PORTLAND QUINTS ANNEX NEW WINS AT SCHOOL MEET

One Defeats Baker, Other Trims Ashland to Head for State Title at Salem Series.

(Associated Press Leased Wire)

SALEM, Ore., March 20.—After a day of heart-breaking games, in which the victors were designated in the last minute of play by margins of one or two points, the state basketball tournament today goes into its third day, with the two championship semi-finals and four games in the consolation series on the schedule.

It was apparently Portland's time last night, both teams from the Oregon metropolis winning their games against the best teams of the far east and from the far south of Oregon, but it had to fight every foot of the way, and never were the games "on ice." Both Baker and Ashland took the leads and held them the first period at least, while Ashland tied the score against Benson in the last few minutes of play. Jefferson won from Baker by ten points, 31 to 21, while Benson barely clipped Ashland by a lone field goal, the final score being 24 to 22.

Myrtle Point Beaten

Pendleton, in its first game, had an easy time with Tillamook, in the morning contest, to win the right to play Jefferson high in the afternoon game today. Pendleton has a fine line-up for the contest and after the gruelling match necessitated to win from Baker, Jefferson will go into the game with perhaps less pep. Salem had a harder time winning from Myrtle Point 31 to 17, as did also Benson defeat Ashland, to play the second game of the semi-finals.

Two teams were eliminated from further play yesterday in the consolation series, Monmouth put out by Astoria, 21 to 20, and Pleasant Hill by a score of 31 to 29 by The Dalles. In this series tomorrow Myrtle Point is given a slight edge over Tillamook, Astoria over The Dalles, while Baker and Ashland will have a hard game, with the dope giving Ashland the shade. The victors of the Tillamook-Myrtle Point game and the Ashland-Baker tilt will play twice during the day ending up with a match against each other.

It remains with Pendleton or Salem to break the winning streak of the Portland teams, if these two aggregations are to be kept from meeting each other in the finals. That task will have to be accomplished during the day. Salem, with its star player, Kitchen, on the list list, did not show to advantage today, but may play a different type of game against stronger opposition. Myrtle Point failed to show any offensive threat, but the players checked close on defensive play and held Salem down to a lower score than was expected.

JOE CORBETT IS KAYOED IN THIRD

(Associated Press Leased Wire)

TACOMA, March 20 — Jimmy Britt, Bellingham welterweight, took a close decision over Tony Portillo, Los Angeles Mexican, in the six round main event of the boxing program here last night.

Neil Kilbane, Tacoma middleweight, knocked out "Indian Joe" Corbett, Roseburg, Ore., in the third round of a scheduled six rounder.

Returns to Work — Miss Doris Jackson has returned to her work in the Roseburg Rexall store after being ill a week at her home.

The Little General

SAYS

Now is the time to buy a good new or used car and Hansen Chevrolet company is the place.

Chevrolet Roadster 1930.
Chevrolet Coach 1928.
Chevrolet Coupe 1928.
Chevrolet Coach 1926.
Chevrolet Coach 1925.
Chevrolet 4-pass. Coupe 1924.
Chevrolet Coupe 1926.
Chevrolet Touring 1926.
Chevrolet Touring 1926.
Chevrolet Truck 1929.
Chevrolet Truck 1928.
Chevrolet Truck 1927.
Chevrolet Coach 1927.
Ford Touring 1924.
Ford Touring 1927.
Ford Touring 1926.
Ford Touring 1926.
Ford Roadster 1926.
Ford Coupe 1923.
Ford Truck 1925.
Ford Touring 1927.
Essex Coach, 1926.
Essex Touring 1924.
G. M. C. Truck Del. 1928.
Oldsmobile Coach 1926.
Buick Coach 1925.
Buick Sedan 1927.
Buick Roadster 1925.
Studebaker Touring 1922.
Pontiac Coach 1926.
Whippet Sedan 1929.
Whippet Coach 1927.

Hansen Chevrolet Company

Baseball Young Man's Game? Ask Connie Mack

That grand old man of baseball, Connie Mack, is very much on the job at the Athletics' training camp at Fort Myers, Fla. Neither eye nor ardor has been dimmed by his forty-five years in the game. The venerable manager of the world champs recently celebrated his sixty-eighth birthday. Starting his baseball career as catcher with the Meriden, Conn., club back in 1884, he joined the Washington club, then Buffalo and landed with Pittsburgh in 1890. When the franchise of the Milwaukee club of the old Western league was transferred to Philadelphia in 1901, Connie, then manager of Milwaukee, went with it. A year later he won his first American league pennant. He has been the Athletics' only manager and has won eight American league pennants and five world championships with his team, a record that will probably never be broken.

Come Into the Kitchen

Ella M. Lehr

"Royal Roads to Romance"

I've been suspecting it for a long time — even when I plied more wood on the glowing coals of the fireplace — but now I know it! Spring's more than just around the corner — she's here! Didn't I hear the lilt of a bird song from yonder almond tree with its gay brave blossoms? Didn't a whole row of nodding, golden jonquils and coy narcissi wink sly, wicked winks at me as I dabbled lazy hands in soap-bubbly dishwater? And a playful little breeze ruffle my hair and whistle through crispy curtains, a gay coaxing until my heels fairly itched with wanderlust?

But alas! There's the Daily Three — hungry mouths must be fed, beds must be made, dishes washed. Yet there must be a way when gypsy trails call! I resolved to follow Royal Roads via kitchen shelves.

Here, thinks I, is a good day for cleaning kitchen shelves and, incidentally, taking inventory. Spring must run its course — spring fever, spring thrills, or spring cleaning, and one might just as well harness the sly creature; she might help me to follow these trails!

So, as I returned the gaily coated boxes, cans and bottles to their "sot" places on the shelves, with their crispy new aprons and jonquil-bordered oilcloth, I sniffed the vanilla bottle and trailed through jungle growths where long pods looking like a cross between a big string bean and a thin banana hung from a great climbing vine, a member of the orchid family, from whence came vanilla beans, the extract of which flavors our cake.

The coffee can took me to Africa, Java, South America, the East and West Indies. The can of ground chocolate put me in the courts of Montezuma where Spanish conquerers quaffed its rich creaminess from golden cups.

A squat, scarlet-coated cannister — cinnamon — carried me to far Ceylon; and faster than any magic carpet of yore could carry me, I landed in the old south with its snowy acres of cotton when I replaced the can of creamy white shortening on the shelf.

But enough! Foolish, I hear you say. Yet why not? The shelves are cleaned and in order, a list awaits the marketing tour, and the enchanting trails have lifted me far above the level of plumbing bills and measles.

* * *

May I tell you about my Magic Shelves, their arrangement and what they house?

Number 1. (Starting at the bottom): Old Faithful: This is within reach of my trusty right arm when I dangle lazy heels from a kitchen stool to stir up a cake. (No ma'am, it's not lazy to sit.) It houses side by side—

Baking powder
Salt
Chocolate can
Flower sifter reposing on small pie tin
Nuts
Molasses
Baking soda
Shortening
Commonly used extracts and spices
Raisins
Honey
Cream of tartar
Gelatine

Since just beneath it on the working surface of this built-in arrangement there is room for my red cans of

All-purpose flour
Pastry flour
Wholewheat flour
Granulated sugar
Brown sugar

I can sit and stir away until the muffins or cake is mixed. At the side, incidentally, hang the tools I use: egg beater, measuring spoon, cup, etc., as well as a large paper clip which holds the recipe card during the mixing performance.

Number 2. The Magic Shelf:

Spices:
Pepper
White pepper
Paprika
Cayenne
Poultry seasoning
Sage
Mustard
Thyme
Savory
Marjoran
Curry powder
Chili powder
Mace
Cinnamon
Cloves
Ginger
Allspice
Nutmeg
Pastry spice

Whole Spices:
Celery seed
Cinnamon bark
Whole cloves
Bay leaves
Pickling spice
Mustard seed

Extracts and Flavors:
Vanilla
Orange
Lemon
Maple
Almond
Spearmint
Black walnut
Rose
Pistachio

Colors:
Red
Yellow
Green

Savor Salts:
Celery salts
Onon salts
Garlic salt

Miscellaneous Seasonings:
Prepared mustard sauce
Caramel coloring
Catsup
Horseradish
Tobasco sauce
Vinegar
Wine seasonings
Bouillon cubes
Corn syrup
Chili sauce
Worcestershire sauce
Peanut butter

Confessions:

I truly have cut these lists but I do not feel these are necessities. Buy the best — they last a long time and this shelf adds infinite variety to old standbys.

Perhaps you will like to do as I have in keeping the most used spices, pepper, poultry seasoning, savor salts, etc., on the shelf above the cooking surface of your range. This tempts one to add a sprinkle of garlic salt to the lamb chops before broiling, or a dash of tomorrow in the form of a gay sash of paprika to the palefaced, creamed codfish before it goes to the table.

Number 3. The Stand-bys. (I can reach these with just a bit of stretching.)

Rice
Macaroni
Noodles
Fruit flavored gelatines
Prunes
Junket tablets
Canned milk
Beans
Corn meal
Bread crumbs
Powdered sugar
Brown rice
Spaghetti
Breakfast cereals
Tapioca
Dried apricots
Marshmallows
Barley
Cornstarch
Bran
Cubed suger
Crackers
Cocoanut

Number 4. Miss Emergency Shelf:

And she's all that the name implies — for when friends drop in or an impromptu midnight feed looms up, does she strut her stuff? I should say! But she deserves a chapter by herself — so, for another day.

And now, when gypsy trails lure and four walls threaten to jail you in, follow Royal Roads to Romance via your own kitchen shelves!

News-Review—telephone 135.
Phone 135 when you have news

Economy Grocery

344 N. Jackson — O. L. JOHNSON, LOCALLY OWNED — Phone 63

Specials Saturday and Monday

Snowdrift Shortening, 3 lb. tin 73c
P. and G. Soap, 10 bars 36c
Old Fashion Cookies, 3 dozen for 19c
Royal Club Coffee, Vacuum Packed, 3 lb. tin $1.05
Royal Club Sauer Kraut, 2½ lb. tin 15c
Hooker's Lye, 3 tins for 25c
Calumet Corn Starch, 2 packages for 17c
Pabst (Hop) Malt Syrup, 2½ lb. tins 39c
Great Northern Golden Corn, No. 2 tins, 2 for 24c
Red Mexican Beans, 5 lbs. for 23c
Marshmallows, Fresh and Delicious, 1 lb. package 19c
Booth's Broiled Sardines, Mustard or Tomato Sauce, 1 lb. tins, 2 for 22c

MODERN CO-ED BETTER IN BODY THAN PROTOTYPE 50 YEARS AGO

Comparative Average Measurements Disclose the Physical Superiority of Today's College Girl—Surgery and Charity Combining to Save the "Unfit."

ASHLAND, O., March 17—Betty co-ed of 1931 is a better girl physically that Betty co-ed of 50 years ago. She weighs more, is taller, and has a greater lung capacity and chest girth.

This was revealed today by Dr. Edwin E. Jacobs, president of Ashland college, who during the last 15 years has studied the physical measurements taken of 6,000 girl freshmen in five institutions of higher learning during the last half century. The ages of the girls measured were approximately 18 or 19 years.

In his analysis Dr. Jacobs used index figures, indicating for comparison the averages of the measurements. The figures are:

	50 years ago	Today
Weight	113.8	123.2
Height	159.5	161.6
Lung capacity	150.6	165.6
Chest girth	78.1	80.7

Dr. Jacobs' analysis indicated that the improvement has been steady.

He said that the causes for increased vigor perhaps are:

1. College girls may now be coming from a different stratum of society than formerly.

2. Previous improved high school training in physical education may have its effect.

3. General health conditions of all homes are better than formerly.

4. It may also be that the general physical vigor of this part of the population is improving.

5. Or it may be that more vigorous and robust girls are setting out for college rather than the weaker ones, for there can be no doubt that modern college life appeals more and more to the vigorous girl.

Modernity's Benefits

Dr. Jacobs made his study to determine whether the old saw that 'we are growing weaker and wiser' was true."

"Aside from war, which if unrestrained will lead the race to the very verge of extinction, we are told there is soft living wrich reacts deleteriously on our health," he said.

"The frontier with its rigours no longer acts as a selective agency as once it did, and with improved methods in surgery and ill and unfit are being kept alive and allowed to reproduce. Moreover, as charity is now administered the struggles for existence is not allowed to weed out the unfit.

"Added to this we are told that our modern food is so poorly adapted to our needs that good teeth are impossible. All this is said to react unfavorably upon our physical vigor."

It appears from his study, Dr. Jacobs said, "that at least as far as college girls are concerned, we need have no fear as to their decline in physical vigor."

Gets "Monkey Fever"

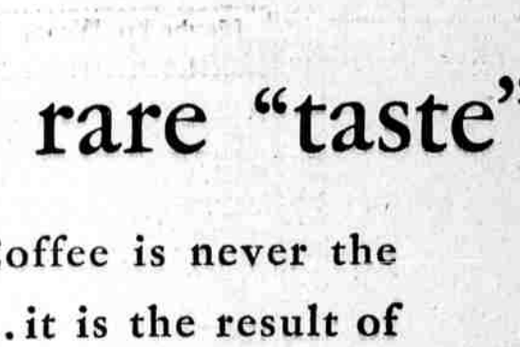
NEW YORK — Dr. Wray Lloyd, Canadian scientist, has 'monkey fever.' He got it from monkeys which he was experimenting with for the Rockerfeller institute. It's a species of yellow fever and is not necessarily dangerous. Dr. Lloyd had a close call in 1928 when his heart stopped beating during a demonstration of his theories on stimulants.

Alfalfa seed in both common and Grimm varieties is sold at Wharton Bros.—Adv.

Let Us Rebuild Your Shoes With Panco Soles

They cost less, but actually wear longer.

Sandquist Shoe Company
MEDICAL ARTS BLDG.
All Work Guaranteed



ANNOUNCING

the reopening of the

Motor Shop Garage

under the new ownership of

ROBERT BARRETT

and

ALBERT BARRETT

Now Open for Business

We are specializing in general automotive repairing. Prices very reasonable. Bring your car in for an inspection. Free Inspection Service

WE HANDLE SHELL PRODUCTS

MOTOR SHOP GARAGE

443 N. Jackson

The rare "taste"

of Hills Bros Coffee is never the result of luck...it is the result of roasting evenly...continuously...

a little at a time

NO ONE can drink Hills Bros. Coffee without realizing that it has a flavor no other coffee has.

Controlled Roasting—Hills Bros.' patented, continuous process—is the reason for this delicious difference. Every berry is "done to a turn" by this process that roasts only a few pounds at a time, and possesses the utmost in uniform flavor and fragrant aroma. Such perfection cannot be achieved in bulk-roasted coffee.

Whenever or wherever you buy Hills Bros. Coffee, it is *always fresh.* Air, which destroys the flavor of coffee, is taken out and kept out of the vacuum can in which Hills Bros. Coffee is packed. Ordinary cans, even if air-tight, do not keep coffee fresh.

Ask for Hills Bros. Coffee by name and look for the Arab—the trade-mark—on the can. Sold by grocers everywhere.

HILLS BROS COFFEE

© 1931