

WAY TO CHARM



Keeping fit is the primary essential of charm. Exercise is the thing! Gail Sheridan, featured motion picture player shown above, is not in training for a six day bicycle race, but merely taking a ride on the "stationary" bicycle to keep fit for her part in a forthcoming feature production.

White Smart for Sports Wear---New Style Slants

By Sue Blackwell

IT'S A BANNER year for cheering the champions! Feminine sports fans will be on hand for regattas and track meets, polo matches and aquatic games to help America pick its teams for the Olympics in Berlin, this summer. More than that, they'll be trooping to Texas to thrill to rodeo high jinks at the Lone Star State's centennial.

All of which calls for clothes that will score a victory in the grandstands. They'll want to be cool, casual, colorful and easy to care for. To be smart, they'll need to be simple and classic of line. But they don't have to be expensive—make them yourself and save enough for admission fees and a ringside seat at every worthwhile sporting event on the calendar!

WHITE FOR THE SIDELINES

What's white is right for watching the game—right now, and for months to come. Despite all the fanfare accorded bright colors, the Paris midseason openings give it decided preference, preserving the vivid hues for accent in detail or accessories. Even dramatic prints splash brilliant shades on white grounds, with widely spaced peasant motifs in hand-blocked effect the smartest.

We'll assume that you've chosen white linen, the soft crush-resistant kind, but you may have made your selection from a score of new acetate fabrics with interesting supple weaves that tailor magnificently and refuse to turn yellow with repeated tubbing or dry-cleaning. Sharkskin is one of these in the limelight.

Buttons and belt are the key to your favorite color. A brand new shade is red cabbage, much like the beetroot you knew in the early spring. One day you might wear the frock with twin chiffon scarfs knotted on both shoulders, another day, with a red cabbage jacket of fine wale washable corduroy. Or you might take a tip from Bruyere whose latest Paris collection features a sports dress fastened down the front with buttons, each of which has a single tiny bright flower in the center. In this case, you'll want a flower-print jacket to carry out this charming idea.

Bright coats are tremendously

smart, and a practical idea to keep a white frock fresh when traveling. Many of these have short sleeves—an ideal point for the summer wrap. You can have them in flower colors, such as violet, dahlia, daffodil, or a pale rose pink. Also in dusty, soft desert colors including beige, blue and dull green.

PICK OF NEW FRUIT COLORS

The vogue for white needn't dissuade you from colors. These have an important place in your sports wardrobe, too. You'll want cotton and linen frocks in the new fruit shades which range all the way from pale citron to a deep loganberry. Add to these the fruit prints, gay and appetizing and far removed from conventional summer florals.

If you like the lines of the dresses suggested above for white, don't hesitate to repeat yourself in a color or two, and don't waste a thought on monotony, either. Here's a smart variant of the band-buttoned frock, as highlighted at a recent fashion showing of sports clothes in one of our larger cities: the dress of raspberry linen, the neck and front band of white, the buttons concealed under the band to effect a clever fly-front closing! You might try the same trick with a soft crushed strawberry shade, with a purplish blue band for trimming.

You're sure to catch the yellow fever from fashion, this season. Citron or a sun-drenched orange in percale sheeting or English longcloth is a healthy foil for bronzed skins, nonetheless, and a practical thought for the stitch-trimmed frock sketched, since here are two fabrics that are practically imperishable. Luggage tan makes a nice contrast for both stitching and accessories.

Apropos of fruit prints, there are luscious cherry, strawberry, pear and apple designs to be had in tub silks and sheer cottons. As a feminine substitute for the stitching, you might use one of the smart sawtooth edgings in white. Incidentally, you can find ripe red strawberry buttons, and cherry choker necklaces in some of the shops, this summer.

FIVE STAR FASHIONS

No. 9690 — Culotte

THERE IS no denying the top flight popularity of the culottes. Such popularity must be—and is deserved, such is their all-around utility for household, sport, garden, and vacation wear. This smart shirtwaist model speaks volumes for the general idea, combining all the essentials for free and easy wear with a type of styling that makes the frock appropriate for street wear to the beach or market. You can make it yourself, quickly and inexpensively, from Pattern 9690, available in sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, and 40. Size 14 requires 5 3/8 yards of 35 inch fabric.

Five Star Pattern No. 9690 can be purchased for TWENTY-FIVE cents. Please remit in coins or stamps (coins preferred) giving your name, address, pattern number and size. Mail your order to Five Star Fashions, Five Star Weekly, 450 Mills Tower, San Francisco, Calif.

FIVE STAR FASHIONS

Five Star Weekly, Suite 450, Mills Tower, San Francisco, Calif. Enclosed please find 25 cents in coins or stamps for Pattern No. Size Name Address (Wrap coins securely in paper) Spring and Summer Pattern Book now available—15c Each.

MILADY'S WARDROBE

ROMANTICISM is the keynote of many of the smartest late spring and early summer wardrobes. It is apparent in diaphanous picture frocks, in hats, which have never been more fanciful or varied, in the massive effects of oddly designed jewelry—in fact it pervades almost every phase of the mode with new and alluring temptations.

The "garden party" frock, shorn of the "frills" and "prettiness" commonly associated with such a costume, is still decidedly in the romantic style.



This Attractive Dress for Household, Garden or Vacation Wear

Too Much Starch, Sugar Causes High Blood Pressure—Dr. McCoy

A RATTLESNAKE is at least polite enough to give you a warning before he strikes. High blood pressure, during its early stages, usually gives no warning at all, developing secretly and silently. The rise in pressure is accomplished so gradually that the patient is often entirely unaware that it is dangerously high. In fact, one of the outstanding things about high blood pressure is the absence of early symptoms.

Mankind would really be far better off, if a disease as serious in its consequences as this one, would provide warning symptoms early enough in its development to warn us of the danger which threatens. Frequently, the patient with high blood pressure appears to be in the best of health, brimming over with vigor and vitality, eternally busy, and actively engaged in work which has brought him considerable success.

Help Kidneys Clean Out Poisonous Acids

Your kidneys contain 6 million tiny tubes or filters which may be endangered by neglect or drastic, irritating drugs. Be careful. If functional kidney or bladder disorders make you suffer from Getting Up Nights, Nervousness, Loss of Appetite, Pain, Rheumatic Pains, Dizziness, Cerebral, Under Eyes, Neuritis, Acidity, Burning, Smarting or Itching, don't take chances. Get the doctor's guaranteed prescription Oxyel, the most modern advanced treatment for these troubles. \$10,000.00 deposited with Bank of America, Los Angeles, California, guarantees that Oxyel must bring new vitality in 48 hours and make you feel years younger in one week or money back on return of empty pack. Age. Telephone your druggist for guaranteed Oxyel. (Six-Tax) today—Adv.

DON'T DOSE Needlessly With Laxatives

Many cases of slow or irregular bowels may be traced to Round or Stomach Worms. Other signs—Stomach discomfort, vomiting, loss of appetite, weight or color. Laxatives don't help. Get Dr. J. C. Vermifuge, used 100 years, for children and adults. Big bottle—45 million sold.

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RAY'S PHOTO SERVICE, La Crosse, Wis.

Smartness, Individuality Found In These Patterns

NO. 1785-B—Every shower presents the problem of a suitable gift. Barbara Bell comes to your rescue suggesting a slip and chemise combination.

The slip has gored panels that assure slim lines through the waist and hips, comfortable flared skirt and a smooth fit. Make it in white satin, eliminating the lace and lengthening the skirt end so the bride can wear it beneath her gown. Make another in tea rose, with lace for everyday wear. The pattern is perforated at just the proper length for a stunning chemise that snug the hips. Several sets could easily be run up in a single day at a saving that's a revelation.

BARBARA BELL PATTERN No. 1785-B is available in sizes 14, 16, 18, 20; 40, 42 and 44. Corresponding bust measurements 32, 34, 36, 38, 40, 42, and 44. Size 18, (36) requires 3 1/4 yards of 35 inch material.

NO. 1800-B—A dressy smock is an appropriate gift for a bride-to-be especially when it's as neat and youthfully designed as the model illustrated. A simplified pattern that will save you precious minutes when sewing.

This darling smock is going to lead a double active life, for it may be worn for garden, kitchen or porch in gingham, pique or linen with contrasting pockets, cuffs and yoke. Or as a "tunic" belted at the waist and eliminating the pockets. It's smoothly gathered around the yoke, back and front and decorated with harmonizing buttons. Send for this Five Star Pattern 1800-B today. It is available in sizes 34, 36, 38, 40, 42, and 44. Size 38 requires 4 1/2 yards of 35 inch fabric.

NO. 1862-B—The charm and beauty of these lounging pajamas is at once apparent. You might like to make them for yourself, a dear friend or a bride-to-be, and we advise you to start

now using batiste, silk crepe, pongee or percale.

This exclusive design is grand for traveling since it fits conveniently into a small space and is equally fetching for beach or bicycling. Lovely pointed cuffs with the same effect repeated in the collar are trimmed with binding. Notice the harmonizing buttons, trimming the unusual yoke and the tiny trouser pocket. Simple to make and simply adorable to wear.

Five Star Pattern No. 1862-B cuts for sizes: 14, 16, 18, 20; 40 and 42. Corresponding bust measurements 32, 34, 36, 38, 40 and 42. Size 16 (34) requires 4 7/8 yards of 39 inch material.

Every Five Star Pattern includes an illustrated instruction guide which is easy to understand.

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