

ROSEBURG NEWS-REVIEW

Issued Daily Except Sunday by The News-Review Co., Inc. The Associated Press is exclusively entitled to the use for publication of all news dispatches credited to it or not otherwise credited in this paper and to all local news published herein.

Member of The Associated Press. The Associated Press is exclusively entitled to the use for publication of all news dispatches credited to it or not otherwise credited in this paper and to all local news published herein.

B. W. BATES, President and Manager. DERT G. BATES, Secretary-Treasurer.

Subscription Rates: Daily, per year, by mail \$4.00; Daily, six months, by mail 2.00; Daily, three months, by mail 1.00; Daily, single month, by mail .50; Daily, by carrier, per month .50; Weekly News-Review, by mail, per year 2.00.

ROSEBURG, OREGON, MONDAY, FEB. 1, 1926.

A REMARKABLE CAREER.

Portland Sunday Journal: It is doubtful if any native son of Oregon has had a more varied, a more romantic or a more useful career than that of the man honored by the Oregon Writers' league at the dinner at the Benson hotel Friday evening.

He is Dr. Louis Albert Banks, who, after rising to the heights in pulp and on platform, has settled at Roseburg, Oregon, to spend the remainder of his life in writing books.

Born in an Oregon log cabin, never crossing the Rockies until he was 30, and yet at 40 he was pastor of the largest Methodist church in the world, in Brooklyn, New York. He published his first book at 26, yet, at 70, he is the author of more than 70 volumes of widely circulated books, and still going strong.

Probably no man in America had more to do with bringing about national prohibition. He campaigned for it in every state in the Union, traveling an average of 50,000 miles a year for 14 years, speaking daily for that cause. And at three score and ten he is as full of courage and enthusiasm as most men of 35.

A secret must be in a radiant personality that finds every epoch of life a happy adventure. He closed his response to the many tributes Friday evening with this window into his own mind and heart:

"To you young folks I wish to testify that life gets better as you go on. My childhood was beautiful beyond description. My youth was full of glowing adventure. My young manhood was a constantly increasing joy in living. My middle age, with my arms full of work, steadily increased my vision of glory and joy of life, and age, so far as I have gone, is the best epoch of my career.

I count the last years the happiest of my life, so far; and I look forward for the next 20 or 30 years with more hope and courage and with a more delicious spirit of adventure than at any other period of my life."

You cannot discourage a man like that. He is a good example for young people to study.

Martin L. Davey, member of Congress from 14th district, Ohio, has introduced a bill in Congress to give the President blanket power for two years to reorganize the business structure of the Government—also statement giving the reasons for it, says The Manufacturer. "For seven years," Mr. Davey says, "I have observed the Departments and Bureau of the Government at Washington at close range, having had official business with nearly all of them. I am simply appalled at the loafing, indifference and inefficiency. There are thousands upon thousands of unnecessary employees and endless duplication of alleged effort. There is an inexcusable waste of much more than a half-billion dollars a year. The tendency is to increase, rather than to diminish, the personnel and expenses of government. The thing proposed in my bill ought to be done. In all probability it is the only way that it ever will be done. It is doubtful if real government reorganization will be accomplished by Congressional action. The question is, will Congress pass such a drastic measure? Congress will do it, if public opinion demands it in a way that is vocal and persistent."

A private corporation which had grown top-heavy with overhead and dead timber, would pursue the course advocated by Mr. Davey—it would be up to the president of the company to correct his organization. Then why is it not good business to have the president of the United States, the greatest corporation in the world, follow the same course?

Little Emma Sheldene is still suffering from an attack of typhoid fever. While the little sufferer is holding her own the danger is not yet over and relatives and friends are very solicitous.

The trainmen of yesterday's local said at every telegraph station along the line in the afternoon there were large crowds of people eagerly drinking in the news of the Corbett-Fitzsimons melee. "Gentleman Jim" got by a knockout in the 14th round.

Thomas R. Sheridan was appointed successor to Wm. Galloway Tuesday as a member of the board of trustees of the Soldiers Home.

T. K. Richardson is going to Portland and while there will make arrangements for the masquerade suits for the mask ball to be held at the armory April first.

DAILY WEATHER REPORT: U. S. Weather Bureau, local office, Roseburg, Oregon, 24 hours ending 5 a. m. Precipitation in Ins. & Hundredths: Highest temperature yesterday 50; Lowest temperature last night 46; Precipitation last 24 hours .03; Total precip. since 1st month .03; Normal precip. for this month 4.56; Total precip. from Sept. 1, 1925, to date 13.41; Average precip. from Sept. 1, 1927 19.82; Total deficiency from Sept. 1, 1925 6.41; Average precipitation for 46 wet seasons, (September to May, inclusive) 21.48; Occasional rain tonight and Tuesday, not much change in temperature. W. M. BELL, Meteorologist.

RIDDLE RESTAURANT ENTERED AND ROBBED SATURDAY NIGHT: The store and lunch counter of county Jail Saturday morning, Saturday night by presumably two riddle, while Schaffer is believed to have fled. They had tried a win to be in that vicinity. They probably remained in the restaurant for some time, but were unable to find any money. The flashlights were taken but later discarded when it was found the

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

The store and lunch counter of county Jail Saturday morning, Saturday night by presumably two riddle, while Schaffer is believed to have fled. They had tried a win to be in that vicinity. They probably remained in the restaurant for some time, but were unable to find any money. The flashlights were taken but later discarded when it was found the

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

PRUNE PICKIN'S

BY BERT G. BATES

GOOD EVENING FOLKS—One of our distinguished Broad-minded citizens Was in the midst Of a discourse On the main stem This a. m. and We started his Message off as per usual: "I always have an Open mind—"

And we couldn't Help thinkin' that His oughta be Closed for repairs.

DUMBLELL DORA THINKS Ground Hog Day is a day every-one should eat sausage.

A young swain with flappin' trouser cuffs galloped up to a sweet young thing at a dance and said, "Pawson me, but did you drop this handkerchief?" and she blushed and mumbled: "Oh, I'm so embarrassed—that's my dress."

QUITE DIFFERENT It is estimated that one out of every hundred persons in Washington is a bootlegger. Quite different is the situation in one of the Canadian border towns where it is estimated that one out of every hundred persons is not a bootlegger.

About the quickest way to decide whether people should be divorced is to try living with them a while.

A Pacific coast hotel, popular with traveling salesmen, sent this wire: "Applebaum & Goldblatt, New York City. Your salesman, Sam Goldstein, died here today. What shall we do?"

The hotel manager received the following reply: "Search his pockets for orders."

The long green finds few men color blind.

Many a rube who goes to New York for the first time in his life to see the sights promptly becomes one of them.

There's an interestin' boxin' bout goin' on at the armory this month out the devil is doomed to lose every round.

The Spanish War vets banqueted in the village yesterday p. m. and their weeks will spend the next two weeks scrapin' the desert off'n their vests.

"What is so rare as a day in June?" We think it was Shakespeare, or some other scenario writer, who muttered that cute epigram. But an afternoon in February like the one we enjoyed today would make a June bride change her wedding plans.

"See a dern good cold thug ain't nuttin' so helpful as the ol' red bandana."

WHEN WE WERE KIDS Happenings Back in the Early Days of Roseburg.

(From Roseburg Plaindealer March 18, 1897.)

Little Emma Sheldene is still suffering from an attack of typhoid fever. While the little sufferer is holding her own the danger is not yet over and relatives and friends are very solicitous.

The trainmen of yesterday's local said at every telegraph station along the line in the afternoon there were large crowds of people eagerly drinking in the news of the Corbett-Fitzsimons melee. "Gentleman Jim" got by a knockout in the 14th round.

Thomas R. Sheridan was appointed successor to Wm. Galloway Tuesday as a member of the board of trustees of the Soldiers Home.

T. K. Richardson is going to Portland and while there will make arrangements for the masquerade suits for the mask ball to be held at the armory April first.

DAILY WEATHER REPORT: U. S. Weather Bureau, local office, Roseburg, Oregon, 24 hours ending 5 a. m. Precipitation in Ins. & Hundredths: Highest temperature yesterday 50; Lowest temperature last night 46; Precipitation last 24 hours .03; Total precip. since 1st month .03; Normal precip. for this month 4.56; Total precip. from Sept. 1, 1925, to date 13.41; Average precip. from Sept. 1, 1927 19.82; Total deficiency from Sept. 1, 1925 6.41; Average precipitation for 46 wet seasons, (September to May, inclusive) 21.48; Occasional rain tonight and Tuesday, not much change in temperature. W. M. BELL, Meteorologist.

RIDDLE RESTAURANT ENTERED AND ROBBED SATURDAY NIGHT: The store and lunch counter of county Jail Saturday morning, Saturday night by presumably two riddle, while Schaffer is believed to have fled. They had tried a win to be in that vicinity. They probably remained in the restaurant for some time, but were unable to find any money. The flashlights were taken but later discarded when it was found the

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

flashlights had no batteries. It is suspected that the robbery was the work of Shulke and Schaffer, prisoners who escaped from the jail Saturday morning.

LOCKWOOD CO. HOST TO HUGE CROWD AT DANCE

New Garage Is Opened by Gala Event on Saturday Evening.

PRIZES ARE DRAWN All Expectations Broken by Crowd Which Attends Old-Fashioned Dance—Manager Pleased.

A good natured jovial, pleasure seeking crowd overflowed the new U. A. Lockwood company garage Saturday night in one of the most enjoyable occasions for many months. In opening the new Ford agency home Mr. Lockwood invited all of the residents of the county in for an evening of old fashioned dances. He had expected a goodly crowd, but the results of his invitation were hardly expected to be as great as actually occurred. Over 200 people visited the garage during the hours of 8 to 12 p. m. At the time the orchestra played "Home Sweet Home" at midnight the huge building was jammed to the limit, practically every inch of space being taken.

Interest centered in the old-fashioned dances, and 32 couples participated in the square dances, while on the waltzes and two steps the dancers were so numerous that there was scarcely room for them to move about. At an early hour in the evening Mr. Lockwood found it necessary to take care of the overflow and in the sales room placed a modern orchestra, which suspended jazz music for the younger set.

So great was the crowd the spectators were unable to move except as lanes were opened. Every inch of space was used while ambitious onlookers even climbed up the rafters in the workshop to gaze on the dancers. It was with the utmost difficulty that space was maintained for dancing.

Mr. Lockwood was especially fortunate in his choice of musicians. He had Dick Cannon, Ernie Crane, and "Mad" Gilliam as fiddlers and C. H. Arundel at the piano. These musicians played a great number of the old tunes and their music added much to the pleasure of the evening. J. F. Fisher of Sutherlin and "Bill" McLain of Myrtle Creek, were the callers for the old-fashioned dances, which pleased all who participated and all who watched.

"The most outstanding feature and the most gratifying thing to me was the fact that everyone seemed to want to help make the evening a big success," Mr. Lockwood said following the evening's entertainment. "In spite of the fact that the invitation was open to everyone in the county I never saw a person showing the slightest appearance of being intoxicated. I did not hear a rough word, there were no quarrels and no boisterousness. Everyone seemed to be out for a good time and seemed to be desirous of helping everyone else enjoy the evening. That spirit certainly gratified me and I am greatly pleased with the way the event went off."

The Lockwood Motor Company served "hot dog" sandwiches and coffee to more than 2,000 people at a late hour in the evening. Fifteen prizes were given, all but one having been claimed. Stub No. 1466, winning prize number 9, has not yet been presented.

Miss Agnes Pitchford drew the number from a large keg into which the stubs were thrown and thoroughly mixed. The winners were as follows: 1st prize, \$50 deposit on new car, Mrs. Claude Allen, Sutherlin. 2nd prize, \$25 deposit on car, James G. Cole, Glide. 3rd prize, \$25 deposit on car, Mrs. H. A. Weichlein, 424 Mill street, Roseburg. 4th prize, \$20 deposit on car, Mrs. H. A. Weichlein, 424 Mill street, Roseburg. 5th prize, \$10 deposit on car, Mrs. H. A. Weichlein, 424 Mill street, Roseburg. 6th prize, set of 4 spark plugs, Fred Brauninger, Wilbur. 7th prize, Ford rear view mirror, A. M. Colgrove, Aberdeen, Wash. 8th prize, can of Mead's auto polish, Herbert Beyers, Canyonville. 9th prize, windshield swipe, Walter Singleton, Roseburg. 10th prize, Schaller vulcanizing outfit, L. R. Williams, Fowler St., Roseburg. 11th prize, Perkway socket wrench set, W. B. Lovell, Roseburg. 12th prize, package Mead's auto polish, Gladys Byer, Myrtle Creek. 13th prize, gallon can Veedol, Myron Hull, 720 Hoover St., Roseburg. 14th prize, bottle Ford polish, E. L. Moxley, Wilbur.

Heat with gas.

DEMENTED MAN GIVES POLICE A WILD CHASE (Continued from page 1.)

The fight that followed, one of Sackett's fingers was shot away, but he escaped to the cab and compelled Scheyer to drive him

away. The youth, finally startled from the order, was dropped in front of the Scheyer home, but the ride went on. Later, Sackett flung himself out of the car and vanished among crowds near the Union Station. He telephoned to his wife from the station and his arrest soon followed.

Former Residents, Visiting at Home of Son in This City Celebrate 50th Anniversary.

Mr. and Mrs. W. D. Woodcock, pioneer residents of Douglas county, who are visiting at the home of their son and wife, Mr. and Mrs. E. E. Woodcock, today celebrated their fiftieth wedding anniversary with a dinner.

Mr. and Mrs. Woodcock were married at Harrisburg February 1, 1876, residing in the Linn county town for four years. They then moved to Cleveland, Oregon, residing there in 1880-1881. Mr. Woodcock was the village blacksmith at the time and followed that trade for a number of years. He worked for the Southern Pacific company at the time the railroad was being built through the county, helping in the work over the steep grades. Mr. and Mrs. Woodcock have been making their home at Lakeview, eastern Oregon, in recent years. They had nine children, five of whom are living. They are Mrs. G. W. Johnson, of Lakeview, Oregon; Mrs. W. Seward, of Creswell, Calif.; Mrs. Rosa, California; J. L. Woodcock, of Richmond, California; and E. E. Woodcock of this city. The other children were unable to be present at the celebration.

Barnes' Beauty Parlor, Expert operator in attendance. Phone 1047 for appointment.

RICE AND RICE MOVE TO NEW OFFICE QUARTERS

The Rice and Rice real estate company has moved to its new quarters on Cass Street and is now occupying the new offices which have been remodeled and fitted up to meet their own particular needs. The quarters are located in the building owned by the company and situated just east of the McKean, Darby and Baldwin stores. The offices are beautifully furnished and are very attractive from every standpoint. The arrangement is such that the firm's business can be conducted with the greatest efficiency.

The front part of the building is devoted to the waiting room and main business office, while in the rear are the private offices for the various departments. Each has separate quarters.

All office furniture and equipment, with the exception of filing cabinets and chairs, have been manufactured by the Roseburg Lumber and Manufacturing company, which also built the beautiful partitions which enclose the various offices. Although the work of installing all the new equipment and becoming settled in the new location is not completed, the firm is today doing business in its new offices.

The firm of Quine and Goodman has leased the office space formerly occupied by the real estate firm and is renting out desk room.

Good brushes—for teeth, clothes, hat, hair, hands and in fact brushes of all kinds for all purposes. Lloyd Crocker's.

TWO OFFICERS NOW ASSIGNED TO LOCAL SALVATION ARMY CORPS

Lieutenant Burrer, son of Ensign Burrer, chaplain at McNeil Island prison, arrived in Roseburg yesterday to assist Captain Humphrey in the work of the local Salvation Army corps. This is the first time that two men have been assigned to work in Roseburg and the two officers will doubtless be able to accomplish a great deal of good work. Lieutenant Burrer will have charge of the work among the young people and will assist Captain Humphrey in every possible way.

NEWEST LATEST RECORDS Phonograph records, ten-inch double records at 2 for 75c. Not old numbers that wouldn't sell but brand new releases of late song and dance hits. We also have the old time standard pieces, marches, sacred, Hawaiian, comedy, violin, Irish; in fact a complete line of records at popular prices. Carr's.

Stupidaker bolts no yearly

DR. NERBAS DENTIST

Painless Extraction Gas When Desired Pyorrhea Cured

Phone 488 Masonic Bldg.

WEAVERS RETURN FROM SOUTHERN TRIP

Mr. and Mrs. W. J. Weaver, of the Linapua Hotel, returned to Roseburg Saturday night after a seven weeks pleasure trip to California points by auto.

They stopped at Yreka enroute and on the return trip, to visit with Mr. Weaver's brother, L. L. Weaver, of the Yreka Inn. They were at Los Angeles during most of their stay, and from there drove through the Imperial Valley, across the desert and into Riverside, and made a number of side trips. Mr. and Mrs. Weaver saw a number of former Roseburg people, all of whom seemed much interested in their friends here and in conditions of the county, many of them wishing to return here to reside. Mr. Weaver states that at the time they visited in California rain was badly needed. They found that the roads were in splendid condition and had a fine trip all the way. During their stay in the south, they visited at San Luis Obispo, where they stayed at the new Hotel, the most modern and novel of buildings, which are neither in the form of a hotel or a camp ground. The Hotel is a number of concrete cottages, all steam heated, covering six acres of ground. Each one of the cottages has either a private bath or shower, and the buildings will accommodate about three hundred people. There is also a large public dining room included in the group of buildings. The Hotel is owned by a corporation of wealthy business men of California, who, it is claimed, plan to erect eighteen of these buildings between San Diego and Vancouver, B. C., on the Pacific highway.

With a nail stripper you can make at least a third more crates or boxes in a day. They save time and pay for themselves in one season. We have them in stock. Wharton Bros.

LETTERS FROM THE PEOPLE

ROSEBURG, Ore., Feb. 1.—Editor News-Review: As the grand jury is about to meet and is going to investigate the county court, it really ought to try to find out what our prisoners don't want in jail. They don't seem to like the place. Maybe the grand jury isn't. And then maybe they are not the right kind to begin with. They ought to be selected with more care. If they were of the right sort, they wouldn't be getting up and shouting, "I'll be back," because they don't like the flapjacks, or they don't get hot-water bottles for their feet. In Wichita, Kansas, they don't know what to do with an old bootlegger who refuses to go, even though his time is up. He says the jail is more comfortable than his old shack on the river. There is a hint here. Let us study the comfort of our county prisoners. Let us not assume that they are bad and want to escape. We should learn to anticipate their every wish and make it pleasant for them. Then they won't leave so blamed sudden. They will love to stick around. We are too suspicious of them. Confidence and good-will, with three square meals and a share every day, might do wonders. Above all, let us have more kind-hearted and unsuspecting officers. HATSEED.

Hardie and Myers sprayers and parts at Wharton Bros.

MARKETS

PORTLAND, Ore., Feb. 1.—Cattle 25 cents lower; receipts cattle 2375 (31 direct), calves 245. Steers good \$8.25@8.75; medium \$7.50@8.25; common \$6.50@7.50; canner and cutter steers \$5.50@6.50; heifers, good \$6.00@7.25; common \$4.75@5.50; medium \$4.00@5.75; canners and cutters \$2.50@4.00; hogs, good beef (yearlings excluded) \$4.50@5.50; common to medium (canners and bolognas) \$3.75@4.50; calves, medium to choice (milk fed excluded) \$7.50@9.00; culis and common \$4.50@7.50; vealers, medium to choice \$10.00@11.75; culis and common \$5.50@10.00.

Hogs 65¢ (75 cents higher; receipts 1800 (209 direct); medium, weight (250 to 350 lbs.) \$13.00; good and choice \$13.00@13.75; medium weight (200 to 250 lbs.) \$13.00; medium, good and choice \$13.50@14.15; light weight (160 to 200 lbs.) \$13.00; medium, good and choice \$13.75@14.25; light lights, common, medium, good and choice \$13.00@14.25; packing hogs (rough and smooth) \$10.00@12.00; slaughter pigs (90 to 120 pounds) medium, good and choice \$13.00@14.00; feeder and stocker pigs (70 to 120 pounds) medium, good and choice \$13.50@14.25; (soft or oily hogs and roasting pigs excluded in above quotations).

Sheep steady; receipts 2250 (202 direct); lambs, good and choice (Mt. Adams) \$13.00@14.00; lambs, medium to good (valley) \$12.00@13.50; heavy weights (92 pounds up) \$10.50@12.50; all weights, culis and common \$10.00@12.00; yearling wethers, medium to choice \$9.00@11.50; ewes, common to choice \$5.00@8.00; canners and culis \$2.50@5.00.

When you buy a Myers or Hardie sprayer of you are sure that you can get repairs when you need them. We carry the largest stock of sprayer repairs in the county. Wharton Bros.

DR. NERBAS DENTIST

Painless Extraction Gas When Desired Pyorrhea Cured

Phone 488 Masonic Bldg.

BEAUTY CHATS

THE TRAVELING WOMAN.

A woman who makes her living traveling wrote me recently and asked for a chat on what beauty preparations to carry with her and for other ideas on taking care of herself. This is the second chat for that woman and her husband and hundreds of fellow travelers, whose home for months is an ever-changing hotel or boarding house room and whose work takes them constantly before new people whom they must impress with looks and freshness and personality.

As a rule, hotel water is hard—I mean, city water is hard. So every woman who travels should carry a cake of water softening soap—there are any number of good brands to be had. Once off the train and there are lots of settled in her hotel, the first thing the traveler should do is to take a hot bath with cleansing cream; wash this off with hot water and soap, ending with a cold rinse and fairly liberal powdering. The hands and nails come next for a treatment, and then, having lost a year or two of age and a good deal of train grime, the traveler is ready for a fresh dress, or at least a freshening up in the way of a new collar, and for business affairs!

That night the face should be cleaned and thoroughly again, and cold cream or ointments used, according to the sort of skin. And the hair should be brushed and brushed with a good, stiff hair brush, for the long hours the woman wears hats will have done its worst on the hair. Brushing a little powdered orris root through

and brushing it out well, will make it fluffy when it is greasy and doesn't look well. This can be done once or twice between regular shampoos.

Hair and complexion must be given extra care, she spends her time when a room, home and on railway away from home and on railway train and out of doors where she must wear hats all day.

Proof Reader—Hot and cold compresses will be very helpful in relieving your eyes from the feeling of strain. Have bowls of very hot water and very cold water and alternate pads in these and then alternate in placing the pad hot and cold over your closed eyelids. This will stimulate the circulation and rest the muscles of the eyes. Always end the treatment with the cold compress.

A Mother—The first teeth are the two lower ones in the center, and then the corresponding ones in the upper jaw. Two more lower ones and about the same two above, ones which there will be a set of four in the double ones, and the spaces for the eyes and stomach teeth will be left for a time.

Young Housekeeper—You can protect your hands with canvas gloves whenever you are handling the fire or doing any other kind of rough work. These are bought at any of the ten-cent stores. Keep a piece of old lemon in the sink for removing stains from your hands, and rub plenty of cream or oil into your skin after your hands have been immersed in water for any length of time.

Efficient Housekeeping

NEW DISHES THIS WEEK.

TOMORROW'S MENU

Breakfast: Grapefruit, Cereal, Toast

Luncheon: Baked Macaroni and Ham, Lettuce, Jelly, Cookies

Dinner: Vegetable Soup, Corned Beef, Boiled Cabbage

Supper: Diced Fruit with Mock Whipped Cream, Coffee

Colcannon: This is a delicious way to serve left-over cooked cabbage. Chop three cups of it fine by hand, then mix this with one and one-half cups of mashed potatoes. Add one teaspoon of salt, a pinch of pepper, one and one-half tablespoon of butter melted, and turn this mixture into a medium size baking dish. Place in a hot oven for 15 or 20 minutes, and serve hot.

Squash Meringue Pie: This is so delicious that you will want to make two pies at once, one to serve Wednesday night and the other the following evening at dinner. (On Wednesday I will print an article on the subject of "Tender Pie Crust," so shall not tell here how to make the pastry). To make the filling, I used a can of squash (a two-pound and one-ounce can). I measured its con-

tents and found it gave five cupsful. To these five cupsful of squash I added two cups of cold, sweet milk, one and one-half cups of light brown sugar, one-half cup of granulated sugar, four tablespoons of molasses, one-half teaspoon of ground ginger, one-half teaspoon of ground cinnamon, a pinch of nutmeg and one beaten whole egg and the yolks of two more eggs. I saved the two egg-whites for the meringue.

I turned this filling into two un-baked lower crusts and slipped the pans into a hot oven. I used a Fahrenheit oven thermometer, which registered 550 degrees when I put the pies in (this is necessary at the beginning of the baking period to set the crust). After five minutes I reduced the oven heat to 375 or thereabouts so that the egg filling would not boil and "weep." I continued to bake at this temperature for about 25 minutes, when the pie was done. When cooled, I spread over the tops of the pies a meringue made by beating the two egg-whites stiff, sweetening with granulated sugar, which has been mixed with enough ground cinnamon to color it a light brown. Slip crackers into a hot oven for one minute or till butter melts and blends with sugar. Serve hot.

Cinnamon Crackers: Butter unsweetened crackers and sprinkle thickly with granulated sugar, which has been mixed with enough ground cinnamon to color it a light brown. Slip crackers into a hot oven for one minute or till butter melts and blends with sugar. Serve hot.

Tomorrow—Answers to Inquiries.

Diet and Health

By Lulu Hunt Peters, M.D.

SOME PROBLEMS WHILE REDUCING.

In yesterday's paper I told you that after you have your first 34 to 50 pounds reduced, you may find that you have to go on a still lower diet to continue your reduction apparently accommodating itself to the lower intake of food. I advised you to take one liquid day weekly, not more than 600 calories, rather than to cut the daily allowance still further.

Another problem of reducing is the discouraging comments of your friends and relatives who think you are "just right" now, and the stories you hear of some who have reduced and have lost their health, etc. (This may happen on advertised reducing medicines and unscientific diets.) These remarks you just have to ignore. Don't hesitate to use a little pure rouge judiciously if you look pale, and remember that no matter how drawn you do look while reducing, when you are back on your maintenance diet you are going to look 100 per cent at least better than you did before reducing.

Constipation. Not infrequently those who suffer with constipation are relieved on a reducing diet. But from the reports I get, more frequently constipation is a problem. (We have a paper on