

Five Star Fashions



Sports Frock Modeled by Gay Hayden

No. H-3171

A SPORTS frock of distinction and charm is this shirtwaist dress styled on flattering slender lines. Interestingly cut, it is surprisingly easy to tailor and definitely easy to wear. Tailored set-in sleeves and a high neckline with wide notched collar are modishly mannish, and the action back and roomy breast pockets are smart and practical details for either sports or general daytime wear. Attractive composition buttons in a contrasting color accent the front closing line. A kick pleat at the front of the skirt provides walking freedom and keeps the straight lines of the silhouette. The model pictured is made up in a new spun rayon fabric of summer weight, unusually satisfactory for sports as it tubs with ease and is crush-resistant. The frock is lovely in a

Kidneys Must Clean Out Acids

Your body cleans out acids and poisons... (text continues)

UPSET STOMACH May Be Due to Round-Worms

Stomach discomfort, nausea, irregular bowels, poor appetite, may be traced to Worms. Laxatives don't help. Get Jayne's Vermifuge, used 100 years, for children and adults. 45 million sold. Big bottle.

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GLOVER'S MANGE MEDICINE

FREE Booklet on the Hair and Scalp—write GLOVER'S, 468 Fourth Avenue, N. Y. City

Graceful and Helpful Living Is Key To Feminine Charm—Adrian Shawn

By Adrian Shawn

EVERY woman as she walks the paths of life is cast in the role of a star and her audience is the world! She will be applauded or tolerated according to the artistry with which she does her part and the great Director shall reward her for good characterization with a feeling of power—and love!

If the role is badly done there will come to this star the inevitable feeling of failure, frustration, heart break and disappointment, and life was never meant to be lived this way.

Life is glorious! Adventurous—zest! REAL! Every woman was born to trail little clouds of glory, to stand on tip-toe atop the mount of inspiration and breathe with ecstasy!

Life is a song, life is a gamble and life is a fight—but life offers never a dull moment if it is properly lived!

For this reason I propose to put in this little talk a key which will unlock for you the treasures of knowledge and make possible the achievement of an artistry that will win not only the applause of the audience world, but the consciousness of a work well done, a consciousness of power, a pride of achievement and the reward of fulfillment.

I am able to chart this course for you only because with sometimes aching heart I have trod the pathway as a pioneer wondering what it was all about! Little by little, as a weary and thirsty traveler goes from one land mark of a desert to another seeking a road I found my way. My sign posts were other women who have found fame and achievement—and power, and what I have learned from them I will give to you!

"THAT'S easy for you," I hear you say, "but what about me?" Then follows the handicaps, the loneliness, the broken hearts, the lack of funds and opportunities and the innumerable trials which beset this earthly existence.

And I know those too! And I have found a way out! I learned that (partially) from Mme. Schuman-Heink and Elsie Janis! Oh,

no, they didn't know they were handing me a key to happiness—the main key, the most important one to the storehouse of earth but they were—and here it is, in four little letters—GIVE!

Give your love to those who need it! Give your work to those who must have help! Give your heart to the world!

You can give! There is no end to what you can do and I mean this regardless of the fact that you live in palace or slum! If you live in an alley you can carry a lean kitten to some kindly butcher and get milk for it, and if you live in a palace you can adopt a baby! If you are a beautiful debutant you can go to children's hospitals with arms full of gifts and learn something of real smiles from the babies in the wards, and if you are a business girl you can brighten the commercial arena with a bright smile, clean hair and fingernails, and above all a clean heart!

There are none so poor or heart-broken that they cannot do this and if they do, then they have taken their first lesson in the art of drama which leads step by step to the heights of stardom. There are no handicaps that you cannot overcome. You may be cast as a "Polly Moran" or a "Myrna Loy," and again you may be a "Ruth Bryan Owen" but if the role seems difficult, if there are great builders in the path that leads to the mountain top, rest assured that you can push them aside!

YOU CAN BE CHARMING!

The stars have a way with them! But you can have it, too! There are certain fundamentals that every star and every famous man or woman has learned. These fundamentals Adrian Shawn has discovered by watching famous ones many years, and will tell in his booklet, "Secrets of Charm."

Send 25c and a stamped self-addressed business envelope to Adrian Shawn, Five Star Weekly, 620 Folsom Street, San Francisco, Calif.

The minute you start thinking of some one else, or something beside yourself, and try to do some good, that minute you forget yourself and when this is done you have hit upon the secret of grace! You cannot dance, or swim, or talk or live gracefully while you are self-conscious—so I say, look around you quickly and find something or somebody needing you and your SERVICES!

"Give, and it shall be given unto you good measure, pressed down, and shaken together, and running over, shall men give unto your bosom. For with the same measure that ye mete withal it shall be measured to you again."

The oldest secret in the world—but how few recognize it as the key to success and beauty and charm! The "meat" of the first commandment is that you shall GIVE your heart to the Lord. Even Cleopatra knew the secret—didn't she load her galleys with the treasures of her empire as she went forth for love on the river Nile?

So I say, your only "gift" may be milk to a stray kitten but the THOUGHT back of the act will help you to forget yourself and you have started on the road up—Up—Up! Lift your chin! Lift your eyes to the heavens—lift your arms to the skies—and stretch the muscles in the middle of you while you do it! Stand on your toes in a morning breeze and breathe deeply of life...! The roof of a tenement or a royal garden will serve the purpose.

Charming Five Star Beauty Frocks

Make This Pretty Frock

Pattern 9672

GENUINELY youthful, delightfully feminine—what more could one ask of any frock? The front sash idea is new and it is very becoming combined with

the slender, snugly-fitting waist and hip lines. As the skirt flares, the sash, too, reaches greater proportions—to a dashing, fascinating degree. You'll find becomingness and charm in the ruff-sleeves and neckline. A vestee is worn in the low cut V-shaped front.

Make this frock of printed voile, flowered silk or a gay print. Designed in sizes: 12, 14, 16, 18 and 20. Size 14 requires 3½ yards of 39-inch material. Ruffling requires a strip cut crosswise 5 yards long, 3 inches wide, or

2½ yards machine-made ruffling. Sash requires 3 yards of ribbon.

Young Girl's Panel Frock

Pattern 9676

THIS adorable child's frock is a pleasant combination of simplicity and charm. It will please little Miss Four-to-Ten, and mother, too, because it's paneled for style, brief in the sleeves, and includes plain panties for general utility. They are of the yoke band style, comfortable and well-fitting, and the whole outfit is "easy as pie" to make.

This frock and panties set will be clever in any tub material, with pique, dimity, pongee or gingham especially appropriate and serviceable.

Designed in sizes: 4, 6, 8 and 10 years. Size 6 requires 2½ yards of 35-inch material.

Young, Appealingly Feminine

Pattern 9644

YOU just have to look at this model a long time to realize its many possibilities. First you may visualize it made in linen or pique as an active sports frock. The kind that gets right out on the tennis court or lends itself to a long drive on the course. As the ideal spectator frock you can easily picture this design in crepe or tub silk.

The shirt-waist with gathered yoke, saddle shoulders and short puffed sleeves isn't far below in style preference. Novelty wood



Knitted Blouse



By Ruth Orr

Pattern No. 243

HERE is a new knitted blouse of flame color, fastened down the front with dark blue buttons, to be worn with a tailored suit of navy or midnight blue. It would be equally attractive developed in a sea green or heather mixture to be worn with a suit of gray or green tweed. It is made with a very deep cuff and long, narrow yoke of ribbing. This same ribbing is also applied to the shoulders in a narrow strip where it helps the general fit and makes the sweater set well on the shoulders. The long sleeves are smart this year and the little roll back collar is really new.

Complete illustrated instructions, diagrams of stitches used, and material required are found in pattern envelope.

To obtain this pattern, send for No. 243 and enclose 10 cents in stamps or coin (coin preferred)

to cover service and postage. Address Five Star Weekly, Needlework Dept., 620 Folsom Street, San Francisco, Calif.

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buttons and a purchased belt add that contrast and dash sports frocks call for.

The little gathered side pocket is not only ornamental but practical for summer wear.

Designed in sizes: 14, 16, 18, 20; 32, 34, 36, 38, 40 and 42. Size 16 requires 4¼ yards of 39-inch material. If self material belt is worn, 1/6 yard of contrasting (cut crosswise) is required.

Slenderizing Daytime Frock

Pattern 9647

FASHION is one interest that all women have in common, thus we are offering this smart and pleasing daytime frock of the shirtwaist type.

A V neckline is flattering to the larger woman and the bell sleeves cut in one with the yoke are easy to make. The panels in the waist continue down into the skirt and give the frock that slenderizing look. Attractive buttons trim the waist, and a buckle to match finishes off the belt.

Printed voile, organdie, lawn, silk or plain silk are appropriate for this frock.

Designed in sizes: 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires 4¼ yards of 39-inch material.

Clear, easy to follow, step-by-step instructions are given with each pattern. Send for yours today. It will reach you promptly.

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