Five Star Fashions

Spring Shirtwaist Frock Modeled by Kay D'Arcy

No. 3051 Spring Shirtwaist Frock Modeled by Kay D'Arcy

NO WARDROBE is complete without a tailored shirtwaist frock — and the one shown here is in the latest fashion and is both easy to make and easy to keep fresh. In a season when inverted pleats are widely used to achieve classic silhouette lines with ample freedom for active wear, this frock uses the pleats both above and below the waistline in smartly tailored effect. Bosom pleats extend from the raglan shoulder line to the waist, and the line carries down each side in a seamline that opens into another inverted pleat in the skirt. The action back has a center pleat and a center seam with another inverted pleat in the skirt. The boyish high collar, cut with points at the front, and the capelet effect sleeves finished with an inverted pleat at the top are other important details. The model pictured is made in one of the new novelty dot prints that are so popular this spring. This one uses irregularly spaced broken dots of white or white rimmed with aqua against a dark background, in inexpensive smooth rayon crepe that is washable and seamproof.

Send for Pictorial Pattern No. 3051 designed for sizes 14, 16, 18, 20; 40, and 42. Corresponding bust measurements 32, 34, 36, 38; 40 and 42. Size 16 (34) requires 4⅞ yards of 35 inch fabric.

Pattern No. 3051 can be purchased for twenty-five cents. Please remit in coin or stamps, (coins preferred), giving your name, address, pattern number and size. Mail your order to Five Star Weekly, Mills Tower, San Francisco, California.

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Spring and Summer Pattern Book Now Available.

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Hay Fever Cure Simple Says Doctor

MOST of us are sure of only two things—death and taxes, but the patient with hay fever may be fairly sure of something else, and that is the date when his next attack will begin. One of the strangest things about hay fever is that after it once develops, it has a remarkable tendency to return at the same time, year after year. In fact, many hay fever sufferers can tell the exact date when the attacks will start.

Most of the attacks come on during the late spring, summer and fall, although in some cases the attacks continue throughout the entire year. Hay fever appears to run in families, giving rise to the theory that it is inherited. However, instead of the disease itself being inherited, it is only the tendency which is passed on to the children. If both the mother and father are hay fever victims, then 80 percent of their children will develop hay fever before they are 12 years old. It has been pointed out that hay fever might be controlled by preventing the marriage of people susceptible to it, but even the doctor making the suggestion realized that very few hay fever patients would want to follow his advice.

Some of the common names for hay fever are hay asthma, summer catarrh and rose fever. The symptoms of the disease resemble those of the common cold. The eyes become red, the nose feels full and congested, and the patient has attacks of violent sneezing. The eyes water and itch and there is a profuse, watery discharge from the nose which necessitates the frequent use of the handkerchief.

For many centuries the cause which produced the seasonal return of the attacks was not understood. However, by 1856 it had been proved that the pollen from hay had the power to produce the attacks in susceptible individuals. Later on, the pollen from golden rod, rag weed, roses and also other substances such as fur, feathers, the orris root found in face powders, and many other substances were found to provoke the attacks in certain instances.

Finally, it was discovered that these substances induce hay fever in some people and not in others, simply because some individuals are allergic, that is, they have developed an abnormal sensitiveness to whatever substance affects them. An allergic individual has only to breathe the substance to which he is sensitive, and a typical attack of hay fever then follows, while an ordinary individual who is not susceptible can breathe the offending substance with no attack whatever.

In overcoming hay fever, the essential point is to overcome the patient's tendency toward an abnormal reaction and to return him to the state of immunity enjoyed by others. I feel sure that the important point is not so much to keep the patient away from pollens or other susbtances to which he is sensitive as it is to remove as far as possible the underlying systemic causes which make the substance irritating to him. With a treatment based on this theory, I have been able to secure excellent results in banishing hay fever.

It makes very little difference how long the patient has suffered from hay fever; if he will use the correct treatment to remove the basic causes he will be pleased to find that he may be near golden rod, rag weed, or any other substance which has previously affected him, remaining at the same time, absolutely free from hay fever.

Those who are especially interested in the subject are invited to send for my article on HAY FEVER. Write to me in care of Five Star Weekly, Suite 450, Mills Tower, San Francisco; ask for the article and enclose one large, self-addressed, stamped envelope.

New Pattern Service Offers Smart Styles

1851-B—For the sports enthusiast on the side lines, who wants to look casually smart, here is a handsome spectator frock with flashes of print.

The model is fashioned of white silk sprinkled with green, yellow and blue leaves and trimmed with a contrasting collar and cuff set. A slender panelled skirt is slit up the front to show a bit of white that gives a redingote effect while a row of buttons from the hipline to the collar decorate the front bodice. Note the three-quarter sleeves gathered into fitted cuffs and the novelty shoulder and hip yoke that decreases width, and adds veritable inches to your height. Five Star pattern No. 1851-B is available in sizes 14, 16, 18, 20; 40 and 42. Corresponding bust measurements 32, 34, 36, 38, 40 and 42. Size 16 (34) requires 4½ yards of 39 inch material.

★ ★ ★ ★ ★

1805-B—What could prove a happier choice for spectator sports wear than this slenderizing model for clubwomen and matrons.

All the details of this dress are so clearly revealed that little remains to recommend except to call attention to the sleeves. You may have long or short sleeves as you prefer, to emphasize the combination of smart styling and general use of the frock. The double rever effect is handled remarkably well with the vestee in contrast, print or plaid.

Five Star pattern No. 1805-B is available in sizes 34, 36, 38, 40, 42 and 44. Size 36 requires 4⅝ yards of 39 inch material plus 2-3 for contrast.

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1848-B—From the snappy Johnny collar to the peppy action pleats there's a "going places to do things" look about this smart sports frock.

The dress has a smooth flattering collar opening from the waist and lapping over a becoming square yoke, a tailored effect without sacrificing feminine charm or gracefullness of line. If you go in for active sports you'll like the unhindering pleated sleeves and inverted center pleats for lots of knee action. Sports silk, pique, jersey or seersucker are appropriate materials, and you'll be more than pleased with the result. Five Star pattern No. 1848-B is available in sizes 14, 16, 18, 20; 40, 42 and 44. Corresponding bust measurements 32, 34, 36, 38, 40, 42 and 44. Size 16 (34) requires 3¾ yards of 39 inch material.

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1866-B—Half the fun of outdoor sports, whether spectator or active, consists in being appropriately attired.

Perfect tailored lines mark this smart and jaunty suit. The lovely jacket is gay in construction and hugs the figure slimly and flatteringly. For decorative reasons it has large link buttons at the center and two more on the sleeves. For a distinctive effect, wear the jacket with a contrasting skirt or checked tweed. The very simple but roomy skirt may also be worn on the "links" with a topping sweater or sports blouse. Select silk suiting, linen, tweed wools and cotton suitings for versatility and durability. Five Star pattern No. 1866-B is available in sizes 32, 34, 36, 38, 40 and 42. Size 34 requires 4⅜ yards of 39 inch material.

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1831-B is a slenderizing redingote for larger figures.

Regardless of how generous your figure, you can look chic, smart and well-proportioned in this slenderizing redingote frock.

You'll find the gracefully draping cascade jabot collar a flattering frame for your face and revel in the height giving lines of the slim printed gore. You will enjoy its smooth fit and stylish flare. Another stunning feature is the dart fitted back and swagger lap-over belt. The dress advocates short sleeves, but if you prefer, use the full bishop sleeve tightened at the wrist.

Five Star pattern No. 1831-B is available in sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38 requires 4 yards of 39 inch material.

Every Five Star pattern includes an illustrated instruction guide which is easy to understand.

★ ★ ★ ★ ★

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"GATORS"

PERHAPS your particular pet is a baby alligator . . . or maybe you'd like to own one if you knew just how to take care of it. Well, here's how.

When the alligator is still under two months old it is fed on a diet of earthworms and sometimes a little minnow fish or two.

Naturally the strange pet is fed according to his size. When very small, he is fed just a little food, but as he grows older he goes for fish, frogs, and bits of beef. The earthworms can now be left out of the menu.

Alligators are usually fed only twice a week and never more than three times.

BRONZE LADY

THE Statue of Liberty is made of bronze, though the present color of the lady is a greenish grey.

LADYBUG

THE ladybug of the nursery song is a very important little beetle. She is the natural enemy of plant lice and needs as many as 50 of them for one day's food. In California they are purchased by the bag full and turned loose in orchards and groves, where deadly little plant lice are destroying the trees.

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Native Tribes of South Australia Shun "Taboo" Caves of Mystery

A "TABOO" country is the great Nullarbor Plain — a treeless waste covering 38,000 square miles in South Australia. Native tribes shun it, and whites have not ventured into it until recently. Exploring parties have made many attempts to solve its hidden secrets, but have failed.

A few months ago Captain Thomson, harbor master of Port Lincoln, struck into the limestone area with eight companions. He found the vast area pitted with blowholes, deep pits from ancient lava flows — and discovered a curious vertical shaft dropping into the earth. They lowered a ladder, climbed down into a huge underground chamber. Flashing petrol lamps, they saw a hole through which they crawled on hands and knees. Suddenly an enormous well appeared — almost swallowed them.

At the well's edge was a great footprint — no other sign of human habitation. Following an obscure tunnel, they came to an underground lake and other caves. In one of these was the red imprint of a man's hand on the wall — the warning symbol of the "Bloody Hand."

Archaeologists believe these vast grottos to have hidden the ancient ritualistic practices of the old Australian tribes, their churinga stones and other emblems of prehistoric superstitions.

Way to Charm!

Irene Bennett's favorite exercise for keeping fit is the rowing machine, where she industriously sways back and forth, limbering up arms, legs and body. This popular young movie actress will make her film debut in Paramount's "Florida Special."

Bathroom Fixtures Important

INSTALLATION of new bath room fixtures can be financed under loans insured by the Federal Housing Administration. And when your new fixtures are in take good care of them. An excellent way of cleaning fixtures, especially in bath tubs, is to use kerosene in water. The odor soon disappears, but if you object to even its short duration add a little rose water.

★ ★ ★ ★ ★

The joints between the wall tiles in a bathroom are pointed or filled with either plaster of paris or a cement paste. Around showers and over tubs and wherever else the tile is subjected to concentrated steam, this filling is apt to drop out from time to time. Where this occurs the joints should be refilled with plaster of paris to keep water from collecting in the cracks and working down back of the tile.

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With the advent of the automatic fuel-feeding devices and the modern insulation, home owners are finding new uses for what was once merely waste space. The automatic fuel-feeding devices eliminate dirt and dust, thereby making cellars more habitable. By installing insulation, the attic can be made adaptable for bedrooms, playrooms or studies. Builders report that often more than 20 per cent of the space in every home goes to waste.

★ ★ ★ ★ ★

Building-material manufacturers offer many products that make the conversion of this space a relatively simple matter.

DIZZY SPELLS

Here's a fair offer—get an inexpensive jar of Kruschen Salts — Take as much as will lie on a dime every day in your morning cup of tea or coffee or in hot water.

After the jar is empty if you are not satisfied with improvement in health get your money back.

No more laxatives — no more cathartics — and no constipation when you take your little daily pinch of Kruschen. Druggists everywhere sell lots of it.—Adv.

Warnings to Mothers

These symptoms should warn mothers to look out for Stomach Worms, perhaps the true cause of signs that are easily mistaken for Anemia, Constipation, Stomach or Nervous Trouble.

This "Forgotten Menace" of Grandma's day still troubles both city and country children of all ages, because the infection is so easily caught from flies, dogs, lettuce, cabbage, fruit, water, etc.

Try JAYNE'S VERMIFUGE at once and watch the child's stools closely. Pleasant, safe, inexpensive. 46 million bottles sold. All druggists.

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COOL KITCHEN IN SUMMER
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Cooks a Meal for Less
ON OR OFF AT TURN of VALVE
AGENTS Salesmen Distributors BIG MONEY
Write quick for FREE BURNER OFFER, and make REAL MONEY.