

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, SATURDAY, AUGUST 21, 1926.

THE SELECTION OF TEACHERS.

School boards, committees, and superintendents have an extremely busy time during the last of the summer, in finding teachers for the school year that is about to begin. The success of a school depends more upon the personality and qualification of these teachers than on anything else.

Progressive, practical and farsighted, the late Joseph Lyons, of Reedsport, former county judge, would have been a foremost citizen in any community fortunate enough to number him among its residents.

YOUNGSTERS ON THE STREETS.

Some years ago a movement was promoted for the curfew, to keep the boys and girls off the streets after a certain hour, which was apt to be eight or nine o'clock in many towns which adopted this plan.

Homes along the country roads in many places are not as pleasant as they used to be, unless something is done to keep down the clouds of dust that drift in from the automobiles.

Though jurors in the Gaines' murder trial rendered a verdict that calls for death penalty the doomed man still maintains that he is innocent of the crime charged against him.

School days will soon be here—and all the youngsters will get down to business.

CHEERFUL CRIPPLES.

The New York Rotary club has opened a camp for crippled children on Long Island, and it calls it "Camp Cheerful," and 1200 applications have already been received from such young cripples for a chance to visit it.

The man who shouts very loud for home town development, and who complains bitterly because this or that is not done to put his home town ahead, is not always willing to "chip in" when someone puts a subscription paper up to him for some good home town project.

Now that a sufficient sum of money is forthcoming from the county court to assure proper financing of the Douglas county products fair to be held in Roseburg September 16, 17 and 18, it should be a matter of general interest to make the occasion a worth while event.

When a fellow's position in public life "goes to his head" it's time to swing the axe.



POLAR WASTES.

There is no land around the Pole, according to explorers; there only icy billows roll, and tempests, ring-tailed rovers. There is no land on which to build hotel or filling station, but all the dreary waste is filled with ice and desolation.

Group Saturday One of Feature Attractions With Sell-Floto



One of the most beautiful acts on the entire program of the Sell-Floto Photo Circus, to be in this city Friday next is that the "All Equine Marble Models" in which half a dozen white horses are among the principals.

PRUNE PICKIN'S

By BERT G. BATES

GOD EVENING FOLKS

Tonight is bath nite And don't forget to Have friend with Scrub yer back.

DUMBBELL DORA THINKS

A private secretary is one who handles a buck private's correspondence in the army.

The kind remarks which this column has found fit to say about the county fruit growers is bringin' results. We got a crate of peaches and some swell grapes yesterday.

According to an American astronomer, some "stars are red-hot vacuums."

We "see by the paper" that a Chicago girl life guard recently saved the life of a young man bathing. Do you suppose he will feel obligated to marry her?

On one of our rare at home evenings, we read to the C. O. Clarence Darrow's statement: "Man is Nature's last and most perfect work."

FAMOUS CASES

Book—Woman in the—of Scotch Anthony and Cleopatra's—Smear—

Archaeologists have discovered a fossil of a four-inch mosquito. Indubitably the ancestor of the New Jersey genus.

The ossifer railed the Winchester ber garden last night and the drouth is now on wuss than ever.



Late Perkins Sez:

"A feller enjoys eatin' canned fruit 'specially if he had to peel the dern stuff."

State Press Comment

Machines and Labor. Electric motors in the United States are doing the work of one hundred and seventy million men.

That's more men than there are. It represents four times the labor supply of the country.

And it goes to prove that machines do not really displace men. The lino-type machines did not displace printers. They changed their character. The printer telegraph machines will not do away with telegraphers.

Electric motors in the United States are doing the work of one hundred and seventy million men says J. R. Davidson of Omaha, president of the National Electric Light Association.

That's more men than there are. It represents four times the labor supply of the country. And it goes to prove that machines do not really displace men.

DR. NERBAS DENTIST. Painless Extraction, Gas When Desired, Pyorrhea Cured. Phone 422, MARQUEE BLDG.

cases. The technical expert who inspects and adjusts the telegraph printers has a more pleasant job than the press telegraph operator translating code into sentences and paragraphs.

TRAIL OF STOLEN JEWELRY LEADS TO PAWNBROKER SHOP

(Associated Press Leased Wire.) NEW YORK, Aug. 21.—Two Harlem pawnbrokers, Joseph Roth and his son Herbert, were in jail here today charged with receiving stolen goods, in connection with the theft of jewels valued as much as \$500,000 from General and Mrs. Cornelius Vanderbilt at Newport, R. I.

While the pawnbrokers were being arraigned here for their alleged connection with the theft, detectives began checking over the seized cases worth \$18,000.

Five cases of jewels were stolen from the "breakers," the Newport mansion, two weeks ago while the Vanderbilts were entertaining friends at dinner.

Among the jewels stolen were some irreplaceable family heirlooms, and so many were missing the family had difficulty in compiling a list. Some of the gems seized by detectives here when the Roths were arrested were a brooch set with 95 diamonds, three diamond studded bracelets and several rings. There was also a horseshoe pin of yellow metal, set with ten stones believed to be pearls, eleven bluestones and 30 white stones forming the words "Good Luck."

Lemon Cling Peaches Now Ready

Lemon Cling Peaches for canning; also date and silver peaches; bring boxes. Phone always between 12 and 1 or after 6 p. m. F. M. Curtis, phone 8-F4.

CHINESE ARMIES STILL ENGAGE IN PUZZLING WARFARE

(Associated Press Leased Wire.) PEKING, Aug. 21.—Marshal Wu Pei-Fu, North Chinese war lord, who with Marshal Chang Tso-Lin, at present dominates affairs at Peking, has departed for the region of the Yangtze river, his ultimate destination being Yochow. Here he is to assume command of the forces opposed to the Hunanese troops.

The Hunanese troops are supporting the Canton, or South Chinese government and have begun a general attack on the northern invaders which Chang Kai-Shek, Cantonese generalissimo, is reported to be directing from Changsha.

Dispatches from Hankow say the Southerners have broken through the allied flank at Hsien. The forces of Wu Pei-Fu and Chang Tso-Lin have a two-week war on their hands. Their troops are pursuing the retreating nationalist armies or Kuomintang west from Kaigian in the north. Another army is opposing the Canton forces in the south. Both the Cantonese and Kuomintang are regarded as aided and inspired by soviet Russia.

ITALIAN SHIP SPRINGS BAD LEAK IN COLUMBIA

(Associated Press Leased Wire.) ASTORIA, Ore., Aug. 21.—A part of the cargo of the Italian motorship Cellina, was damaged last night when the vessel sprang a leak while on her way down the Columbia river from Portland. The vessel was docked here this morning.

Count Carlos and Countess Guillian were aboard the Cellina. The leak was believed to have been due to the clogging of a valve which drains the ballast tank, letting the river water into this tank and also the deep tank below.

Roseburg Steam LAUNDRY KIDS



WE GUARD YOUR CLOTHES BOTH DAY AND NIGHT--TO SEE THAT THEY ARE LAUNDERED RIGHT.

The sanitary conditions of the shop are perfect. Your linen curtains, your personal apparel, your table and bed linens will all receive the proper treatment if sent here—let us call for it.

Roseburg Steam Laundry. PHONE 79, Roseburg, Or.

BEAUTY CHATS

ANSWERED LETTERS.

A Young Mother.—As the baby matures the cartilages of her ears will become firm, so all you can do meantime is to keep her ears placed against her head when she is asleep or when wearing a cap.

W. P.—To a pint of oatmeal, add a half teaspoonful of sulphur, several pinches of powdered benzoin, and four teaspoonful of powdered soap of any fine variety. Make a number of small cheesecloth bags, and put a teaspoonful of the mixture in each bag, to be used instead of soap when bathing the face.

Miss M. H.—The white wax called fer in the cream formula is beeswax, but there is also a brown beeswax which could be substituted if necessary; the latter will make the cream just as nourishing although not so attractive in appearance.

J. B.—When using alcohol to cleanse the hair, use absorbent cotton dipped in the alcohol and wipe the scalp, and then down the length of the hair separated into as many strands as are needed.



DELICIOUS CARAMEL CAKE

TOMORROW'S MENU: Breakfast: Stewed Prunes, Cereal, Creamed Dried Beef, Pop-Overs, Coffee. Lunch: Ham-Potato Cakes, Bread Cookies, Tomato Salad, Sliced Peaches, Tea Dinner, Cream of Onion Soup, Spanish Omelet, Potatoes, Lettuce, Orange Custard, Coffee.

Contrary to opinion, it is not hard to make a good caramel cake. I have originated the following recipe, which is as inexpensive as it is delicious, calling for only one egg and for no milk at all.

One-Egg Caramel Cake: Begin by caramelizing one tablespoon of granulated sugar (for the sake of inexperienced cooks, I am going to give minute details) To caramelize sugar simply put it into a small frying pan (with nothing else in the pan) and let it melt and turn to a deep brown. Now add one-half cup of warm water; this will make the burnt sugar sizz and lump, but if you continue to boil it for several minutes you will find that the lumps melt. Strain and cool the lump.

Next, begin mixing your cake as follows: Cream one-fourth cup of butter in a medium-size mixing bowl. Add to it three-fourths of a cup of granulated sugar. Stir in the beaten yolk of one egg. Then add the cooled caramelized sugar, and beat until the mixture is smooth and thick. Add one-half cup of ordinary bread flour with one and one-half teaspoons of baking powder and stir into the mixing bowl. Flavor with one-half teaspoon of vanilla extract and fold in the stiffly-whipped white of one egg. Beat for three minutes steadily, then scrape the batter into a loaf-cake pan measuring about four by eight inches on the bottom with slightly flaring sides two and one-half inches high. Line the pan with wax paper or avoid the cake sticking to it; when this is done, you need not grease the pan, as the cake batter is poured right onto the wax paper.

Slip the pan into a hot (but not very hot) oven. If you use a Fahrenheit oven thermometer, have it register between 400 and 450 degrees throughout the entire 35 to 40 minutes of the baking. When done, the cake should be two inches high. Peel off the wax paper on the bottom, while cake is hot. Then frost as follows:

Caramel Frosting: Put one teaspoon of granulated sugar into a frying pan, let melt and burn, then add one-fourth cup of warm water and cook till the lumps have melted. Cool, then strain into a bottle and cool. Keep for other cakes what remains after you have taken care of the frosting. The liquid from the bottle and place it in a small bowl. Stir in one cup of confectioner's sugar, flavor with a drop or two of vanilla, and spread on the hot cake.

Diet and Health. By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children.

SICK AND IRRITABLE FROM WRONG DIET. Mrs. M.'s husband is greatly troubled by gas in the stomach and indigestion and has had to give up his work because of the foul odor from the bowel gas. He is 40 years old, not overweight, but has a good appetite. He has been examined as a city clinic and the doctor has found his heart, blood pressure and lungs all normal. However, Mrs. M. says that he really is sick and is very irritable. Being poor, they have to have a diet consisting of a lot of bread, white and rye, cornmeal, bacon and coffee, and home-made jelly.

I should say the answer to you, Mrs. M., is that "lot of bread, cornmeal and coffee," and lack of vegetables, fruits and milk. There is no doubt that all that excess starches and sugars causes a fermentation and gas in themselves; then the anaerobic of the meal caused by lack of fresh vegetables and fruits with their vitamins and salts and the lack of protein foods—especially milk—causes an undermining of the mucous membrane of the intestines (and of all the tissues of the body) so that the intestinal tract does not function properly. The food not only ferments, but putrefies, thus causing the foul gases and products, which no doubt are absorbed, causing a chronic poisoning and acidosis. Scoury and pellagra are known to be due to deficient diets. If it is possible, your husband should go on an exclusive butter-milk or milk diet for three or four days (and it might be better to take the juice of two or three oranges some time during the day). His bowels can be cleaned out with enemata. The medicine must get on a balanced diet if he expects a return to health. (Naturally, other hygienic rules must be observed.) When he is in better health he can earn more.

We have articles on Balanced Diet and Constipation which I suggest you send for. (Enclose self-addressed, stamped envelope with your request. Allow two weeks for its receipt.) I just happened to think—coffee and sugar are not cheap! And why not eat some of the fresh fruit instead of making it into jam? What you can't use, you had better can, under the circumstances.

A Striped Skin. Mrs. J.—If the skin over the abdomen becomes very extended and tense from pregnancy, tumor or other conditions which can extend it, after these conditions are eliminated there may be, and often are, white streaks under the skin, which are in the nature of scar tissue. They are known by the technical name of striae. These can be largely prevented by a thorough daily massage with some lubricating agent. However, this rubbing might not be advisable if a tumor is the cause. Those who are excessively fat not only have the deep layers of fat in their abdominal wall, but deep layers of fat in the membrane which extends over the intestines—the omentum—and after reducing, they also may have these (Continued on page 5.)

My Dear Followers: When sending for material which we offer you, please remember to enclose a stamped, self-addressed envelope bearing your full name and address. The printed card reducing and gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to me in care of this paper. Make them as brief as possible, not over 250 words, and type or write them legibly with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember, it is impossible for me to diagnose for you or to answer you personally. I am unable to do so because of the thousands of letters I receive. It is impossible to answer in the column as soon as possible. The questions you ask will be answered in the column as soon as possible. Self-addressed envelopes if you expect me to send you the latest material I have allowed.