

Sentiment Is
With Us Still

By Olive Roberts Barton
An old lady who lives in a town in North Carolina lighted a candle on her most recent birthday—a candle that had lain in lavender and old lace for nearly seventy years.

The candle, or "dip," was given to her by a young Confederate soldier whose company camped on her father's plantation. This was the romance about the candle. She had promised not to light it until their wedding day.

The young soldier marched away to battle and never came back. The girl sweetheart never married. The other day she decided that her lover would have preferred the

candle to be lighted before she died. And thus the bit of tallow gave up the ghost—a sacrament to fidelity.

I can scarcely imagine a girl of 1927 treasuring a candle, or any gift indeed, so faithfully or so long as did this girl of 1860!

The truth, however, must be told. In one short sixty or seventy years of this old world's diary, girls haven't changed much at heart. They still fall in love, and they are as sentimental in their own way as ever. The difference is that they do not acknowledge such "foolishness," as they would put it.

Sentiment is still with us. It always will be with us—I hope! And as for unfulfilled romance—who is without it?

"He is poor indeed, who has no memories of Arcady."

Matter of fact and prosaic we may become as we age, for we

After Tunney
ENGLISH FIGHTER HAS HOPE
OF BEING GENE'S NEXT
OPPONENT.
PHIL SCOTT

Here's Phil Scott, English heavyweight, who has some hope, perhaps merely a dim one, of being Gene Tunney's next opponent. Scott, pictured here as he arrived at New York, is entered in Tex Rickard's next elimination fight tournament. He's some dandy, eh?

cannot go dreaming through life. But deep in our hearts there are usually the glowing ashes of a lost sentiment.

It is good for us. Often an affair that didn't amount to much in youth takes on gigantic proportions as we get it in maturity. It is as natural as you be to talk and think of what might have been! Why do we exaggerate youthful romances? Because we invent what we need, and we need romance to our dying day. Memories are our greatest treasures.

Ako brings its compensations. Sweet memories and old sentiments are not the least of these.

BRIEF SPORT NEWS

By ALAN J. GOULD
(Associated Press Sports Writer)
NEW YORK, Oct. 20.—Seldom have boxing observers found more need of a national governing authority, exercising sweeping instead of limited powers, than they do at present, with the various ruling bodies in sharper conflict than ever.

The conclusion of the national boxing commission in Toledo has emphasized this conflict, which principally is between the national boxing association and the state athletic commission.

The N. B. A., with the boxing authorities of 24 states banded together, has the weight of numbers and widespread representation behind it but the New York Solons have the advantage of controlling the situation in the country's biggest and richest boxing center. The major points of controversy now rage about recognition of champions. It has always been a ring axiom that titles are won or lost in the ring but in these days of resignations or retirements, the championship list has been shifted more by legislation than by punches.

New divisions have been created and championship recognition bestowed or withdrawn by proclamation to such an extent that the tracing of many title histories is now a job for genealogists, instead of sports reviewers.

The current light heavyweight situation, or muddle, according to the point of view, emphasizes the necessity of some means of getting together. On the retirement of Jack Delaney, New York boxing authorities bestowed the crown on the veteran Mike McTigue, who lost it to Tommy Loughran. But the N. B. A. made different arrangements, proclaiming Jimmy Slattery of Buffalo the successor to Delaney after he whipped Maxey Rosenberg in an elimination tournament to which others were invited but which actually involved only Rosenberg and Slattery.

The incongruity of this is apparent to boxing writers but they see little prospect of remedy unless some competitive urge brings Slattery and Loughran, "the rival champions," into the same ring to settle the argument.

There seems small prospect at present of the New York boxing board joining official hands with the N. B. A. Strenuous efforts failed several years ago to bring this about, although the New York board has established working arrangements with several of the states that belong to the N. B. A. such as Connecticut and Pennsylvania.

AGGIES READY TO
MEET CARDINALS

CORVALLIS, Ore., Oct. 19.—The Oregon State eleven is preparing for its clash with Stanford Saturday at Portland with the odds more nearly equal this year than ever before. Usually Stanford is a heavy favorite but this season affairs in the coast conference have taken a decided turn away from pre-season dope in the past two weeks with the result that the Orangemen have just as good a chance as Stanford.

Both Stanford and Oregon State have played Southern California and each scored two touchdowns on the Trojans and in turn was scored on twice. All three teams seem to play a nearly equal game so fans may expect some thrilling football when the Reds tangle with the Orangemen.

Oregon State made a fine showing playing away from home in the Trojan home territory. Stanford played her Southern California game at home. Now Stanford comes north and meets the Orange team before an Oregon State crowd and on what is practically a home field for the Orangemen. If there is any psychological advantage in playing before a home crowd, the Orange will have it.

For the first time this season Coach Paul J. Schissler may be able to start his first string lineup. Les Avrit who has been on the sick list for three weeks and has not appeared in a game may show his wares as full against the Cardinals. Melvin Whitlock, Orange triple threat man, did not get in the game against Southern California.

WORRY PLAYS HANDMAID
TO HEART DISEASE

By DR. MORRIS FISHBURN
(Editor Journal of the American Medical Association and of Hygeia, the Health Magazine)

Because of the fear in which heart disease is commonly held by the public, the person who first receives the announcement that his heart is inadequate, is likely to spend many nights worrying over the length of his life or the scope of his possible activities.

In a recent consideration of the subject before the Chicago Heart Association, Dr. James B. Herrick described five classes of persons who require special consideration in connection with this matter.

Many persons are seen who do not have heart disease, but who think they have. They pay too much attention to every spell of palpitation or breathlessness, they worry over fatigue, and are disturbed by every word of gossip concerning some one who may have died recently of a heart condition.

Such a patient must, of course, be thoroughly examined and told truthfully that he has not an actual disease of the heart and that his worry and distress are unnecessary.

When a condition affecting the heart is discovered in a patient who does not know or suspect that he has heart disease, the physician is usually exceptionally careful.

Such a patient must, of course, be thoroughly examined and told truthfully that he has not an actual disease of the heart and that his worry and distress are unnecessary.

ful in breaking the news. If it is a child, the parents only may be told, so that they may control the child's activities.

The physician usually studies the mental reaction of the patient before imparting to him any news that may be especially disturbing to the conduct of his life.

The most important instruction is that to be given to the patient with heart disease who is over-fearful. By a careful study of the heart, the physician is able to find out how much it can stand and the patient is then told how to limit his activities so as to get the maximum amount of work and pleasure out of life without injuring himself physically.

Some persons simply refuse to consider the possibility of heart disease when it is discovered, perhaps because they belong to some particular group in the community that does not recognize the actual existence of any disease or else because of ignorance.

Suitable Work
Sometimes a patient is so poor that he is unable to take seriously the advice to give up all work. Usually physicians attempt to find work suitable to the patient's condition or to obtain for him the advice and assistance of agencies for helping the disabled.

A rather limited number of patients are able to co-operate intelligently with their doctors in following the plans for recovery from disease. When a patient does co-operate thoroughly with his physician who is well informed in such matters, the results are successful and mean much from both the economic and his social standpoint.

HUMAN INFECTION
CARRIER DANGEROUS

A "carrier" is an individual who, while not suffering from a communicable disease, nevertheless harbors the germ of infection in his body through the elimination of which he is capable, either directly or indirectly, of infecting others. The discovery that contagious diseases may be disseminated in this manner is of comparatively recent date. It was known of course, that certain diseases followed routes of human travel and that human beings were in some manner concerned in the transmission of disease. It was assumed that the infection was carried in the individual's belongings, such as clothing, or possibly in the exterior of his person, as hair, beard, or fingers.

An investigation revealed that some of these individuals had suffered from the disease in question but were now perfectly well. In other instances the individual had lived in houses where such illness existed. Still others gave no history of a preceding illness or contact with persons who themselves had been exposed. The discovery of the existence of carriers has greatly extended the activities in the control of communicable diseases.

The virus of infantile paralysis may persist in the nasal secretions of persons who have long recovered from this disease. Even the abortive convalescent may also harbor the virus. In addition to convalescent carriers, healthy carriers of the infantile paralysis virus have also been demonstrated. Unfortunately the only method which is thus far available to demonstrate whether an individual is or is not a carrier of infantile paralysis virus is by animal experiment.

mentation. The inoculation of monkeys is expensive and cumbersome and cannot be used practically for the control of outbreaks of infantile paralysis.

As the patient himself is the primary focus of dissemination, hospitalization should be enforced whenever home conditions are such as to render complete isolation impossible. In this manner the number of healthy carriers, whom we must regard after all as the greater menace, will of necessity be diminished. Rigid quarantine of the entire household should be insisted upon if isolation of patient is not possible. Prevent the production of carriers by reducing the number of persons who come in contact with the disease. It has been definitely demonstrated that individuals who show no manifestations of having the disease themselves may carry the virus in their upper air passages. The control of carriers constitutes the greatest problem in disease prevention. If man is the sole distributor of the virus of infantile paralysis, there is no reason for believing or assuming that the child is more likely to carry the virus than is the adult.

Concurrent disinfection is necessary. It should not be forgotten that articles soiled by excretions and then handled by the sick may bear the infection, and all these should be burned or disinfected. The clothing worn by those who come in contact with active carriers should be thoroughly sterilized. Hospitalization when promptly applied to all known cases of infantile paralysis undoubtedly lessens the prevalence of the disease.

On Business—
Tom Heard, Looking Glass rancher, spent several hours Wednesday in this city trading and attending to business matters.

SOLID
FACTS

—for—

Your Consideration

Here's Some of 'Em

We of Roseburg have talked about Good Roads, the Diamond Lake to the Sea Highway, Canneries, Groce Markets and Broccoli, as well as Patronize-Your-Home-Town-Institutions—which are all good.

What One Industry Means

How to make Roseburg the best town on the map is what concerns all of us. It may not have occurred to Mr. Average Citizen what just one of Roseburg's institutions mean to the town. The Grand Grill has built up a splendid patronage in the past six years. The overhead of this Roseburg Institution is around \$85 every day. That's what it costs to run the place—and every dollar of that sum is spent right here in this town.

How To Turn the Trick

So, every dollar that business men and business women spend for meals here is put right back into circulation. The Farmer comes in for his share, as we buy Home Grown Products almost exclusively for our tables. We are determined to make the Grand Grill mean something to the good folks of the city and county.

Special Lunches

We are specializing in our unexcelled Merchants' Standard Lunch at 45c. Why ask your wife to cook your noonday lunch when the kiddies are at school? It's more economical to lunch at the Grand Grill.

For the Ladies

In our Special Blue Plate Lunch for ladies this week we feature either fried or fricasseed chicken—a lunch without a peer, only 40c.

Just a word about our special breakfast—It's quality clear through. We buy and serve the best of everything. We use a special boiled ham for all ham and egg orders, and pure butter for frying eggs. It is business we are after, and we give you quality in return.

No need to dress up when you come here—come just as you are—tollers, travelers, or in dress suits—all are welcome.

Remember This

That 30c saved each day on your meals means \$109.50 at the year's end.

THE GRAND GRILL

SELBY'S

Arch Preserver
Shoe

For Women

In Black Kid and Patent Leather

AND IN NARROW WIDTHS

The most popular Women's Shoe in the country, noted for its high quality, foot comfort, and long service.

Kidder's Shoe Store

Roseburg, Oregon

Camel

The cigarette preferred by
experienced smokers

In the remarkable growing popularity of the cigarette, many brands have bid for favor, but Camel continues to lead by billions.

Quality put it there—quality keeps it there.



If all cigarettes were as good as Camel you wouldn't hear anything about special treatments to make cigarettes good for the throat. Nothing takes the place of choice tobaccos.