jar
Brer Rabbit Molasses Gold Label 32-oz. 44c
Junket Tablets for tasty desserts pkg. 11c

For Baby's Health
Baby Foods Clapp's Junior 6½-oz. tin 8c
Baby Foods Gerber 4½-oz. tin 7c 12c 75c
Baby Foods Clapp's Strained tin 7c 12c 75c
Pablum Cereal 18-oz. pkg. 39c
Dry Cereal Clapp's or Gerber's 8-oz. pkg. 15c
Instant Oatmeal Clapp's 8-oz. pkg. 15c
Dry Oatmeal Gerber's 8-oz. pkg. 15c

AVOCADOS AT THEIR BEST! Ready-to-Eat Calavos lb. 29c

ASPARAGUS Fresh, Tender Spears lb. 15c

JUICY LEMONS Thin Skins lb. 11½c

FRESH PEAS Plump Pods lb. 12c

LETTUCE 10c 9-oz. to 15-oz. head

FIELD RHUBARB Strawberry Variety lb. 8½c

NEW POTATOES Texas Bliss Triumphs U.S. No. 1's lb. 8c

FRESH PRODUCE FEATURES for Friday and Saturday

FAMINE EMERGENCY SUGGESTION:
Let potatoes supply part of your starch. Save vitally needed wheat products.

You get more for your money at

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