

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, MONDAY, JUNE 21, 1926.

CODE FOR THE SMALLER COMMUNITY.

I am one of the smaller communities of America. I am not Chicago and I am not New York. But people come here to exchange the goods of life. Some come here to sell produce and to buy clothing; some come to buy machinery; some come for pleasure; some come for borrowing and lending money; some come for education and some come for religion. Because I am a trade center, therefore I should seek to be a service center.

I will respect myself. I will not indulge in self-pity because I am small.

I will develop and conserve my resources. I will not fail to organize as I should but I will not waste my energy in useless organization.

I will not encourage factional strife of any kind, religious, social, or economic. Other communities may be able to endure factionalism but my resources are limited and they must be conserved.

I am a thinking unit in America's great Republic which is ruled by public opinion, and I will endeavor to make my contribution to an intelligent public opinion. I will not knowingly be ruled by ignorance nor prejudice. I will resent all attempts to fill my mind with propaganda as an insult, not to be endured at the hands of those who try it.

Because I am a community the most important fact about me is that I have a purpose and a spirit. I will encourage all those individuals and those groups who try to keep their spirit and purpose free from evil and full of righteousness and good will.

I will recognize that probably the basic man in my community is a farmer, a gardener, a fisherman, or a miner. Were it not for these people who man the industries, my community would not exist. I will try to prosper with them and not off them.

I am a small community but I do not need to be isolated nor provincial; the goods of the world are mine, but the world expects me to provide as well as take. I will be worthy of the whole-hearted devotion of my people because I offer them a chance to secure the abiding satisfactions of life.—Kiwanis Magazine.

A study of the cost of living in 32 representative cities of the United States, under the auspices of the Bureau of Labor Statistics, U. S. Department of Labor, indicates that taxation has increased faster than any other element entering into the cost of living. On January 1st of this year, the cost of living in these cities was 78 per cent over the 1913 level, while the cost of government, as expressed in taxation, has risen 200 per cent. Federal taxation which was \$6.92 per capita in 1913, has risen to \$25; state taxation, from \$3.18 to \$8.50; and local taxation, from \$12.63 to \$35. From these figures it will be seen that the cost of federal taxes is 3 1/2 times, and state and local taxes 2 1/2 times as great as in 1913.

The State Editorial Association will meet in Roseburg next summer. This city's known hospitality has been broadcast in such favorable manner that it has become a byword throughout the state that the queen city of the Umpqua Valley "goes the limit" to entertain visitors. For this reason it is a decided pleasure, not only to local people responsible for these annual gatherings, but to our hosts as well. Roseburg will maintain her usual good reputation and state editors will be assured of a most enjoyable convention period here.

The Roseburg News-Review covers Douglas county like a blanket. It is read in every nook and corner of this big county. And, one nice thing about this fact, they are a set of readers who know they are getting full value—and more—for the services for which they are paying.



GREAT DAYS.

I lounged about a mid-west town while waiting for a train; the place had once a great renown because of people slain. Here once the long-nosed cattle came from down the Chisholm trail, and cowboys, with their throats aflame, quaffed stoups of gin and ale. Here once the cold-eyed gamblers played their games by night and day, their gleaming weapons on parade, all primed to maim or slay. Here once Bill Hickok sternly strode, as deadly as the fates, the while the death cart bore its load to Boot Hill's sombre gates. Here once a carnival of crime ruled all the town's affairs; it never lost a minute's time, or laid up for repairs. And now there's naught in sight but peace, no matter where you search; the voter's wife and aunt and niece are safe as in a church. The merchant prince may walk the street, take money to the bank, and none will shoot him in the feet, or knife him in the flank. Here citizens in safety tread, discussing humdrum news, and when they die they die in bed, and do not wear their shoes. The churches, pointing to the skies, proclaim a pious feast, and noble schools salute the eyes of strangers from the east. The jail is empty and the cops have nothing much to do but wish they had some forty droys of old budweiser brew. I talked with Johnson, Gregg and Grimes, while waiting for the train, and they remarked, "Those good old times! They'll never come again! This surely was a he-man's town, doom rode on every breeze, before the old place settled down to bridge and quiting bees." They spoke with wild and sad regret of days that are no more; the past is still the one best bet, the present is a bore.

PRUNE DICKIN'S

By Bert G. Bates

GOOD EVENING FOLKS

A feller always feels good when he awakens on Monday a. m. and can't find his name in the weekend Auto fatalities.

DUMPELL DORA THINKS The Eucharistic Congress is composed of euhre players.

TODAY'S SPORT NEWS "Sporty" Editor of Prune Pickin's, Dear Sir: Since Ray Coppton and yours truly pulled down second money in our fistic contest and were internationally broadcast, not a chirp has been heard from Jack Dempsey, except a little wheezy whisper which came in over the wires from Hot Springs Arkansas telling that he had a "chill." Well I guess!

"CYCLONE" TOLLMAN, Underweight Champion, Riverside.

If a fella could git a squad of gophers under his control he wouldn't hafta spend so much time spadin' the garden. The wuss part about the peaky critters is that they insist on workin' in the front yard.

Ye ad, spent a day watchin' the Buster Keaton comedy crew do their stuff and in spite of the underground rumblin' from Hollywood we failed to see any wild orgies staged along the main stem of Cottage Grove.

Its pitiful way some fellers deccerate the Sabbath by prevaricatin' the way they do about their gawf scores.

Having pity the poor service station feller who hasta spend Sunday turnin' a crank.

We note that Chawles Chaplin is goin' in for the dramy and will play the part of Napoleon. That may be his Waterloo.

The distillers of the athletic bug juice in the county had a prosperous weekend and the oculists are also lookin' forward to a better business by the middle of the week when the stuff starts gittin' in its good ticks.

Every fond parent thinks his offspring will be president of these United States some day and we wonder who'll be carryin' away the garbage for the next generation.

Most folks spend the summer at the seashore to console chance acquaintances about the poor shape their liver is in.

Our idea of wasted effort is to spend half a day polishin' the family fliwer and then drive across the Oak Street bridge after a shower.

The Elks are goin' to have a convention in Eugene this week and those who can think up good excuses for leavin' the bitter half at home plan on havin' an excellent time.

Grindin' out a colyum of alleged wit is no soft snap 'pecially when a teller is continually being harassed by gawfers and fishermen who seem to have nothin' else to do and all afternoon to perform the duty.

Carl Neal is all swelled up about something this week which the doctors diagnose as mumps. Friends who have cans of dill pickles will kindly hold up delivery for thirty days.

Saw a sign on a tree down the highway yesterday which read: "This is God's Country. Don't burn it up and make it look like Hell!"

Late Perkins Sec;

"The reason most humorists look so sad is because they hafta read their own stuff."

State Press Comment

The Woman's Problem At Astoria today the Oregon Federation of Business and Professional Women's meet in their annual convention. Women are under taking so many enterprises on even terms with men, that the sex line is becoming erased, and a woman physician or business executive is recognized for her skill and accomplishment on its merits, rather than as a quaint exhibit of feminine daring. Still the presence of women in extra-humane industry creates new problems that are not all solved.

Great Britain's report on the fertility of marriage, drawn from the figures of the 1911 census, shows that working mothers have fewer children than housewives, and that

more of them die. There are no analogous figures for this country, but there can be no doubt that the same fact exists. In 1920, there were more than 8,500,000 women employed in the United States, of whom almost 3,000,000 were married. It has been shown that simply to maintain a stationary population, requires a birthrate of 81.4 children for every 1000 women of child bearing age. The observed birthrate in 1920 was 191, and in 1921 only 187, for every 1000 possible mothers. The decline is so rapid as to suggest that the point of equilibrium may soon be reached or passed.

These are disconcerting statistics to present to a group of women active, ambitious, and interested in new found occupations, but this is after all, the great problem women must meet, that pertaining to their share of the world's work which they can do well, with joy and profit to themselves and others, without neglecting their first unshared and untransferable responsibility, the bearing and rearing of healthy, wisely taught and well trained children. There is no subject that can more fittingly engage the attention of a body of business and professional women, and more vital to us all.—Portland Telegram.

Horse Meat For Food

While horse meat as a food is the butt of many jokes in this country, it nevertheless is an important article of food in some countries and is growing in use, according to reports from the U. S. department of commerce. Not only is dried, smoked, salted and canned horse meat shipped from the United States into France, but the market for this product is growing in The Netherlands. England has supplied that country with more than a thousand tons annually for the last four years, and imports of salted horse meat from the United States in 1925 exceeded those from Great Britain.

These people in these foreign countries apparently have not the aversion to horse meat that is shown in this country, and it is sold under its own name.—Oregon Merchant.

Rating Governors

Oregon is paying her governor the magnificent sum of \$7500 per year for carrying forward the executive arm of state government. It is a princely salary to some persons, but it is not a salary which is attractive to the real business man, who would accept public office if the public were willing to pay a sum in some respect near that which a business career offers.

Democratic leaders in Democratic New York are sponsoring a constitutional amendment to increase the salary of the governor. He gets \$10,000 whereas there are judges in New York who get \$25,000. They say:

The governor should receive a salary commensurate with the duties, dignity and importance of his office and from any public phase of the matter he should certainly be compensated on a higher rate than any of his subordinates.

Other states, too, need to think about the salaries of governors, including the state of Oregon. For there is a tendency in America to rate men according to the salaries they get. There are \$5000 men and \$100,000 men. It belittles the business of government to leave it to \$5,000 men and \$100,000 men while business with fewer responsibilities and less difficult problems seek out the \$25,000, \$50,000 and \$100,000 fellows.

State government needs to be dignified. It is the government closest to the people. The job of maintaining public order and the most important of maintaining highways, supervising schools and regulating utilities, of licensing corporations, investing trust funds and collecting taxes, falls to the state. If the key man, the top of the administrative pyramid, is belittled, the whole business of government is belittled.

A man whose recommendations to the legislature are worthy, a man whose veto power is an asset, the spending of millions of dollars, a man whose skill in handling delicate situations may mean the loss or gain of hundreds of thousands of dollars to the people, is not a man with whom the people can afford to be stingy.

And there is an important political consideration, too. Not all governments are men, wealthy, every one for the honor of the title. When men are chosen for ability alone, it is important that they be relieved of the petty worries of personal finance; then they can give more of themselves to state problems. When entangling alliances with business and factions are disturbing, it is best to remove the temptation to serve friends who may be useful after the rest of office is over in providing jobs, income and a chance at investments with extraordinary profit.

States should take into consideration the fact that governors have heavy election burdens, that their jobs make them contributors to all manner of "worthy" causes and that the standard of living forced upon them by their association with other men of big affairs is a very high standard.

If we are to stop the trend toward federalization, one thing to do is to make state government more dignified and the business of state politics more remunerative. What governor is in office, who party is in power or may get into power, does not matter. It is better to overpay a poor governor and to lend dignity to the holders of parties we do love, than to have a state administration by underpaying the men who govern.—Portland Journal of Commerce.

DR. NERBAS

DENTIST. Painless Extraction. Gas When Deafened. Pyorrhea Cured. Phone 422. Masonic Bldg.

BEAUTY CHATS

DANDRUFF TREATMENT.

If you are suffering from dandruff there are two ways of fighting the disease, for it is one caused by a germ and it can be transmitted from one person to another like any infectious disease through the medium of brushes and combs used on an infected and a clean head. You can fight it by antiseptics and by generous use of oil.

My suggestion is to rub the scalp one or two days before the shampoo with a liberal amount of olive oil or crude oil applied hot and rubbed until the scalp has taken up a very generous amount of it. This should be followed by a shampoo either with a medicated soap or with tar or sulphur soap, both of which have highly antiseptic properties.

The soap should be thoroughly rinsed out as usual, and the last warm rinse water should contain a few drops of some good antiseptic. When the hair is dry the scalp should once more be rubbed with hot oil, which should be left on if possible for a whole week, when the process is repeated. At the end of these nine days you would probably find the scalp free of dandruff. If you have an electric vibrator you can work the oil into the scalp with this it will be more effective than a hand massage.

Effective as this treatment is, many people do not wish to try it because for nine days the hair will look oily and messy. I would suggest a sulphur ointment treatment to be given the night before and if possible a whole day before the weekly shampoo. Buy one ounce of sulphur and mix it with hard, cold cream or olive oil, part the hair in different places and rub this along the parting. Rub thoroughly, for it is a heavy ointment and difficult to get in the scalp.

Next day shampoo in very hot water and soap, and to make perfectly certain that you get all grease and dirt from the scalp scrub the scalp with a small stiff brush.

Mrs. P. C.—The only effect sage tea will have on your white hair will be to discolor it so that it will look dingy or of a shade like weak tea. You can use henna if this



Try this ointment. Henna is suited to you, and since henna is not a dye, it will neither injure your hair nor affect your health. A little bluing added to the henna will throw it off the reddish shade. You can consult a specialist about your hair and see if the color can be restored, and if it can't, you can attain considerable distinction in your appearance with white hair at 28 years of age. Tomorrow—Answered Letters.

Efficient Housekeeping

SOUR MILK CHOCOLATE CAKE.

TOMORROW'S MENU: Breakfast: Grapefruit, Cereal, Toast. Lunch: Coffee, Ham-Potato Cakes, Potato Left-Overs, Whop-what Bread, Lettuce, Jam. Dinner: Cream of Spinach Soup, Fried Potatoes, Pickles, 1-2 Dates, Carrots, Berries with Cream, Sour Milk Chocolate Cake, Coffee.

Take note of the exact time, and have your oven preheated for at least 20 minutes before you use an oven. Preheated thermostats. Stir the pan in and on a base at the same steady temperature for 10 minutes. Then look at it, and if summoned from ages of pan and trim or use the out-insulated straw test, remove, turn out of pans, peel off wax paper at once, and let cool on a wire cake-rack or inverted draining-tray. While cooling, spread on the following: Custard Frosting: Mix one cup of confectioner's sugar with one tablespoon of dry cream powder. Then add one tablespoon of water mixed with one-half teaspoon of vanilla. Stir and spread white cake in hot

Can you do this? Raising is good for children and young people. Persons of any age who are not too old and heavy can endure it, but it is absolutely injurious to those who are heavy, and for old people. I am quoting from Dr. Anders Weiss's book on Diet Management. While he is the director of the Graceland Institute at Stockholm, we look upon him as an authority on the subject. He is an authority, there is no doubt about that. The general idea, both of the lady and of the trainee of running as an exercise is similar to Dr. Weiss's. So when we read in the news that a 67 year old British warrior, Ham-much Ben Hodge, ran nearly 20 miles between sunset and sunrise to carry a dispatch, we certainly are stirred. There's something extremely unusual—a 70 mile run between sunset and sunrise, made by a man of nearly 70, the age which we generally designate as "old." Why, even though the feat had been accomplished by a young man, it would have been unusual. We pacifists, brutes, and we wonder: Upon what meat does this warrior feed that he hath remained so agile? We wonder not only about Ben Hodge's dietary habits, but his other health habits. What do we know about them? They certainly must be of value, and an improvement on ours; for it is certain that not many of us at the age of 67 could walk seven miles at a stretch, much less run 20. I find nothing about the dietary habits of the Rifflans in my illustrations at hand, but I have some data about the habits of the Mohammedan Arabians, and the Rifflans are Mohammedans and have similar habits to the Arabians. McCollum of Johns Hopkins, and McCarrison, a famous British physician, both have written on the dietary habits of these people and both have commented on the fact that they are free of many diseases that other nations are subjected to, and are unusually fertile.

Diet and Health

By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children.

When sending for material which we offer you, please remember to enclose a self-addressed envelope bearing your full name and address. The pamphlet on reducing a gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to: Diet and Health, c/o The Diet and Health Co., 1234 Broadway, New York, N. Y. Write or type your letter with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember it is impossible for me to answer your personal letters. I am sorry that I cannot do so, but I have some data about the habits of the Mohammedan Arabians, and the Rifflans are Mohammedans and have similar habits to the Arabians. McCollum of Johns Hopkins, and McCarrison, a famous British physician, both have written on the dietary habits of these people and both have commented on the fact that they are free of many diseases that other nations are subjected to, and are unusually fertile. My Dear Followers: When sending for material which we offer you, please remember to enclose a self-addressed envelope bearing your full name and address. The pamphlet on reducing a gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to: Diet and Health, c/o The Diet and Health Co., 1234 Broadway, New York, N. Y. Write or type your letter with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember it is impossible for me to answer your personal letters. I am sorry that I cannot do so, but I have some data about the habits of the Mohammedan Arabians, and the Rifflans are Mohammedans and have similar habits to the Arabians. McCollum of Johns Hopkins, and McCarrison, a famous British physician, both have written on the dietary habits of these people and both have commented on the fact that they are free of many diseases that other nations are subjected to, and are unusually fertile.



DOBB'S CAPS The Dobbs Cool-Brow Cap has breezed its way into the regard of the out-of-doors man. The ventilating device not only serves its purpose admirably, but also adds materially to the smart appearance

Quine Bros. Duds For Men. INCORPORATED. QUINE BROS.

OREGON WEEKLY INDUSTRIAL REVIEW.

Umatilla County apple crop estimated at about 1150 carloads. Milton-Freewater fresh pears crop for 1926, may reach 1200 cars. Harrisburg—Linn county buldozers rock crushing plant, on site of old city jail. Falls City—Streets will be graded and oiled. Klamath Falls—Grading begins for three units of Southern Pacific work here, \$140,000 each. Astoria—Largest Chinook salmon, 94 pounds, caught in Columbia River. Albany—Cannery employs 350 women, cutting berries. Salem—Local canneries employ nearly 3,000 people in canning record fruit crop. Westport—Westport Lumber Co. ships 16,000,000 feet lumber, during May. Union—10,000 people at biggest day in history of local live stock show. Baker—Old Rainbow mine is refinanced, and has large force of miners employed. Portland—Northwestern National bank will enlarge quarters, at cost of \$175,000. Pilot Rock—About one-half of local 500,000 pounds wool sold. Columbia River lumber cargoes for May, total 20,000,000 feet. Eugene—Southern Pacific starts new tie treating plant, to handle 10,000 ties a month. Hillsboro—Portland Electric Power Co. builds \$40,000 substation here. Hillsboro—Farmers digging wells to pump 1,000 gallons per hour for irrigation. Portland—Work begins on \$225,000 Third Church of Christ, Scientist. Hermiston—Bank of California and Northern Pacific Railroad, join in campaign to bring settlers here. Eugene—Bethel district will build new \$11,500 schoolhouse. Marshfield—The vessels of six local powers in port here, June 12. Portland—What shipments for 10 days in June, reached 1,666,000 bushels. Portland was second city in West in volume of May landings. Portland has 13 important building projects now under way, to cost \$1,128,600. Canby—New Liberal Water Co. incorporates, to complete Canby irrigation canal. Myrtle Point—Old Mast hospital being moved, to make room for new \$25,000 building. Wheeler—Electric canneries being built for raising raspberries and blackberries. Eugene—Federal employment bureau secures jobs for 602 men here, during May. St. Helens—Third-story addition and long-lived. Here are some facts about their dietary habits: 1. They eat very little meat. 2. They drink a great deal of milk (usually fermented). 3. Their grains and other foods are eaten more in the natural state, that is, they are not refined and polished, and therefore de-vitalized and demineralized as so many of our foods are. 4. They live outdoor lives; and in many cases, very active outdoor lives. 5. They are teetotalers; their religion prohibits alcohol. McCarrison also mentions the fact that as all the babies are breast fed (artificial feeding is practically unknown, if they can't be nursed, they die off; they have a good start for a healthy digestive system, right from the first. Here's to Hammock Ben Hodge! In the presence of his duty he has demonstrated to the world that man can remain young and healthy even though the years descend upon him. Tomorrow—Answers to Correspondents.

REALISTIC "MAKE UP MAN" EVEN FOOLS THE ACTORS

GLACIER PARK, Mont., June 21.—Speaking of the clever artistry of Cecil Holland as a make-up artist who is engaged to change the faces of movie stars, A. L. Woodbridge tells an amusing story, written in the New York Herald-Tribune. He says: "When the company fitting Bob Hampton or Platter, had finished his work in the mountains of Glacier National park, the Blackfoot Indians who had taken part, were invited to a big job was at the Glacier Park hotel. Holland introduced an elaborate Indian chief, and his outfit, which he had made up as an Indian. Then a former 'Follies' girl, and asked her to dance. In a spirit of lark, thinking he was a real Indian, she accepted and started toward the dressing room to discard her cloak. "Instead of waiting, Holland grinned, and as though not understanding what she said, started to follow. "The girl gave a shriek and fled. "He was introduced to another as 'Chief Eagle Feather.' "She tried to buy his moccasins."

NIGHTINGALES DISLIKE JAZZ FOR ACCOMPANIMENT

EXTENSIVE, England, June 21.—Nightingales dislike jazz. They like soft, steady musical notes, as was shown by Miss Hattie Harrison playing her violin as an accompaniment to the birds in her Surrey garden to great delight of listeners of the British Broadcasting company. The performers last half an hour, after eleven p. m., when the birds sleep best. Miss Harrison, like other bird-lovers, has often tried jazz and marches on the nightingales, but they remain quiet, and make no effort to sing as they do nearly always when she plays a sonata or a simple minuet.