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## NEVER LET YOUR CHILD SEE FEAR ON YOUR FACE

By Olive Roberts Barton

One of the first of the ten commandments of child training is, "Thou shalt not touch him fear." A baby is born into this world without knowing what fear means. It is not there and it will not be until it is put there.

And when we think that back of most failure, back of much ill health and unhappiness is fear in one of its forms, does it not seem preposterous that we make so little effort to prevent it. We ply a child with vaccines and serums and all sorts of preventative treatment to keep his body healthy—yet we are criminally careless about allowing things to happen that make a soul-sick coward of him forever.

You ask how he can be frightened when he does not know what it means. The development of a little child's mind must necessarily be the difficult of analysis at the beginning.

His first knowledge is gained by instinct, a lot of it is gained by pure mimicry, and his own sensation of any gesture he copies. Then comes a psychological word called "suppression" which translated means "to see through to." He interprets any new knowledge gained in terms of what he already knows.

He hears a crash! He screams with fear. He sees a big dog! He runs hysterically to his mother. Why did he not scream or run when he was a year or two old? Because before that time he had not observed consternation on someone's face when there was a loud noise. Because there had been no suggestion before that from other children or his parents of danger coming from a dog.

If you do not want your child to be a coward, never punish him by shutting him in a dark closet; absolutely never, never hold over his head the rag man, the policeman, a witch, or a bugaboo of any sort. Never tell him a story that has in it the elements of grotesqueness or disaster, maliciousness or crime.

Never let a child see fear on your face. Show him that fire will burn and teach him ordinary caution. But not through fear. And never let him hear you say, "I'm afraid!" as we are apt to do when we are actually afraid of nothing at all. The child's subconscious mind seizes and holds things that his conscious mind may forget.

Subconscious minds are not to be fooled with. They have a direct bearing on mental and physical health. We should watch what we put there.

Dr. McKaig Visitor—  
Dr. J. L. McKaig of Yononka was in this city for a few hours on Tuesday looking after business affairs and visiting.

## WOMAN'S HOSPITAL

WOMEN DOCTORS TO STAFF NEW YORK INSTITUTION DEDICATED TO THE LONG-SUFFERING MIDDLE CLASS—BOTH SEXES WELCOME AS PATIENTS

By NEA Service

NEW YORK, June 22.—And now women doctors, in this feminist age, are planning to build their own hospital.

They will be altruistic in their pioneering venture, however. For the large Gotham Hospital which they plan will be dedicated to the use of the long suffering middle class that has not enough money to pay for private rooms in ordinary hospitals and yet too much to go free in public wards.

All Patients Welcome

Moreover, though women doctors will staff the hospital, men doctors will be privileged to bring their patients there. Both sexes will be admitted for treatment.

The Women's Medical Association of New York City is behind the Gotham Hospital plan. This organization is launching a drive to interest 1,000,000 men and women in backing the Gotham Hospital. The plan is to raise not only for building the institution but to endow it.

At the recent American Medical Association convention the crying need for hospitals was for small-salaried men and women in the less remunerative professions—librarians, social workers, nurses, social workers, teachers and so on. The Gotham Hospital will answer this need.

Women Enthusiastic

Women leaders in every branch of work are already expressing their enthusiasm over this venture by women doctors. Among those locally supporting the drive are such women leaders as ex-Governor Ross, of Wyoming, Mrs. Percy V. Pennybacker, Mrs. Harriot Stanton Blatch, Jane Adams, Ida Tarbell, Judge Jean H. Norris and Dr. Josephine Baker. Doctor Eleanor Van Alstyne of New York, is president of the Women's Medical Association of New York.

Prime movers in the Woman's Hospital campaign are the three distinguished women pictured at the right: (top to bottom) Judge Jean H. Norris, of New York; Dr. Eleanor van Alstyne, president of the Women's Medical Association, and former Governor Nellie Ross, of Wyoming.



## Don't Know Mother Is Slain



The two children of Dr. Frank R. Loomis, on trial in Detroit for the murder of his wife, Grace, made their first appearance in court the other day. Neither knows of the brutal slaying of the mother, they only know that "she is gone." Janet is 5 and Frank is 8.

Leaves to Attend Sorority Meet—Miss Elizabeth Clark, student at O. A. C., who has been visiting with her mother in this city since the closing of college, left Tuesday for Pequot, Minn., where she will attend the Phi Beta Phi sorority convention. From Pequot she will go to her former home in Indiana. She will later join her mother in Los Angeles, where they are making their home, and in the fall will return to O. A. C.

The music for this occasion will be furnished by the

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## THE WOMAN'S DAY

BY ALLENE SUMNER

If you want to find out whether your friends, relatives and acquaintances are really intelligent, just passing bright, or plain mortals, listen to them talk, and reflect upon it. A certain renowned psychologist who has been passing the time away by dodging around corners, listening to people talk, says that the highest type of person talks of ideas; the next highest talks of material things, and the lowest talks of personalities.

Oh, come now, isn't that a bit arbitrary? If you mean just the "highest" cold intellectual type, maybe you're right, Mr. Scientist. But I am inclined to think that the truly highest type, that type of person whose vast human sympathies mellow and comfort the world, the people who never heard of an ism or an ology, but are the first to hear the call of a human need, talk about little or nothing but personalities, and hardly deserve the title of "Morons."

husband talk in this wise the other morning. "Well, I had breakfast down town this morning. Wife was away. Gee, I enjoyed it. I never feel like eating breakfast at home, and just nibble around, but by the time I've had a little air I'm hungry as a bear. That generally means a second breakfast before I go to the office. I've tried tactfully to tell the wife to stay abed, and explain that I'd rather get breakfast down town, but she has been raised in the good tradition that no real wife so abuses her spouse as neglecting to feed him in the cold gray dawn. Solah!"

More of it

Connected more or less with the above idea is a recent magazine article called "Mother" by Virginia Terhune Van der Water, in which, she a mother of the elder generation, in years, so clearly analyzes the mother legend of the then and the now, that she proves herself a modern in mind if not body. All mothers who just can't get the point of view of their modern sons and daughters should read this. The author bakes all the trouble on the fact that mothers who were raised in the old-fashioned mother tradition, which glorified for performing a natural biological function and living the life she chose to live, the life of motherhood, can hardly be expected to get the point of view of today's generation which says that all this mother twaddle is sentimental bunk; that mothers did the job of their own choosing, very often getting away with more murder on their job than other people did on their jobs, and even when they did a bully mother job, only doing their duty by bringing a child into the world, it's the next generation of mothers who will have the right idea. But don't expect too much of the present generation!

The Baby's Name  
Speaking of names and obloges, they tell us now that the unborn child really names himself or herself. They say that when little Percy, grown into a big Percy, rebukes his parents for toasting such a name on him, he has only himself to blame as his own self, tiny and unborn though it was, dictated the name. And when daughter Gwenny asks: on why you inflicted such a name upon her, tell her that she only did it herself. It's science of nomenclature which explains all this.

"His" Breakfast  
There's a certain time-honored old tradition which says that ye may spot a good wife by whether or not she arises and prepares her lord and master's breakfast. The world of fiction has long engaged itself with tales of slacker wives who snored on their downy couch whilst, in the cold gray hours, their better halves either prepared a dreary meal for themselves, eaten alone in the marital kitchen or dining room, or else tared forth into the unfeeling world and ate on a lunch counter stool, flanked by other unhappy specimens of the genus husband.

A New Slant  
It amused me much to hear a  
Cottage cheese, Roseburg Dairy, Phone 138.  
To Assist in Opening—  
Mrs. W. D. Wilks, on the sales staff at the Roseburg branch store of the J. C. Penney company, left Tuesday afternoon for Grants Pass where she will assist in the opening of the new store being opened by the company at that place.

## COOKING SCHOOL ECHOES

### Featherweight White CAKE

A Tested Recipe

- 3/4 cup Crisco
- 1 cup sugar
- 2 cups flour
- 2 teaspoons baking powder
- 3 egg whites
- 1/2 cup milk
- 1 teaspoon vanilla
- 1/2 teaspoon salt

Cream Crisco with sugar. Stir in alternately milk and sifted dry ingredients. Fold in thoroughly stiffly beaten egg whites. Add vanilla and turn batter into two greased layer pans. Bake in a moderate oven (350 degrees F.) about 20 minutes.

Ice with coconut or maple icing, or Crisco white icing.

### Crisco White Icing

- 2 cups confectioners' sugar
- 3 tablespoons Crisco
- 3 tablespoons milk
- 1/2 teaspoon salt
- 1 teaspoon almond or lemon extract
- 1 teaspoon vanilla

Cream Crisco with egg and salt. Add milk and rest of sugar and flavoring. Mix well.

Crisco gives me delicious cakes that you simply cannot tell from butter cakes—light and tender, with a fine, even texture. But Crisco is by no means limited to cake making. I find that I can always depend on Crisco for flakier pie crusts, fluffier biscuits, dainty desserts and for all frying.



To test your cooking fat—taste it. Crisco's sweet flavor will astonish you.

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