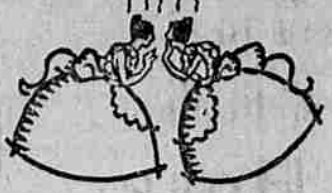


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SNOW BLANKETS
PORTLAND AND
COLUMBIA ZONE

(Continued from page 1.)

Agricultural College campus this morning. The mercury slipped to 23, following two days of heavy rain which brought 2.42 inches of moisture.

25 Above At Eugene.
EUGENE, Ore., Jan. 20.—The mercury slumped to 25 degrees here last night and at 9 o'clock this morning was at the same mark. Later in the day it was but slightly warmer.

A trace of snow last night whitened roofs and brought white patches to the surrounding hills. Though it was cloudy today there was little indication of snowfall.

Columbia Highway Open.
HOOD RIVER, Ore., Jan. 20.—When morning broke over the mid-Columbia today with a bright sunshine, orchard residents were given a view of unusual beauty—every canyon side blanketed in an eight-inch depth of snow. The snowfall at Parkdale reached 23 inches. A minimum temperature of 11 degrees was reported by the Hood River experiment station for last night. Traffic was moving both ways over the Columbia River highway. The Loop highway was kept open despite the heavy drifts in the upper valley.

CARD OF THANKS
We wish to kindly thank our friends for their kindness and sympathy during our bereavement in the death of our dear mother, also for the beautiful flowers, which were greatly appreciated.
C. D. MAYNARD,
AND FAMILY,
R. H. MAYNARD.

CHRISTIAN CHURCH
HOLDS QUARTERLY
BUSINESS SESSION

The quarterly business meeting of the Christian church was held last night following a banquet given by the Loyal Men's Bible class of the Sunday school to the Loyal Women. The two classes recently engaged in an attendance contest and the men were required to furnish a banquet, which they did in very pleasing style. The business session which followed took up numerous matters concerning the church affairs. Reports showed all departments to be in good condition and operating nicely. The church is conducting a pre-Easter evangelistic campaign, which is progressing very satisfactorily. Plans are being prepared for the new building, which the congregation hopes to erect soon. The

Wins 7-Year Fight
for Health.

Portland City Employee After 7 Years Suffering From Indigestion and Run-down Condition Wins Back Health. Takes Tanlac. Gains 20 Pounds

Mr. Otto Segrin, a well-known Municipal Officer, living at 91 E. 7th Street, N. Portland, Ore., says: "After 7 years of despair, pain and worry, I am strong and healthy again... thanks to Tanlac. 'Imagine what I went through! Not able to eat without suffering tormenting pains and burning indigestion. That suffering sapped my strength and wore me to a shadow. I grew nervous and was always tired. I dragged through the days, getting thinner and weaker, fighting off vomiting spells and dizzy headaches that nearly drove me mad. I had to get relief. 'A friend persuaded me to try Tanlac; the results amazed me. I began to sleep better, ate my food with relish and without indigestion pains. I gained weight, too; put on 20 lbs. 'Now I enjoy robust health, sleep like a child. I have not stopped taking Tanlac for it is the one remedy for continued good health, for keeping strong. It certainly made a new man of me.'"



Tanlac has helped many Oregon men and women. It is Nature's own remedy made from roots, barks and herbs. The first bottle usually brings relief. Keep up the treatment and you grow stronger, healthier, more robust. Don't neglect your health, don't suffer needlessly—begin taking this wonder tonic now. Ask your druggist for Tanlac—today!

SALARY BILLS
ARE TABLED IN
STATE SENATE

(Continued from page 1.)

was taken this morning until 3 p. m. The house this morning decided it would adjourn at noon Friday until 11 a. m. Monday.

O. A. C. Must Explain
Investigation of the reasons why the Oregon Agricultural College has not complied with the orders of the 1923 session of the legislature calling upon it for a detailed financial report is sought by Representative Edward Schumacher of Washington county. He introduced a house resolution calling for appointment of three to find out why itemized statements of O. A. C. expenditures have not been made.

Would Extend Bonus
Oregon men who served in officers' training camps during the world war would be permitted to enjoy the benefits of the soldiers bonus loan act, if house joint resolution No. 9 introduced by Representative Denton G. Burdick, of Redmond, is adopted. This classification was not included by the framers of the original state bonus loan law.

Budget Board Scored.
STATE HOUSE, SALEM, Ore., Jan. 20.—The state budget commission composed of governor, secretary of state and state treasurer, came in for a manhandling in the ways and means committee last night at the hands of Representative Collier. The Klamath law maker declared that "this budget isn't worth anything," and that "the officials who make up the budget don't check it carefully."

Representative Claude Buchanan of Benton county took issue with Collier, declaring that the budget commission had done its work intelligently and that if there was any failure to understand it the reason was probably the shortcomings of the ways and means committee.

Collier's comment was made during an argument over a proposed bill, which would empower the state board of control to transfer funds from one item to another in the budget of any state institution. At present this is illegal.

All of the budget for the eastern Oregon hospital was allowed except \$10,000 that was lopped from the fuel item, leaving the total at \$448,400.

To Combine Hearings.
That a complete presentation of the activities of the state text book commission and the state board of education relative to the adoption of text books and the refusal of the board to sign contracts for them can be made in one hearing was the opinion of the special investigating committee at its first meeting yesterday afternoon. This hearing has been set for next Monday night.

Bridge Bills By Eddy.
The public's share of expenses in connection with construction of overhead or undergrade railroad crossings would be paid from state highway funds, instead of in part from county funds, under provisions of a bill introduced today by Senator Eddy.

A second bill by Eddy requires the state highway commission to construct all bridges on highways of the state whether part of state highway system or not.

Joseph-Norblad Spat.
A demand that Senator Norblad of the fish investigating committee be sworn as a witness himself, the mentioning of a mysterious \$10,000 fund along with the name of W. L. Thompson, prominent packer and banker, and testimony indicating irregularities in the finances of the fish commission were the high lights of the second sitting of the probe committee last night.

Senator Joseph, framer and introducer of resolution calling for the investigation, demanded that Senator Norblad himself be sworn in as a witness.

Senator Norblad hesitated a moment before replying. Then he said: "We'll conduct this hearing

as we see fit." "Then you refuse to be sworn?" queried Joseph. "I decline to say whether I will or not," snapped Norblad. "I'll prove that you're a lobbyist," Joseph added later in the lively exchange of words. "I'll deny it at the proper time," shouted Norblad.

Joseph read into the records a letter from Horace Keller, of Rainier, in which the latter charged that Senator Norblad at the 1925 session, as a lobbyist for the fishing interests, forced ex-Representative Bates to talk on a certain proposition favorable to the fish interests. According to the letter he threatened to ruin Bates if he refused to make the talk.

Banker Is Mentioned.
During the course of a short bit of testimony from E. E. Enquist, Columbia River fisherman, mention was made of a mysterious \$10,000 fund in connection with the name of W. L. Thompson, Portland, salmon packer and banker.

Enquist explained that he operated a fish wheel on the upper Columbia. This was at the time when the anti-fish wheel bill was being pushed by those opposing this type of fishing. Enquist said that one Harry Kitzmiller had told him that his wheel would be safe if he could raise \$10,000. "He told me to see W. L. Thompson," said Enquist. "I didn't go."

Enquist was quickly released from the witness stand.

Ballagh to Testify.
Under Senator Banks' questioning regarding the discharge of E. A. Ballagh, master fish warden, Commissioner Hayes admitted that he had made no complaints to Ballagh before the meeting at which he was discharged.

Commissioner Eakin, according to Hayes' testimony, told Ballagh that his discharge was on account of "lack of harmony." "I told Ballagh," testified Hayes, "that Eakin's reason was sufficient."

The hearing will not be resumed until E. A. Ballagh, former fish warden who is ill at Portland, is able to attend.

Anti-Boxing Bill.
A bill which would do away with legalized boxing in Oregon is being prepared for presentation in the house today or tomorrow according to reports afloat this morning. It is understood that an upstate member or a group will bring the bill.

For Junior Colleges.
Upon the vote of the people of the districts affected junior colleges could be established at 13 points in Oregon, if a bill introduced in the house today by Representative Albert S. Roberts of Wasco county becomes a law. His idea is to relieve congestion at the major state institutions and to provide opportunity for those to attend college who are unable to do so at present. The county courts of each of the thirteen districts affected would act as boards of regents.

To Aid Forestry.
About two and a half million acres of logged off and burned over forest lands in Oregon would be removed from the regular taxrolls if house bill number 120, introduced today, is passed. It is the purpose of the framers of the bill that owners of such land would be encouraged to reforest and keep it if no taxes were levied against it during its unproductive period.

Only a nominal tax of five cents an acre would be charged against land classed for reforestation with a further tax of 12 1/2 per cent on the yield of such land. The bill would create a board which would classify the forest lands of the state into reforestation and merchantable timber lands, and provide for a method of administration.

Ex-Residents in Business.
The certificate of the assumed business name Colonial Cafe, was filed in the office of County Clerk Bryson, yesterday by Myrtle Smith McFarland, W. W. McFarland and Mary Reames Smith of Cottage Grove.—Eugene Register.

Try a classified ad. In this paper and watch results. You'll sure get 'em

OUR BOARDING HOUSE

THRIFT WEEK IS
ROTARY SUBJECT

Rotarian M. F. Rice was chairman of the program committee at today's Rotary luncheon and he presented the boys with one of the first programs they have ever had. A. C. Marsters, president of the Roseburg National Bank, gave an excellent address on the subject of "Thrift," pointing out to the Rotarians the necessity of thriftiness as applied to a nation, state and individual. The musical features of the program were exceptionally good having been arranged by Mrs. Strang, Charles McElhinny and Grace Deets sang a duet, "Hushabye," and were given much applause. A group of trio numbers was given by Mrs. A. B. Taylor, Mrs. Grace Deets and Miss Eva Rice. Their voices blended in beautiful harmony and it is predicted that they will be a very popular feature on other programs in this city.

FRIEND BED

By Dr. Frank Crane
I wish to speak of a very dear friend who has been good to me, and every day has added to the happiness of my life.
It is—Bed.

Altogether I have found it a friendly world, and among the good fellows I have known I can number such cheerful companions as Sunshine, Food, Drink, Clothes, People, Work, Play. These have been, and are, such interesting and stimulating fellows that, hopeful as I am of getting to Heaven some day, I am in no hurry to go and leave them.

But among them all I really think I should give first place to my old chum, Bed.

Eight hours of each day of my life have been spent in its company.

How anybody cannot care what sort of bed he has I cannot understand. He might as well not care what kind of a woman he marries, or what kind of food he eats. There are such superior persons who are entirely above such things, but I am not of the number.

Things make a difference to me. I like my soup hot, and my ice cream cold, and if any of my readers would just as soon have these two things of the lukewarm temperature they need not read any further. We do not belong to the same club.

That third of my life that I spend in bed is quite as important as the other two-thirds. In fact, from some points of view it is even more important.

A celebrated Chicago doctor made the statement the other day that seventy-five per cent of a man's efficiency comes from his unconscious or subconscious self. We are apt to magnify what we do with our will and our intellect, and to forget that beneath these conscious activities there is going on all the time an unconscious vegetation, consisting of acquired habits and tendencies and forces.

Most of the building up of one's unconscious self goes on while he is asleep. In fact the amount of vitality any one has in his health bank is determined mostly by his sleep hours. When we are awake, we are spending; when we are asleep, we are saving up, laying up a surplus.

Did you ever wake up in the night and listen to your heart beat and wonder at its ceaseless activity over which you have no control? That is part of the activities that are going on inside of you. At the same time your stomach is at work digesting food, your lungs are busy aerating the blood stream, your liver and kidneys and other internal organs are working like soldiers, each one at his appointed task.

Besides these the blood corpuscles are at work removing the waste tissue and building up new nerve and muscle fibre. Your whole body, while

you are sleeping, is doing a tremendous amount of work.

I think I am rather a connoisseur in good feelings. I have had all sorts of pleasures, physical, mental and moral. I know the pleasure of vigorous exercise, of reading, of dancing, of hearing a good story, of doing a kind deed, of having someone flatter me, of eating, of drinking and of a good many other things which you will pardon me if I do not mention. But among them all I do not think there is any pleasure on the face of the earth that comes so near being one hundred per cent perfect as the two pleasures of going to sleep and of waking up after a sound sleep. As my old friend Bill Cantrell would say, sleep is "plumb good."

I think it is Carlyle who said that everything that is true is musical. The essence of music is harmony and rhythm. The more perfectly rhythmic one's life is the better it tastes and the longer it lasts. And sleep is essential to life's rhythm. We do not have to live out the measure of our days all in one effort. Nature does out life to us one day at a time. It is her plan once every twenty-four hours to dip every life into the bath of death, and out of the little space of death which we call sleep, we come refreshed.

The whole universe is tuned to that rhythm. The spinning earth gives us alternate night and day, and everything that is upon the earth is gauged to that.

So when once a day we can go down into sleep, we come up again strong and ready for the eternal fight.

I have a perfect bed, for which I do not neglect to give thanks. It is not bumpy, as some are; it is not too soft nor too hard; it does not wiggle nor squeak. It is just right, meeting my body lovingly with tact and tenderness.

That bed seems to me to be of almost human intelligence. It is friendly, accommodating and appreciative.

There are some who in a superior way affect to scorn the creature comforts, regarding bodily pleasure as low and in a manner shameful. I used to think I ought to do this, but now I have more sense. What is good, is good, whether for body or soul. And I think a man comes nearer living as the good Lord intended if he accepts and fully enjoys what bodily pleasures come his way, if so be, he is not a slave to self-indulgence, does not harm other people and exercises due temperance.

I never go to bed except I be

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your ego gets out of the road and that is humming with the most intricate and essential kind of energy.

When you are awake this work is much impeded by your voluntary actions. When you are asleep your ego gets out of the road and gives the workmen a chance.

Whether you are going to live long or not depends more on how you sleep and what goes on while you do sleep, than on what you do while you are awake.

When you sleep it is as if Mother Nature took you into her arms and breathed her vital force once more into your soul and body.

All day long as you think and work and hurry and struggle, you are accumulating poison. For fatigue and anxiety produce poisons in the system.

When you can sleep soundly the little invisible people of the blood remove these poisons, dust and sweep out the house, and set everything in order for another day's work.

Consequently, if you do not sleep well you do not live well. Your organization is becoming every day more and more cluttered, rumpled up and rusty.

The best medicine in the whole world is sleep.

I think I am rather a connoisseur in good feelings. I have had all sorts of pleasures, physical, mental and moral. I know the pleasure of vigorous exercise, of reading, of dancing, of hearing a good story, of doing a kind deed, of having someone flatter me, of eating, of drinking and of a good many other things which you will pardon me if I do not mention. But among them all I do not think there is any pleasure on the face of the earth that comes so near being one hundred per cent perfect as the two pleasures of going to sleep and of waking up after a sound sleep. As my old friend Bill Cantrell would say, sleep is "plumb good."

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