

Dietitians urge home-cooked Cereals



for the climb up "Growth-Hill"

ALL cereals are fuel foods but home-cooked cereals are growth-promoting foods also. This is a new idea which dietitians are now urging more than ever—a warm home-cooked cereal for the breakfasts of growing children.

For more than 30 years Albers Carnation Wheat has had a large share in the health and growth of countless children. It is nature's finest food—whole wheat—and because it is untoasted it preserves every bit of its priceless growth-promoting protein.

The wheat-center—bran, gluten, starch and mineral salts—all these come to you in Carnation Wheat. Quick to prepare! Easy to digest! Make it the mainstay of truly growth-promoting breakfasts for sturdier boys and girls.

Food Facts, a magazine of dietetics, has published an authoritative article on "The Place of Cereals in the Diet," by Dr. Agnes Fay Morgan, Professor of Household Science at the University of California. Every mother should read this article. Write for a free reprint to Albers Bros. Milling Company, Advertising Department, Davis and Vallejo Streets, San Francisco, California.



CARNATION Wheat Flakes

An Albers "Better Breakfast" Cereal

DODGE CAR DRIVEN BY BLINDFOLDED MAN GIVES THRILLS

Ali-Din Pilots Auto at High Speed Through Traffic Despite Mask Over His Eyes.

Driving blindfolded and at high speed through the main streets of town, dodging in and out among the cars moving along the streets, backing up, parking in narrow places, and otherwise demonstrating every ability of the skillful driver, Ali-Din, the psychic wonder, who is appearing every night this week at the Antlers theatre, baffled a large crowd on the streets here yesterday. Sitting at the wheel of a new Victory Six Dodge car, Ali-Din drove through the main streets at a fast speed, observing traffic rules, handling his machine perfectly despite the fact that his eyes were heavily bandaged with gauze and his head covered with a black mask.

The start of the demonstration was marked by a little difficulty. Expecting that the drive would be conducted at a leisurely pace through the streets, Mr. Newland brought out an absolutely new Dodge Victory Six. The car had never been used before and was quite still, so that when the driver started off at a roaring pace the accelerator stuck. This car was taken back to the shop and one brought out that had been run enough to make it responsive to the driver's every touch and the test was then put on in a fashion that gave the crowd some real thrills.

In the car with the blindfolded driver were Maurice Newland of the local Dodge agency, Chief of Police Wm. Vaughn and B. W. Bates. Ali-Din drove through the traffic at high speed, and once very narrowly missed disaster when a car suddenly pulled out in front of him without warning. Despite the blindfolds, which were applied in the presence of a large crowd, he handled his car perfectly and without mishap.

After driving up and down the streets several times, turning at intersections and performing numerous stunts, Ali-Din drove his car to several of the local business establishments, stopping in front of the Wilder and Agee store, Fisher's, The Booterie, Spencer's, Lockwood garage and the McKean, Darby and Baldwin store. At each place he got out of the car, still blindfolded, and walked through the establishments.

Ali-Din was greatly pleased with the performance of the car which he drove in making the test. "The Dodge certainly did respond to the work," he said. "I have never experienced such rapid acceleration and such smooth-acting brakes in any other car. It is because the Dodge is so sturdy that I can give demonstrations that give bystanders such a thrill. The car is powerful and brakes have to be good to stop it quickly when my senses warn me I am approaching danger. "Everyone wonders how I do it. I cannot say myself. I just drive, and know when I am near any object. There was no mechanical contrivance used and the people with me will testify that I did not need any help."

PLENTY RAIN COMING! Umbrellas recovered and repaired. Anything in above line by the man you all remember. J. L. McKean, now at Roseburg hotel afternoons only.

UMPUQA HIGHWAY MEETING WILL BE HELD TONIGHT

The Umpqua Highway association meeting at the Umpqua Hotel tonight will be one of the most important meetings ever held in connection with that project, it is expected. At this session the principal for the directors of the association, the public is invited to attend, and particularly those who have suggestions or ideas of a constructive nature are urged to be present. The meeting is to start at 7:30 o'clock at the Indian room of the Umpqua Hotel.

The reports of the various committees are to be received and acted upon. The winners in the recent Umpqua Highway essay contest have not yet all been chosen. The winners outside of Roseburg, however, will probably be announced tonight, but the essays are not yet chosen as the judges have found it impossible to complete their careful study of the great mass of essays submitted. The contest was exceptionally successful from the standpoint of the number of essays submitted, and the judges have been working industriously to their effort to select the winners. The work of judging the essays has been most carefully undertaken by the Umpqua Squaw, but because of the great mass of papers to be read more time will be required to complete the check.

It is expected that as a result of tonight's meeting immediate activity will be undertaken in connection with the project, and it is hoped to secure further extension of the road during the coming summer.

More than 30 good used Chevrolts and Fords offered for sale very easy terms. Your old car, if you have one, can be taken as first payment. Hansen Chevrolet Co.

SKAGGS SAFEWAY STORES

Distribution Without Waste

Thousands are buying at our great

Canned Foods Event

(Closes March 10th)

To date the attendance at our great "organization-wide canned foods event" has been remarkable. But, the crowds have been equalled by the values given and be-

sides we have made an untold number of new friends. Fresh lots of merchandise go on display almost every day. It is not too late for you to profit. Better come soon though. The event closes March 10.

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|--|---|--|
| Asparagus
Libby's Salad Points, tall round cans, tender short tips.
3 cans 65c
Dozen \$2.50 | Chinook Salmon
Libby's Fancy Red Chinook in the tall 1 lb. red can. A choice fish for lenten menus.
3 cans 88c
Dozen \$3.45 | Pineapple
Hawaiian crushed in syrup. For pies, salads or puddings. No. 2, tall tins.
3 cans 59c
Dozen \$2.30 |
| Kraut
The healthful vegetable. No. 2 1/2 cans.
3 cans 44c
Dozen \$1.70 | Crab Meat
North Sea White Crab Meat. Fine No. 2 1/2 jins.
2 cans 65c
Dozen \$3.50 | Oil Sardines
Domestic pack in No. 1-4 tins.
5 cans 30c
Dozen 70c |
| Pimentoes
For garnishing salads flavoring roasts, 4 oz. can or 2 oz. glass.
4 for 37c
Dozen \$1.05 | Tuna
White Star Fancy. Only the best white meat. No 1/2 cans.
3 cans 73c
Dozen \$2.55 | Imp'd Sardines
Packed in pure olive oil. About 20 fish to can.
3 cans 47c
Dozen \$1.75 |
| Spaghetti
Heinz or other brands. A quick lunch item, acceptable during lent.
4 cans 50c
Dozen \$1.40 | Spinach
"Maximum," extra quality cleaned. Large No. 2 1/2 tins.
3 cans 53c
Dozen \$2.05 | Deviled Meats
Maximum quality.
6 cans 1-4 size 25c
4 cans 1/2 size 39c |
| Pumpkin
Libby or Maximum, large No. 2 1/2 tins.
2 cans 35c
Dozen \$2.00 | Sliced Beef
Maximum quality. The handy quick meal.
3 jars 2 1/2 oz. 43c
3 jars, 5 oz. 73c | Soups
Campbell's assorted. Quick hot lunches.
4 cans 39c
Dozen \$1.15 |
| Preserves
Pure fruit preserves. Just like home made. Large 3 lb. jars, assorted.
Each 65c
1/4 Dozen \$1.90 | Grape Fruit
Shaver's fancy, large rich pieces, No. 2 cans.
3 cans 76c
Dozen \$2.85 | Huckleberries
Something new, large flat tins.
2 cans 55c
Dozen \$3.20 |

Amaizo Oil

Amazing results in salads and cooking.

Pints 25c
Quarts 42c

Fancy Selected Eastern Pack Vegetables

All Small No. 1 Size Tins for Small Families

- | | | |
|--|--------------------------------------|---|
| Lilly of the Valley Peas
5 cans 80c | Golden Wax Beans
5 cans 93c | Golden Sweet Corn
5 cans 53c |
| Lilly of the Valley Swt. Corn | Asparagus Tips | Mission June Peas,
Standard Tomatoes |

New York Vegetables

Fancy selected varieties, No. 2 tins. Country Gentleman Corn.

- | | |
|------------------|--------------------|
| 3 cans 50c | Dozen \$1.93 |
| 3 cans 55c | Dozen \$2.13 |

Snowdrift

The Prepared Shortening

- | |
|-------------------------|
| 2 lb. can 50c |
| 4 lb. pail 93c |
| 8 lb. pail \$1.83 |

Free delivery on all orders for \$5.00 or more.

Store No. 55 Roseburg Phone 230

BODY ROY WILSON EXPECTED ARRIVE IN STATES MAR. 15

Mr. and Mrs. C. F. Wilson, of Repton, have been notified that the body of their son, who died several weeks ago in China, will arrive in San Francisco March 15. Roy Wilson, a member of the U. S. Marine Corps, died in China, during the latter part of December, following a long illness. His body is now on the U. S. Transport Thomas scheduled to arrive in San Francisco on the 15th of this month. As soon as the body is put aboard the train for Roseburg notification will be given the parents, according to the information from the marine corps headquarters.

BORN

THRONBERG—To Mr. and Mrs. Thronberg of Melrose, Saturday, March 3, 1928, at Mercy Hospital, a girl.

MOORE—To Mr. and Mrs. Harlan Moore of West Roseburg, Sunday, March 4, 1928, at Mercy Hospital, a 11 pound 8 ounce girl.

Political Announcements

FOR COUNTY JUDGE

I hereby announce myself a candidate on the republican ticket at the nominating election May 18 for the office of County Judge. I pledge myself, if elected, to a square deal to everyone, every road district and every section of Douglas county; economic administration, and cooperation with law enforcement agencies.

R. A. BERCHER, Billard, Oregon.

FOR COUNTY JUDGE

To the republican voters of Douglas county: I hereby announce myself a candidate for reelection as county judge, subject to your approval at the primaries on May 18.

GEORGE K. QUINE.

FOR COUNTY TREASURER

Subject to the approval of the republican voters of Douglas county, Oregon, I hereby announce myself a candidate for reelection in the office of County Treasurer, at the primary election May 18, 1928.

JAMES E. SAWYERS.

Working for the best school economy, I present my name for nomination by the republican party, in the May primaries, for reelection to the office of County Superintendent of Schools.

EDITH S. ACKERT.

FOR SCHOOL SUPT.

I hereby announce my candidacy for the office of County School Superintendent, subject to the will of the voters at the Republican primaries, May 18.

If elected I pledge an economical, efficient and business like administration.

O. C. BROWN.

FOR COUNTY TREASURER

I hereby announce myself a candidate for County Treasurer subject to the approval of the republican voters of Douglas county, at the nominating election, May 18.

FOR COUNTY SURVEYOR

I hereby announce myself a candidate for County Surveyor subject to the approval of the Republican voters of Douglas county at the primary election May 18, 1928.

BEN B. IRVING.

CANDIDATE FOR SHERIFF

Subject to the approval of the Republican voters of Douglas county, I hereby announce myself a candidate for nomination for sheriff at the primary election, May 18.

PERCY A. WEBB.

FOR REPRESENTATIVE

Subject to the will of the voters of Douglas county at the primary election May 18, 1928, I will be a candidate on the Republican ticket for Representative to the Oregon Legislature.

C. A. LOCKWOOD.

FOR COMMISSIONER

I hereby announce my candidacy for the nomination for the office of county commissioner, as a republican, subject to the will of the party voters at the primary election May 18, 1928.

W. A. LOVELACE.

FOR COUNTY ASSESSOR

I hereby announce my candidacy for county assessor of Douglas county, subject to the approval of the republican voters at the primary election May 18, 1928.

FRANK L. CALKINS.

FOR COUNTY ASSESSOR

I hereby announce myself a candidate for County Assessor subject to the approval of the republican voters of Douglas County at the primary election, May 18.

BARTON HELLIWELL, Yoncalla, Oregon.

FOR COUNTY SURVEYOR

To the republican voters of Douglas county: I hereby announce my candidacy for reelection as County Surveyor, subject to your wishes at the primary, May 18.

HARVEY L. EPPSTEIN.

FOR COUNTY CLERK

I hereby announce myself as a candidate for County Clerk subject to the approval of the Democratic voters of Douglas County at the primary election May 18, 1928.

SYLVIA J. BROWN.

FOR COUNTY CLERK

I hereby announce myself a candidate for County Clerk subject to the approval of the republican voters of Douglas county at the primary election, May 18, 1928.

A. J. GEDDES.

FOR COUNTY CLERK

I hereby announce myself a candidate for County Clerk subject to the will of the Republican voters at the primary election, May 18, 1928.

IRA B. RIDGLE.

FOR COUNTY CORONER

I hereby announce myself a candidate for County Coroner of Douglas county subject to the approval of the Republican voters at the primary election, May 18.

H. C. STEARNS.

FOR CORONER

Subject to the approval of the republican voters, I hereby announce myself a candidate for nomination of County Coroner, at the primary election, May 18.

M. E. RITTER.

ROBT. W. STEWART WILL BE ARRESTED

WASHINGTON, Mar. 6.—A warrant for arrest of Robert W. Stewart, chairman of the board of the Standard Oil company of Indiana, indicted here for refusing to answer questions asked by the senate Teapot Dome committee, was sent to Chicago today by District Attorney Gordon to be served on the oil man by the United States marshal there.

The warrant was accompanied by a certified copy of the indictment, which charged Stewart was guilty on four counts of violating section 102 of the criminal code. This section makes it a misdemeanor to refuse to answer questions before a senate committee that are pertinent to the subject under inquiry.

The warrant should arrive in Chicago tomorrow or Thursday. Stewart will be notified to appear at the United States marshal's office and accept service. A time will then be set for him to appear in the District of Columbia court to plead to the charges.

NOMINATION OF ESCH IS OPPOSED

WASHINGTON, Mar. 6.—An unfavorable report on the renomination of John J. Esch, of Wisconsin, as a member of the Interstate Commerce Commission was ordered today by the senate Interstate Commerce committee. The vote was 7 for and 10 against.

Each's nomination was opposed particularly by senators from the southern coal states because of his change of vote in the lake cargo coal case whereby the railroads serving the Pennsylvania mines were permitted to reduce their rates to lake ports, thus increasing the differential in favor of the Pennsylvania fields as against the mines of West Virginia, Virginia, Kentucky and Tennessee.

The roll call as officially made public follows: For the nomination: Gooding, Idaho; Couzens, Michigan; Feen, Ohio; Howell, Nebraska; Dupont, Delaware; and Watson, Indiana, Republicans, and Bruce, Maryland, Democrat.

Against the nomination: Goff, West Virginia; Pine, Oklahoma; Sackett, Kentucky; Metcalf, Idaho; Island, Republican; and Pittman, Nevada; Hill, Washington; Wheeler, Montana; Mayfield, Texas; Hark, Alabama; and Wagner, New York Democrats.



Lesson No. 8

Question: Why is the emulsified form the more efficient way for me to realize the health-giving benefits of cod-liver oil?

Answer: Because when cod-liver oil is emulsified it is more perfectly absorbed, and does not disagree with digestion. Take

SCOTT'S EMULSION