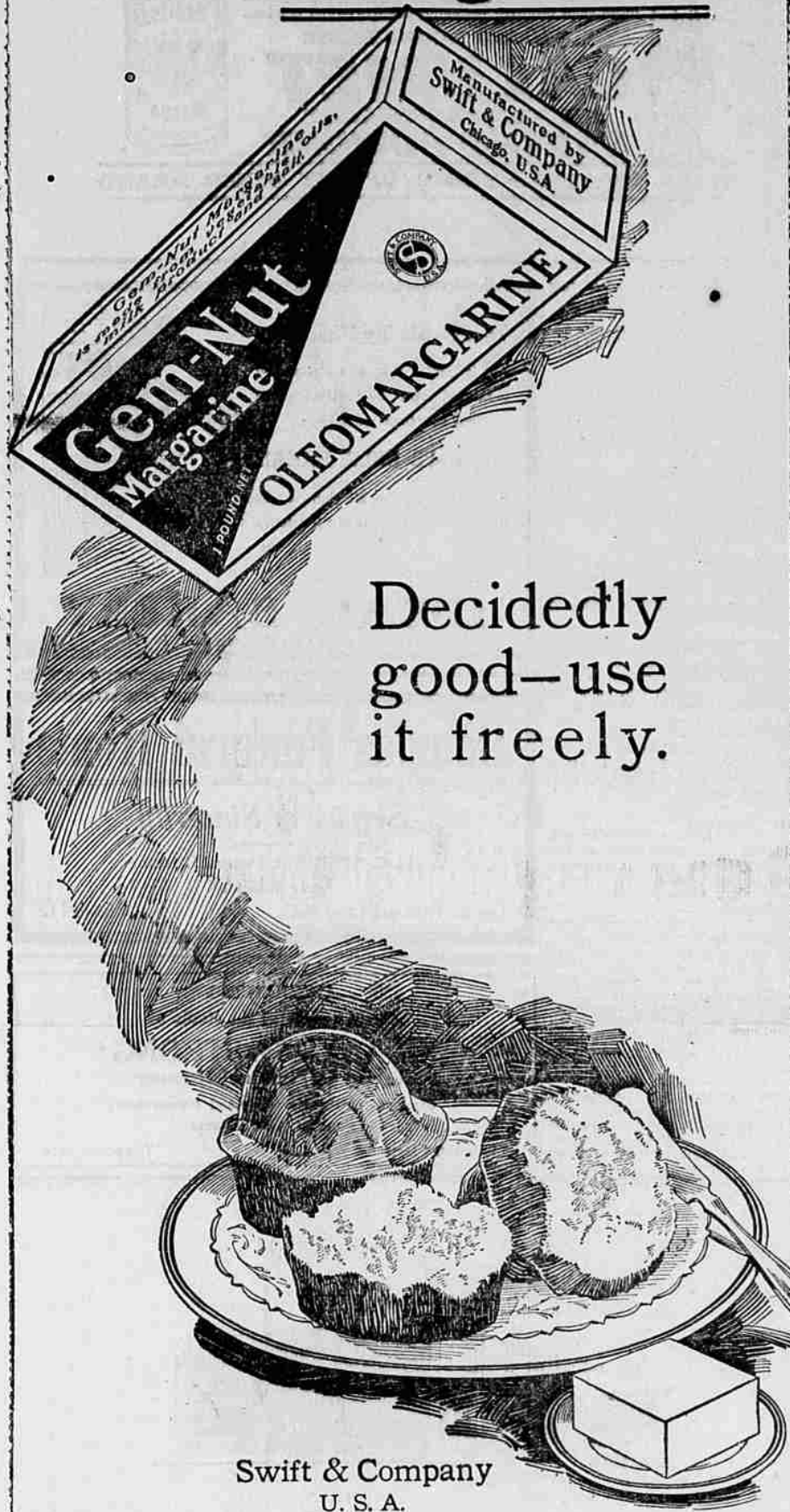


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Your Boy and Your Girl

BY ARTHUR DEAN, SC. D.
The Parent Counsellor

Dr. Dean will answer all signed letters pertaining to parents' problems with their boys and girls. Writers' names are never printed. Only questions of general interest answered in this column. But all letters will be answered by mail if written in ink and a stamp, self-addressed envelope is enclosed. Address Arthur Dean, in care of The News-Review.

A while ago I answered "Determined Boy" who wrote, "I have no chance to attend wild parties. I am left out in the cold. I have no one to get. All I can do is study." My reply had these words: "Many would say that your education has been neglected. A few would say that you have not missed much." Here is "Topekia's" scorching reply. When his letter reached me hot smoke was issuing from the envelope. Remember the conditions for Contributors Day as established last week. Any young reader over fourteen and under twenty-two can reply. Already I can hear the older folks say, "Put him out of the box!" Disqualify him." He would hang us would he parents? He would, would he? But let's hear him through—that's only fair. Some bright lass or lad is going to reply to the question. Is "Topekia" a social jackass? If so, what does she or he advise "Determined Boy" to do? I am quite curious myself to discover whether or not "all I can do is study" isn't a pretty good aim for a school boy.

"Dear Friend,"

Who are the few in this case? An assorted collection of old dotards (with apologies to you in case you meant to include yourself in the few) with one foot in the grave and the other on a slippery slide? Some burnt out sticks, in whom the tide of social feeling has ebbed, and who are about to shed their physical habiliments with all its coarse craving of the flesh for a so-called finer aliment of the spirit? I say with the many that this young man has missed a lot. I am in the same boat with him. I give him my heart-felt sympathy. A man is a gregarious animal. So is an elephant. For some unknown reasons, so I have read, elephants sometimes ostracize one of their kind. The 'rogue' elephant then becomes a holy hermit. Woe to the animal that crosses his path. And if a man, or woman, for that matter, ostracizes himself by this early love of study through his bashfulness, or whatnot, until his kind no longer wants his company, he is in a desperate plight. Indeed, like Huck Finn, when the maiden ladies who attempted to 'civilize' him were telling him of the place of torment, he will sometimes wish he were in that place, just for the sake of variety.

"Neither my mother nor my father had much education, nor much culture. My mother never belonged to clubs, or lodges, although my father did to one. I was bashful as a boy, and am worse off now than I was. If I said anything about going with a girl, it was to bring a storm of unfavorable comment on my head. I never went with a girl until I was past twenty-one, or 'Lou' will get the fever soon enough! That is a sample of the foolishness that was laid out to me. Parents who are

full of such amiable helpfulness ought to be drawn, quartered, and paraded—figuratively speaking. Perhaps if they were also dealt with morally it would put their kids in the hands of people who could raise them right. I hate to say this but I must; my folks always provided me with the necessities and a lot of the luxuries of life, and gave me a high school education, but they also helped me to build a foundation that is likely to make my building a dungeon of despair for the rest of my life.

I think a young man ought to have girls, and lots of 'em. If he only goes with one girl how restricted will be his knowledge of women. Furthermore, will he know how to act among other people, especially women, if he only has experience with the one?

Pat could catch more fish than anybody else in a certain town. He was an object of wonder and conjecture among the other inhabitants of the burg. On days the wind was wrong and all signs pointed to a sardine can and the can-opener he still caught fish. Finally a committee of citizens determined to learn his secret. The spokesman said: "Pat, how is it that you can catch fish in any weather on any day in the week?" Pat replied: "The secret is this. Catch one fish, cut it open, see what the fish are eating, and then bait your hook with that. For instance, if the first fish has grasshoppers in its stomach, I use grasshoppers for bait. That's all there is to it. I don't follow you there," said the spokesman. "How is it that you get the first one?" "Beggara," said Pat with feeling, "Beggara, that's the trouble of it!"

"If you feel at ease among people, who have or have not social standing, how are you to realize how a fellow feels who does not know how to act? We are apt to be impatient with the other fellow who does with difficulty what we do with ease. 'Oh, you're all right,' but if you accept their invitations once, to some affair, you never get another. They just politely pass you up. You are a social jackass."

"I guess you will think I am running wild, mentally. Maybe I am. But for once, Percival, the boy who always wore the nice clean, wide Dutch collars and cuffs, who always had his lessons right, who doubtless studied them all night! is going to give views of the situation. Yes, Bessie is a good boy; he never hung around the pool-halls, or showed any desire to run around with wild women; he got high marks at school; he will make a—what? Fine citizen or a nincompoop?"

Now players is Bessie going to be a fine citizen or a nincompoop? The best answer will be published. Address your reply to "Topekia" care of Arthur Dean.

Diet and Health

By Lulu Hunt Peters, M.D.
Author of Diet and Health and Diet for Children

ANSWERS TO MOTHERS

God could not be everywhere; therefore He made mothers.—Jewish Proverb.

Protrusion of the Ears
Mrs. K.—Protruding ears are not uncommon in childhood. As the head grows the ears usually assume a nearer position to the head. Babies should not lie on the side with the ear turned under, and mothers must see to this. If the ears are prominent, there is no doubt that a net cap or simple apparatus does help to improve the condition.

As a baby, with or without prominent ears, has to lie asleep a good part of the time, and a cap may be uncomfortable warm in summer, a strap of adhesive, one-half inch wide, extending out on the cheek bone about one-half inch, over the ears and on to the scalp (about two inches under the hair), may be used. This strap can be fastened for four or five days, and the wash cloth can be gently slipped up behind the ear to keep it clean, and a little petrolatum or oil can be applied to keep it from chafing. When the next strap is applied, apply it in a little different position.

Children should not be allowed to wear their caps and hats in such a way that the ears are out and forward.

Ears that are so prominent that they are deformities can easily be operated on by a skillful surgeon.

Bowlegs
Mrs. L.—The mild forms of bowlegs in children are very often outgrown. The markedly bowed legs are most always due to rickets, and these may have to have casts or braces. These, of course, are only of use while the bones are growing and are still more or less soft. After the bones have hardened in a deformity, nothing but surgery will remedy it.

Please take your child to a children's specialist or to a clinic to see if it is necessary for her to have some apparatus on her legs. Naturally, you must see to her hygiene; plenty of outdoor life, fresh air in her sleeping and living room, the proper nutrition, etc.

(We have a list of books on the subject of child feeding. You may have this by sending a self-addressed, stamped envelope with your request.)

Crying Babies
Mrs. F. has a baby of eight months who cries almost constantly. Aside from some undernourishment, he does not seem to be sick. She is giving him nothing but the breast. She herself is undernourished, and she believes that her milk is not sufficient.

Not knowing more than you have told me, I think you are right, Mrs. F. Baby is hungry, and his crying is the only way of telling you that. And the more he cries, the hungrier he gets. For crying increases the food needs of the child, just as exercise increases the food needs of the adult. It is estimated that the baby who cries more than normal needs at least 10 per cent more food than the normal baby.

The you should build up your own weight and general health, also, Mrs. F., to improve the quality of your milk. I suggest you send for this booklet on gaining and reducing and the article on Diet during Pregnancy and Nursing. (Enclose ten cents in stamps in addition to s. a. s. e. for the booklet.)

Meanwhile, begin to give your baby complementary feedings of cow's milk (complementary feedings accompany the breast feedings). Begin by giving half milk and water, boiled together for four or five minutes; then increase the milk and decrease the water an equal amount every day until, in a week's time, he is getting whole milk. Give him some of this after you nurse him, as much as he is able to take, probably three or four ounces.

Has he been getting orange juice, or if you can't get oranges, strained tomato juice or raw cabbage or carrot juice, for the anti-scurvy vitamin? He should be having three or four or more table-spoonfuls of one of these each day. If he hasn't he may be suffering from scurvy. At his age, he should be getting strained cereals and vegetables and fruit pulp and egg yolks, and some dry toast. But send for our list of books on modern child feeding, and buy one for specific directions. (See answer to Mrs. L. above.)

Are there no physicians or baby clinics in your town? Tomorrow—Regaining the figure after childbirth.

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COTTAGES—Extra quality, lb.	30c
BACON—Best fancy, lb.	45c
SALT SIDE—lb.	25c

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LOS ANGELES—Naron Wilhelm von Bricken made odious comparisons of his wife's beauty with that of other women, she testified, and she has won a divorce. The bar-

on, once German military attaché here, is now a movie director.

Cottage cheese, Roseburg Dairy. Phone 136.

Did You Ever Stop to Think

By Edson R. Walte, Secretary of
the Shawnee, Oklahoma, Board
of Commerce.

M. Strauss, managing editor of the Cincinnati (Ohio) Times-Star, says:

"That this nation seems to be getting used to itself. It is getting used to thinking of itself as a nation. It is thinking of itself as a community and not as so many separate people or groups. The two forces that have done more than anything else to bring about this result, are news and advertising. The news tells a person what he should know. Ads tell him from what he may profit. Now, since all people read their news and ads in newspapers, or similar publications, and read the big news items and the big ads practically at the same time on the same subjects without hesitation. They all not only think about the same thing, but know that they are all doing this."

I believe that the power of the printed word was never so great as it is today.

Big dance at Oakland, Gobblers' Hall, Saturday, 15th. Music by Star Four Orchestra.

NEW YORK—Chief Swift Foot, a Blackfoot Indian, is a vooer in keeping with his name. He met, wooed and wed Miss Lucienne Collin, a French girl, all the same day.

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