

Roseburg News-Review

Member of The Associated Press... HARRIS ELLSWORTH, Editor

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Seattle Mourns... FORMER Roseburg resident now living in Seattle is still loyal to the Umpqua valley.

Washington towns today were faced with the necessity of uniting in the selection of one site for the proposed Northwest Veterans' Home.

Falling in that, they must see the Veterans' Home and all that goes with it go to Portland back door.

The Federal Hospitalization Commission at Washington, D. C., will report its findings in a short time.

There has been much talk about Roseburg being the propoganda base for the proposed Veterans' Home.

But Roseburg is only a smoke screen, a horse-to-trade, and always has been.

Oregon doesn't want Roseburg, down on her southern boundary, where all the benefits would go into California.

Portland will make a proposition, a 'very generous one' on Portland's part.

Vancouver, Washington, where all the business will flow across the river into Portland.

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Oregon Editors' Opinions

WHO WON THE WAR? (Albany Democrat-Herald) WILL DURANT says that Germany won the war.

PROMPT JUSTICE (Klamath Falls Herald) Justice can proceed with dispatch. This was demonstrated in the rapid manner with which the case of James E. Kingsley was disposed of in Jackson county.

(The Dalles Chronicle) Lincoln could have averted the Civil War, according to Edgar Lee Masters, by allowing the southern states to secede.

Editorials on News (Continued from page 1) power. The result was ANOTHER new idea that went a long way toward revolutionizing industry.

IF you want to be famous and probably very rich, think up a new and better way of doing some simple thing that has always been done inefficiently in the past.

Maybe I'm Wrong (By J. P. MEDBURY) BREACH of promise suits would soon drop to a minimum if some scientist would only discover a two-bit bottle of cement for mending broken hearts.

Soft Jobs—Selling corn plaster to pedestrians on the primrose path.

Auto Suggestion—Every second hand car isn't what it's cracked up to be.

Acc of Cads—The fellow who uses a non-de-plume at church and tries to get into Heaven under an assumed name.

He's the same guy who says his wife has the hoof and mouth disease. He claims she dances half the time and talks the rest.

You're Right—The man who gets up in the morning feeling like a million dollars, would be glad to knock off ninety per cent for cash.

Today's Tightwad—The economical father who made his little boy sit in a draft because there were a couple of cough drops left.

Momentous Moments—When a glutton eats his entrée in ten seconds and then wants to know what par is for the next course.

Financial Note—Money won't buy happiness, but you can't have much fun without it either.

Our Own Vaudeville—Employer: How are you on fancy dishes? New Maid: Oh, I break them just as easy as any other kind.

Talks on Health (By DR. R. S. COPELAND) DURING recent years we have heard a great deal about dieting and other methods to reduce weight.

As a consequence, we have on one hand men and women who have sacrificed health in ill-advised efforts to achieve a fashionable figure.

On the other hand, there are still more who have resigned themselves to being fat. After more or less spasmodic attempts to change, they have decided that the result would not be worth the struggle necessary to attain it.

If appearance were the only consideration, perhaps this would be a sensible decision, but what are the facts?

What are the relative advantages of fatness and leanness? Does health suffer when excess weight is acquired?

I am naturally interested in this health aspect of the question, but, as a matter of fact, the question of beauty depends on it. Without the glow of health, perfection of form amounts to very little.

An interesting statement has recently been issued by the Illinois State Department of Public Health. It begins by saying: "After the age of 25 the lean live longer than the fat."

It quotes certain figures compiled by the Metropolitan Life Insurance Company, showing the difference in death rates among the overweight and the underweight.

In heart disease the mortality in the overweight is 51 per cent greater than among people of normal weight, while among the under-

BRINGING UP FATHER



By Geo. McManus STORY OF FORESTS TO BE TOLD HERE

W. V. Fuller, publicity director of the state forester's office, is in Roseburg today and will spend the following ten days or two weeks presenting in the various communities of the county, before schools and civic organizations, an illustrated lecture which presents in a graphic way the story of forests.

This forestry educational campaign is sponsored jointly by the Oregon state forester, the Oregon Forest Fire association and the U. S. forest service. It is endorsed by the state superintendent of public instruction. Programs are put on before granges, schools, community meetings, civic clubs and other gatherings.

The purpose of the lectures is to bring about a better understanding of the value and importance of the forest resources and industries of the state. They deal constructively with one of the outstanding problems confronting the state of Oregon today, a problem as vital to the agricultural regions of eastern Oregon as it is to the timbered portions of the state.

For me, I can tell from the way she has acted. How can this girl be told that she is old enough to have dates, especially with decent boys? I know she is unhappy. She has told me time and again that she is unhappy. Nancy Lee, I must help her, but how can I do it?

Advice to Girls (By NANCY LEE)

DEAR NANCY LEE: I'm sure you can help me along life's way as you have done so many others. I'm a boy, in my early 20's. Very good-natured and quiet, though I have life about me.

I met a charming girl not long ago. I care a lot for her. Perhaps mostly owing to her dissatisfaction in life, though, any way, I really love her. She tells me that her parents will not allow her to talk to boys. When she goes out some of the family is with her. I have invited her to some of our most decent places of amusement available. She says she can't go. "Perhaps, some time," she'll say. I know she cares

weight it is 13 per cent less. Diseases of the blood vessels, brain hemorrhage, Bright's disease and diabetes, all show as great, or even greater, differences between the two classes. In cancer, too, surprising as it may seem, there is a decided difference in favor of the thin.

These figures leave little doubt that heart, kidneys and blood vessels suffer from the strain put upon them by excess weight. Under this burden they are likely to break down prematurely. Without it, longer life and better health may be expected. With these facts before us, who can doubt that it is worth while to avoid or to overcome overweight?

There is one point, however, that I wish to emphasize. Let me call your attention to the first words of the statement from which I have quoted—the words, "After age 25."

During the period of growth it is not so clear that the advantage is with the thin. The growing body needs an abundance of all the food elements. There is not only tissue to be repaired, but, in youth, new tissue must be formed. There must be reserve supplies to be drawn on in the case of emergency. Serious consequences may follow if the supply of the important food elements is cut down, and on this account any drastic system of dieting is dangerous.

Answers to Health Queries SALLY Q. Should the scalp disease seborrhea capitis be treated by a physician? What causes the disturbance?

A.—If the condition persists after improving the general health and trying simple home treatment it should have proper medical attention and treatment. Scalp diseases may be due to a number of conditions—the condition of the health in general has a great bearing on the state of skin and scalp.

MARY Q.—Is there more than one kind of lice? I do not have wells but the skin seems red and is easily irritated when scratched.

A.—Yes, there are several different forms; nittidash is one form and "head lice" is another. In many instances the trouble may be traced to faulty diet. It often happens that the digestive system is upset.

Find the underlying cause first of all. It is usually due to a nervous disorder and it is possible that there is some infection at the source.

Now is a good time to have your Chevrolet checked for repairs for spring driving. We are discounting all shop operations 10% in order to keep our mechanics busy until spring. Hansen Chevrolet Co.—Adv.

Best Oil for your MOTOR? The answer is simple... MOTOR OIL, of course! It will stand the constant cylinder pounding and terrific heat without losing its friction-reducing qualities. Try it here.

Colds/ NR TO-NIGHT ALRIGHT New! Tums for the tummy! Quick relief for sour stomach, acid indigestion and heartburn. Tums are antacid. Only the Colby's Union Service Station Across from the Reed Hotel

Letters From the People

Communications to the News-Review for publication in this department should be written on only one side of the paper, should not exceed 200 words in length, and must be signed by the writer, whose mail address must accompany the contribution.

"KINGDOM OF GOD WAITS" BECAUSE OF LACK OF UNITY Roseburg, Ore., Feb. 11, 1931 Editor News-Review:

It is one of the great ironies of life that its greatest conflicts and battles are not usually fought out between people who have divergent and utterly different ideals and philosophies, but between those who have quite similar ones but who seek to realize them by different methods.

It must be a very serious waste of thought and energy, if not something very much worse, when people with essentially the same ideals and purposes in life insist on working in conflict instead of in cooperation.

Names Committees for Country Club J. A. Harding, president of the Roseburg Country Club, has completed his committee appointments for the year.

Memberships—N. Fullerton, J. C. Crawford, J. M. Judd, Finance committee—C. W. Wharton, A. G. Sutherland, F. P. Clemens.

Officers of the Country Club, selected by the board of directors, are J. A. Harding, president; W. F. Harris, vice-president; J. C. Clemens, treasurer, and R. L. Whipple, secretary.

ROSEBURG CABINET SHOP Ed S. Cockeiras F. L. Cockeiras We do all kinds cabinet and mill work.

We will also remodel your old house or build you a new one. Either by day or contract. All work guaranteed. Phone 541-J. 542 Fowler St

KIDDIES FROM DAIRYLAND Storybook Like Lincoln this chap splits the rails, His appetite—it never fails, He drinks OUR MILK and like his dad Says, "It's the best I've ever had." C. J. Tipton JERSEY MILK PHONE 16 F 14 COWS ABORTION & TUBERCULAR TESTED

PIGGY WIGGLY HELPS THOSE WHO HELP THEMSELVES

Saturday Only Butter Piggly Wiggly, Fresh Creamery POUND 31c

Saturday and Monday Flour Baker Girl, Hard Wheat SACK 1.15 Shredded Wh't PKG. 9 1/2c

Rice Fancy Blue Rose, Large heads 3 POUNDS 18c Rolled Oats Sunripe 9 LB. BAG 34c

Macaroni Curve Cut 3 POUNDS 18c Spaghetti B. and M. with Tomato Sauce CAN 9c

Lima Beans Famous for their nut like flavor CAN 10c Mustard French's Prepared 9 OZ. JAR 10c

Corn All Gold, White or Golden Bantam CAN 17c Apple Butter No. 2 size can CAN 13c

Pimentos Dromedary CAN 9c Oats Famous 3 Minute Oats with Premium PACKAGE 35c

Corned Beef Armour's Fancy No. 1 can. CAN 23c Dill Pickles Fine large pickles. LARGE CAN 15c

Crackers Plain or salted, Perfection fresh 3 LB. BOX 39c Marshmallows Assorted Flavors PKG. 10c

Rinso Makes the Clothes Whiter SMALL PKG. 8c Coffee Piggly Wiggly, Rich and Fragrant POUND 28c

Potatoes Deschutes 10 Lbs. 18c Netted Gems Sack \$1.69 U. S. No. 1 They Do Not Cook Up.

We deliver orders of \$5.00 or more, sugar excepted. Small charge on smaller orders.

PUTERBAUGH & PRUITT Red & White Cash Grocery Through our large buying power we are able to offer you real savings in food values. Buy here and save. Keep your money at home. Home-Owned and Operated. I. O. O. F. Bldg. FREE DELIVERY Phone 709