

AMONG OREGON'S Good Cooks

Mrs. Effie Ernst
of Grants Pass and
Josephine County



Oregon's better cooks know their sugar. Mrs. Effie Ernst, of Grants Pass, is no exception. When asked what sugar she prefers, she instantly replied: "I really like Oregon White Satin sugar." Taking her questioner to the kitchen cabinet and throwing open its doors, she added: "See for yourself. There's 'White Satin' sugar. I use it in all my cooking. I like it not only because it is a good sugar, but it is an Oregon product, too."

Mrs. Ernst is famed throughout her section of the state for her excellent cooking, but whether she is better known for the pride she takes in her two daughters and son, all grown, for her services as a cook at church, lodge or home-makers camp, or for the daily meals she serves to her husband, Mr. C. H. Ernst, is a moot question.

HER RECIPE



FOOD FOR THE GODS

- 4 eggs
- 2 c. White Satin Sugar
- 1 c. finely chopped pitted dates
- 1 c. Josephine County walnuts, chopped
- 8 rounding tablespoons of finely rolled cracker crumbs
- 2 teaspoons baking powder
- 1 pinch of salt

Combine as follows: Yolks of eggs beaten until very light. Then add sugar gradually, beating constantly. Add dates and walnuts, and cracker crumbs mixed with baking powder. Lastly, add the stiffly whipped whites of eggs to which there has been added a pinch of salt.

Bake in a well-buttered pudding dish, placed in a pan of hot water. It will require about 1 1/2 hrs. to bake; not to be overdone, but just "set" nicely. Moderate oven. Serve with whipped cream.



GUARANTEED FOR CANNING



WHITE SATIN SUGAR

Conn's Comment Puts Joe Louis In Slugging Mood

By SID FEDER
GREENWOOD LAKE, N. Y., June 12.—(AP)—It is a matter for argument whether Joe Louis has more pooh-poohs for Billy Conn's "smart cracks" on his "powder puff punching."

The "cracks" have steamed the bomber up so much he is all out to end next Wednesday night's polo grounds tussle with the first punch, if he can. His sparring partners are all banged up from catching what he promises to deal off the arm to Billy.

The Conn clouting power apparently has Joe worried about as much as a slap in the face from a butterfly wing. He is so afraid of it, in fact, that he has changed his work from stylish, skill-stressing defense to a cut-loose-and-blow-the-man-down idea. It is clear he is willing to take chances on getting hit in order to drop a bomb or two himself in this fight, because he's mighty burned up at Billy boy and feels he has nothing to fear from Conn's thumps.

He's moving in on every spar-mate, crowding them every second, even taking a belt or two on the whiskers to get in one good one.

CONN THINKS LOUIS HAS LOST PUNCHING POWER

POMPTON LAKES, June 12.—(AP)—Billy Conn of Pittsburgh is basing his belief that he will win the heavyweight championship from Joe Louis next Wednesday night largely on the conviction that the negro has lost "fifty per cent" of his punch and no longer can hurt an opponent seriously with one lick.

Both Billy and his manager, Johnny Ray, are absolutely convinced that Louis has slipped badly in the last year and is ripe for the taking.

"Honest," swore Johnny. "I shut my eyes and was afraid to look every time Buddy Baer hit him the other night in Washington. I could just see us losing this shot at the championship."

"And who's he been killing with one punch lately?" chimed in the challenger. "The guy can't hit like he used to. He hit Baer with everything he had forty times and didn't even mark him up."

"He's lost 50 per cent of his punch, easy," continued Ray. "And he know it, too. He's plenty worried. He's working harder than he ever did in his life. Told some fellows yesterday he wish-

ed he had two more days to train than he's got. He knows this time he's fighting a guy who's going to keep on fighting him for 15 rounds. He's plenty worried, too, about that cut he got over his eye against Baer. That's going to make a nice target."

Conn is training hard, preparing his body to go at top speed for 15 rounds. He already is in superb condition, almost at the peak. Yesterday, for instance, he fought eight hard rounds against four partners, a couple of whom were 200-pounders, and then put in two more rounds on the heavy bag and shadow-boxing.

Fractured Bones Fail to Stop Win Streak of Cards

By JUDSON BAILEY
(Associated Press Sports Writer)

It takes a great ball club to survive a series of injuries such as the St. Louis Cardinals have been getting.

In the course of beating the Philadelphia Phillies 3-2 in ten innings last night, the Cardinals lost the services of third baseman Jimmy Brown for about three weeks because of a broken finger on his throwing hand.

A month ago their regular catcher, Cooper, suffered a broken bone in his shoulder and a dislocation of his collarbone and since then both First Basemen Mize and Second Baseman Crespi have had broken fingers.

Crespi is back now and Mize may be expected to return to service most any day, but Cooper has at least another month to go. Brown was hurt in the first inning; last night at Philadelphia while sliding into third base for a triple that brought his team's first run.

This triumph lifted St. Louis two full games ahead of the second place Brooklyn Dodgers, who were shellacked 8-1 by the Pittsburgh Pirates. Rip Sewell pitched six-hit ball and kept the Dodgers shut out until the ninth.

Erickson pitched the Boston Braves to a three-hit, 2-0 shutout of the Cincinnati Reds in a duel with Walters. The latter allowed no runs after the first inning.

The Chicago Cubs and New York Giants divided a double-header, the Cubs winning 3-2 and then losing 7-8.

Two games in the American league escaped rain in the mid-west. The Cleveland Indians enhanced their lead by whipping the Washington Senators 6-4, and the Detroit Tigers downed the Philadelphia Athletics 5-2.

Seals Again Down Rainiers; Beavers Beat Los Angeles

(By the Associated Press)

If the San Francisco Seals could play all their series in their own ball park, they might be pacing the field in the Coast league pennant race.

They've become a tough outfit to beat on their home lot. A couple of weeks ago they trounced the Sacramento Senators five games to two—the first series setback of the season for the league leaders.

They subdued the Seattle Rainiers last night, 7 to 5, for their second straight win over last year's champions.

The game was won when straggled by Manager Skiff backfired and the Seals broke a tie in the seventh and held on to the lead.

Skiff ordered Sylvester Johnson, Seattle pitcher, to walk Fain after Ogradowski had reached second with two out. Carrol, the next batter, stepped into the first pitch and slammed out a single to centerfield, scoring Ogradowski. Fernandez' single scored Fain.

Sutz was credited with the win—his eighth for the season. He allowed eleven hits. San Francisco got but ten hits. San Francisco's victory and the defeats suffered by Seattle and Hollywood jumped the Seals from a fourth place tie with Hollywood to third position in league standings.

Sacramento duplicated its Tuesday night win by knocking off Hollywood, 10 to 3.

Zehmidt gave up six hits as he turned back the Stars. Outfit by Los Angeles, Portland squeezed six runs out of five

hits for a 6 to 2 win. Callahan, Yankee farm hand recently acquired, got credit for the victory in his first starting assignment. He gave up nine hits.

Reich poled his second home run of the series to give Portland a 2 to 0 lead in the first. The slugging first sacker drove out a homer in the eleventh to give Portland a 2 to 1 victory the preceding night.

San Diego trounced Oakland 6 to 0 for its sixth straight league triumph and the fourth straight defeat for the cellar-dwelling Oaks.

Alleged Triple Killer Fails in Suicide Effort

SPOKANE, June 11.—(AP)—Alfred H. Wells, 31-year-old ex-convict from San Bernardino, Calif., last night tried to keep a promise to Spokane jailers to end

his life and wound up by spending the night in a padded cell.

City jailers reported Wells attempted to strangle himself with strips torn from his shorts only a few hours after he was confronted by three officials from San Bernardino, where he is charged with the triple killing of his half-brother, David Raymond Wells; David's wife, Jean, and a visitor, Rose Destree, 17, whom he had never seen before.

Sheriff Emmett Shay of San Bernardino county put Wells through a two-hour grilling, during which the district attorney said "he claimed he had no recollection" of the killings.

Sheriff Shay, however, added "he's guilty as hell. We tripped him up in a dozen places."

Shops and Visits — Mrs. Chet Ray, of Myrtle Creek, shopped and visited in this city yesterday.

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PHONE 68

Specials for Friday and Saturday

- LEMONS—Large size 23c
- Sunkist, dozen
- CERTO—3 bottles 48c
- JAM JELL—2 bottles 19c
- SURE JELL—3 packages 27c

PARD

3 for 25c

- CORN—Evans brand. The best you can buy. 2 cans 27c
- POTATO CHIPS—Regular 15c size. 2 packages 25c
- GRAPE JUICE—S&W, Quart bottle 29c
- BLENDED JUICE—Grape-fruit and orange. 2 large cans 45c
- WATERMELONS—Guaranteed ripe, lb. 3c

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Ready-to-Serve FOODS ARE WIFE SAVERS

MAKING FUN THIS SUMMER

A new era is being ushered in—people are taking more time for play! Red & White is doing its share by offering you foods that require little time for preparation. Listed on this page are many suggestions that will save you time, money and fuel. Shop the Red & White way!

SPECIALS FOR FRIDAY AND SATURDAY—JUNE 13 AND 14

CERTO One bottle 3c with purchase of 2 bottles at	45c	Red & White PEANUT BUTTER 16-oz. jars	19c
Red & White OLIVES Tall cans 2 for	29c	Red & White Vienna Style SAUSAGE No. 1/2 tins	29c
Red & White DILL PICKLES No. 2 1/2 tins each	15c	Red & White CORNED BEEF 12-oz. tins	25c
Canada Dry GINGER ALE 28-oz. bottles	20c	Fresh and Crisp POTATO CHIPS Reg. 15c bags	2 for 25c
Sunshine HI HO CRACKERS 1-lb. Package	21c		

Deviled Meat Red & White No. 1/2 tins, 2 for 15c

Baked Beans or Brown Bread Red & White Large Tins 33c

Red & White Drip or Regular Grind Coffee 1-lb. tins 29c 2-lb. tins 57c 3-lb. tins 85c

Red & White Tomato Juice No. 1 tins 3 for 25c

Red & White Pancake Flour Pheasant 9-lb. Sacks 43c

Red & White MAYONNAISE Quarts	43c	Red & White PANCAKE FLOUR Large Pkg.	19c
SunSpun SALAD DRESSING Quarts	39c	Red & White—Extra Heavy JAR RUBBERS 4 doz. for	19c
Red & White FRUIT SALAD No. 1 tins 2 for	33c	Red & White Homestyle or Sliced PINEAPPLE No. 2 1/2 tins 2 for	43c

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EVERY bowl of crisp, delicious Albers Corn Flakes now brings your family Vitamin B₁.

Here's why this is important news: Everyone needs Vitamin B₁ every day! It helps turn carbohydrates into energy for work and play. It is necessary for normal function of the nerves, for good appetite and digestion. Your children need it to grow and develop as they should.

As you probably know, an alarming proportion of American diets do not provide enough Vitamin B₁. So you'll be glad to learn you now give your family Vitamin B₁ every time you pour those big golden Albers Corn Flakes into a cereal bowl.

Because they are made in the West, Albers Corn Flakes always reach you crisp-fresh. That means corn flakes at their best! So you'll surely want to serve Albers Corn Flakes often. They save you money, too! Just compare the cost per ounce with other ready-to-eat cereals and see how thrifty Albers Corn Flakes are. Try them and see how good they taste!

Why not give your family the benefits of new Vitamin B₁ enriched Albers Corn Flakes? Get several packages at your grocer's—today!

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THE RED & WHITE STORES