

FOUR

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, MONDAY, OCTOBER 18, 1926.

I Wouldn't Do That Now

By Wickes Wamboldt

"When I was a young fellow," said a middle-aged man the other day, "I induced an old, aunt, of mine to buy a piece of property. I did that because a chap who was trying to sell her that property told me that he would give me half his commission if I would help him put the deal through."

"I was well satisfied then with what I had done; in fact, I thought I was pretty smart when I turned the trick. But today as I look back on that transaction, I feel that I did a pretty scummy piece of work."

It is to that man's credit that he feels now that the part he played in getting his old aunt to buy that property, so that he could get a secret rake-off out of it, was sorry business. It shows that since that time he has progressed to a higher spiritual level.

Many a man has done a thing last year that he would not do this year. It takes time to develop an ethical consciousness. A man will do a thing today and do it without a qualm that years from today he could not be induced to do.

A boy will laugh at some misfortune that befalls someone; and when he becomes a man he will look back at that instance and feel about it. He laughs about it because he is a boy because he lacks understanding; he is unable to appreciate the other fellow's feelings. He feels about it when he grows up because his understanding has improved; his power of appreciation has increased; he is able to feel the way the other fellow feels.

A strict application of the golden rule won't always keep a man from doing the thing he shouldn't do, for some people are so very thick-skinned—their sensibilities so exceedingly dull—that they wouldn't in the least mind having someone do a thing to them which would highly offend a more sensitive person.

The young fellow who sold his aunt out, so to speak, for one half of a salesman's commission, didn't realize what he was doing; he did not see any harm in making a little money under cover of his old aunt; he didn't realize that he was grossly betraying her love and confidence.

As a man comes into contact with phase after phase of the world's activities, and as he learns what is considered the right thing to do—in first one direction, and then another—he gradually develops an ethical awareness so that instinctively he knows, even when going up against an entirely new proposition, just what is fair and decent. That is why an old man is able to say offhand to a young man, "I wouldn't do that, my boy, if I were you."

State Press Comment

Bank Deposits And Bonds.

A speaker at recent meetings of the American Bankers' association finds that in modern banking one element of expense which is increasing very rapidly is the cost of interest. So great is the interest that is paid to the depositor, he asserts, that the percentage of expansion in this item is considerably larger than the rate at which the gross incomes of all banks in the country are growing.

A fair inference might be that interest on deposits is cutting sharply into the legitimate earnings of banks, or, in other words, that it is the public and not the banker that is getting the benefit of the new business.

No doubt in some cases that is exactly true. Many of the small banks of the South and West are practically engaged in bringing depositors to leave something on deposit with them.

The rates of interest which they pay are exorbitant, and there have not been wanting city banks, especially among the newer and smaller institutions, which offered so much to the customer in the way of compound interest, thrift schemes of one sort or another, and various meretricious inducements to bring in business, that every additional customer and certainly every depositor should be figured

NOTICE

The first rehearsal for the cantata "Incarnation" to be given by the Roseburg Choral Society will be held Mon., 7:30 at Pres. church. Director, Elsie Carlton Strank. Members having tickets for the Motown Olsen play may leave early. All singers be present.

LETTERS FROM THE PEOPLE

A WORD FOR BERT HANEY

OAKLAND, Ore., Oct. 16.—Editor News-Review: The time is drawing near when the electorate of the great state of Oregon will decide who will represent them in the halls of congress, therefore it's everybody's duty to make a thorough study of each candidate's qualifications and past record.

First, we'll analyze Mr. Steiwer, whose qualifications are unknown and his official record is the result of his work as district attorney from an eastern Oregon district.

The greatest argument for Mr. Steiwer is he received most of his boost from the Portland Oregonian, a paper whose record is needless to explain.

Nobody questions Mr. Stanfield's qualifications, but his record in many respects is bad.

He deserves great credit for his work relative to the O. & C. tax refund.

Now, how about his conduct at Baker, Oregon, only a few months ago, when Bob went out for a high time? Does the state want to be represented by such a man?

The people of this state should be thankful that they have another candidate in the person of Bert Haney, a man whose qualifications are nationally known, as evidenced by the fact of his being appointed to two high government positions, one by Wilson and the other by Coolidge.

Some object to Mr. Haney on the grounds of his being a Democrat, but wouldn't it be as intelligent to refuse to appoint an efficient judge or hire an efficient man on some political pretext?

The time has arrived when we should use brains instead of prejudice, we are after results.

C. E. GOODMAN.

SNAPSHOTS OF THE WORLD'S NEWS

LONDON, Oct. 16.—(AP)—Even the Emir Faisal, the Sheikh of Sheikhs, son of the King of Hejaz, has become westernized.

In spite of the fact that the Emir Faisal still wears a turban and the glorious robes and ivory handled swords of the Arabian desert, he insists on eating his meals in the regular dining room of the Hyde Park hotel, where he can watch gay crowds doing the Charleston.

The attendants of the Arab potentate have done everything in their power to keep their charge from ordinary mankind. They insisted on having his servants quartered on a different floor from that occupied by the prince and also arranged a private dining room in his imperial highness' suite. But he walked and insisted on eating where he could see the merry throng.

Several of the better known British authors have never read certain mid-victorian novels which have become household classics. The Daily Express has discovered, while a few others have "discovered" them only recently for the first time.

Arnold Bennett, for instance, has just read "A Tale of Two Cities." The audacious young author of the "Diary of a Young Lady of Fashion"—Magdalen King Hall—has selected at random from a list of unread tomes "The Last Days of Pompeii" by Bulwer Lytton.

Abandoning a custom of past generations of royalty, the Duke of York intends that his new town house, overlooking Green Park, shall be known merely by its number. He does not purpose to give any name to it.

FACE STEAMING

Face steaming is not always to be recommended. It has many great advantages, it is the only treatment for certain complexion troubles, but it must be carefully done, and it must not be overdone.

For instance, if it is almost the only good blackhead treatment. But the steaming must be followed by cold rinses and astringents, after the larger pores have been cleared out. Otherwise, you will relax your skin too much, and the whole face will show large pores.

And if the steaming goes on too long, it will dry up the complexion and make it coarse.

I always recommend a modified form of steaming. For bad blackheads, bend over a basin of boiling hot water, the head covered with a thick towel or blanket to keep in the steam, and stay there for five to ten minutes. Dry the face half way through this process and squeeze out the really big pores.

Steam again, and clear out more of the most prominent blackheads, then rinse in cold water and use any good astringent to end up the treatment.

The modified steaming is quite different. For this, wring a large cloth from water as hot as the hands can bear—a small Turkish towel is best to use—and hold this over the face until it cools. Then wring out and cover the face again. After five minutes the skin will be red and the pores open, so that blackheads could be squeezed out if any are visible. But a quick washing in hot water with a good soap, followed by a little cold cream, will clear the skin of all sorts of impurities, leaving it clearer and lighter and better looking than before. This treatment, too, must be ended by a cold rinse and an astringent.

C. A. P.—I am glad to hear your skin has improved by following the hot water treatment suggested in a recent "Chat." You can lessen the temperature as the tendency to oiliness decreases, and be sure to rinse in cool water, followed by a very cold temperature, preferably ice water. This stimulates the blood to a healthy condition, so the skin acts normally. The chill contracts the pores also, which is necessary after a period of excessive oiliness.

Tomorrow—Answered Letters.

BEAUTY CHATS

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Efficient Housekeeping

ANSWERS TO INQUIRIES

TOMORROW'S MENU

Breakfast

Applesauce

Fried Dried Beef

Luncheon

Baked Macaroni and Ham

Rolls

Roast Leg of Lamb with Brown Gravy

Baked Potatoes

Bread Pudding

Next row work 12 S. C., decrease by working two sts. at once, one S. C. in next st., another decrease, and finish with 14 S. C. Continue to decrease in this way till nine sts. are left on each side, then sew up back. Crochet one S. C. in each st. around sandal and one round of D. C. Cuff. Next round, starting at center back, work one st. in each double crochet to side of

Mrs. V. V.: "Have you crochet directions for infants' sandals?"

Answer: Infants' Sandals.—Use two balls of Saxony (three-fold) and a size two bone or celluloid crochet hook. Toe: Chain seven, turn five S. C. in five chs., two S. C. in sixth, five S. C. in other side of five chs., chain one and turn. Now increase one st. at each end, joining each round with a slip st., till you have 38 sts. in round, eleven ridges. Then omit five sts. for instep and work back and forth for 12 rows.

Next row work 12 S. C., decrease by working two sts. at once, one S. C. in next st., another decrease, and finish with 14 S. C. Continue to decrease in this way till nine sts. are left on each side, then sew up back. Crochet one S. C. in each st. around sandal and one round of D. C. Cuff. Next round, starting at center back, work one st. in each double crochet to side of

Dr. Kelly's paper on Baldness, surely that hasn't been given yet? I accosted a bushy-headed fellow physician sitting next to me at one of the meetings of the American Academy of Physiotherapy.

"No," he smiled. "I'm interested in that, too."

"You? Why, you have a heavy head of hair!"

"Yes, but it's about half of what it was, and at my age I'm beginning to worry. Do you know, I know a fellow who was almost bald, and he began to systematically massage his head, several times a day, and he grew another set, sure 'y'ou live!"

I'm sorry to say that the doctor who was to give the paper on "Baldness, To Be or Not To Be" did not arrive for some reason, but sooner or later, his paper will be published and I'll get it. However, from what one of his colleagues told me, his method of treatment is largely by massage and the use of ultra violet light.

I'm interested in the simple massage and care of the scalp, and I'm quite sure that that alone holds out hopes for the prevention of baldness and the recovery if the hair follicles (what we generally think of as the hair roots) are not totally dead. I believe they can be stimulated to activity again, for the doctor with whom I spoke at the medical meeting told me his friend was nearly 60 when he "grew the new set," and I have a bad acquaintance about 50, who at my advice a while ago began to massage his scalp, and he gleefully told me recently he counted 23 new hairs! You will notice that the hair is usually left, in those who are bald, on the temples and around the regions

above the neck. Now why should this top part of the head be afflicted with baldness and not the other regions?

I have seen no satisfactory explanation in anything that I have studied. My own conclusions are as follows: As the years advance there is a general sagging of the muscles, unless measures are taken to prevent it. The scalp muscles sag as do other muscles, and as the sag, they draw the scalp tight down on the cranium. The blood vessels in the lower tempered regions and in the regions above the neck are fairly large, but they vessel in the top of the head. This tightening of the scalp is sufficient to automatically shut off these comparatively small blood vessels supplying the top of the scalp. The little nipple-like projections in the hair follicles—the hair papillae—from which the hairs grow, flatten out, shrivel and die from lack of nourishment.

If this fact of the scalp tissues sagging, thus cutting off the supply of blood, is kept in mind, the reasons or the daily deep brushing and massage of the hair to bring a good supply of blood to the hair follicles, will be better appreciated. And remember, this daily care is going to prevent the daudruff which

(Continued on page 6.)

My Dear Followers:

When sending for material which we offer you, please remember to enclose a stamped, self-addressed envelope bearing your full name and address. The sample on reducing and gaining is the only one for to me in case of this ten. Mark them as stamps as far as possible, not over 200 as evidence of good faith—we will not use it. Please sign your name impossible for me to diagnose for you or to answer you personally. It is impossible to give you individual advice. The response you ask will be answered in Dr. column as soon as possible, if they are of hair. I appreciate very much the beautiful letters you send me and regret it is impossible to answer them all. I am, Dr. NERBAS

Dr. NERBAS

Painless Extraction

Gas When Desired

Pyrroha Cured

Phone 488

Masonic Bldg.

DR. NERBAS

DENTIST

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