

FREE COOKING SCHOOL STARTS TUESDAY

NEWS-REVIEW SPONSORING CLASSES FOR BENEFIT OF HOUSEWIVES IN ROSEBURG AND NEARBY VICINITY

The News-Review free electric cooking school will open tomorrow afternoon at the Roseburg Armory. The program will begin at 1:30 o'clock and the cooking demonstration and lecture will start at 2 p. m., lasting about two hours.

Mrs. Clara Miller Sexton, expert home economist, will conduct the school under the auspices of the

Roseburg News-Review, and her series of lectures and demonstrations will continue over Friday, making four days in all for the school. The school is entirely free. There is no registration fee and registration is not required. Each lecture will be complete in itself, so that housewives who find it impossible to attend the entire series can be assured of full value

from each that they do attend.

A model kitchen is being set up on the platform in the main auditorium at the armory today. Two automatic Hotpoint electric ranges will be used to expedite the preparation of the many articles Mrs. Sexton will make before her audience. A complete new program has been worked out this year by Mrs. Sexton, and in each of her demonstrations she will present many recipes and hints of value to every housewife. There will be some special feature every day which no one will want to miss.

Use Lecture Plan

The school is to be conducted on a lecture plan, with Mrs. Sexton illustrating her lecture by an actual demonstration, showing just how various foods should be prepared, and giving recipes for new dishes. Mrs. Sexton is well qualified for this work having graduated from the school of

home economics at Oregon Agricultural College, following her school work with two years of actual experience in conducting cooking schools similar to the one which the News-Review is sponsoring this week.

The News-Review feels that a school of this kind will prove of great help and benefit to the housewives of Roseburg and the nearby community, and it is with that purpose in mind that the school has been planned and arranged.

Baking Contest Friday

The school will culminate in a cake and pie baking contest in which the women making the prize winning entries will receive very valuable prizes. It is expected that hundreds of cakes and pies will be entered as the prize of the contest exceedingly attractive. The first prize in the cake section will be a fine auto-

matic Hotpoint electric range, while the second prize will be a big electric coffee percolator. In addition to these prizes there will be a number of very valuable merchandise prizes which will be announced at a later date. In the pie baking contest there will be a Premier vacuum sweeper as first prize, with a number of other awards for other winning entries.

All cakes and pies entered in the contest will be turned over to the Campfire girls and Boy Scouts and a sale will be conducted following the school. All of the proceeds from the sale of the cakes and pies will be used by the boys and girls to purchase kitchen equipment and other necessary supplies for their summer camp which will be held at Wolf Creek next month.

PLANNING VACATION CAMPAIGNS

By Olive Roberts Barton

Vacation for the child means just the opposite usually for the mother.

The quiet peace with which she has been able to go about her duties from eight-thirty until four will no longer be hers, and for three months more or less she faces miniature pandemonium with the added anxiety of dangers of the street.

The ideal way, of course, would be to find some quiet spot in the country and let the children run loose. But it costs more than a little, even to go to "some quiet spot." Even so there is usually part of the summer at least to be

spent at home.

There are two answers.

Mother will either have to be a martyr or a general. They say every mother has to have sixteen sides, taking it for granted that the role of martyr is not to her liking.

A general must plan a campaign. A general planning a campaign must be very, very wise and most mothers are this. They know that children must be busy! They know that arms, legs, heads and bodies have to be moving almost every waking minute. A greater mother has decreed that—Mother Nature.

The child simply has to be given something to do that will keep him active.

board, a swing, and a sand box for little children. Write to the Bureau of Child Welfare—Department of Labor, G street, Washington, for simple directions for making these things—and others. Perhaps father can do it in the evenings. If there isn't enough room, perhaps three or four families can go together where there is room and each contribute toward the playthings. It does cost a little, but let phonographs, and radios, and new rugs wait.

Your child will have a club that will keep him busy all summer. He must have friends and he must have exercise. Remember that. Let him help to make the things—there's an idea, girls, too. A set of carpenter tools and some pine boards are about the first things I'd give a boy.



UMPQUA CHIEF FLOUR



Used Exclusively in All Demonstrations by

MRS. CLARA MILLER SEXTON

in the

News-Review Cooking School

at the

Armory, June 21 to 24, Inclusive

Roseburg, Oregon