

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, WEDNESDAY, DECEMBER 8, 1926.

BUYING CHRISTMAS STUFF.

The merchants of Roseburg have certainly done a fine job in the line of goods they have put up for the people of this city and vicinity for their holiday trade. It represents an assortment of merchandise which one would hardly have expected a few years ago in a city of this size.

If you have friends or relatives in the blizzard-swept middlewestern or northeastern states, send them gift boxes of all-Douglas county products. They'll not only appreciate the products, but the region of their origin, and you will have performed a double service—tendered a practical gift at an opportune time and did a bit of effective advertising for your home community.

Another voice is heard in opposition to the state's attempt to share in the O. & C. R. R. land grant tax refund to seventeen Oregon counties. It is that of the Grants Pass Chamber of Commerce, which characterizes the state's attitude as "injustice."

The Oregon Anti-Stream Pollution league is probably not identified with the movement recently launched to erect a monument to Sam L. Simpson, pioneer poet, who wrote "Beautiful Willamette."



THE DEFEATED.

When a champion goes down from his eminence supreme, there are men about the town who put up an anguished scream; for they'd wagered more or less that the champion would win, and his failure and distress seem to them a ghastly sin.



PRUNE PICKIN'S

By DERT & BATES

GOOD EVENING FOLKS

As we see it—The reason the girls refuse to wear corsets with their short skirts is that the corsets would show.

DUMPELL DORA THINKS The sign "Post No Bills" should be hung up at the post office.

Down in Fresno yesterday they found a dinosaur egg. We found one dern near as old in a dozen we purchased last week.

Now the big drive is on along the coast to swat the rum runners and thus make it tough scoutrin' for the Xmas bootleggers. The only effect of this to be noticed will be the scarin' price of alleged real likker.

And by the way—the other day they caught a rum ship with a cargo of hard stuff and it was all labeled "sausages." Wasn't that a lotta bologny?

After wadin' through the lengthy articles concernin' the Hall-Millie case in New Jersey we've about decided that someone was murdered.

Los Angeles is heavin' a sigh of relief this week with the news that Tony and Pico Cornero, the notorious rum pirates of the coast, are operatin' in Portland instead of down here. Now the cops here can snooze without bein' disturbed.

The annual influx of hobos and wild geese to California is startin', the geese seemin' to find plenty to eat.

"Bark" is the new shade for gal's hair and if you've ever hobbled with a Black Bottom dancer you'll know it refers to the shins.

Down here in Los Angeles most conversations include this famous phrase, "Well after I had gone to four doctors—"

This colym has always strived to haul down the high hat to a lower plane and we maintain that a feller doesn't hafta belong to the so-called village elite or sassify click to be worthwhile. Most any of the defeated candidates will tell you that the vote of a bricklayer can do as much damage as the ballot of a bridge-hound.



Late Perkins Sez. "Now is the time to pick out Dad's Xmas necktie."

TOO SHREWD By Wickes Wamboldt

A man pulled out his watch and looked at it; then he glanced up at a Western Union Clerk.

"This watch isn't worth a hoot," he said disgustedly to a man who was with him. "And I paid \$890 for it, too. It doesn't keep as good time as a \$20.00 watch I have."

"Why don't you have the concern you got it from make it good?" asked the companion. "Aw, they wouldn't make it good! I bought it while I was in Europe. What do they care about me? They've got my \$890. And the ocean is between us."

"Well, why don't you send it back to the people who manufactured it?" persisted the companion.

"Nothing doing," was the disgruntled reply. "They're in Europe, too. I couldn't get anything out of them, either. I'd rather sell the thing to somebody for a song."

"What kind of song would buy it?"

"The tune of \$50.00."

"I'll take it," said the companion, and he filled out a check.

"The new owner of the watch wrote its manufacturers and told them it did not keep time. They replied, asking to have the watch sent them for inspection. In the course of time the new owner of the watch received a letter from the manufacturers stating that they had found the movement to be defective, and that they were replacing it with another, which they were sure would give entire satisfaction! It did. It kept as nearly perfect time as a watch could keep."

Then the man who had bought the \$890 watch for \$50 began to have qualms of conscience. He felt he really had no right to profit by another's misfortune. So he sat down and wrote a note to the man from whom he had bought the watch, telling him what had taken place and offering to sell

DR. NERBAS DENTIST Painless Extraction Gas When Desired Pyorrhea Treated Phone 488 Masonic Bldg.



A BEAUTIFUL ROBE for the man you think most of

It isn't like giving a casual gift that will have been forgotten with the robin—

A lounging robe, he'll use every week and week end and if there is one man on whom you are planning to spend \$5 to \$20 we cannot think of a better idea so impressive of your idea of him. A choice now ready that won't be here December 23rd—Robes so beautiful are sought after EARLY.

BEAUTIFUL NECKWEAR SILK SHIRTS AND PAJAMAS AND HOSIERY—HANDKERCHIEFS.



the watch back to him for \$50.

But when the erstwhile owner of the watch received that communication he smiled knowingly: "Ah ha!" he said. "He is sick of his bargain and wants his money back. Now watch me!"

So he sat down and replied in what appeared to be a spirit of much magnanimity: "No, indeed," he wrote. "I sold you the watch, and the sale stands. I am very glad you have found it such a bargain, and like it so well."

And as he licked the flap of the envelope, he said, with a lowering of one eyelid and a sly grin— "I'm a pretty smooth article myself."

He was so smooth he slipped up.

LOMSKI KNOCKS OUT DILLON IN SEVENTH ROUND

(Associated Press Leased Wire.)

PORTLAND, Ore., Dec. 8.—In one of the most sensational fights ever staged in a Portland ring, Leo Lomski, Aberdeen light heavyweight, knocked out Harry Dillon, Winnipeg, in the seventh round of a scheduled ten round bout.

Lomski floored Dillon in the sixth round, but the Canadian came back and nearly upset Lomski with a wild haymaker. Early in the seventh Lomski ended the fight with a right to the chin and a short left jab.

Benny Dotson, Portland lightweight, won the call over Eddie Doodle, Aberdeen, in six rounds.

Lomski will be remembered by Roseburg boxing fans as the referee of the first fight card held in this city during the present series of programs.

NEW YORK, Dec. 8.—Politeness has been carried to extremes in New York rings, the State Boxing Commission has decided. In the future there will be no handshaking to interrupt the fray. Minor infractions of the rules such as unintentional low punching, hitting with back of the hand and on breakaways, have called for so much politeness that boxers now are doing more handshaking than fighting, the board believes.

Referees hereafter will permit just two shakes, one before the missing begins and the second when it is over.

"Let's have a little fighting for a change," said William Muldoon, senior member of the board.

CHICAGO, Dec. 8.—Illinois today joined New York and Pennsylvania in providing for boxing decisions by two judges with the referee's help if they disagree.

The state athletic commission decided upon this method after they had voted to uphold referee Denny Vauger's decision, awarding the middleweight title to Mickey Walker in his ten round match last Friday with Tiger Flowers.

Arundel, piano tuner. Phone 182-L. MASH POSSESSION, COW THEFT EQUAL CRIMES. (Associated Press Leased Wire.) LA GRANDE, Ore., Dec. 8.—Two convictions in the Wallawa county circuit court this morning resulted in sentences of 490 years in the state penitentiary. F. J. O'Malley, who plead guilty to possession of mash, and J. E. Baxby, convicted on charges of stealing a cow, drew the two-year terms.

REALITY CHATS

HASTY TREATMENTS

If you know exactly how to give yourself beauty treatments, and the best time to do so, you'll save hours every week. Lots of women, successful business women or very busy housewives, write to me and say they haven't the actual number of minutes each day to spend making themselves as nice looking as they'd like to be.

Well, here are a few time-saving suggestions: You use cold cream, of course. Well, whether you use a flesh building cream for a thin or wrinkled face, or an astringent one for an oily face or for relaxed muscles, you know it takes time to rub it on and let it stay long enough to do the skin good. Don't waste that time—cover the face with the cream as you get ready for your bath, let it stay on while you bathe, and at the very end, wring your face cloth from the warm water and wipe off the cream. The heat and steam of the bathroom, and the extra warmth of your body from the bath water will open the pores and allow the face to take up the cream more quickly than it would in the mild heat of your dressing room. You've had a face treatment you see, without losing an extra minute. And if the cream is spread over the neck and chin as well, it does that much more good.

That is one treatment. Here is another. When you do housework, or scooped into balls with a vegetable scoop. This little tool—the vegetable scoop—is very useful in making balls of apple, banana, watermelon, beet, carrot, etc., to trim up various dishes. Carrots and tiny pickled onions are also pleasant as well as attractive garnishes.

Of course I am not advocating garnish dishes constantly on the home table. Who among us would have time for that! But it does pay to "fuss up" a dish now and then, just for the family. Then, when we have guests we shall be adepts in the art of garnishing.

It costs thought rather than very much money to send foods to the table with the attractive garnishes that make hotel meals so delightful to "home folks."

Parsley and lemon slices are the housewife's standby for garnishes because they are obtainable the year round. The woman who has not access to large markets can grow her own parsley in a pot on the kitchen window sill. Lemons should be kept in stock always, for there is hardly a day when one is not needed for some purpose or other—to flavor a pudding sauce, to serve with fish, to flavor prunes or applesauce, etc. For garnishing, a lemon should be cut in sections lengthwise, six sections from one lemon; these long sections are easier to use than mere slices, although slices are decorative.

Tomorrow—Coocheting a Toy Elephant.

Efficient Housekeeping

GARNISHING OUR DISHES

TOMORROW'S MENU Breakfast Prunes Cereal Broiled Slice of Ham Pop Overs Luncheon Soup from Bean Left Overs Graham Bread Diced Bananas and Oranges Cookies Dinner Vegetable Soup Lamb Choppy Rice Croquettes Creamed Cauliflower Steamed Fruit Pudding Coffee

How many of us garnish our dishes? Or, if we do, how many of us garnish them with any variety? You know the story of the New York school teacher who asked her class: "What is a garnish?" One of her pupils raised his hand excitedly and replied: "I know! It's parsley!"

Lemons, halved, stuffed olives, strips of red and green sweet peppers cooked (or pickled), slices of ripe tomato in season, rings of onion, thin discs of sliced sweet gherkins, celery, chopped cooked beets, red radishes in season—all these common foods and many more are suitable for garnishes.

In garnishing salads and desserts, nut meats and candied or maraschino cherries are a pretty garnish. Stiff jelly may be cut into tiny cubes with a sharp knife,

or scooped into balls with a vegetable scoop. This little tool—the vegetable scoop—is very useful in making balls of apple, banana, watermelon, beet, carrot, etc., to trim up various dishes. Carrots and tiny pickled onions are also pleasant as well as attractive garnishes.

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Diet and Health

By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

HIGH BLOOD PRESSURE AND OVERWEIGHT

"Six weeks ago I weighed 230. By following your instructions, I weigh today 208. Before this reduction, I had had high blood pressure so that I would fall from dizzy headaches, and I apparently had a stroke, for I had a spell and for six weeks my left side was completely paralyzed. Now I am so much better I can do all the work I want to in a ten-room house on the farm care for two children and raise chickens besides. My doctor had told me to reduce but didn't tell me how; he said to limit my food to certain things, and I couldn't seem to do it. Now that I know how to diet, through your instructions, I get along just fine, and shall continue to reduce to normal. Will write you again as I go along."—Mrs. H.

In the same mail with Mrs. H.'s letter from a woman who had reduced from 215 to 175, and she also had reduced her very h. b. p. to normal. There is no doubt that the h. b. p. which so often accompanies excessive weight and which is very dangerous, as Mrs. H. has shown, is in most cases reduced to normal with the reduction of the body.

There is considerable agitation now about this "fad" for reducing, and statements that dieting, except under the personal supervision of a physician, is dangerous, are being written and spoken of. However, I doubt that dieting, even if it is not wholly scientific, is any worse than the excesses in diet which produce a continuous accumulation of excess weight. The thing to be deplored very much is the taking of nostrums that are advertised to reduce weight, for they are very dangerous and no

doubt will bring quicker bad results than the overeating.

Of course, the dieting to extremes, so that the body is deprived of the necessary vital elements, and dieting to the extent of underweight to get the so-called boyish form, are to be condemned.

The new term which the followers are using for counting calories—of course I like it—is "Peteirizing." But I want you all to remember that Peteirizing not only means counting calories but also the inclusion in those calories of the greens and fruits and milk and other foods that are so necessary for the vitamins, mineral elements and complete protein. You will often hear the uninformed say that the "caloric theory" is wrong, but I always find those who say this are under the impression that those who advocate a knowledge of calories think it doesn't matter what you eat so long as you get a certain number of them. This is not true; any person who has a knowledge of scientific dietetics knows and teaches that you must have your calories contain all the vital elements necessary for health.

The booklet, which goes into detail regarding gaining and losing weight from which Mrs. H. and many, many others have obtained their wonderful results, you may have by sending ten cents in stamps and self-addressed, stamped envelope, on request. Allow two weeks for its receipt. We have also an article on High Blood Pressure, for which you have to send only a self-addressed, stamped envelope with request.

Nuts in general are rich in both protein and fat and can be used in My Dear Followers: When sending for material which we offer you, please remember to enclose a stamped, self-addressed envelope bearing your full name and address. The pamphlet on reducing and gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to me in care of this paper. Make them as brief as possible, not over 200 words, and type or write them legibly with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember it is impossible to give you individual advice. The questions you ask will be answered in the columns as soon as possible, if they are of general interest. Don't forget the stamped self-addressed envelope if you expect me to send you the information I have offered.

Junior Class OF Roseburg Senior High PRESENTS "BAB" Typical Mary Roberts Rinehart Humor GOOD COMEDY CAPABLE CAST New Senior High Auditorium Friday, Dec. 10th Prices: Students 35c; Adults 50c; Reserved Seats, 60c

NORMAL BUSINESS SEEN FOR YEAR 1927 VICTOR TALKING MACHINE CO. HAS NEW MEN AT HEAD

That nothing exists in the general business condition of the country today which should "cause us to feel we are not entitled to expect a normal business for the year 1927," is the opinion of C. W. Nash, president of The Nash Motors Company, and looked upon as a spokesman for the automobile industry.

"While it is a fact," said Mr. Nash, "that the cotton crop was 'too good' this year, making the price too low and that early frost damaged some of the corn crop, and in the northwest, wet weather damaged wheat to some extent, yet I believe we will emerge from these drawbacks and find ourselves in a rather healthy position."

"I feel that we will not be confronted with too much political turmoil next year and I am of the opinion that if business men as a whole take a sane view of conditions and operate their various business along sane and economic lines, we are bound to have a very satisfactory 1927 business."

"It should not be overlooked that the balance of the world is getting into a little better position to buy more goods from America than have been bought in the past few years. This will also help."

"I am hopeful that labor will recognize the important part it has played in the affairs of our nation and will go along in the same manner it has been following for some time past. This also would have a great bearing on general conditions of 1927."

"So far as the automobile industry in particular is concerned, I feel that its outlook is safe and sound. However, I believe it to be a fact that the automobile business will be done by fewer manufacturing companies in the future than in the past, but that automobiles will be made in large numbers and that they will be made better each year. In this connection, I don't see anything particularly hazardous about the financing of automobiles for the retail buyer when financed on a proper basis."

In Yesterday—Fritz Stauffer of Melrose was looking after business matters and trading in this city for a short time yesterday afternoon.

place of meat or fish dishes if desired. Like meat, they are not high in calcium nor the vitamins A and C, so they are not to be used instead of eggs or milk. Calfari has shown that nuts furnish protein (the food principle highest in meat and fish), which are adequate for growth. (Sherman)

Open Evenings Dollar Bargains

STILL CONTINUE 10 BEAUTIFUL DAVENPORTS ROCKING CHAIRS FLOOR LAMPS AND FANCY DISHES SEE US BEFORE YOU BUY JUDD'S FURNITURE STORE