

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, WEDNESDAY, JAN. 13, 1926. A GREAT YEAR IS PREDICTED.

According to reliable information coming from authentic sources western states are going to experience an era of general prosperity during the present year that will greatly stimulate conditions both in a business, agricultural and industrial way.

In a report just issued by the United States department of labor agricultural and general employment prospects for 1926 are pointed out as exceedingly optimistic.

"A spirit of optimism prevades everywhere in industry. There is every reason to believe that the lumber industry will operate as satisfactorily in 1926 as in 1925. Lumber operators believe that 1926 will be a big building year and that, with the curtailing necessary on account of weather conditions the next few months, with the coming of spring there will be a heavy demand for lumber, which will mean increased employment in this industry.

Roseburg and Douglas county at large will share in the general prosperity predicted for Oregon and will show greater gains in a building and business way during the present year than ever before.

The fellow who stands on the street corners peddling a pessimistic line of bunk that discredits his own home town will be brushed into the gutter by the optimistic army of progressive business men and others who have a true vision of the future.

In ye olden days when a neighborhood dog was declared a nuisance the small boys thereabouts treated the canine to the tin-can method of expediency in order to bring peace and quietude to the community.

North and south of Roseburg extreme cold weather is prevailing, with the temperature to the freezing point at a number of places.

Extra copies of the New Year's edition of the News-Review are almost exhausted. Thousands of copies have been sent to all parts of the United States, a goodly number going to foreign countries.

Well, bring on the primary election and let's settle political differences.

Rippling Rhymes Walt Mason. A collection of poems and lyrics.

DOPE. Reuben Rinkum, clean, upstanding, was a fellow to admire; everyone's respect commanding, he was full of zeal and fire.

For the dope that gave him ease. When his sickness he departed he was warned by old Doc Heck, "Let no opium be squirted in your fetlocks or your neck; if the dope becomes your master it will cinch you fast and faster, it will lead you to disaster, you'll become a human wreck."

PRUNE PICKINS BY BERT G. BATES. GOOD EVENING FOLKS—A fellow who says He is the brother Of a movie actor Is in the village In this week Flustratin' the Fair damels and Causin' local sheikhs To chaw their Fingernails in A way that would Delight the most Fastidious manufacturer.

WHEN WE WERE KIDS Happenings Back in the Early Days of Roseburg. (From the Roseburg Plaindealer, January 7th, 1887).

Mr. Anron Rose, the aged pioneer and proprietor of this city, is reported to be quite sick.

G. W. Dimmick, one of the leading farmers and prominent citizens of Elktion, was in the city on business Wednesday.

Last Tuesday evening about a dozen young men and women of the elite of Roseburg met at the McCallen Hotel parlors and had a very enjoyable time together while a few fathers and mothers looked on with approbation, seeming to enjoy that evening pastime with that fervor of delight which memories of their own youthful days called up.

The average woman picks up tonight's paper, reads the head, "105 miners trapped by blast," and then says, "Ho hum, let's go to the movies, Gawps."

Judging by the newspaper pictures, the society ladies buy most of their evening costumes at the jewelry stores.

He: I tell you darling, my love for you is driving me mad. She: Well, keep quiet about it. It's having the same effect on Papa.

They are placing arials underground. Now if the neighbor would place his loud speaker there.

Cackie, cackie, Plymouth Rock! Ye can have the wagon box. And the smoke house and the barn Take 'em, ye don't care a darn! Fe' ye, ye lay an egg. Down the mortgage goes a peg.

Ye ed, finds it difficult to understand why girls, who are used to eizing up the good and bad points of a man, don't make the best livestock judges.

Practically every modern girl has the right to choose her own husband and now what a lot of them seem to want is the right to choose some one else's.

Scientist says all the people along the line of the equator are thin. That must be the reducing belt we have heard so much about.

BALLADS OF A HUSBAND Some marry for money, Some marry for spite, Some marry for love, and Some marry to fight.

There are many reasons Why single folks fail. But lots of them wed for No reason at all.

"To err is human, to be caught is a crime."

Notice. We still have one of the best truck trailer propositions in Douglas county at Sarff's Auto Wrecking House, 229 N. Main St.

Men's suits cleaned and pressed, \$1.50. Roseburg Cleaners, phone 472.

HOT FOX TROTS ON TONIGHT'S PROGRAM

The Oriental Gardens Ballroom orchestra, seven musicians who know dance rhythm, will present to the dancing public tonight, starting promptly at 8:30 o'clock, a program of strictly late numbers.

If you are going to buy a sheep shearing machine this spring, let us have your order now. We have a shipment coming from the factory soon. Wharton Bros.

DAILY WEATHER REPORT U. S. Weather Bureau, local office, Roseburg, Oregon, 24 hours ending 6 p. m.

POT LUCK DINNER AND DRAMA AT PRESBYTERIAN CHURCH

The Presbyterian church will have a pot luck dinner for the members at the church parlors on Thursday evening at 6:30 o'clock.

W. M. BILL, Meteorologist.

Heat with gas. CHRISTIAN ENDEAVOR SPEAKER IS COMING

It is announced by the Douglas County Christian Endeavor Union that Rev. Ira Landrith, D. D., LL.D., of Chicago, Illinois, the International extension secretary of the United Society of Christian Endeavor, will speak in this union during February.

The meeting will be held Feb. 1st, Presbyterian church, Roseburg. Dr. Landrith is one of the foremost orators in the country and a known master of the American platform. He was former president of Ward-Beimont college, and toured the United States in 1916, with the late Governor J. Frank Hanly as the prohibition candidate for vice-president.

Dr. Landrith is touring the state under the auspices of various Christian Endeavor Unions and the Oregon Christian Endeavor Union. He has been traveling nationwide speaking on the subject of law enforcement and world peace. The international slogan adopted by the Christian Endeavor societies in their last world's convention was "A Warless World," and the slogan "A Saloonless Nation by 1920" was first adopted by this society.

Dr. Landrith will also speak on the world-wide extension of the Christian Endeavor society, which is now found in nearly every country on the globe and has over 80,000 societies and 4,000,000 members.

The Kansas City Gazette-Globe, a leader of the speaker: "As a platform man, Dr. Landrith is unsurpassed. His style mingles the elusive plantation melody, quietly permeating as the moonlight and soft as the scent of magnolias, with the precipitous fire of a soul that instantly flames out against injustice, whether it be individual or national."

The local Christian Endeavor leaders are making active preparations to make this one of the largest meetings ever held in the city. Every society is urged to have its church people and friends turn out on mass.

Barnes Beauty Parlor. Expert operator in attendance. Phone 189-J for appointment.

CIVIL WAR VETERAN PASSES TUESDAY

Wm. Thompson, a veteran of the Civil War, passed away at 8 o'clock last evening at the age of 85 years, at the Soldiers Home Hospital, following a short illness.

Mr. Thompson was born in Pennsylvania, and by occupation was a farmer. During a few years' time he also taught school. Following the war he resided at Seaside and in Portland, coming from the latter place to Roseburg and entering the home July 14, 1920. He was private in Company A, 13th Iowa Infantry. Surviving him are two daughters and a son, all residing in Iowa. The funeral services were held this afternoon at 2:30 o'clock at the Soldiers Home and interment followed at the Soldiers Home cemetery. The casket was banked with beautiful floral offerings, tokens of esteem from sorrowing friends.

Now classes in kindergarten work are now starting at the Hoeline Conservatory.

LETTERS FROM THE PEOPLE

BOUQUET FOR THE CHAMBER OF COMMERCE

ROSEBURG, Ore., Jan. 11.—Editor News-Review: In Saturday's issue of your paper we read with much interest the many compliments on your New Year's edition—all good—and as stated, a credit to the management. As a medium of advertising our city and surrounding country it sure was a "hummer." Now, let us throw a few bouquets to our Chamber of Commerce for their part in making it easy for us to send to friends in the east the fine samples of Douglas county products. The undersigned sent out several boxes and is hearing from them in a very appreciative way. One party writes: "We will see the place where those fine pears, prunes and nuts grew before the end of 1926." Another says: "We truly think that if anyone would see either the fruit or the nuts, or the booklet included that they would settle in Douglas county if anywhere in Oregon." Now what is true in our case must hold good in others—Let's hear from some of them. Yours very truly, W. A. CRARY.

A good cream separator will pay for itself in the saving that it saves. We sell the McCormick Deering, the lightest running separator made. Wharton Bros.

NIGHT RIDERS IN TAMPA FRIGHTEN NEGRO RESIDENTS

TAMPA, Fla., Jan. 12.—Following appeal for protection to the Tampa city commission yesterday by delegations from three negro organizations, city and county officers today continued to search for a reported band of night riders, which the negroes report have warned several of their number to quit the city.

City officials charged that the night riders have been acting under the instigation of real estate operators who would force the negroes to sell their homes to make way for subdivisions.

R. C. Doby, an aged negro, told that he was visited by the band, which after burning a cross before his home, warned him to leave the city within 48 hours. They then left his place. Doby said, and set fire to a negro neighbor's home. Police were detailed to protect the negro with orders to shoot to kill anyone attempting to molest him or his property.

Belief that real estate operators were behind the night riders, investigators said, was based on the fact that several attempts recently have been made to develop a subdivision which has met with failure because of negro occupants of the property.

NOTICE TO WATER CONSUMERS Water will be shut off at midnight, Wednesday night, January 13, affecting all consumers on Main street, between Douglas and Lane streets.

THE CALIFORNIA OREGON POWER COMPANY

GRAIN RATES ARE HELD REASONABLE

(Associated Press Leased Wire.) WASHINGTON, Jan. 13.—Grain rates from points in Washington and Oregon south of the Snake river to Pacific coast ports were held reasonable today by the Interstate Commerce Commission, and complaints brought against them by Washington state growers supported by Seattle, Tacoma, and Spokane shipping interests were dismissed.

Guitar, violin and mandolin players—during our 4-day sale you can buy your strings at half price. Ott's Music Store.

KIWANIS CLUB HAS BIG GROWTH

In speaking today of the local Kiwanis club's program for the observance of the 11th anniversary of Kiwanis International's founding, B. R. Shoemaker, president of the local club, told of the remarkable growth of the civic organization that now has more than 1450 clubs and over 95,000 members in the United States and Canada.

The first Kiwanis meeting in the field was in Detroit, Michigan, on January 21, 1915, and that is why the local club, together with all the others will observe Anniversary Week from January 17-23.

The year following the beginning of what is now the largest service organization on the North American continent, thirty-five clubs were sponsored in the United States, and at the last international convention in St. Paul last June the report showed that Kiwanis had made a tremendous growth and was steadily growing.

"Kiwanis is idealistic, but from its accomplishments during the past it is easily noticed that it is also very practical. It applies a civic and social service to every community that wants it. In truth the ideals of Kiwanis are practiced in an every day business like manner."

The Roseburg club will hold its anniversary meeting on Jan. 19, at the Hotel Umpqua.

BEAUTY CHATS ANSWERED LETTERS

Elimra, F. G.—The tiny red spot may be due to a congested retina; if this is so, a treatment or two of the violet ray will do away with the trouble.

John B. G.—Clammy, damp palms usually indicate a low state of vitality. Consult the doctor about everything you can yourself to build up your general health.

Mrs. Henry J. L.—An exercise for reducing the hips is as follows: Lie flat on the floor and raise the arms over the head. Grasp the hands together, tense all the muscles of the arms and roll over from side to side as many times as possible without making yourself dizzy.

Miss Katherine G. D.—If you overheated the oils when you made the cream, it would account for its getting too hard afterward. One reason why the cream separate is due to heating the rose water into the oil when the oil is too hot and the other too cool. They should be the same temperature when they are beaten together and never overheated. Heat each in a double boiler to a fairly hot temperature, and hold the oils and wax in the hot bath until the wax and spermaceti have dissolved in the oil. Tomorrow—Sleeping For Beauty.

Efficient Housekeeping BY Laura A. Kirkman

SERVING SWEET POTATOES

TOMORROW'S MENU Breakfast Sauce from Dried Peaches Cereal Sirup

Griddlecakes Coffee Luncheon Omelet Marmalade

Wholewheat Bread Marmalade Cocoa Cookies Dinner Hash from Beef Left Overs

Baconed Sweet Potatoes Creamed Cauliflower Lettuce Salad Coffee

Apple Pie

In the average home the sweet potato is not fully appreciated. Try it in some of the following dishes:

Baconed Sweet Potatoes: Steam or boil sweet potatoes till tender, then peel and place in a meat pan; lay a slice of uncooked bacon over each potato and slip the pan into a hot oven to bake until the bacon is crisp and the potatoes slightly browned. Serve hot.

Cupped Sweet Potatoes: Pare and core four large ripe apples. Slice them into a ten pound dish, add four medium-sized boiled and pared sweet potatoes also sliced, cover the mixture with boiling water and slip the dish into a medium oven to bake one hour. The water will evaporate, leaving a delicious hash of the fruit and vegetable. Serve hot.

Guest Sweet Potatoes: Boil six large sweet potatoes till tender, then remove skins and slice. Place a layer of these slices in the bottom of a medium-sized buttered baking dish, and add a layer of marshmallows cut in quarters (about ten marshmallows to a layer). Follow with a second sweet potato layer, add another marshmallow layer, and finish with a thin potato layer topped with either fried cake crumbs or bits of butter and additional sliced marshmallows. Bake in a medium-hot oven for about 30 minutes and serve hot.

Sweet Potatoes Supreme: Butter a baking dish and in it put the following mixture: Beat one egg slightly, then add to it one tablespoon of soft butter, a pinch of salt, one tablespoon of granulated sugar and two and one-half cups of mashed sweet potatoes. Beat all together with more granulated sugar and bake 25 minutes (or till brown) in a moderate oven.

Sweet Potatoes with Maple Sauce: Boil several long, narrow sweet potatoes till tender. Remove skins and slice thinly. Fry these slices quickly in deep, hot fat, then drain on crumpled paper. But the fried slices in a baking dish with a little powdered sugar and pour over a little maple syrup. Heat very hot in a good oven and serve.

Tomorrow—Crocheted Pantie Suit

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Diet and Health By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

NORMAL VARIATIONS IN WEIGHT

REDUCING LESSON NO. 4 You've been on the liquid diet for two days now. You have one more day to go, to complete the three-day shrinking-stomach period.

I promised you that when you had lost from five to ten pounds, a large part of this loss is the excess water that up to this time has been retained in the tissues to keep the tissue fluids normal, and this has been necessary because of your concentrated and overabundant diet. The more water toward you have been, the more you will loose on the three-day liquid diet period. That's the reason I give the amount that will be lost in weight, a variation of from five to ten pounds. Now that you have been on this liquid or semi-liquid diet, the excess water is not necessary in the system and you have eliminated it. Some of my followers have thought that they had kidney trouble because of this free elimination of water, but that free elimination is not a symptom of kidney trouble, anyway.

You will find that when you go on your 1700 calories daily, and are getting some solid food, your system will retain a little more water.

THE DAILY VARIATION OF THE WEIGHT If you have a bathroom scale (and I strongly advise you to get one) then it will be lots of fun to weigh just before retiring and before your bath in the morning, and to keep a record of your daily weights. You will find that in the morning you will weigh a pound and one-half to two pounds less than you did the night before. This is due to the loss of water that has been given off by the lungs (through respirations) the skin and the kidneys, during the night. If you don't eat anything during the day, or eat very little, you weigh less at night than you do in the morning of the same day, because of this loss of water through the lungs and kidneys.

If you haven't a bathroom scale then once or twice a week on the same scale, is often enough to be weighed. But you must remember these points. If you want to have an accurate idea of how much you have lost: Weigh at the same time of day in relation to eating and elimination, and in the same weight clothes. For instance, if you weigh yourself before lunch on one day, then you should weigh yourself before the lunch the next time; if you want to know the actual variation in weight, unless you deduct the weight of the foods and liquids you have taken, and this is difficult to compute.

There is a daily variation in weight due to the difference in the water that is normally retained in the system. When you eat salty and concentrated foods, more water is retained, and for this reason the salty and concentrated foods should be avoided. It is the weekly variation in weight that you should be concerned about. For instance, you may lose one-quarter of a pound of fat on a certain day, but retain one and one-quarter pounds of water. That would make your scales show a gain of one pound in weight, while in reality you have lost one-quarter of a pound fat. The water is eliminated daily, so there can be only one day's retention of water at any time, and if you record your weekly weighings, you have seven days loss of fat against one day's retention of water. And you should show a weekly loss, at 1200 calories daily, of one and one-half to two pounds.

It's a wise plan, on the day before you are going to record your weight, to go a little lower than usual on your calories and to eat no salty or concentrated foods.

Tomorrow—A 1200-Calorie Sample Menu \$1.00 SILK HOSE 75c "Euron" full fashioned silk hose, regular \$1.00, special 75c per pair. We have just bought a limited stock in most popular colors and all sizes. This hose is guaranteed. Take advantage of this new year special. Price concession compliments Carr's Store. Buy them there.

DR. NERBAS DENTIST Painless Extraction Gas When Desired Pyorrhea Cured Phone 455 Masonic Bldg.