

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, WEDNESDAY, JANUARY 20, 1926

THE PREVALENCE OF CYNICISM.

The statement is sometimes made that there is more cynicism now than ever before. People's motives are looked at with skepticism, sweeping charges of dishonesty are uttered. It is claimed that the world is rotten with hypocrisy, and the general impression is given that it is useless to stand out against wrong tendencies, since so few people are doing it. Some seem to get those ideas because they think it shows a certain superiority of intellect. It looks smart to avoid being fooled by the illusions that deceive less sophisticated persons. People who are doing useful work do not commonly get these ideas. They see plenty of dishonesty, but they see more people who are trying to do faithful work and render useful service, which creates a belief that the world is essentially sound. They see very many who are giving up their own time and money to do useful things for the community, without expecting special benefit for themselves. They see millions of hard working folks doing the best they can in some narrow groove. They see a multitude of women working hard to make pleasant homes and bring up well behaved children. With all these people struggling for personal and family advancement, trying to make better cities and towns, taking an interest in improved education, it seems rather silly for people to talk as if the world were all wrong and human nature rotten. In the main humanity is marching along the path of progress. The gay followers of society circles in great cities may think the world is a pretty empty kind of place, but when you see the honest work done it is hard to feel that the people are all on the wrong path.

"Much has been heard in this country of the paradise for wage earners which communism has created in Russia," says an exchange. "Soviet missionaries to the United States have been singing the praises of this government of, by, and for the workers, with which the Russians are now blessed. But how do the Reds reconcile this description of sovietism with the verified report of a strike of dock hands in Leningrad? A group of Russian workers, while loading a ship, went on strike for higher wages. The government rushed a detachment of Red soldiers to the wharf and drove the strikers back to work. Instead of getting their wage increase the workmen were compelled to labor for 75 hours without pay. In 'capitalistic' America, labor has established its inalienable right to 'collective bargaining.' The striking wage earner in this country is beyond the reach of government or law, as long as he resorts to no violence. This is the sort of protection labor enjoys under a government which soviet leaders call 'capitalistic.' American labor has its grievances, but, at its worst, its lot was better than that of Russian labor under communism. Such tyranny as that at Leningrad was never known in the United States. Than class government or communism, there is no greater tyranny."

Suitable welcoming pillars will be placed both at the north and south entrance to the city on the Pacific highway, according to plans now under way. This is an acquisition that should receive liberal support from our citizens. It is pleasing information to the stranger entering our gates to get the name of the city and a word of welcome. The impression left is lasting. Now, let us also be lenient to a degree, when a tourist passes through Roseburg and unknowingly violates traffic laws in a minor way, not to "treat him rough," but on the contrary, aid him in a way that will encourage respect of the traffic laws.

Now, altogether for a city park of some kind—if only a rest park for tourists and others. The time has arrived for Roseburg to go out and get a few things for the benefit of its people and visitors. (There is no good reason why this city should not have some sort of a park.)



LOYALTY.

Man is splendid, man is royal, he is decked with silver bells; he is so intensely loyal to the country where he dwells! To a native of Toronto I remarked, the other day, "Friend and comrade, don't you want to come where it is always May? Oh, I know a lovely valley, lying by the western sea, where you weary keeping tally of the blessings you will see. There the flowers are always blooming and the birdlets always sing, there old Mother Nature's booming all the joys of endless spring. There no bitter skies are weeping, there is neither heat nor cold, and the nights are fine for sleeping, and the days are edged with gold. In the homeland you have chosen winds are boisterous and raw, people's feet are often frozen and their whiskers seldom more. All the kopecks you are earning, all the coin you sadly crate, goes to keep the home fires burning, goes for cordwood, coal and slate. In the summer you are melting, gasping in the horrid heat, in the fall cold rains are pelting, washing people off their feet. Let me lead you by the finger to that valley in the west, where the scented zephyrs linger, where the storm fiend is a jest." Said the native of Toronto, "Your old valley is a fake; I am going homeward, pronto, to our city by the lake. It is true the blizzard bellows over all our countryside, but the cold makes stalwart fellows and we point to them with pride. Canada, old Britain's daughter, hosts of mighty men can show, though we wade through wind and water, with our sideboards full of snow."

PRUNE PICKIN'S

BY BERT G. BATES

GOOD EVENING FOLKS—

We read today where A society dame Had a timber scene Painted on her back And we'll bet There is enough Wood in her dome To furnish fuel For the Soldiers home Oregon for several seasons.

DUMBELL DORA THINKS

Hardening of the arteries is paving the highways. In future centuries this will be referred to as the era in which the airplane arrived and the petticoat disappeared.

One of the hardest rules of the little game of life is the one that forces the old but competent man into idleness and gives his job to a young but incompetent one.

If waitresses are going higher as fashion notes predict, and if skirts are going to remain just as short—then, oh, what then?

John D. Rockefeller will leave behind one example worthy of imitation. He waited until his 80th birthday to write his first poem.

Frankly, we don't know anything about the Dutch language as it is spoken in Holland, but ever since we saw the Dutch word for "automobile" we have been wondering. The Dutch word for automobile is "snellpaarslooszoondeerspoorwegrijtuig!"

FAIR AND WARMER

The snow was falling thick and fast. As to my bosom I hugged fast The News-Review, whose front page bore A legend which did make me sore: "Fair and warmer."

The weather man is daft, I thought, As closer to my throat I brought The collar of my overcoat; The man is nuts whoever wrote: "Fair and warmer."

The air was raw and bitter cold And I was feeling weak and old, As through the fog I plowed my way, Thinking in vain of that great day: "Fair and warmer."

Completely spent at last I fell; I could not rise, I could not yell And as my consciousness expired I simply moaned in accents tired: "Fair and warmer."

Mr. Clinton Gorty has taken the agency for the Wimpus, a new invention which is sweepin' the village like wildfire. It is predicted Clint will soon be rollin' around the main stem in a Rolls-Rough flivver and high-hattin' all the fellers.



WHEN WE WERE KIDS. Happenings Back in the Early Days of Roseburg.

(From the Roseburg Plaindealer Feb. 1, 1927).

At about 11:30 o'clock Thursday last, the stillness was broken by sharp detonations coming from the south, which were plainly heard by belated pedestrians. Fireman Hendricks of the north-bound overland, came into the city on foot and informed the night operator that the train had been held up at Shady Point and the robbers were looting the express and mail cars. A posse was organized at once by Superintendent Fields but when they arrived on the scene the bandits had departed. Farmer Lindsey who lived near the scene of the accident, hearing the reports, concluded that there was a holdup in progress, and he took his trusty Winchester and started out. Seeing the light of the burning car, the explosions having set fire to the express car, he then made up his mind that there was a wreck, took back the gun and taking an axe and buckets hurried to the scene. The robbers had looted the express and mail cars and departed. A reward of \$1000 is offered for their capture.

See the Myers self oiling spray pump at Wharton Bros. It is a big improvement over the old type of spray pumps, because it is enclosed and runs in a bath of oil like your automobile engine. Still every part is easy to get at. It is guaranteed by one of the oldest manufacturers of pumps in this county.

DR. NERBAS DENTIST. Painless Extraction Gas When Desired Pyorrhea Cured. Phone 488 Masonic Bldg.

BEAUTY CHATS

ANSWERED LETTERS

Jesse G. H. R.—Olive oil may be substituted for almond oil in making the fine cold cream. Be sure that you get the best grade of olive oil, and follow the directions given with the formula, just as if you were using the almond oil.

John B. G.—A high frequency treatment amounts to a violet ray treatment, only very much intensified. Many physicians add this to other kinds of treatment for different ailments. It is helpful in relieving congestion, and because of this, it will usually clear up a bad case of pimples. But it is not an outfit that should be in a beauty parlor, as it requires a physician to gauge the strength and length of time the treatment should be given.

Mary H. and Jane F. D.—Sometimes a liquid polish for the nails amounts to an enamel, and is not at all natural in its appearance. The proper amount of polishing may be obtained through buffing the nails, and the oil or wax used is merely to act as a lubricant. Polishes that cover the nails with a glassy surface will dry out the

nails and make them ridgy and brittle. Mrs. George D. S.—In many cases bran added to the diet is a good thing, and the only way to decide when is to watch the effect it has on your habits. Where there is much sluggishness, and the bran is retained for several or more days, it will cause irritation in the intestines, and often give an acute attack of colic.

Several tablespoonfuls of bran once a day should be all necessary to give the proper amount of rough food.

Ellen May G.—An ingrown nail should be cut in a concave, so that the side will be longer than the center. Lift the ends where the nail grows into the fleshy parts, and tuck a tiny bit of absorbent cotton under them. After a few weeks the nail will be growing again in its normal way and the fleshiness will disappear.

Miss Fannie G. J.—Reduction through electric treatment usually means electric massage by means of rollers, electric manipulation, or electric exercise of the muscles to cause a stimulation to the circulation.

Tomorrow — Sea Baths.

Efficient Housekeeping by Laura A. Kirkman. UNUSUAL VEGETABLE DISHES

TOMORROW'S MENU. Breakfast: Branana, Cereal, Scrambled Eggs, Toast, Coffee, Luncheon, Baked Beans, Catsup, Jelly, Wholewheat Bread, Cookies, Dinner, Tomato Soup, Pork Chops, Mashed Potatoes, Peas, Celery, Chocolate Bread Pudding, Coffee.

dish mix together two cups of cooked white rice, one-half cup of cold sweet milk, two tablespoons of chopped mild American cheese and one cup of canned lima beans. Season with salt and pepper to suit individual liking and bake 20 minutes in a medium oven. Serve hot.

Kidney Beans Supreme: Into a casserole put two cups of dried kidney beans which you have soaked overnight and then boiled in tender in salted water. Add one and one-half cups of canned corn, one tablespoon of minced green sweet pepper (previously parboiled, with seeds removed), and one well-beaten egg. Add a dash each of salt and pepper and bake 20 minutes in a moderate oven. Serve hot.

Peanut Butter Potatoes: Make two cupfuls of ordinary white sauce (of sweet milk, flour, butter and seasonings). When hot and smoothly thickened, add one tablespoon of peanut butter and stir till it is melted. Turn this sauce into a baking dish and add two cups of sliced white cooked potatoes over all and bake ten or 15 minutes in a hot oven. Serve hot.

Vegetable-Stuffed Baked Peppers: Do you realize that the green sweet pepper may be parboiled and then stuffed with vegetable mixtures as well as with meat mixtures, for baking? Try the above combinations in pepper cases.

Tomorrow — Requested Knitting Directions.

Diet and Health. By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children.

EXERCISE FOR FAT IN SPOTS

Fat ankles and legs, fat tummies, fat arms, and large breasts and double chins and hips cause an awful lot of misery in this world, judging from my correspondence. With hardly an exception, there is general overweightness in these cases, and oftentimes dieting and general exercise for the general reduction will do away with these hated spots.

If it doesn't, then you can give some special attention to these parts, with the exception of the breasts. These should be left severely alone. While no harm might come from massage and the rubbing on of reducing ointments (which wouldn't do any good anyway), the breasts are such delicate structures that you might injure them and lay the foundation for future tumors.

Beginning at the head, we'll take up these fat spots: The double chin: For this you should take special neck exercises. The neck muscles get very little exercise in the daily living routine. That is considered one of the reasons age is apt to show first in the neck, so reducing or not the following exercise should be taken every day, several times a day: Bend the head backwards and forwards as far as possible, and twist from side to side. In the morning before you get up, place your pillow under your shoulders and do this exercise in this position. You can also massage the neck with cold cream, rubbing it up and down. Smart slapping helps, too. All these will help break down the fat, round out the muscles, and tone up the skin so that the neck will not become flabby. You have to do these every day, faithfully, for some months. If you're over 40, before you see the effects of it. The breasts: I've discussed that. I told you that you mustn't massage these. You'll find that when the fat underneath the breasts—the spare ribs—has gone down your breasts will not be so prominent. They will also reduce with general reduction. If your breasts have been very fat and pendulous and you are over 40 and even if you are under 40, they will never resume their normal shape, for

there is no muscle tissue in the breasts to be toned up. This unfortunate condition is one of the results of allowing yourself to become overweight, which you will have to bear. The only comfort that I can give you is that you have thousands of fellow sufferers, if there is any truth in the saying, "misery likes company."

The fat tummy and diaphragm: The bending and twisting exercise, and the special exercise of sitting on a stool with the feet under a heavy piece of furniture, and bending backwards and forwards; all trunk exercises are good.

Fat hips: Kicking exercises, and the long brisk walks. I have had several reports from the kicking exercises. One friend of mine said she reduced three inches in her hips by kicking backwards and forwards 100 times a day, with her hand on a piece of furniture. Do these in relays of 25, four times a day. The floor rolling exercises are also good for fat tummies and hips. You don't have to roll over far enough to become dizzy.

Fat arms: With the arms hanging by the side, twist them in and out as far as possible, tensing the muscles at the same time. Do this 100 times a day in relays of 25 each time. This exercise I have also had good reports from.

Fat ankles and legs: Brisk walking, dancing (try the Charleston—that's a good fat-ankle twister), the stretching exercises, twisting same as the exercises for the arms. Of course, if the large ankles are due to large bones, the Lord help you, I can't!

There is a hand roller on the market, a peculiarly corrugated wooden affair (the trade name of which I can't give in the column), which, if used vigorously on these objectionable spots, for 10 or 15 minutes a day, will bring results. Not the least of the benefits from such a massage in the exercise you take while giving yourself the massage. Remember it's going to take a month or longer on any of these to show any results.

Tomorrow—Odd Moments of Exercise. Cook with gas.

SALE STILL ON

ALL THIS WEEK

We have just received another shipment of fine new Phonographs, both Art Models and Uprights. The Brunswick Co. is cooperating with us in this sale, and have given us some wonderful bargains on brand new late models, values from \$150 to \$250 being offered at this sale at

\$65 and \$68.50

Terms of \$10 down and \$2 weekly being given.



THIS BEAUTIFUL CONSOLE model. Regular price \$150. Now on sale for \$98.50. 10 SELECTIONS FREE EASY TERMS



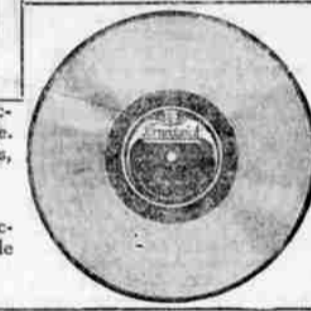
\$98 to \$250. During this sale we have taken in a number of good used pianos on payments on Grands and Player Pianos and now have at bargain prices such makes as Ellington, Wellington and Kingsbury, Schubert, Concord and others ranging in price from \$98 to \$250... Going at this sale as low as \$10 down and \$2 per week.



BRUNSWICK CONSOLE Late Model. Regular price \$210, now only \$105. 10 selections free. \$10 down, \$2 per week.



500 Edison Records now on sale. \$1.00 Records, choice 46c. 500 other Records going on sale at 35c or 3 for \$1.00.



A real dollar saving event



Last week we did not offer any reduction on Edison Phonographs but this week we are offering every Edison on our floor at big reductions. Our EDISON stock is all late model console type machines. Big reduction on every instrument.

Values galore in used Pianos and Phonographs. If You Failed to Attend This Great Sale last week do so now. Place music in your home. Nothing takes the place of music and now is the opportune time to purchase. Save money. BUY NOW Ott's Music Store Phone 461 Roseburg, Oregon ACT NOW

COMPANIES MUST BE RESPONSIBLE

(Associated Press Local Wire). PORTLAND, Ore., Jan. 20.—Warning that construction companies must either accept responsibility for workmen or have it forced upon them by law, was given in a report today at the convention of the Associated General Contractors of America, in session here. W. F. Creighton, of Nashville, Tenn., presented the report. He declared that safety regulations which are too complicated defeat their own ends. He said that experience of the building industry had resulted in conflicting opinion as to the practicability of a proposed code which has been under consideration. "Accident prevention," said Mr. Creighton, "is primarily a matter of education. Almost any careless workman can endanger the lives of his fellow workers, irrespective of a contractor's safety instructions and experience has clearly shown that this condition is not curable by legislation. This, however, is not suggested as any evidence that legislation will not come. If we fail to reduce materially the frequency and severity of injury to employees."

BOXER YIELDS TO MOTHER'S WISHES AND IS GOING HOME

Charles Dundee, the local boxer, who has fought a number of battles in Roseburg since the formation of the boxing commission here is preparing to leave Roseburg in a short time to return to his home in New York City. Dundee entered the boxing game over the objection of his parents and in spite of their protests has continued fighting. He has just received a letter from his mother stating that his father's health is very poor and urging him to return home and so he has decided to quit the game and will leave within a couple of weeks for New York to be with his parents again.

THEATRES

Majestic. "Triple Action" Blue Streak Lariat production, starring Pete Morrison, will be the attraction at the Majestic theatre commencing tonight. Its action takes place along the Rocky Mountain border. Rangers and outlaws fill his eyes and there are wild rides by Morrison and the star makes a fatal leap from an airplane hundreds of feet above the ground.

Explains How Enlarged Veins Can Be Reduced

Often Times Veins Burst and Cause Much Suffering, Expense and Loss of Employment. Many people have become disappointed because they have been led to believe that there is no remedy that will reduce swollen veins and bunches. If you will get a two-ounce glass bottle of Moore's Emerald Oil (still strength) at any first class drug store and apply it at home directed you will quickly notice an improvement which will continue until the veins and bunches are reduced to normal. Moore's Emerald Oil has brought much comfort to worried people all over the country; it is one of the wonderful discoveries of recent years and anyone who is afflicted pointed with it, can have the money refunded. All druggists sell lots of it.