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ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, MONDAY, APRIL 19, 1926.

PRUNE PICKIN'S

By BERT G. BATES

GOOD EVENING FOLKS

Here we are at the start of another week with the wimmin Bendin' over Washtubs about the Village and the Menfolk dirtyin' Up their cuffs For the Enalin' Monday.

DUMBELL DORA THINKS

A casserole is a bit of milady's wearin' apparel.

Nothing is so dern mournful as a howling wind—specially if you have your beecedones on under a pair of Palm Beach panties.

The new medicinal beer is thick with malt but there's plenty of thirty ones around the country willin' to chew it up and swallow it.

Peggy Hopkins Joyce is about to leap into the matrimonial sea again. She oughta be an expert diver by this time.

Sam'l Starmer, the congenial sheriff, took a pot shot at a wolf the other day. Sam'l prob'ly that it was a blind tiger.

We'll betcha Genral Butler won't be swamped with party invitations for a while—anyway, not from hosts who plan on servin' a few shots of Hikker.

Tomorrow in official straw hat day in Roseburg, the village haberdashers announce. Jupe Pluvius please take note. Those who haven't the jack for a new straw derby can substitute last year's model. C'mon folks, let's all blossom out tomorrow in the alfalfa.

If the town barbers keep on inventin' new styles in bobbed hair, the gals soon won't have enough of their "crownin' glory" left to rat.

From the looks of the crowded political arena the Salt Creek schooner will hafta put on a trailer.

Gawfin' has been hard hit by the openin' of the fishin' season but the disgruntled anglers will soon be back plavin' the terga firma with mashe and nibble and cursin' the ancient game in the most approved style.

If the banana cream pies on the beany counters were as good as they looked, life would be worth livin'.

Why is it that the fella who has a rod when he passes you on the main stem at home will shake yer paw dern near off when he runs across you up in the metrop?

The gals are rollin' their sex no lower this season—the skirts are just shorter, which gets about the same effect.

Cosh—member when we unter have the ol' arc lights on the street corners and how the kids hung around to get the carbon sticks?

Henry Ford's old fashioned dances soon to have gone outa style. 'Guesse they hain't got that w. k. sex appeal.

The village backyard gardeners are now appearin' on the main diag braggin' about their big radishes, which makes dern keen competition for the trout fishermen.

The French franc is at a new low level. Durin' our crap shootin' saujarn in sunny Fransay they were plenty high and hard to keep.

Saw a little girl goin' down Cass street yesterday with a big hole in the knee of her stocking. Nobody paid a dern bit of attention to it. The same maiden in a few short years will prob'ly stampeede the main stem with a runner in her sex.

We note that a postcard mailed 11 yrs. ago in France finally reached its destination. There is still hope that we may get some of our army mail before takin' a cot in the Old Soldier's Home barracks.

When the man of the house is under the weather it's the signal for all domestic levity to halt.

'Late Perkins Sez: "It's dern hard to look interested when a political candidate is spreadin' the salve."

SERVED PIPIN' HOT! Our Merchants' Lunch will please you and make the afternoon worth waitin'. You'll find the food at the Palace of Sweets served in a way you like it. Try our 50-cent lunch tomorrow and you'll visit us daily. THE PALACE OF SWEETS.

State Press Comment

After the Twilight Binger Hermann had a long, clear evening of life. To many men who fought the battle as vigorously as he did it is denied. They fall on the battlefield. They rest beneath their laurels.

But the man who so many years served Oregon as a congressman and whose period of public service stretched over much of the active period of his career, came to the time when he might let go gently.

From his home on the hill in Roseburg he could look out over the charming city, over the placid, beautiful valley of the Umpqua. To him now and again came his friends. Some of them were the friends of long ago. They made their visits in the scene of a pilgrimage to a citizen beloved. And when they sat with him in the old-fashioned front room of the old-fashioned house, it was as though the walls were lit with warm afterglow. And when they talked reminiscences of days once active, once competitive, but now softened and sweetened by the years, it was as though they were talking of a friend who had been a part of their lives.

No halting foot kept Binger Hermann in his later years from going back to welcome the advent of the railroad in Coos county, the region he had known in its primitive stages as the son of a pioneer.

No palmed hand lessened the cordiality of his handshake. No thickened tongue reduced the genial flavor of the greeting with which he was wont to hail old and young.

Binger Hermann played his large part in the destinies of Oregon. He lived to see some of his most optimistic dreams come true. It was for him, as one of the few that was written.

Grow old along with me; The best of life is yet to be.

Don't forget the All-Oregon Products Show at the Armory Tuesday, April 20, afternoon and evening.

OREGON WEEKLY INDUSTRIAL REVIEW.

Rainier—Large acreage of 1926 mint contracted at \$7 a pound.

Eugene—Merger of the Great Northern, Blue Bird and Ideal mining groups includes sawmill and several other mills.

Oregon, Washington and Idaho will release 30,000,000 salmon fry this year.

Portland—1100 longshoremen loading export ships, on one day, 40 ships were loading at Columbia River points.

Portland—State Power Company takes over Cloverdale electric system.

Salem—New Oregon Lumber Mills, Inc., plant will cost \$600,000.

Portland—The Oregonian radio plant, KGW, installs 1000-watt transmitter.

Roseburg—Strawberries ripe in Umpqua Valley, with fine crop prospect.

La Grande—Alder Slope Irrigation project will build a 7-mile canal, for \$15,000.

Portland—Felschmann Veneer Company buys site, and will build \$25,000 plant here.

Salem—Findings of lead-ore on North Santiam River, will be vigorously worked.

Farmers predict bumper grain and wool crops for Central Oregon, with promise of paying all debts and having money left this year.

Hood River—State opens public park at Viento.

Bend will entertain Oregon Cattle and Horse Raisers Convention, May 28-29.

Medford—Miners are rushing to Woodruff Meadows area, for gold and platinum.

Coos Bay Water Co. installs new anti-rust process, for water supply for Marshall, North Bend, Englewood and Bunker Hill.

Salem—March building permits totaled \$227,620, with \$162,442 new January.

Portland is second Pacific Northwest city in March building, with \$1,182,000 permits.

Eugene—Fruit canning season opens.

Cottage Grove—1926 promises to be banner year for building residences here.

BEAUTY CHATS

INEXPENSIVE POWDERS

Bath powders are such nice luxuries, especially in hot weather that it is a good thing to know how to make up some of them.

If you want to spend a little money, buy rice flour, or rice powder by the pound—getting the least expensive kind you can find. Prices vary too much to give them here.

What you'll probably buy is potato starch, which masquerades under the name of rice starch, and which is really just as good, though never so fine or so adhesive. But for the bath powder, this does not matter.

For perfume, buy an ounce or so of sachet powder, mix it with the plain powder, and there you are. An ounce of sachet to a pound of the powder makes a highly scented a combination as you want.

Less expensive is a powder made from a pound of ordinary cooking corn starch, and an ounce of sachet. Or, to make it cling better to the skin, three-quarters of a pound of corn starch, one-quarter pound of talcum powder, and the ounce of sachet. This gives a creamy white powder, you do not want a pink bath powder.

Corn starch, as perhaps you know, is an ideal powder to use for invalids. It keeps the skin cool and prevents chafing, and the soreness that always results from weeks in bed. It is a good baby powder too, if you cannot afford fine grade talcum.

But corn starch cannot be used as a face powder. Face powder must be adhesive, tinted, and very fine in quality. You can buy excellent face powders for 50 cents a box, and still have the best part of a year, so there is no point in trying to make them at home.

George S. H. — There is no objection to a liquid polish on the nails if it is inconspicuous. A polish that coats the nails heavily will make them brittle and dry, so it would be very foolish to use it, even if the effect was correct.

Mary F. H. — Unless you are expert in applying rouge, you should not attempt to use it at all. Nothing so effective from a young woman's appearance as artificially red lips and scarlet spots on her cheeks. The overdone lips are always a shock to every one that must look at them, even though it is just in passing.

Tomorrow—A General Hint.

Efficient Housekeeping

NEW DISHES THIS WEEK

Strawberry Sponge: Soften one tablespoon of granulated gelatine in one-third cup of cold water for ten minutes, then add to it six tablespoons of boiling water and place over boiling water (using a double boiler) till dissolved; pour it into one rounded cup of granulated sugar, one and one-fourth cups of washed ripe strawberries (with their juices), and a few drops of lemon juice. Set aside to cool, but when it begins to cling to the sides of the mold (that is, just before it is completely set), fold in the stiffly-whipped cream of two eggs. Let continue to harden in the mold, and serve cold, turned out onto a fancy dessert plate.

Creole Chicken en Casserole: Have your butcher clean and cut up a three-pound chicken. Roll the

30 minutes longer. Serve hot in the casserole.

rice Muffins: Sift together two cups of bread flour, three teaspoons of baking powder, one-third teaspoon of salt and two tablespoons of granulated sugar. Combine one cup of cold, cooked brown rice and one cup of cold, sweet milk, the latter into the flour mixture. Add one beaten egg and stir vigorously. Last, add two tablespoons of butter melted. Turn into a buttered nutter pans and bake in a hot oven for 30 minutes.

When my menus call for "greens," I refer to spinach, dandelion leaves or any other cold-cooked greens. This is the first year when our systems need plenty of greens. They may be beneficially added to the daily menu whether I have called for them or

Tomorrow—Answer to Inquiries

Strawberry Spooner: Soften one-half pound of granulated gelatin in one-third cup of cold water for five minutes, then add to six tablespoons of boiling water and place over boiling water (using a double boiler) till dissolved; now stir into one rounded cup of granulated sugar, one and one-fourth cups of washed ripe strawberries (cut their halves), and a few drops of lemon juice. Set aside to cool, but when it begins to cling to the sides of the mold that is just before it is completely hard. Fold in the stiffly-whipped whites of two eggs. Let continue to harden in the mold, and serve cold.

Cheese Chicken on Casserole: Have your butcher clean and cut up a three-pound chicken. Roll the pieces in flour and brown them in a frying pan in beef drippings. Now put them into a casserole in layers, with minced onions, carrots, green sweet peppers, stewed tomatoes and a little sprinkling of flour between each layer. (In all, use one large peeled and sliced onion, one large pared and sliced carrot, one cup of the canned or freshly-stewed tomatoes, and two green sweet peppers, shredded, with seeds removed). Season to suit individual liking. Last, pour three cups of hot water into the casserole, with which you have previously rinsed out the pan in which the chicken pieces were fried. Cover and bake one and one-half hours in a moderate oven, then remove cover, add a little more boiling water if necessary, and let bake 30 or 40 minutes longer. Serve hot in the casserole.

Rice Muffins: Sift together two cups of bread flour, three teaspoons of baking powder, one-half teaspoon of salt and two tablespoons of granulated sugar. Combine one cup of cold, cooked brown rice and one cup of cold, sweet milk, then stir this mixture into the flour mixture. Add one beaten egg and stir vigorously. Last, add two tablespoons of butter melted. Turn into a hot oven for 20 minutes.

When my menus call for "greens," I refer to spinach, dandelions, beet greens, or any other cooked greens. This is the time of year when our systems need plenty of greens. They may be beneficially added to the daily menu, whether I have called for them or not.

Tomorrow—Answers to Inquiries.

Diet and Health

By Lulu Hunt Peters, M.D.

A BOWL OF CORN GERM THREE TIMES A DAY CURED THEM

"Mrs. D., aged 26, married, white, entered hospital after suffering two weeks with marked weakness on the back of the neck and arms, and a severe diarrhea. The treatment accorded to all of the patients was similar to that given to Mrs. D. From this treatment, you have the cure to the cause of the disease. Yes, it is a deficiency, a food deficiency disease, and the death of thousands of sheep and cattle hereof have been falling in Arizona recently.

Pellagra is a disease essentially of the south, among the poorer classes of people who consume large quantities of highly milled corn. And high milling of any grain means the taking away of the germ and bran and thus depriving the grain of its best protein (these-building food), and at least three-fourths of its vitamins and mineral elements. Pellagra is a terrible disease as you can see from the description of Mrs. D. The eruption on the skin is something much worse than the case of Mrs. D., so bad, in fact, that when the disease first appeared (coincident with the high milling of the corn) it was described in the literature as a form of leprosy.

This Pellagra at first was thought to be due to spoiled corn in the diet, and then later to an obscure infection favored by unsanitary surroundings. Now we know that it is not due to an infection or to unsanitary surroundings; however, not to corn as was formerly thought, spoiled by certain fungus growth, but corn spoiled by super-refining—that is, it is due to the consumption of this refined corn and the exclusion of other foods in the diet which would make up for its deficiencies.

Notice in the treatment of Mrs. D. that as soon as she was able to care for it, her diet was increased to include a large amount of mixed foods.

Tomorrow—More on Pellagra.

Don't forget the All-Oregon Products Show at the Armory Tuesday, April 20, afternoon and evening.

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Brief Paragraphs of World Events

NEW YORK.—W. G. McAdoo, of Los Angeles, is to be a New Yorker again for a month. He has leased an apartment on fashionable Park Avenue. It is a private matter, presumably, since 1925 is two years away.

PHILADELPHIA.—Leopold Stokowski is even with the folks who arrive late at the concerts of the Philadelphia symphony and depart early. The orchestra entered and left the stage punctually. There were some houses from auditors but the compositions involved were played by all the pieces required by the score.

ALLENTOWN.—Charles Garland is reading the Bible in jail. The warden has noted his perseverance for it over other books supplied him.

BUMFORD, Maine.—A timid young woman and her girl are missing and the city's home exposition is minus its big feature. Arthur Trenworthy and Alice Russell were to have been married at the show and they have received many gifts. The police scoured the town in vain when they failed to show up. They had stage fright, presumably.

NEW YORK.—There are 115,000 murders at large in the country. The authority is Judge Marjane Kavanaugh of Chicago.

NEW YORK.—Old royal lace costs money. A jabot worn by Marie Antoinette brought \$100 at auction. A bit of rose point given to La Marquise de Pompadour sold for \$2,250.

NEW ORLEANS.—"The bank's made a mistake and wants the money to correct it," said a negro representing himself as the porter from the bank where Mary Campbell, a negro, had drawn \$500. Mary believed him and gave him the money. It was her mistake and cost \$500.

IDAHO FALLS, Idaho.—Melva Sanders, 5, fell from one of a team of horses, with which Nathan Wadsworth, 15, was harrowing, directly into the path of the harrow. The lad attempted to unhitch his team but fell beneath the animal and was trampled to death. The little girl fell face downward and smothered to death.

PHOENIX, Ariz.—Sunday, April 25, was designated by Governor Hunt as a second Thanksgiving day in observance of the end of six years' drought which caused a shortage in crops and the death of thousands of sheep and cattle hereof have been falling in Arizona recently.

MODESTO, Cal.—Although their plane did a nose dive from an altitude of 300 feet when the motor died, two passengers and a pilot escaped injury. The plane was attached to a flying circus.

LOS ANGELES.—Dick Wolf Hall, humorist of the Arizona desert, is in the Angeles hospital in a critical condition from acute poisoning. The poisoning, physicians say, resulted from infected teeth.

FAIRBANKS, Alaska.—A. A. Bennett, an aviator of the Fairbanks Airplane corporation, left from McGrath to Nenana without any motor oil. He used motor oil melted over the hot motor of his plane when he was forced to land by lack of oil.

OAKLAND, Cal.—Arthur Brown, who pulled a car in a street race, was held by authorities because he couldn't find a policeman. He hid behind a door when an officer entered the breaking hospital.

EAT MORE VEGETABLES

LOS ANGELES, April 19.—Twelve freight cars, six carrying ballast, were derailed just inside the switch yards here last night when a descending train from Oakland hit the back of a switch, which was jammed beyond repair. No one was injured.

The week will be closed up by tonight. Trains are using a slide track.

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