

ROSEBURG NEWS-REVIEW

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W. BATES, President and Manager. ERT G. BATES, Secretary-Treasurer.

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ROSEBURG, OREGON, TUESDAY, SEPTEMBER 21, 1926.

POLITICAL EXAGGERATION.

The country is now in for several weeks of intensive campaigning. We shall as usual hear much fervid oratory, and bitter charges will be hurled back and forth. It will be declared that the nation is at the parting of the ways, that we must choose between great perils on one hand, and a safe and prosperous course in the opposite direction.

A TIP TO MERCHANTS.

Fall—undoubtedly the most beautiful season of the year around these parts—with its short colorful and crisp days, suggests a change—not only in attire but in thoughts and desires.

Change your windows frequently—feature the fast cool weather sellers to satisfy big appetites generated in the out-of-doors at football games and other sports.

Take stock of your progress during the hot summer months and map out a campaign based on your failures and successes of the past three months—and watch with satisfaction the steady mounting of your sales.

Keep in mind, too, that the fall months are the ones in which to build solid, substantial winter business—for invariably those housewives who are pleased with you, your stock and your service at this season will be with you when cold weather confines all shopping expeditions to the telephone.

Misfortune and misery do not lend themselves appropriately to jest and unsympathetic comment, but the plight of hurricane-swept Florida, long over-boomed in a manner calculated to arouse the envy of other localities less aggressively promoted, will not spare her from many a heartless quip and uncomplimentary allusion to what will be regarded by one as established evidence of her unfavorable location geographically.

Some parents say they can't help their children with their school lessons, as methods of instruction and textbooks are so changed now. But if intelligent parents will keep along with the things the pupils are studying, they should be able to throw light on them.

The increase in the cost of operating the 48 state governments has increased from about \$317,000,000 in 1917 to 1,614,000,000 last year. This may seem an astonishing increase in these charges. The prices of everything have gone up in that time, but that does not account for it all.

A pleasing feature of the opening of the Roseburg public schools yesterday—with the addition of the new high school building—was the perfect organization that went along with each and every department in the system and the smoothness with which the 1243 pupils were handled.

A recent survey of the heads of 29 big railways, shows that nearly all of them spent long years in learning the railroad business from the bottom. Thirteen were college men who took jobs with long hours and nominal pay, while 16 had only public school educations, and worked up from jobs as section hands, clerks and brakemen.

Quite a number of universities throughout the east are discouraging the practice among students of taking "automobiles to school." It is claimed the students who flivver around do not get as high grades as those who use their pedal extremities.

We don't want to commercialize the misfortunes of other people, but we do want to say right here, that Oregon has all the accomplishments of the hurricane swept coast beat seven ways for Sunday.

Well, brace yourself for the verdict in the Dempsey-Tunney slugfest match. The big event is scheduled for Thursday evening.



JESSE JAMES.

A book about this bandit I lately have perused; the author nobly planned it, it kept me much enthused. It seems it is a libel to say that James was bad; he often read his Bible, he was a pious lad. When not engaged in robbing, or other lawless acts, he read, with spirit throbbing, all kinds of soulful tracts.

New Idea in the Horton Washer

Very modern in automobiles are something the buying public is entirely familiar with, but this idea as applied to washing and ironing machines is something new. It is the Washer Washer, Inc. organization that has adapted this policy to the sale of their product.

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DR. NERBAS, DENTIST. Painless Extraction, Gas When Desired, Pyorrhea Cured, Masonic Bldg., Phone 488.

Did You Ever Stop to Think

By Edson R. Waite, Secretary of the Shawnee, Oklahoma, Board of Commerce.

THAT every citizen should have faith in the home city and show their faith by both words and actions.

THAT men who express doubt as to the future of their home city are not usually the men who are best able to gauge its future.

THAT the citizens who push the home city to the front, are those who have unbounded confidence in its ability to forge steadily ahead in the years to come.

THAT in every city there are people who should stop doing things they ought not to do and start doing things they should do.

THAT some men with high imaginative minds who spend their time building air castles should stop dreaming. Dreams never build.

People of the home city should be discouraged because some dreamers wish to lead and watch to see results secured by progressive citizens so they can reap some benefits from their neighbors work.

Dreamers should wake up and become a wide-awake, active part of the home city and do their full share towards its upbuilding.

A city must have the thorough, energetic and practical cooperation of all its citizens in order to keep in the march of modern progress.

HE SAT TIGHT

By Wickes Wamboldt

If you found yourself the husband of a woman whose family was a rich and influential one, and you had nothing and were nothing—and that woman and her family treated you lightly, and poked fun at you, and made rather a joke of you even before company, what would you do?

The reason I am stating such a case is because I just received a letter from a man I have known for twenty years.

He prospered in his new enterprise. He worked hard and intelligently and economically. The first thing people knew he was independently rich. The letter received today tells me he has retired from active business.

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LETTERS FROM THE PEOPLE

A GLORIOUS OLD COUPLE. Editor News-Review: I have often heard of the "grand old man," but all heard of the "Glorious Old Couple."

70 years of love and loyalty. If you are blue and lonely and you feel that the world is going to the dogs go down and spend an evening with Colonel and Ina Day.

If you feel that your life has been a failure and you are lonely, drop down and spend an evening with Colonel and Ina Day.

And you will go home feeling that the world is just as good and the sun is just as bright and your faith in humanity far greater than it ever was, for you will have spent the evening with one of the grandest old couples in the world.

70 years as protector, lover, husband, 70 years as sweetheart, friend and wife, 70 years of living, loving, loyalty, so take off your hats and bow our heads in thanks that there is still a Pa and Ma Day in the world. Thank God.

A FRIEND. SPOKANE MAN TO EDIT NEWSPAPER AT RIDDLE.

R. H. Manning, until recently a resident of Spokane, has leased the shop and equipment of the Riddle Enterprise which recently suspended publication and will soon again start publication of a Riddle paper.

Mr. Manning has had considerable experience in newspaper work and should provide the community with a good newspaper.

Orders taken for fresh grape juice from the Overland vineyard. Leave containers at Brand's Road Stand.

FATE OF EX-ROSEBURG RESIDENTS AT MIAMI NOT YET LEARNED.

Fragmentary lists of the casualty victims at Miami, Florida, appearing in press dispatches, are being anxiously scanned by R. W. Eaton, mechanic at the Chrysler agency in Roseburg, whose brother-in-law and sister, Mr. and Mrs. Harry Hummer, and their child, former residents of this city, moved to Miami a year ago.

Mr. Hummer, a tool maker by trade, was in partnership with Mr. Eaton at the Chrysler agency. Indefinite interruption of telegraph service with Miami renders it impossible for Mr. Eaton to get a message of inquiry through and he is watching the published lists of victims as they drift to the outside world in the hope that none will contain the names of his relatives.

E. K. McLeod, local real estate dealer, is also concerned regarding the safety of his sister, who resides a short distance from Miami.

being taken to Musick mine, Bohemia district. Portland—Pacific Northwest Radio Exposition is set for September 21-25.

Salem—Fuggle of early hops are being sold, up to 52 cents a pound. North Powder—David Lee & Sons ship 16 cars lambs to Chicago.

Salem—New York buyer pays \$25,000, for 31 silver foxes raised here.

Steady demand for loggers in all fir-producing Northwest. Several big Oregon mills working two and three shifts.

Pendleton—\$2,500,000 McKay reservoir will be completed this fall. Salem—Capital Business College moves into new quarters.

Pacific Coast air mail, now in operation, declared best route in America. Columbia River district shipped 1,345,273 bushels wheat, during August.

Portland—Oregon-Pacific line will take several hundred tons Oregon prunes to Europe.

Bend—Shevlin-Hixon Lumber Company gives State deed to Lava River cave park.

Astoria—Coast cranberry crop will reach 40,000 to 50,000 boxes. Eugene—Passenger train service begins over Cascade line, September 19 over Cascade line.

Portland—Admiral Oriental Blue Star line adds three refrigerator ships to service.

Portland—Apple shipments to United Kingdom are double those of same time last year.

Bend—Deschutes Light and Power Company starts work on \$75,000 power distribution system.

Lakeview—City plans complete sewer system, to be built early next year.

Contract let for 1.3 miles Crater Lake rim road, for \$35,420. Wodderburn—11-mile Euchre Creek section of Roosevelt Highway, will be graded and surfaced.

Cottage Grove—Work begins, on mammoth dry shed for Woodard Lumber Co.

Newberg—Local stock subscriptions assure building of \$600,000 unit of paper mill.

Eugene—Proposed new Presbyterian Church will seat 1,000 persons.

McMinnville—McMinnville Telephone Company will move into new office building, by October 15; new \$10,000 switchboard to be installed.

Sheridan—Local cannery will be greatly enlarged for 1927, after good run for 1926.

Medford—Pears are being shipped out by trainload, up to 87 cars a day.

Myrtle Point—The School board votes to erect new grade school building in 1927.

Myrtle Point—Shingle mill and box factory will be built on Halls Creek.

Wheeler—Westwood shingle mill reopened for steady run.

Wheeler—Westwood Lumber Company contracts for several million feet of logs.

Corvallis—Construction begins on Walters Insurance block of two stories.

Klamath Falls—John Lasky sells 1,000 cattle and 350 tons hay, at Merrill.

Klamath County recently shipped more than 50 cars cattle and sheep in one day.

Klamath County has 17 rural schools with teachers' living quarters.

Crook County sheriff will round-up ill-fed range horses for fertilizer use.

Cottage Grove—\$47,000 building permits are issued, during July and August.

Junction City—Large new play shed built for grade schools.

Klamath Falls—Heavy tonnage of wheat being received by local mills.

Prineville—Railroad may be built from here, to meet Herrick road Seneca.

MANTRAP ANTLERS Insurance GENERAL LINES MUTUAL BENEFIT HEALTH AND ACCIDENT ASS'N The Largest in the World. The Cost About Half. Settlements the Best. This is worth investigating. D. S. Beals, Agency 109 So. Jackson St. Phone 628



ANSWERED LETTERS

Freckles—If freckles were a disease, or even a disfigurement, a cure would likely be found for them, but since they are the natural thing to have during the months when the sun is the strongest, no one should mind them.

They are nature's protection for the skin and the health of the body, just as tanning is the same as protection. They are due to color pigment acting like a sun shade to screen off the strongest rays of the sun. Then you bleach the coloring you lose the protection, and you must neutralize the natural secretions in the skin—while all the time new freckles will be forming—for the natural process will not be stopped.

The result will likely be a coarsened skin very much dried out from the acids or chemicals that would be needed to get upon the coloring and destroy it. The very fair skin that is usually of a fine texture must need the freckles to preserve it from injury, and to health and the freshness that comes from living out in the sun, the wind, and water.

Miss H. L. B.—Try tincture of green soap as a shampoo when your hair is very oily, and fine clean soap at all other times. It is possible that the mixture you are using now as a shampoo does not agree with your scalp. Do not try to lose more than five pounds a month, and you will be

building up your health so you could not look unwell. Billy—To reduce a double chin, throw your head far back between your shoulders and go through all the motions of chewing until you have fully exercised all the muscles of the throat and chin.

For the lump at the back of the neck, you can massage it with your finger tips, which will act as an exercise does, and for a special exercise, place your arms out to the right and to the left on a level with the shoulders, bend elbows and bring fore-arms back and place finger tips on the edges of the shoulders, and then rotate the shoulders forward and back till all the muscles of the neck are fully exercised.

Apply very cold water or ice to the chin, throat, or even to the back of the neck after the exercises are over, as the chill contracts the pores and will make the skin firm, so it will not have any tendency to sag after the fatty tissue have been absorbed.

A. A.—I do not think a condition of nearsightedness would cause pain between the eyes; usually this comes from the liver or kidneys. This would also account for the circles under the eyes. I think you should go to the doctor and get the right treatment for the doing something to correct your nearsighted vision before it reacts upon your general health.

Tomorrow—A Youthful Chin.

Efficient Housekeeping by Laura A. Kirkman. ONE-EGG CHOCOLATE CAKE. Tomorrow's Menu: Breakfast, Left-Over Baked Pears, Cereal, Ham-Potato Cakes, Muffins, Coffee, Luncheon, French Toast, Syrup, Cookies, Fruit Salad, Cocoa, Dinner, Cold Boiled Beef, Pickles, Boets, Potatoes, Baked Apples, Thin Cream, One-Egg Chocolate Cake, Coffee.

To make a one-egg chocolate layer cake, cream one-third cup of butter and gradually work into it three-quarters of a cup of granulated sugar. In a small bowl beat the yolk of one egg till light and to it add one-half cup of cold, sweet milk. Combine the two mixtures. Sift one and one-half cups of pastry flour with two teaspoons of baking powder and a pinch of salt, and stir this also into the mixing bowl. Flavor with one teaspoon of vanilla, stir in one square of bitter chocolate which has been melted to the very soft state and, last, fold in the stiffly whipped white of one egg.

Baking the Cake: Even the least experienced cook knows that mixing a cake is not the most critical part of the proceeding. Baking is of prime importance and many beginner housekeepers buy one of the one-burner portable ovens which have a glass door (the kind of oven which is used on kerosene oil ranges) so that they may see how the cake is baking without opening the oven door.

By using a Fahrenheit oven thermometer, however, one can be reasonably sure of accurate baking. After scraping the chocolate batter into two buttered layer cake pans (I do not use wax paper in these cakes and its use, as it seldom sticks), slip the pan into a very hot oven (between 350 and 550 degrees Fahrenheit) and keep it at this same temperature for 24 or 25 minutes. It will be safe to peek in the oven after 20 minutes.

Layer cake pans very in size, and it is best to use rather small ones for this cake—say, the eight-by-eight-inch-in-diameter size. Otherwise the layers will not be very high. (If desired this cake may be baked in a square single sheet.)

Chocolate Frosting for a Two-Layer Cake: Into a bowl put one and one-half cups of confectioner's sugar. Crush about a cup of nuts, add to the sugar and mix with a nut-masher, then stir in one tablespoon of dry cocoa powder. In a cup mix one-half teaspoon of vanilla with two tablespoons of cold water. Add this liquid to the sugar-cocoa mixture. Stir well and add one tablespoon of butter melted, then spread between and on top of the hot layers.

Tomorrow—Baby's Sacque and Cap

Diet and Health By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children. YOUR BACK ACHEs: "Kidneys," said the herb man. "Flat-foot," said the shoe doctor. "Infected teeth," said the dentist. "Frostate," said the G. U. doctor. "Pelvic trouble," said the gynecologist. "Mal-adjustment," said the osteopath. "Impinged nerves," assured the chiropractor. "It don't ache," emphasized the C. S. "Overweight," piped Lulu Peters. —Medical Herald. Now let me comment briefly on a few of these causes.

Kidneys. If you were to believe the ads of patent medicines, you would think that kidneys were the cause of all backaches. This is not true. The fact of the matter is that inflammation of the kidneys is rarely the cause of ordinary backache. If the kidneys are diseased so that they cause backache, the host of such kidneys certainly will know it for he is a mighty sick man.

Flat Foot. It throws the body into a wrong position, with the resultant strain. Infected Teeth. Yes, by furnishing germs and poisons which settle in the joints and muscles of the spine (and elsewhere) and cause low-grade inflammations.

Prostate. The G. U. doctor is one who specializes in genito-urinary disorders. The prostate is a gland situated around the urethra in the bladder of men. (The urethra is the canal which leads from the bladder to the outside. The ureters are the tubes leading from the kidneys to the bladder.) Enlargement and inflammation of the prostate may lead to backache, just as can pelvic trouble in women. (Pelvic troubles in women are not nearly so often the cause of backache as is commonly thought.)

Mal-adjustment and impinged nerves. Yes, but very rarely for ordinary backaches. Be very careful who does the adjusting and undoes the impinging! See that they are regular physicians with the preliminary education and after-training that this implies and with special training in orthopedic surgery.

Overweight! Well, 'nuf said! * * * You know what I think about overweight. It can cause most any old trouble, while we're on overweight, you might mention that we have a "million-dollar" booklet on the subject. Those who are in need of it may have it by sending a fully self-addressed, stamped envelope and ten cents in stamps, with request. Allow two weeks for its receipt.)

By the way, you should have a thorough physical examination to see if you are overweight. (Continued on page 7.)

My Dear Followers: When sending for material which we offer you, please remember to enclose a stamped, self-addressed, envelope bearing your full name and address. The pamphlet on reducing and gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to me in care of this paper. Make them as brief as possible, not over 200 words, and type or write them legibly with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember it is impossible for me to diagnose for you or to answer you personally. I appreciate very much the beautiful letters you send me and regret it is impossible to give you individual advice. The questions you ask will be answered in the column as soon as possible. If they are of general interest I will send you the information I have utilized.