ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, SATURDAY, MAY 22, 1926.

THE PRIMARY ELECTION.

The primary election is now history. The battle of ballots has been fought. Defeated candidates have given way to their more successful opponents and Republicans and Democrats alike will accept the will of the majority and marshal their forces for the regular November election—when a true test of the merits of opposing candidates will again occupy the minds of the electorate. The campaign just closed was conducted in a way that has left no friction in either party that cannot be readily overcome and a state of harmony should be the result. The feature fight of the campaign was waged for United States senator and governor. The present incumbent, Senator Stanfield, though carrying a heavy handicap from the very beginning of the fight, had many loyal supporters who were anxious for his success, but the Steiwer adherents were by far in the lead and their efforts have been rewarded. Patterson and Upton, leading candidates for governor, were surrounded by willing workers in their behalf, but it was generally conceded early in the race that Mr. Patterson would carry the state. The true test of his popularity will come at the November election where he will be pitted against Governor Walter Pierce, the Democratic nominee, who is considered by both Republicans and Democrats to be a factor that is going to give Republicans of this state a whole lot of concern. Patterson supporters, however, felt that their only hope for Republican success was to select him as their standard bearer in preference to Jay Upton, his strongest opponent. It will be a pretty race at the general election between Mr. Pierce and Mr. Patterson. Political prognosticators claim that the rural vote will be more evenly divided between the two present candidates for governor than it would have been had any other Republican been nominated.

Fred Steiwer will be opposed by Bert Haney, Democrat. Mr. Haney is quite popular throughout the state, but it cannot be said with any authority that he will be able to gather enough Republican votes to defeat his opponent. Stanfield supporters feel that his defeat is a great loss to the state, owing to the fact that he commands considerable prestige in congress, heading several very important committees that will not fall to a new man until after long years of service. However, Mr. Steiwer is no novice and if successful to reach the seat of government at Washington, D. C., will quite likely gain early recognition and meet with as much success as the present incumbent.

There is no regret in choosing either Republican or Democratic candidates at the primary election just closed. In fact, all are good, clean, capable men who can intelligently direct the state and nation's affairs. The country is in no danger of "slipping" with a selection from either of the dominant parties' candidates.

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In this dollar-chasing age any new event devoid of commercial importance, regardless of merits in other respects, is not apt to excite the interest of the world at large longer than the brief period of a day. The successful flight to the North Pole by Lieutenant Commander Byrd of the United States Navy in a three-engined airplane and the duplication of the feat three days afterward by the Amundsen-Ellsworth party in a dirigible balloon furnished momentary thrills to a busy world absorbed in practical affairs and were then thrust aside to take their places in due time in the pages of aeronautical history. So far as known there is no land at the theoretical top of the world and this means no oil, timber or mineral deposits or harbor facilities to attract private capital or foment quarrels between jealous nations. Geography and aviation science benefited exclusively from these flights, and from those standpoints the courageous aviators were richly deserving of all the praise lavished upon them. Americans in particular can well be proud of the fact that it was one of their own countrymen who was the first aviator to follow the American who first reached the pole in April, 1909, and that his airplane was of American manufacture. And another American shares in the glory won by the party that manned the giant dirigible. Let the world's applause sound for these explorers as long as possible for in the end the general indifference to their extraordinary feats will be as pronounced as that displayed toward the telegraph and the radio, those other creations of science, that within a space of minutes gave to waiting civilization the news of the success of the flights.

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The defeat of the Sunday closing measure at yesterday's election was so emphatic that it leaves no room for argument. Its substantial elimination was a surprise to even those who were not in accord with the movement, evidence that many church-going people did not look upon the movement with favor. Now that the question has been decided by the will of the majority of voters the decision should be accepted with general approval.

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The substantial vote in this county given to Rosa B. Parrott for superintendent of public instruction was a mighty fine testimonial to her worth and ability by those who know her best. Had Miss Parrott's name been placed before the voters of the state early in the year her chances for success would have been greatly enhanced.

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Fred Steiwer for the regular Republican candidate at the general election in November is an assured fact, having outdistanced his main opponent, Senator Stanfield, by a substantial lead. Mr. Steiwer will make a mighty formidable candidate.

There are now public golf links in 190 cities, and in 410 cities there are 6110 public tennis courts being operated. Facilities like these do a great deal to make the cities popular where they are located. It is such a comparatively inexpensive thing to build tennis courts, that public ones ought to be installed in every town and village. Such equipment is a benefit to the health of the people, and it makes a city more attractive. One of the reasons why people move around so much from place to place, particularly young people, is that they do not enjoy themselves and make friends in the place where they are. Give them a chance for sports which they will enjoy, and they become more contented.

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They tarred and feathered a man in Oregon the other day for forcing his attentions on a young girl. Hot tar or cold lead is the best cure in the world for a beast that deliberately robs an innocent girl of her virtue.

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The Umpqua Chiefs are certainly to be commended for their efforts in staging this year's strawberry carnival. The event has excelled any previous occasion by a two to-one vote. Every day has been a banner day.

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The industrial parade this morning was a feature of today's carnival activities. Bigger and better than ever.

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The boat for Salt Creek left the docks early this morning. Most of the load was taken on before midnight.

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Election over—on with the carnival.

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All the "wet" candidates on the primary ballot were drowned.

Rippling Rhymes
by Walt Mason

QUIET TOWN

Dreamville, of all quiet places, is the quietest, I ween, here old men with tranquil faces camp around the village green, talking of the charms and graces of the calm, sequestered scene. Here the old gray men are willing to be seated in the shade, but the young would make a killing in the busy haunts of trade; they would have adventures thrilling where new history is made. So they go, the young and eager, from our village in the glen, for the city's an intriguer that appeals to beardless men; but as joys grow stale and meagre they will all come back again. These old men who sit here dreaming once were glad to go away, glad to join the restless, scheming crowds in cities big and gray, where the go-get men are teeming in the never-ending fray. But they never ceased to cherish Dreamville, with its azure sky; while in markets bullish, bearish, they went forth to sell and buy, "It's a splendid place to perish when we've finished," they would sigh. Here no midnight lights are glowing but the streets are still and black, and no revelers are throwing jazzy fits in any shack, and the young are always going, and the old are coming back. While in rough and rude collision with the hosts who sell and buy, it is good to have a vision of some village high and dry, of some crossroads, sweet Elysian, where a weary man may die. Tired of toiling, scheming, earning, in the well known haunts of trade, our sad thoughts are ever turning to some village in a glade, when life's lamp is feebly burning and our hopes begin to fade.

ANOTHER AUTO IN WAY OF TRAIN; TWO ARE KILLED

SALINAS, Calif., May 22.—E. A. Mullineaux, produce broker, of Seattle, died in a hospital today from injuries received yesterday, when his automobile was struck by a Southern Pacific train at Del Monte Junction, nine miles west of Salinas, killing his wife almost instantly.

E. Feeler, engineer of the train, told the authorities after the accident that he noticed the Mullineaux car some distance away and gave three long blasts of his whistle in warning. The car did not halt, however, and the train smashed squarely into it, cutting it in two and dragging it for a hundred feet or more.

Mrs. Mullineaux was dead when picked up.

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TRACK MEET IS BIG ATTRACTION

The Roseburg high school, entering the Douglas county high school field and track meet yesterday on Finlay field with a handicap of 20 points, succeeded in overcoming the disadvantage and scored an additional 78 points, winning first place of all the schools. Sutherlin placed second with 28 points, Oakland scored 5 points, Riddle 5, Camas Valley 1, Myrtle Creek 1, and Yoncalla failed to annex a point in the contest.

The results of the high school events follow:

50 yard dash: Mr. Bell, Roseburg, 1st; Agee, Roseburg, 2nd; Snook, Sutherlin, 3rd. Time 5 4-5. (Ties record made by Burr.)

440 yard dash: Runyan, Roseburg, 1st; Agee, Roseburg, 2nd; Williams, Sutherlin, 3rd. Time 55 seconds. (Breaks record of 55 3-5 made by Irwin in 1924).

Pole vault: Carlile, Sutherlin, 1st, (height 9 feet, 8 inches); Weber, Sutherlin, 2nd; Howard, Roseburg, 3rd.

Shot put: Howard, Roseburg, 1st, (distance 35 feet); Nicholas, Oakland, 2nd; Williams, Sutherlin, 3rd.

220 yard low hurdles: R. Bell, Roseburg, 1st, (24 1-5 inches); M. Russell, Roseburg, 2nd; Notton, Sutherlin, 3rd.

Running broad jump: M. Russell, Roseburg, 1st, (19 feet, 8¾ inches); Ferguson, Roseburg, 2nd; Williams, Sutherlin, 3rd.

One mile run: Love, Roseburg, 1st, (5:04); Jackson, Roseburg, 2nd; Brown, Camas Valley, 3rd.

220 yard dash: Agee, Roseburg, 1st, (24 1-5 seconds); Ferguson, Roseburg, 2nd; Currier, Sutherlin, 3rd.

Discus: Williams, Sutherlin, 1st, (96 feet, 3 inches); Ferguson, Roseburg, 2nd; Carlile, Sutherlin, 3rd. (Breaks own record of 95 feet, made in 1925).

Running high jump: B. Russell, Roseburg, 1st, (5 ft. 2 in.); Weber, Sutherlin, 2nd; Watkins, Sutherlin, 3rd.

880 yard run; Runyan, Roseburg, 1st, (time 2:08 2-5); Williams, Sutherlin, 2nd; Weikel, Roseburg, 3rd.

100 yard dash: M. Bell, Roseburg, 1st, 11 seconds); Agee, Roseburg, 2nd; Snook, Sutherlin, 3rd.

High School Contest

Javelin: Stephens, Roseburg, 1st, (123 ft. 10 in.); Bruton, Roseburg, 2nd; Ryley, Sutherlin, 3rd.

Half mile relay: Roseburg, 1st, (1 min. 39 sec.); Sutherlin, 2nd.

Individual record: Agee, Roseburg, 14 points; Williams, Sutherlin, 11 points; Runyan, Roseburg, 10 points, M. Bell, Roseburg, 10 points; Ferguson, Roseburg, 9 points; M. Russell, Roseburg, 8 points.

Riddle won first in the girls' playground baseball contests, Roseburg second and Oakland third.

Thirty-three schools entered the grade school competition. Schools with an enrollment of 200 or more are handicapped 25 points. After this number from the Rose and Benson schools the results were as follows:

Benson 58, Myrtle Creek 58, Fullerton 48, Drain 35, Oakland 33, Sutherlin 30, Rose 14, Green 13, Elkton 13, Yoncalla 8, Canyonville 8, Camas Valley 7, Glide 5, Dixonville 5, Glengary 5, Fair Oaks 5, Wilbur 3, Edenbower 3, Elgarose 2, Ten Mile 1, Smick 1.

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O. A. C. TRACK MEN VIE WITH HUSKIES AT SEATTLE TODAY

SEATTLE, May 22. — Light winds were predicted for a track meet here starting at 1 o'clock today between the University of ashington and Oregon Agricultural College, which concludes the Pacific coast inter-collegiate athletic conference season.

Fifteen events wre scheduled and 18 men from each school entered. On showings at a conference meet at Palo Alto, California, Saturday, the Huskies were regarded as likely winners.

James Charteris of Seattle, Husky entrant in the 880 yard run and mile relay was expected to furnish one of the brilliant performances of the day.

PRUNE PICKIN'S
By Bert G. Bates

GOOD EVENING FOLKS—

It's bath night and
Most of us sure
Need one after
The week's festivities.

✣ ✣ ✣

DUMBELL DORA THINKS
A critic is a small insect.

✣ ✣ ✣

Earl Carroll's wine bath party is now bein' aired and we folks that jump into the tub on Satiddy p. m., will get quite a thrill to learn that in the east bathtubs are used for wine instead of beer like they are where the west begins.

✣ ✣ ✣

All the stores will be closed tonight and the Chiefs want thousands on the streets, all masked and rarin' to go. Lets put over a big finish to one of the best carnivals Roseburg ever had.

✣ ✣ ✣

The worst part about bein' a judge for a parade is tryin' to please the losers.

✣ ✣ ✣

Most of the headaches today were not caused by too much strawberry shortcake.

✣ ✣ ✣

The Salt Creek schooner departed as per schedule this a. m., but was forced to put on a trailer to take care of the crowd.

✣ ✣ ✣

The Cass and Jackson st. fellers had a tug of war this p. m., and most of their wives would like to see 'em work as hard at home once in a while.

✣ ✣ ✣

Jupe Pluvius will probably tip the sprinklin' can over tomorry but we should worry—let 'er pour!

✣ ✣ ✣

There goes the band, folks—pardon us a moment.

✣ ✣ ✣

The Boys Band jazzed up the parade in great style today. In a few years we'll be lookin' to those youngsters to play our solos at the church sociables.

✣ ✣ ✣

Hi French was out on the main stem at six a. m. today herdin' the meddin' throngs about. Hi certainly wears his badge well and its a shame that the fellers we elect as pleece don't do their duty in such a whole-hearted manner.

Lafe Perkins Sez:
"The "also-rans" are tryin' to look pleasant but its a dern tough job fer 'em."

MOVIE NOTES

Antlers Theatre.

The Marshal Neilan of the old days of "Dinty," Rebecca of Sunnybrook Farm," and "Minnie" is back!

His latest picture "Mike" which he made for Metro-Goldwyn-Mayer is playing at the Antlers Theatre tomorrow, and in it Neilan again reverts to the type of picture that made him famous as a director. His famous sense of humor, his Irish wit, sprinkled with a generous supply of heart interest, are all in evidence, proving that with this type of picture Neilan never has been and will not soon be surpassed.

The entire story covers a period of only two days in the lives of an old section hand, his three young children, his eider daughter, Mike, her sweetheart, and the inhabitants of the little desert town in which they live. With these characters, Neilan has made a picture that for sheer humor and thrills challenges any ever produced. In fact, when the audience is not doubled up with laughter it is gripping its individual theatre chairs with suspense.

Majestic Theatre.

From tom-boy errand girl to calm, dignified French women is the transition of character made by Leatrice Joy in the Paramount picture "The Dressmaker from Paris," coming to the Majestic Theatre tomorrow.

In the picture the transition is the result of many years of hard work and study during which the girl rises from little French midinette to one of the most prominent gown designers in Paris, but the change was made in less than one hour by Miss Joy during the filming of the production at Paramount's West Coast studio.

In the early part of the story Miss Joy appears as a part, chic errand girl in a Paris gown shop. Later, the scene of the story transfers to America and she is shown as a young woman of a different mien altogether.

DR. NERBAS
DENTIST
Painless Extraction
Gas When Desired
Pyorrhea Cured
Phone 488 Masonic Bldg.

CANNED FISH IS BLAMED FOR DEATH OF MAN; TWO SICK

(Associated Press Leased Wire.)

PRINEVILLE, Or., May 22—The death of one person and the serious illness of two others is laid to some canned fish eaten at a dinner party Tuesday evening at Barnes, Oregon. Bert Williams died last night and Mr. and Mrs. Charles A. Sherman are in a local hospital suffering from ptomaine poisoning.

The three became ill Wednesday morning.

Calvin Sherman, also a member of the party, was not affected.

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M. C. RADABAUGH,

Auctioneer, 530 N. Pine St., Roseburg, Oregon.

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WINNERS NAMED FOR STRAWBERRY EXHIBIT TODAY

The winners of the annual Strawberry show were announced today. Mrs. J. A. Winniford of Wilbur won first prize for the best commercial crate of New Oregons, Mrs. G. A. Lindbloom, of Roseburg, winning second place in this class. For the best Everbearing commercial crate, Mrs. J. J. Kester of Roseburg won first prize, Lena Sindt of Melrose won first prize for the best commercial crate, any variety and Mrs. E. A. Miller of Roseburg second. The first prize was a crate of the Brandywine variety, and the second prize was a crate of the Wellington variety. The sweepstakes cup went to Mrs. J. A. Winniford, W. D. Nixon of Edenbower won first prize and Charles Germond of Millwood second prize for the best single box. W. D. Nixon won the prize for the largest single berry which weighed 1¼ ounces. Mrs. R. L. Whipple won first prize in the shortcake division, Mrs. Lena McElhinney, second and Mrs. W. W. Bergh third. First prize for the best strawberry pie went to Mrs. Harry Buttrick and second prize to Mrs. M. W. Bergh.

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State Press Comment

How To Succeed.

It takes vision and initiative to start new enterprises. When such undertakings succeed the world calls such a person a genius. When it fails they are likely to dub him a fool. New undertakings are difficult, as a rule, because it is often necessary to overcome prejudice as well as to blaze a new trail.

Occasionally the man who makes the beginning is not able to make visible headway and yet he paves the path for the next worker. The person who undertakes something new should have faith in it and courage to persist. And, moreover, the pioneer in any line must expect to undergo some difficulties and to be obliged to overcome real obstacles.

This program will nearly always lead to satisfactory results. It was Alexander Graham Bell who said:

'Concentrate all your thoughts on the work in hand. The sun's rays do not burn until brought to a focus." — Oregon Merchant.

Tractors And Radios.

The statisticians are beginning to measure farm prosperity by tractors and radios. For a time, telephones and automobiles had to serve as the physical evidences of a healthy bank account, unlimited credit and a desire to make the farm a better place on which to live and work. A new era is upon even the farm.

The government census of agriculture for 1925 gives some facts of a preliminary survey in connection with radios and tractors on the farms of the United States. Students of the census report think they see an enlightning relationship between the two. They are ready to admit that the tractor has eliminated the horse on the farm and that the radio has supplanted the piano, phonograph and moving picture show as a means of rural entertainment. Neither, of course, is exactly the case, but the figures are illuminating.

It is questionable if there is any connection between tractors and radios, except that it takes money to buy both. The fact that so many farmers have them indicates that these farmers, at least, are considered able to pay for them, eventually if not now. — Spokane Review.

Democratic Praise.

In local option days, a social and athletic club was set up at Corvallis to evade the law. Each member had his locker, in which his booze was stored. He would step up to the bar, call for his bottle and fill up the glasses for himself and friends, a la saloon days. George M. Brown, now Republican candidate for supreme judge to succeed himself, was district attorney. He attacked the club. He carried it through all the courts, convicted the manager and broke up the organization in a supreme court decision that is now the main reliance in outlawing clubs. Judge Brown was a dry enforcement official long before many of the dry officials, phony and otherwise, ever thought of fighting booze. Judge Brown is also for simplified procedure in the courts.—Portland Journal.

BEAUTY CHATS
by Dona Kent Forbes

ANSWERED LETTERS

Young Housekeeper—One of the best things to have in bathroom and kitchen is course table salt to be used on your hands after washing and drying them. The salt keeps the skin soft and removes most of the stains that result from handling fruit and vegetables, or even the grime that gets into the skin from housework. You can use it as often as you wish, every time you are through with the work that soils your hands very much. If your hands are inclined to get red or chapped the salt rubs will prevent it.

After the weather is warmer, you probably will not need to take this extra care of your hands, as your skin will be more active, and will be caring for itself through the natural secretions.

Bob White—If you can stand having your hair combed back severely from the forehead it will be very distinctive, as few women have a good enough hairline to do this. You may find it more becoming if you comb from one side of the forehead instead of making straight backward strokes. This does not mean that you make a part anywhere, as you merely stroke from one or the other side of the forehead in a diagonal line.

Mrs. J. G.—No woman should look many years older than she is, as you say you do, unless there is some physical disorder to account for it. Even so there are the remedies, and nature builds again when given the chance.

'To look 60 at 40 means nothing else but a need for help other than beauty treatments. Stop thinking about it, as nothing makes any one look so old as when one feels old. Consult your doctor to find out if you are all right, and then begin on the building side, and swing back 20 years.

Live out in the air or sleep out in it. Garden if you can, or tramp in the country, and eat less of the fattening foods and more of the fresh spring vegetables. Fresh air, out door exercise with some interest to it, as in gardening, exploring new places, or a sport, will make any one years younger in appearance. In a few weeks your skin will freshen and tighten so that the lines will go, as well as the flabbiness under your chin. Massage your skin with a good cream or olive oil, in addition to building up, and watch for the improvement.

Tomorrow—A new bath lotion.

Efficient Housekeeping
By Laura A. Kirkman

CROCHETED AFGHAN

TOMORROW'S MENU

Breakfast
Bananas
Cereal
Boiled Eggs Toast
Coffee

Luncheon
Griddlecakes
Sirup
Left-Over Stewed Prunes
Doughnuts Cocoa

Dinner
Filet of Sole
Potatoes Lima Beans
Tomato Salad
Apple Tapioca
Coffee

I am glad to announce that I have found the following directions, for an afghan made in squares, recently requisted by one of our column readers:

Crocheted Afghan: Worked with 34 hanks of blue eight-fold Germantown and 34 hanks of gray eight-fold Germantown, this afghan makes an effective couch cover. Use a number five crochet hook.

Begin by chaining four, join, work eight S. C. in ring. Row One: Ch three, one S. C. in next three sts; Ct three, one S. C. in same St. One S. C. in next two sts., Ch three, One S. C. in same St., one S. C. in next two sts., Ch three, one S. C. in same St., one S. C. in next st., one in first C.. St.

Roy Two: * Ch. three, skin one Ch. St., one S. C. in Ch. St., one S. C. in next three sts., One S. C. in Ch. St; repeat from * for three more times, having five S. C. between Ct. sts.

Roy Three: * Ch three, skip one Ch. St., one S. C. in next ch., One S. C. in next two sts., Ch. three, one S. C. in first ch st. for picot, four S. C. in next four sts; repeat from * three more times. Row four: Work one S. C. in every St. all around with three Ch. Sts. at each corner, always work one S. C. in first Ct., skip center St. and one S. C. in third ch. throughout square; this increases pattern.

Roy Five: * Ct. three, three S. C., one P, four S. C., one P, four S. C.; repeat from * three more times. Row Six: * Ch. three, one S. C. in every st; repeat from * three more times, having 13 S. C. between the two corners. Row Seven: * Ch three, three S. C., one P, four S. C., one P, four S. C., one P, four S. C.; repeat from * for three more times. Row Eight: Ch. three, one S. C. in every stitch all around having 17 S. C. between the corners.

Row Nine: * Ch. three, three S. C., one P, four S. C., one P, four S. C., one P, four S. C., one P, four S. C.; repeat from * three more times. Row Ten: * Ch three, one S. C. in every st; repeat from * three more times, having 21 sts between. Row Eleven: * Ch. three, seven S. C., one P, four S. C., one P, four S. C., one P, eight S. C.; repeat from * three more times.

Row 12: * Ch. three, one S. C., in every st; repeat from * three more times, having 25 sts between Row 13: * Ch three, eleven S. C., one P, four S. C., one P, 12 S. C.; repeat from * three more times.

Tomorrow — Crocheted Afghan

(Continued)

Diet and Health
By Lulu Hunt Peters, M.D.
Author of "Diet and Health" and "Diet for Children"

ANSWERS TO CORRESPONDENTS

Dandruff

Mrs. S.—In general, there are two forms of dandruff—dry and oily. The dry type may pass on to the oily type, and both may become chronic and pass on to a form of eczema of the scalp. It is thought that baldness may be due to dandruff. Naturally, you could not expect a scalp covered over with dead and inflammatory scales, to have its hair follicles work normally.

With the proper care of the scalp and hair—thorough brushing and shaking out of the normal accumulation of dandruff every day, and the proper washings—the scalp should be kept in good condition. After the dandruff has formed, medications may have to be used, as well as the thorough cleansing and brushing.

The treatment for both forms of dandruff is practically the same. Different remedies, containing antiseptics and anti-parasitics such as sulphur, mercury, resorcin and tar, are used. One of my skin books says that when the scalp is dry and scaly it is best to use a remedy in the form of an ointment, and if the scales are greasy and the hair oily, then alcoholic compounds are to be used. In some of the oily cases it is best to use a lotion until the scalp becomes dryer and then the ointment. The sulphur preparations should not be used alternately with those containing mercury, as a black precipitate (black sulphide) is formed which is not very easy to get rid of.

Jackson highly recommends an ointment which he says is known as Sulphur Cream. I wrote on this sometime ago and one follower wrote that she could not find this in the drugstores. It is probably not made up and the druggist would have to look in his book of standard prescriptions (The American Pharmacopeia) in order to get the prescription. However, here it is (in layman terms from Jackson's book on skin diseases).

Sulphur Cream (For External Application).

Precipitated sulphur	2½ drams
White cerate	2½ drams
Liquid Petrolatum	2 ounces
Rose Water	½ ounce
Borax	18 grains

We have a pamphlet which goes into the subject of dandruff, baldness and greying hair. You may have this by sending a fully self-addressed, stamped envelope with your request. (Allow at least two weeks for receipt of this.)

She Is Not Too Old.

Mrs. H., aged 41, recently married to a wonderful man, desires very much to have a child, and she wants to know if she is too old now.

There are a great many women who do have their first child after 40, Mrs. H., without any particular difficulty. The length of time and the difficulty of labor vary just as much with diferent women of youthful age, as it does with women of more mature age. In general, it is thought that the labor is more prolonged in the older women, but this is not necessarily so. In fact, there is no essential difference in childbirth between the younger and older woman, if the mothers are healthy and have had the proper prematal care.

It is always advisable to have a complete physical examination with measurements of the pelvis to be

(Continued on page 5.)

My Dear Followers:

When sending for material which we offer you, please remember to enclose a stamped, self-addressed envelope bearing your full name and address. The pamphlet on reducing and gaining is the only one for which you must enclose ten cents in stamps extra. Address your letters to me in care of this paper. Make them as brief as possible, not over 200 words, and type or write them legibly with ink. Please sign your name as evidence of good faith—we will not use it in any way. Remember it is impossible for me to diagnose for you or to answer you personally. I appreciate very much the beautiful letters you send me and regret it is impossible to give you individual advice. The questions you ask will be answered in the column as soon as possible, if they are of general interest. Don't forget the stamped, self-addressed envelope if you expect me to send you the information I have offered.