

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, TUESDAY, JANUARY 19, 1926.

THE READING HABIT.

It has commonly been said that the American people are so busy with various excitements that they have no time for reading. They are supposed to be spending so much time chasing around in automobiles, attending dances, movies, theaters, ball games, etc., and listening to their radios, that they have no time left for books, newspapers, and magazines.

The fact that fifty-six members of the house have issued an appeal asking other congressmen to join them in a move toward the modification of the Volstead act does not show any appreciable degree of strength for the opposition.

Ten thousand conventions are held in this country every year according to recent figures. Every year many thousands of business men pack their little grips and start off to meet those of their own kind, and exchange information and good fellowship.

The news dispatches tell of a woman held in custody for killing six of her husbands. This is a rather spectacular record for a single-handed female murderer during a period of thirty years.

Here's hoping that the county court and the sheriff have settled their difficulties and all will join hands and circle round the county jail—in order to keep those within its confines safe from the contamination of the outside world.



Jinx could never write a story, but he likes to criticize, and dispel the hard-won glory of successful writing guys. With his critic's diadem on, he denounces Tom and Dick; Cripes, the poet, is a lenion, Jones, the author, makes him sick.

PRUNE PICKIN'S

BY BERT G. BATES

GOOD EVENING FOLKS— Almost any manicurist can tell a guy with a good line— But it takes a Cutie Cura de luxe To pick out the Party-line.

DUMBELL DORA THINKS Lincumb's Gettysburg Address is where he got his mail during the Civil War.

We're not so dern ancient but we can remember when a gal wasn't properly dressed unless she had on at least two petticoats.

Which prompts us to remark that as far as the eye can see is far enough in these days of abbreviated hoisery and skirts whose fringe tickle the knee.

ABOUT FOOD The orator eats tongue, we hear; The Sultan, turkey lunch; The undertaker drinks his beer; The prize fighter his punch; The acrobat a spring water drink; The toastmaster eats toast; Surveyors eat their stakes, we think.

Rhode Island firm advertises for "boy to deliver oysters that can ride a bicycle."

Conductor: What are you doing with those towels in your suitcase? Passenger (with presence of mind): Oh, they are some I used the last time I was on this train. I had them washed and brought them back.

IMPOSSIBLE Maid: Mum, I just accidentally let the baby's blanket drop out of the window. Mother: Awfully cimsy of you; now baby will catch cold. Maid: Oh, on mum, he won't. He was inside of it.

Although the roofs of the royal palaces in those European countries are not supposed to be leaky, the crown jewels are frequently soaked.

"They say a carrier pigeon will go farther than any other bird," observed the orator. "Then I'll try one," replied the boarding-house keeper. "I notice a fowl doesn't go very far."

Give a college boy a pair of elephant's pants and a banjo and he does not care who makes the nation's laws.



Men's suits cleaned and pressed. \$1.50. Roseburg Cleaners, phone 472.

WHEN WE WERE KIDS

Happenings Back in the Early Days of Roseburg.

(From Roseburg Pictorial, January 28, 1925.) The foot bridge on the west side of the Deer creek bridge is about completed. This will be a great convenience to the people of North Roseburg.

H. R. Littlefield of Olalla was in town Tuesday on business for his mining company, the Paradise camp.

If our northern neighbors inhabiting the Willamette valley will just move over into Douglas county they'll escape a whole lot of disagreeable weather.

Col. John Lane of the U. S. land department is in the city.

Hons. C. A. Seitzbrede and F. W. Benson returned Monday night from Salem, whence they went to see the elephant called "Hold up." He beats old Jumbo. He has the faculty of imitating his propounds into the house of representatives and breathing upon the unsworn members; his upas breath which renders them impossible to all sense of propriety, justice and honor. They can kick and groan and howl—that's all.

There is a change in the personnel of the firm of Cawfield & Cawfield, but no change in the firm name. J. B. Cawfield steps down and out and Stenwall, son of the senior partner, J. J. Cawfield, takes his place.

DR. NERBAS DENTIST. Painless Extraction Gas When Desired Pyorrhea Cured. Phone 488. Masonic Bldg.

POLITICAL POT IS SIMMERING

Oregonian's Stand Against Senator Stanfield Causes a Slight Ripple of Comment From State Press

The Senatorship Portland Oregonian: From the beginning of statehood, now nearly seventy years ago, many illustrious men have served the state of Oregon in the senate of the United States. Their names, in many instances, have been enshrined in the memories of past and present generations for their efficient and patriotic service to their nation and their state.

In this situation the Oregonian deems it proper to say that the election of a republican senator, in the current year, is of much importance to Oregon, and may and probably will mean much to the welfare of the Coolidge administration. It does not hesitate, therefore, to say that a grave mistake will be made, for the people of Oregon if, the republicans at the forthcoming primary fail to put forth the best possible candidate for United States senator.

The Oregonian thinks that any prospect of the reelection of Senator Stanfield, if nominated, is most doubtful. Moreover, it is certain, in view of present conditions, the most obvious feature of which is the growth of opposition to the senator within the party, that if the election were to be held now, Mr. Stanfield would be defeated by a large vote.

We shall advance no other objection here to Mr. Stanfield's renomination, except that with him the republican party will embark on a dangerous enterprise, with defeat at its end. It is sufficient. For that reason the Oregonian speaks now. It would give the various candidates time to adjust themselves to the situation in the primary campaign. It thus seeks to create, if may, indeed, make no difference to them, or any of them, as to what the Oregonian thinks or says. That is all right with us. We shall be most happy if it shall be all right with them. But because the Oregonian conceives it to be a duty to speak and act now, it speaks and acts.

Its Master's Voice Salem Capital Journal: The Portland Oregonian comes out opposing the nomination by the republican party of Robert N. Stanfield as candidate for the United States senate to succeed himself, on the ground of party expediency. It declares that "with him the republican party will embark on a dangerous enterprise, with defeat at its end."

One would think that there would be a bond of commonwealthship and moist sympathy over a loving cup between the erstwhile wet senator who votes dry and the dry newspaper with the wet editors, but like the dog before the phonograph, the Oregonian barks to its masters' voices and hastens to obey the edict of that secret, sacrosanct, super-political oligarchy that styles itself the Anti-Saloon League and lives by sanctimoniously passing the hat—and echoes the league's repudiation of the junior senator.

The league seeks Stanfield's scalp, not because he is personally wet, for nearly all the league's supporters in congress including the Oregon delegation, are personally wet, though publicly dry; nor because he was pinched in public by a policeman for many of the league's favorite candidates, such as Congressman Langley of Kentucky have not only been repeatedly jailed while drunk, but sentenced to prison for liquor plots; but because as senator, Stanfield refused to obey the orders of the league and name its candidates to federal office. The league leaders failed to secure expected seats at the pie-counter, which constitutes the unforgivable sin.

As has before been remarked, you can't shoot somebody with no bullets, nor with five or six holes, and who has the Anti-Saloon League and its mouthpiece, the Oregonian picked to defeat Stanfield? Who among the numerous self-starters is any better or as good? Who among those who have paraded their own high estimates of themselves, could in six years secure the advantages of committee positions and chairmanships Stanfield starts with? Who among these political pop-ups is not also publicly dry and secretly wet?

There are many who can foresee that this recommendation may not well fall upon the shoulders of Colonel A. E. Clark for reasons of past political history, if not present political expediency. Nor across the path of J. J. Cronley, nor Charles H. Carey, nor George W. Joseph, nor Gus Moser, should he come in; nor Shumway; maybe upon Fred Steiwer, though some choose him to be the most likely of the lot. But whoever wins the crown, according to all the signboards of the past will not be likely to be attended in November by the smiles of those who lost it, or by the loving kindness of their respective friends and supporters, an interesting speculation, full of possibilities and pregnant of trouble.

Belated Leadership Oregon Voter: The republican party in Oregon can well emit a sigh of relief now that the Oregonian has announced its intention of participating through a recommendation, in the party's primary election next May. The sigh Eugene Guard: Frederick W. need not be one of complacent contentment. That journal's action

does not necessarily carry 100% assurance that with it assuming a leadership that many have hoped it would assume for a long time, the party will ride to triumphant victory next November.

If there is anything for which the party can be rightfully thankful, it is that at this late date that newspaper, acknowledged the leading party organ in the state, admits that it is ready to function. The premises on which it based its reasoning that led it to start functioning as a party organ, are not acceptable to everyone. Not everyone will admit that Senator Stanfield cannot be elected next November if he is nominated in May. And not everyone will admit that it is the part of political valor to desert the party's junior representative in the senate, even though he is widely hailed as a political accident and by the Oregonian as a political inexpedient.

The scuttling of Stanfield, not unexpected, is a phase of the Oregonian's new policy that is of lesser importance. Without a nominating convention, either pre-primary and post-primary and without a party newspaper worthy of general acceptance as a republican spokesman of commanding importance, that party has skidded aimlessly on the damp, greasy streets of political opportunism. If there was any skidding done in 1920, when Senator Stanfield silted into office on the Harding slide, the Oregonian, through its unwillingness to speak out, was a party to the incident. Let the accident be repeated, and for the laudable purpose of insuring party success, atonement is now to be made for past silence.

More Candidates Due LaGrande Observer: The Oregonian editorial expressing flat-footed opposition to the nomination of Stanfield in the primaries this spring has aroused much interest in political circles and is looked upon in some quarters as a forerunner of a new candidacy out of Portland for the republican senatorial nomination. The Oregonian thinks Stanfield should be elected if nominated and says that is sufficient reason for opposition, desiring as it does the return to the senate of a republican and an administration supporter. The Oregonian is not alone in its opinion about Stanfield and many influential men in the party are fearful the final election would see him defeated with no presidential landslide to be counted on. Nothing would suit the democrats better, so the senatorial situation is far from being peaceful these days. New candidates are expected to enter the race soon.

LETTERS FROM THE PEOPLE

DISCUSSES RESULTS OF EIGHTEENTH AMENDMENT

Who's ahead—the dry or the wet forces? Are the wets gaining additional wet territory, or are the dries gaining additional dry ground is a pivotal question today. To answer it, facts on both sides should be carefully surveyed. We must be sure they are facts. We here submit facts which we believe justify the eighteenth amendment. They are facts appurposed by a dry backbone rather than fancies wabbling on a wet wishbone.

1. Health. One of the U. S. health department's diagnosticians, Dr. Haven Emerson, of Columbia University, New York, believes that "nothing in this country has so directly improved health, particularly among women and children and contributed to the reduction of preventable deaths as has the interference with the legalized commercial production and distribution of all alcoholic beverages."

A lowered blood pressure for the nation is the result of lessened indulgence in alcoholic stimulants. Today the nation's temperature is much nearer normal. Over a period of three years following prohibition, mortality rates have been lowered one million.

2. Education. School attendance has made a record increase because thousands of children are attending school who, under license, were forced to support drinking parents. It is evident that in proportion as our nation "shoes" away the booze, it shoes the children.

3. Business prosperity. With no revenue from the liquor traffic our country has made good financially. Savings banks deposits have greatly increased, investments of small wage-earners have grown by leaps and bounds. Other factors, to some extent, enter into the increased wealth of America, but prohibition should have major credit. Billions of dollars formerly wasted in drink, today add red blood corpuscles to the circulation on which business thrives.

4. Happy homes and protected children. Former saloon sections of our large cities evidence the greater possibility of loyal citizens tomorrow, and well clothed, well-fed, laughing children today. This we consider the best dry fact of all.

Yes, six year old Federal Prohibition has strengthened the moral, physical, financial and spiritual fiber of our nation. Though the experts were a little mouth-high in contrast to this statement cannot be successfully contradicted. Who's ahead? Thank God—the dry forces!

Mrs. Poole, head of the National W. C. T. U., declares that prohibition is following the normal course as history reveals that all great reforms have taken a generation or more to reach full enforcement.

Candy of Excellence. Pure hand rolled and Hershey dipped chocolates. Made specially for drug store trade. Ours are always fresh. Lloyd Crocker.

BEAUTY CHATS

CREAMS

These mid and late January days are very hard on certain tender kinds of complexions. The cold, raw wind works a great deal of harm, hardening the skin and making it rough, dry and dirty looking. A cold cream pack will work wonders in restoring it to normal freshness, and in protecting it against further damage.

Make up this cream for a "face pack." White wax, 1 ounce; Spermaceti, 1 ounce; Olive Oil, 3 ounces; Almond Oil, 2 ounces; Rose Water 1/2 ounce; Borax, 30 grains; Perfumed Oil, 15 drops.

This is a variation of my general cream formula, especially adapted for wrinkle massage, extra dry skins or as a bad weather cream. But the olive and the almond oil are absorbed by the skin, therefore they supply it with much needed oil.

To use this cream to best advantage, hold a cloth wrung from hot water over the face and neck for a few minutes, then rub on a generous amount of the cream. If the face is dirty, wipe off the first lot and rub in another layer. Rub gently so that the skin takes up a certain amount of it. Let it stay on as long as you can. If you can lie down for half an hour, flat on your back, with this layer of cream on your face, so much the better. Some women tell me they wash their hands after the cream application and go on about their household while the face takes up the cream—an arrangement easy enough so long as the door bell doesn't ring!

This is better than rubbing the cream on and off, because it gives the skin time to absorb the oils. Afterward, wipe off, or wash off, all on the surface and therefore not absorbed. If it is bedtime, wipe off, some will remain in the skin to be taken up during the night.

Mrs. John J.—One way to give



Sometimes a cream pack works wonders.

tips. Let this dry on the scalp for a time, possibly an hour, and then proceed as with any other shampoo. All the dried egg will dissolve and come away in the rinsing. If the rinse water is tepid, not hot.

This is about the easiest method for removing dandruff or any scurf from the scalp, as everything of this kind will adhere to the egg and be washed off. Incidentally, an egg shampoo will always leave the hair very soft and fluffy.

Tomorrow—Answered Letters.

Efficient Housekeeping BY Laura A. Kirkman

ANSWERS TO INQUIRIES

TOMORROW'S MENU Breakfast Oranges Cereal Dropped Eggs Toast Luncheon Vegetable Soup Peanut Butter Sandwiches Prunes Cookies Cocoa Dinner Corned Beef Hash Sliced Beets Canned Corn au Gratin Lett-Over Cole Slaw Apple Pie Coffee

cake pan to bake about 35 to 40 minutes in a moderate oven.

C. D. H.: "I wonder if any other reader can give me directions for crocheting a set of Hot Plate Mats in a star design, or in any simple design?"

A Reader: "I would appreciate a recipe for Chinese Pepper Steak."

Answer: I am not familiar with the dish, but perhaps some reader will be, and we shall have a recipe sent us for it.

Mrs. L. D.: "I noticed your reply to 'Young Housewife' last November third, regarding what to do with old and badly worn blankets. This is my way: I cover them with some pretty color of cheeacloth and then tie, like a comfortable. The last pair I fixed some three years ago with pale yellow, and tied it with white yarn. They have been washed many times and still look attractive. And they wear much longer when treated in this manner, than if one just darned or mended them. Old bed spreads I cover with white and quilts with long running stitches instead of tying, and use as a mattress protector."

Answer: Thank you for this excellent hint. I am sure that many of us will be grateful for it. Tomorrow—Unusual Vegetable Dish

Diet and Health By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

EXERCISES FOR HEALTH AND FOR REDUCING

Those of you who are reducing should begin to increase your exercises, not only because it will help you to reduce, but because some vigorous exercise every day is necessary to keep you normal, reducing or not.

In yesterday's paper I explained to you the reasons for this. If you've not been used to exercise you will have to begin with a very few movements at first; and increase a few at a time until you are able to do them with ease. You won't enjoy them at first, but later, as you become supple, you will, and you will find yourself extending your exercise period. If you are very fat or have some organic disorder, you should be under the personal care of a physician who will give you special exercises that you can take.

There is one exercise that most of you can do, however, and that is walking. Walking briskly with a long stride is one of the best exercises there is. If you have work to walk from your home, plan to walk at least part of the distance. But put pep into it! Don't window shop and then expect results—in the health line!

Can you reduce by exercising alone, without limiting your calories, or on other words, without dieting? Yes, you can; but you have to do a tremendous amount of it. As I have said before I'm not advising you to take exercise for reduction alone, for there is actually a very small amount of fat consumed in an hour's exercise;

however, there is a speeding up of the internal chemical activities (metabolism) which extends over the actual exercising period, and this means an improvement in the general health and a better ability to care for the food.

We all of us should take some general setting-up exercises each morning. I will give a few of the standard ones for those who are not in a position to get a good book on the subject: 1. When you first awake in the morning, put your arms over your head, tense and stretch every muscle, and then stretch your legs. (Did you ever notice a cat or dog after being down? Imitate its movements.) 2. With arms stretched over head, raise the body to sitting position; and touch the bottom of your feet with fingers. 3. Raise your legs, alternately, up to the vertical position; then raise both together. If you take hold of the head of the bed, after a while you can get so that you can push yourself over your own head. (These exercises can be done on the floor, instead of the bed.)

Now do the neck exercises as follows. (This in time will prevent flabbiness under the chin): Place your pillow under your shoulders and raise your head several times. In the same position twist your head to the right and left. After getting up, do the following: 1. Bending and touching the floor. With hands over head, bend (Continued on page 7.)