

ROSEBURG NEWS-REVIEW

Issued Daily Except Sunday by The News-Review Co., Inc.

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HARRIS ELLSWORTH Editor

Entered as second class matter May 17, 1920, at the post office at Roseburg, Oregon, under Act of March 2, 1879.

SUBSCRIPTION RATES

Daily, per year, by mail	\$4.00
Daily, six months by mail	2.00
Daily, three months by mail	1.00
Daily, single month by mail	.50
Daily, by carrier, per month	.50

ROSEBURG, OREGON, WEDNESDAY, OCTOBER 2, 1929.

A NEW SOVIET CALENDAR

WHILE the nations of the world are discussing proposals for calendar reform, with thirteen months in each year, Soviet Russia is preparing to beat the gun by adopting a new calendar of its own this month. In Russia Saturday and Sunday are to disappear. Each week will be composed of five days. The Russians will labor seven hours of each day for four days and rest on the fifth day. It looks like the millennium for Russian weary Willies.

Dispatches say that the five-day week is already in effect in many Russian institutions but the government is about to make it unanimous in all industries, in business and in national practice. The new Russian year will consist of twelve months of 30 days each, divided into six weeks of five days each. The extra five days of the ordinary year are disposed of by declaring three holidays, to be celebrated at the end of the months of November, May and January, respectively. May day and the anniversary of the death of Lenin will be nameless and dateless on the calendar. Leap year's 366th day will be a nameless and dateless "industrialization day." Just how the Russians are going to make specific reference to their six nameless days when they need to do it is not explained. That would seem to present a problem of itself.

Workers are forbidden by law to labor for pay on the fifth day of any week unless by government order, so there will be 72 rest periods of 39 hours each in every year—if the plan works. What some of us over here wonder who are old-fashioned enough to believe that people are best off when they are occupied is how the Russians are going to fill in their over-generous rest time. The masses of them are densely ignorant. They can neither read nor occupy themselves in other improving ways. It looks as if the vodka shops are going to do a nice business.

At present there exists no collection of historical data and relics of pioneer days in Douglas county. Douglas county has one of the richest historical backgrounds of any county in Oregon and its memory should be forever preserved. The first step in this direction was the appointment of Miss Agnes Pitchford and Miss May Baldwin to act as a committee to look up and gather together such pioneer data and display as they can find. This is nearly an impossible task for an individual and if even measurably successful must have the cooperation of the people of the county. If you happen to know where there are any bits of pioneer furniture, documents, farm implements, clothing—anything at all that dates back a few years in Douglas county history, please get in touch with either Miss Pitchford or Miss Baldwin, or if you fail to remember the names, just send word to the Roseburg Chamber of Commerce office. It is hoped that within a comparatively short time a really worth while exhibit can be built up as a permanent museum display in the new Douglas county court house.

POEM FOR THE DAY

By LOUIS ALBERT BANKS

THE HUMAN FACTOR SUPREME

The Associated Press here this significant story from Asheville, North Carolina:

"The first and supreme problem in banking, as in every other department of life, is the human problem. Max Gardner, governor, told the North Carolina Banking association in annual session here, and the most successful banker is the man who, with a large and far-reaching intelligence, best serves his community and his fellowman. The importance of the human and personal element enters in all business transactions. It is Governor Gardner's belief, just about as important, in the final analysis, the banker does not extend the loan because the collateral is ample, but because of the character of the man seeking the loan."

"The normal basis of business, and particularly of the banking business, is faith in the character, integrity and ability to make their promises good of the individual men and women who engage in business," he concluded."

Ralph Waldo Emerson was right; In all man's sphere of human flight Decisions all come back to this— 'Twill always hit and never miss; The kind of man one is decides How swift or slow the steed he rides; In art or culture or in trade His character will mark his grade.

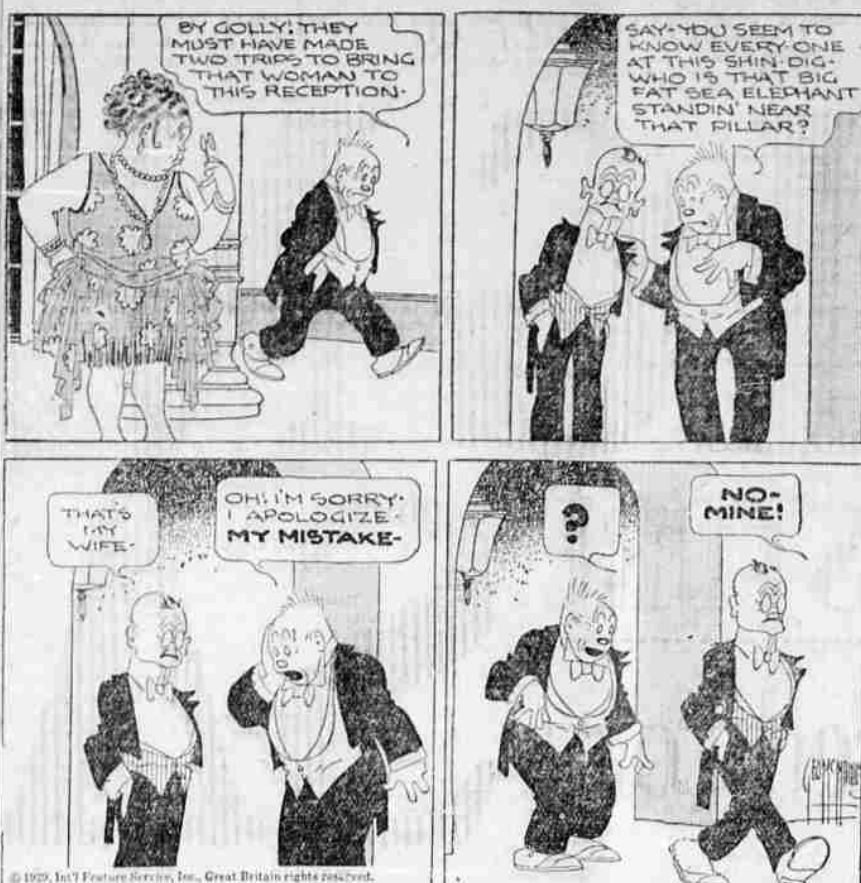
And Governor Gardner visions clear; The traits that men must hold most dear; 'Tis not mere count of things they own; It is their soul's foundation stone; That marks assurance of career— The guiding star by which they steer. 'Tis just as true in city banks As in the humble country ranks.

The human problem is supreme In every kind of human scheme. This everlasting vein of truth Should be uncovered to our youth; For nothing else can take its place; 'T holds the balance in life's race; Remember, all, 'tis what we are That will our history make or mar.

'Tis useless that we sit and dream Unless our engine boils with steam To drive our ship of course so true 'Twill bring high, righteous deeds to view. Our lives depend upon ourselves— The kind of goods upon our shelves. So build a character so great 'Twill mark you for a noble fate.

BRINGING UP FATHER

By Geo. McManus



The OFFICE CAT

Houser: Did you hear about the flier who found after making the altitude record that his propeller was all gummed up with butter?
Coaxer: Butter? Why, how was that?
Houser: Why, he churned it when he was going through the milky way.

It is all right to leave foot prints on the sands of time, providing they point the right way.

Clean thinking results from that kind of living.

And Blow Her Horn?

Wanted—Man for gardening—also to take charge of cow who came in the chair and play the organ—Westwood (Ill.) paper.

"Did you hear about the Scotchman who was to have a profile picture taken?"

"No."

"He had only one side of his suit pressed."

"Every time I come here you hurt me, Doc."

"Well, we must locate the bulge."

"Why didn't you say so before? I've had it in my pocket."

SIGN ON UNDERTAKERS WINDOW: Why walk around half dead when we bury you for \$37.50?

He: "Where are you going?" She: "That's my business."

He: "I just wanted to know. I couldn't tell from your clothes whether you were going to the opera or an operation."

People who have no theories whatever about raising children usually are the parents of several.

When a high school girl gets purring in her head there's trouble for an education.

The Cheese Song.

Choose the kind of girl that m— forget.

Young Lady: "You know, I am writing a book now entitled, 'How I Raised My First Born.'"

Friend: "Yes? By the way, where is the little fellow?"

Young Lady: "Why, you see, I've placed him with relatives for six months while I am busy with the book."

EDITORIALS ON THE DAY'S NEWS

(Continued from page 1)

Every day of our life in adding sugar to these prunes, and the more sugar the better the prune. And it is worth mentioning that for the first time in years the price is good.

The other group, not so happy, is composed of that element in the community known as business, and business, as everybody knows, is stimulated by the chance of the season. When the seasons are slow about changing, business is slow.

It has been remarked that every body is always doing about the weather, but that nobody ever does anything about it.

That is probably just as well. If people could really do anything about the weather, look what a mess we should be in all the time. One man would be changing it when his neighbor didn't want it changed, and then there would be blood on the moon.

Nature is pretty wise, after all, in taking complete charge of such things.

BUILD A RESERVE OF STRENGTH—EXERCISE!

Dr. Copeland Gives a Good Health Tip in Advising that the Heart Muscles Be Prepared for the Inevitable Demands of Life's Uncertainties.

By ROYAL S. COPELAND, M. D.
United States Senator from New York.
Former Commissioner of Health, New York City.

MANY persons ask about the heart. Perhaps one has been told to avoid violent exercise and emotion, for fear of their bad effects on this organ. Another may have been told to walk briskly and to stimulate an interest in things, so that the heart will beat more vigorously.

Just how should this vital organ be treated? How are we to reconcile these conflicting statements?

The heart is a mass of muscles. It must beat seventy times, or so, every minute. No matter how quiet you may be, the powerful heart muscles contract strongly every time there is a heart beat. When you are hurried or excited these contractions are fairly violent.

There is no doubt that for some persons safety demands moderation and caution against those experiences which excite the heart. But for most of us, by all odds the vast majority of us, it is important to train the heart so that it is accustomed to hard work. Reasonable work, of course.

There arise emergencies when tremendous strain is thrown upon the heart. These emergencies are met in health, and likewise they are met in disease.

You may run for the street car, or be told of some frightful accident to one near and dear to you. Without warning there may come a terrible and unprepared for demand upon your heart muscles.

Or you may have some profound emotion. When prolonged overwork is thrown upon the heart, in a disease less pneumonia, the high fever and rapid pulse may test the endurance of the strongest heart.

You never know what demands will be made on your heart muscles. You must be ready for whatever may come.

When you know that the heart is largely muscle, you know that it must be trained like other muscles. It is to grow strong. There must be systematic exercise, during which the heart muscles are made to work harder than they usually do.

The trouble with most persons is that they never take any exercise beyond that demanded by their daily duties. It would be foolish to advise a farmer, a carpenter, a plumber, or any other man engaged in active, hard, muscular work to "take exercise."

He would laugh at you.

But a bookkeeper, a manufacturer, a photographer, most clerks and the majority of business men and women do not get physical exercise, or at least brief physical exercise. They must have it if the body generally, and the heart in particular, are to be kept in prime condition.

You should lay up a reserve of strength in your heart muscles by keeping them fit and strong by vigorous exercise during a part of the day. This is your duty to yourself.

Of course, if you have a weak heart, and your doctor advises against such exercises you should follow his advice. But for most of us such vigorous work as I have described will add strength, and length of days, too.

Answers to Health Queries

L. D. Q.—What do you advise for thread worms?

A.—Send self-addressed, stamped envelope for full particulars and repeat your question.

M. L. W. Q.—What diet and exercise would you advise for a six-year-old child 4 ft. 4 in. tall, weighing about 75 pounds? She has been

perfectly well and healthy all her life. Is there danger of a 2-year-old child being a cripple when her bones seem stiff and when attempting to walk she stands on her toes?

A.—A well-balanced diet, avoiding too many sweets and rich foods, proper exercise and regular elimination should be suitable under the circumstances. For full particulars send a self-addressed, stamped envelope and repeat your question. 2. She may have a touch of rickets. I would suggest that you have her examined by an orthopedist. He will advise the necessary treatment.

F. S. C. Q.—What effect would rubber pants have on a baby if worn constantly?

A.—Do you advise the use of pasteurized milk for bottle babies?

A.—Might cause chafing.

M. A. P. Q.—What will reduce the abdomen and hips?

A.—It is difficult to reduce weight in any part of the body without reducing in general. Send self-addressed, stamped envelope for further particulars and repeat your question.

E. V. H. Q.—What causes dry lips?

A.—Have a careful examination to locate the underlying cause.

ROLAND P. Q.—In what way would disused tonsils harm the body?

A.—This condition poisons the entire system.

MRS. H. E. P. Q.—What causes the cheeks to get red and burn? This happens mostly at night.

A.—This may be due to poor circulation or fever.

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Good Manners

By MRS. CORNELIUS BECKMAN

The Visitor's Gifts

DEAR MRS. BECKMAN:

A girl friend wants me to go with her to visit her sister in a distant city. I would like to go, but she says that I cannot pay any board. Would it be all right for me to buy a gift for her sister, brother-in-law and the children, and what would you suggest?

C. B.

I suggest that you take a small sort of "family gift" when you go to visit these people—a box of candy, a box of assorted sweets, some photograph records

should like to take them to lunch or dinner sometime. Can you inform me of the proper procedure for having them? It will be an informal engagement. Should I ask their hostess to go with me?

M. Q.

It would be gracious for you to go to call on these two friends and invite them by word of mouth. If this is not possible, write a note of invitation, making the date and hour specified, or name two dates from which to choose between. And by all means invite their hostess also.

Delightful Presentation of a Gift

DEAR MRS. BECKMAN:

I am giving a little luncheon at which we will present a gift to my girl friend in whose honor the little affair is held. This girl is to be a bride a week from the day of the luncheon, so the gift will be one appropriate for a bride. The girls who will be present at the luncheon are participating in the donation of money for the gift, but I am giving the luncheon.

Would it be correct or would it seem selfish for me to make a short speech of presentation at the meal, and at that time give her the gift. Or would it be better to ask another member of the party to take the part of presenting the gift?

F. S.

I suggest that, instead of attempting to have the gift presented so formally, you have the gift placed at the place of the guest of honor, so that she will "discover" it when she takes her place at the table.

(Mrs. Beckman will be glad to answer questions on etiquette submitted by readers.)

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NEW NASH TO MAKE APPEARANCE OCT. 6

KENOSHA, Wis., Oct. 1.—(Special)—Widespread and persistent rumors that the Nash-Motors company is preparing to introduce an entirely new and revolutionary line of the famous "400" series Nash cars, which have come down in history as one of the American industry's signal successes, were confirmed here today by President C. W. Nash.

Company officials, who for weeks have been intensively engaged in the carefully guarded activities at the great Nash plants in Kenosha, Milwaukee and Racine, have completed final inspections of the new cars, it was learned this morning, and have approved the host of important engineering advances, which are said to be the result of more than three years of experimental work and practical development by the celebrated Nash engineering department and Salon engineers.

While no details concerning the many mechanical advancements and new driving features of the forthcoming cars were revealed, it was intimated that they will contribute a completely new impetus to the new motor car field and will add something definitely finer to the efficiency and enjoyment of motoring. Following as it does, the universal approval accorded the advanced design and performance attributes of the original "400" models, introduction of this new Nash group is considered one of the most important events of the automobile year, and one eagerly anticipated by all motorists.

Public announcement and display of the new Nash cars will take place October 6, Mr. Nash declared today. At that time Nash dealers and distributors in all parts of the country will raise their show room curtains on the glittering array of brand new and epic making cars, and the entire Nash merchandising organization will stand by to demonstrate their mechanical attainments and engineering superlatives.

Darwin regretted that the musical cells of his brain had become atrophied because they were not developed in childhood. Profit by his misfortune and send your child to Heimline Musical Kindergarten. (Adv.)

DUCKS LEARN FROM MODERN SKY FLEET

Man studied the flight of birds when he tried to perfect the first airplane. He put flapping wings on the first planes he tried to build.

Now, conditions are reversed. Birds are studying the flight of airplanes, in order to know how to behave in the air.

No less an authority than the Hagerstown, Md. Globe will vouch for this. The Globe's official staff ornithologist and nature lover happened to be prowling about the Hagerstown city park when the "Sky Fleet" of the General Tire and Rubber company flew in military formation above that city, while on its 50,000-mile tour of the United States, Cuba, Canada and Mexico.

His scientific eye noted that a flock of ducks in the city park pond was paying very close attention to the planes circling above the park in the form of a perfect V.

After the "Sky Fleet" had passed over, as though at a pre-arranged signal, the ducks rose from the city park pond and, after maneuvering about a bit, arranged themselves in a V-shaped formation identically like that of the General Tire and Rubber company's orange and black monoplane and flew about the vicinity of the park for some time in perfect formation.

If they had been wild geese, of course, the Globe's bright young ornithologist would have thought nothing of it for wild geese, as anyone knows, spend most of their

leisure time flying about in the shape of a V. But these were ducks, usually regarded as too stupid to know the difference between a V and an H or even a Q.

It is a trite saying that it is useless to try to teach a duck to swim but the General Tire "Sky Fleet" can at least teach ducks how to fly—if you believe the Hagerstown Globe ornithologist.

TRESPASS NOTICE

All persons are hereby warned not to hunt or in any way trespass on the C. L. Beckley ranch.

MRS. MAY BECKLEY.

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