

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, MONDAY, JANUARY 11, 1926.

UNWILLING SERVICE.

Before the war a considerable proportion of the women used to employ one or more servants. Out in the country districts such a helper was democratically known as the "hired girl." But since the war, this type of workers has become somewhat scarce, and a great number of women who used to feel the need of such assistance, are now doing their own housework.

An expert on women's hosiery from Newark, New Jersey, declares that women's feet are steadily growing larger, due to their greater activity and participation in sports. He thinks the next generation of women will have feet very nearly the size of men's.

Thomas A. Edison, according to an interview published in the Popular Science Monthly, thinks young men do not take advice now. He was asked for a bit of counsel for them, but he evidently thought it was no use to give it.

The present temperature is a little crummy but so far Jack Frost has not made good his appearance in this neck of the woods. But the old boy sometimes hits pretty hard on a late arrival.

The old-time dances are beginning to meet with favor. Eventually we may "come down to earth" and quit doing the Charleston and other ridiculous steps.

As a New Year's souvenir the escaped prisoners from the county jail left a hole.



THE YOUNG YEAR.

While the year is young and blooming snow white virtue is the style; we have lately been entombing all our habits vain and vile; we have made our drastic pledges with their keen and cutting edges; on such vows no good man hedges—they must stand up for a while.

PRUNE PICKIN'S

BY BERT G. BATES

GOOD EVENING FOLKS—The flivver crankers Started Blue Monday Off in the correct way This a. m. and Many of em gave up in disgust and Pedestrated to The daily grind.

DUMBELL DORA THINKS Susie's band is directed by a woman.

THE VILLAGE BLACKSMITH Has Gone to Florida Under the spreading date palm tree The village blacksmith stands; In sales a mighty man is he, With large repelling lands; And the profits to be made therefrom Attract gullible realty fans.

His hair is crisp, and black, and long, His face has Florida's tan; His purse is fat with honest (?) jack, He sticks whom e'er he can He looks the whole world in the face, In search of the monied man.

Week in, week out, from morn till night, You can hear him boast and blow; How Roger Babson made a wad, On land both high and low, How Barron Collier's name is famed, How there is no sleet or snow.

And buyers coming down from north, Stop short at the open door; They listen to the luring words, And hear this salesman roar. They seek the maps and colored plats That lie on the office floor.

He goes on Sunday to the church, And sits among the boys; He tries to think of the sermon preached, But he hears a siren's voice, Singing of the village buyer, And it makes his heart rejoice.

Telling, — rejoicing, — borrowing, Onward through life he goes; Each morning sees the fun begin, Each evening sees its close; Something attempted, someone done, Sweet is his night's repose.

Thanks, thanks to thee, my worthy friend, For the lesson thou hast taught! Thus on the edge of the Everglades, Poor lands for gain are bought; Thus through the years of sighs and tears, Are missing titles sought.

GRAIN TAXING VOID.

WASHINGTON, Jan. 11.—Section three of the federal future trading act of 1921, taxing certain transactions in grain was today declared void and unconstitutional by the supreme court.

The section imposes a tax of 20 cents on each bushel involved in transactions known as "privileges," "bids," "offers," "puts and calls," "indemnities," or "ups and downs."

Moore's Music Studio, 225 N. Jackson St.

ATTITUDE IS CHANGED.

WASHINGTON, Jan. 11.—Chiefman Norris of the senate agriculture committee who for five years has prevented senate action on the Muscle Shoals problem because of his demand for government operation, today told the committee he would no longer fight against senate action.

If the people of the south do not want the cheapest power in the world developed, he said, it was useless to try further to force it upon them.

DECLARES EVERYONE SHOULD BE MADE TO SING BY LAW.

LONDON, Jan. 11.—Everybody should be compelled by law to sing when they are young, because of the disciplinary effect of music, in the opinion of Sir Hugh Percy Allen, director of the Royal College of Music.

"And folk shouldn't discontinue singing when they have grown up," he said. "We talk too much and sing too little. We listen too much to music and do not sing enough of it. Music is one of the very best disciplines in the world. Singing teaches the singer courage, and combined singing, humility."

Barnes Beauty Parlor, Export operator in attendance, Phone 189-J for appointment.

DR. NERBAS DENTIST

Painless Extraction Gas When Desired Pyorrhea Cured Phone 488 Masonic Bldg.

State Press Comment

The New Way. The Country Gentleman points out that in an Ohio county, where farmers keep records of their year's work, the three men who had the highest net income work of only six minutes a day longer than the three whose profits were the smallest.

The man who worked the longest hours stood more than halfway down the list. This goes to prove that it's not how long one works, but how he works, that counts.

Brain work, efficient planning, good management are as essential to farmers as to any other business. The time was when the farmer did put in long hours of hard manual labor. But the system of production and distribution has changed since then.

Intelligent effort is taking the place of hard physical work. Albany Democrat-Herald.

Hatching War. Eggs are being laid at this very time and in quantity that promise to hatch out future wars. And in those wars the United States may be one of the chief combatants.

It will take a high degree of good statesmanship to addle those eggs. This is the belief of Secretary Hoover. Those who brood are the attempts of other nations to corner certain essentials of life and trade, of which those nations produce the greater part.

Prominent among these essentials are rubber, coffee, nitrates, sisal, potash, camphor, iodine, mercury and Egyptian long staple cotton. In some of these is the United States a great producer, though in all of them she is the chief consumer.

Rubber and coffee are vital necessities in American life, or at least we think so. Great Britain has the monopoly of the former and is charging us more than three prices for it by virtue of government control of the supply.

Brazil produces the coffee, because that government backs the coffee planters, we pay two prices for our cup of coffee. Brazil has just closed a loan of \$50,000,000 to enable her planters to hold their coffee for the top market price.

So rich are the rewards for this kind of government monopoly of these materials that Mr. Hoover believes we shall see practically all the controllable products thus cornered and offered to us at profiteering prices.

Nearly all these products are of tropical or semi-tropical origin, in regions not controlled by the United States. There are three attitudes our nation can take toward the combination: (1) to acquiesce and pay the price demanded; (2) to compete as far as possible by planting in the tropics; or (3) take up trade retaliations.

Trade retaliations are not to be considered, so says Hoover and so Trade retaliations are the beginnings of actual war. Most recent wars began in that way. It is not wise to sit down meekly and pay outrageous prices for anything. But it is allowable when possible to restrict our buying, save our scraps and produce as much as possible of our own requirements. This last method is a slow process, but in time it will bring about the desired end.

However, there is a better and shorter way. This is to meet about a round table and thrash out the problem. No single nation nor any combination of two nations, holds all the cards in such a game. Each has values to trade; and in such a council the effect of these holdups on trade in years to come can be weighed and traded in. America will not buy war. We will not fight and die for poor cup of coffee and our spare tire. We have the good sense to settle the matter without blood.—Portland Telegram.

Rx — A Little Florida. Governor Pierce seems worried lest Florida real estate boomers, sending a surcharge of boomers to the state, will turn their boosting activities to Oregon and promote a little emigration and consequent development in this retarded commonwealth. Hence he has urged the state real estate commissioner to carefully scan the applications for realtor's licenses, lest a few live wires are admitted to start something.

If Oregon could secure only a fraction of the publicity that Florida has received, it would be well worth the price of a boom, for Oregon has the goods when it comes to climate, scenery, opportunities, fertility of soil, and natural resources. A boom here could not have the reaction that those in southern California or Florida are bound to experience, because the latter are based largely upon bunk.

Oregonians themselves will never start anything in a big development way—they have too little faith in their state and its parties. They will finance wild-cat oil wells in Texas and elsewhere, and buy chapparal plantations on Mexican islands, and lower their heads to the latter, but they will do anything to develop Oregon.

Due to the lethargy and indifference characteristic of Oregon, the state is but little known in the nation. Practically the only thing we have done to attract national attention is the passage of freak and racial legislation, which has had an unfavorable reaction. So little is known of even Oregon's scenic wonders that Ford's Dearborn Independent places Mt. Hood back of Seattle and the New York Times, in its pictorial section, puts Horsetail falls and the Columbia highway in Washington, while the United States navy still thinks the Columbia lives a crew too shallow navigation.

A little Florida booming of Oregon would educate the country about Oregon. Perhaps it would cure our sleeping sickness and usher in an era of progress and development. It would be worth while trying.

for it is better to have Florida boomers selling Oregon in Florida than to have them selling Florida in Oregon. — Salem Journal.

A LADY'S BEAUTY STUDIO FOR LADIES

Free shampoo with marcel during January. Special prices on facials and scalp treatment. We are glad to help you improve your self. Consult us on removing spots, a hair from face. Beauty Shop, Salem Bldg. Phone 296-J. Beauty Studio, Roseburg Nat'l Bank Bldg. Phone 212-J.

FOUR MEN INJURED IN TOBOGGAN WRECK

BELLINGHAM, Wash., Jan. 11.—Four Bellingham men were injured yesterday afternoon when a toboggan on which they were riding tumbled to negotiate a steep incline on Table Mountain, in the Mount Baker district. They are: Bennett Josephson, 25, jaw broken, body bruised, with possible internal injuries. Elmer Josephson, 22, possibly injured internally. Frank Lindgren, 22, shoulder bone broken, suffering from shock. Howard Scarseth, cut and scratched, suffering from shock. A fifth member of the party was not injured.

RUM

Bay rum allays irritation after shaving and protects your face from the cold. Only the best should be used. We have both imported and domestic at reasonable prices. Lloyd Crocker.

THREE DIVORCES GRANTED IN CIRCUIT COURT DURING WEEK

Three divorces have been granted in the circuit court. Hulda Hiltroft accused her husband, C. H. Hiltroft, of spending all of his time at the pool halls and using the rest to give him any more money he became angry and deserted her, she told the court. She received a decree of divorce and the return of her maiden name, Hulda Milliken. Allen J. Cronk was granted a divorce from Minnie A. Cronk on the grounds of cruel and inhuman treatment. Both of these couples were married in Roseburg the first of August and the second in October, 1923. John T. Long was attorney for the plaintiffs in both actions.

The third divorce was granted today to Edna McComas from Charles McComas, on the grounds of cruel and inhuman treatment. Attorney W. Marsters represented the plaintiff.

Special prices next week on stamped needle work at the Art and Baby Shop.

AUTO STEALING SYNDICATE CAUGHT

(Associated Press Leased Wire.) SAN ANTONIO, Texas, Jan. 11.—Information that is expected to lead to disorganization of a nation wide automobile stealing group was obtained today by city detectives in questioning a man arrested here for the theft of an automobile.

This syndicate, directed by a "master mind" in Washington has had police of the entire United States baffled for more than five years, authorities say.

The system of the ring, according to evidence, is in the hands of the police, is this: The local operative of high class cars takes the license number and learns the engine number. At the first opportunity he changes the motor number. He writes to Washington to the head of the ring and obtains a District of Columbia license for the car under the altered motor number. He then steals the car, drives or sends it to some middle western city, where the ring has "sales agencies."

Police found the man they arrested had two license numbers of expensive automobiles owned locally.

Cook with gas. TRACK SCALE TEST SAID REMARKABLE

(Associated Press Leased Wire.) SALEM, Ore., Jan. 11.—A remarkable record in track scale testing has been made by George H. Kaiser, candidate for the public service commission, according to a letter of commendation received from the United States Bureau of Standards, Department of Commerce. Of 13 tests made by Kaiser in 1925 nine were perfect, while of over 7500 tests received from other testers throughout the United States only one was perfect. "Zero error" is the bureau's term for perfection.

Specials next week on infant's stamped dresses, children's party dresses and boy's play suits at Art and Baby Shop.

CITY JURY LIST DRAWN

The following men have been selected as jurors to serve on city court juries during the coming year: H. Worthington, E. S. Cocke, D. B. Huber, W. F. Harris, C. L. Hadley, W. L. Cobb, A. O. Rose, Herbert Quine, W. E. Orr, Lyman Spencer, Walter Fisher, G. H. Hobbie, J. D. Newland, J. E. Pickens, E. B. Evans, John Flurry, J. K. Falbe, A. J. Libura, L. H. Hutchins, Jos. Shackley, L. L. Bell, E. A. Pettay, Jake Gordon, Geo. Chandler, J. M. Schaeffer, Leon McClintock, W. H. Gerretsen, Jay Puleher, H. C. Parslow, J. F. Barker, W. F. Chapman, Joseph Knotts, H. C. Darby, Ralph Quine, P. E. Foster, N. Fullerton, W. S. Hamilton, E. F. Marden, C. A. Lockwood.

Now is the time to trade that old car in for a better one before getting a license. See our list of used cars. Hansen Chevrolet Co.

REALTORS GATHER FOR BIG MEETING

(Associated Press Leased Wire.) SEATTLE, Jan. 11.—Men and women from Montana, Oregon, Washington, Idaho and British Columbia, gathered here today for the opening of a two-day mid-year convention of the northwest real estate association.

An address of welcome by John P. Adams, president of the Seattle board was followed by reports from H. M. Bonnar, retiring president of the association, and T. W. Zimmerman, association secretary, and an address by Fred K. Jones, former president of the organization.

A secretary and treasurer were to be elected this afternoon. A. H. Barnhisel of Tacoma, had already been named president.

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CHURCH WEDDINGS STOPPED BY SOVIET

(Associated Press Leased Wire.) MOSCOW, Jan. 11.—Church weddings are being dispensed with in Soviet Russia because of their expense and also because religious marriages no longer are recognized by the state. Instead of going to the parish church, many young couples go straight to the state marriage license bureau, where they can be made man and wife in five minutes at a cost of \$1.50.

A church wedding without music costs from \$5 to \$25 and one with a vocal chorus and the lengthy orthodox ritual from \$20 to \$100.

STUDENT BUILDS NO YEARLY MODEL

(Associated Press Leased Wire.) NEW YORK, Jan. 11.—Two jewelers were robbed today of a bag containing more than \$100,000 worth of uncut diamonds by two men who knocked them down with pistols in 48th street, near Fifth Avenue. The robbers escaped in an automobile.

The victims, Albert L. Goudvis, of Goudvis Brothers, diamond brokers, and Emanuel Veerman, an employee, were on their way from a bank in Fifth Avenue to the firm's office. Seven shots were fired at the fleeing robbers by policemen. The robbers' automobile was lost in the heavy traffic in the grand central terminal district.

Traffic policemen said the car resembled those used by the deputy inspectors.

Dented fenders and bodies made to look like new at Devany's Give us a trial and be convinced. 406 Cass St.

FIRST QUEEN OF ITALIAN BIRTH IS LAID TO REST

(Associated Press Leased Wire.) ROME, Jan. 11.—Margherita of Savoy, Italy's first queen of Italian birth, was laid to rest today in the Pantheon tomb of the nation's illustrious dead, where also lies the body of her husband, King Humbert, who was assassinated in 1900.

The body was brought from Bordighera where the queen mother died, January 4 on a special train which made one minute stops at all the principal stations en route to the capital. Arriving here, it was conveyed through streets draped with mourning to the Pantheon. There a short ceremony was held after which the body was entombed in a special apparatus above that containing the remains of King Humbert.

SOCIALISTS SEEK CONTROL OF GOVT.

(Associated Press Leased Wire.) PARIS, Jan. 11.—The workers of France must gain control of the government either by legal or illegal means, Leon Blum, leader of the Socialist party declared today at the resumption of the Socialist national congress.

The congress was expected to vote late today on the question of Socialist participation in future governments. A non-official count yesterday, showed a majority against such participation. "Socialist participation in power cannot be shared," M. Blum declared in his address. "There must be complete possession of power by the working classes—a conquest which cannot be limited to legal motions but achieved by revolutionary methods if need be."

"Certainly it would be preferable to assume power by legal means, but all means are legitimate to insure power to the working class."

"There are laws that can and must be modified. This I am for a conquest of power within or without legal methods but once this power is assured, it must be exercised within legality."

BEAUTY CHATS

THE WOMAN TRAVELER

More and more women are becoming commercial or social service travelers. Thousands are on the road everyday. They have beauty problems quite different from those of their stay-at-home sisters.

The most important question is one of space. These days we travel light, preferably with a suitcase. The woman traveler wears her tailored suit and possibly carries a dark coat. But she has to pack at least one dressy gown, with hat, gloves, shoes and slippers to match, as well as underthings and toilet necessities. She hasn't much space for little luxuries.

She must, more than anything else, carry cold cream, for no amount of soap and water will remove the grime of a railway journey from her skin. I'd advise her to carry a jar of my own special cream, which in my pamphlet "Beauty" is called cleansing cream but which, if she makes it up with olive oil instead of mineral oil, will be a flesh builder as well as a cleanser and which will protect her skin from bad weather and bad climates. She can make up enough of this at home to last her on her travels.

For the rest, she should carry a small bottle of hair tonic, for she must wear her hat a lot, and this is very bad for the hair. If she can go bobbed, so much the better for her. She must have a small box of face powder, I really think the compact kind, which can't spill around, is the easiest to take. Any one of the many kinds of compact manure sets should be included, for these take up little room.

With these, and rouge, perhaps (for she must always look fresh and a little color judiciously spread on does help) she is properly equipped. A white cream lip stick in the handbag will keep her lips from chapping. Soap should be the hard water kind since many cities still have hard water.

Anxious Ann—If you keep the adhesive plaster soaked with hot water, while you are loosening it from the skin, it should not give you any discomfort. It is a very easy matter to remove adhesive plaster if you use a little alcohol on it.

Business Girl—To massage the chin, place the thumbs at the corners of the mouth, and then use the fingers to massage all the muscles under the chin, working from the center outward if there are any lines to be removed.

For a double chin, massage the throat under the chin, and lift the muscles with each stroke, which should be upward and outward. An ice rub, or a very cold water shower should always follow after massaging the chin, for lines or for a double chin.

Efficient Housekeeping

NEW DISHES THIS WEEK

TOMORROW'S MENU

Breakfast Grapefruit Cereal Creamed Dried Beef Pop Overs Coffee Luncheon Scrambled Eggs Wholewheat Bread Stewed Prunes Cookies Dinner Cocoa Baked Ham and Cheese (with Potatoes) Lima Beans Celery Orange-Cocoanut Pudding Coffee

Baked Ham with Cheese: Buy one and one-half pounds of ham cut one inch thick. Fry it slightly on both sides, then cover it with three cups of sliced raw potatoes. Season with a dash of pepper and add a pinch of salt (unless the ham is extremely salty). Now sprinkle with one-half cup of mild American cheese either grated or finely chopped, and place one cup of bread crumbs over all. Cover the ham with cold, sweet milk and slip the pan into a moderate oven to bake for one and one-half hours. Serve hot.

Orange-Cocoanut Pudding: In the top of your double boiler put four cups of cold, sweet milk and three-fourths of a cup of sugar; add four egg-yolks well beaten with one-fourth cup of additional sugar, a pinch of salt and three teaspoons of cornstarch powder. Stir till the mixture is well blended, and let cook for 15 minutes. Now remove the pudding from the fire and add to it one tablespoon of granulated gelatine previously soaked in one-half cup of cold water. Allow to cool till it begins to set; when the mixture adheres to the sides of the bowl, add one cup of shredded cocoanut and one-half tablespoon of vanilla extract and fold in the stiffly-whipped whites of four eggs. Line a cold, wet mold with slices of orange and pour the custard into it. Set aside till completely hardened.

"Jelly from Apple Parings: (Contributed by Mrs. M.) Save apple cores and parings when making apple pie. Put them in a pan and cover with cold water; bring to a boil and let simmer till they are soft pulp. Then put through doubled cheesecloth or a jelly bag, and not only let the juice drip through, but squeeze out what is left in the pulp. Put this juice over the fire, after measuring it. For every cup of the juice add one cup of sugar (often only one cup of sugar will be enough with two cups of the juice if too much water has not been used in cooking the cores and skin). When two drops will form at the same time, when a little of the jelly is raised high in the air in a spoon and dripped back into the pot, it is time to turn the mixture into hot, sterilized glasses. Allow to cool and stiffen before covering with melted paraffine wax."

Tomorrow—Answers to Inquiries.

Diet and Health

By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

NORMAL WEIGHT AND CAUSE OF OVERWEIGHT

REDUCING LESSON NO. 2

I'm conducting a new reducing class, as I do the first of each year; for I know that I can do more effective work in the prevention of disease and promotion of health by teaching how to attain and maintain normal weight, than I can in any other way.

While normal weight isn't the only thing we have to go by as a standard of health, it is one of the most important things, for maintained normal weight certainly indicates the absence of any serious disorder.

What is my normal weight? A general rule for finding ideal adult net weight is as follows: Multiply number of inches over five feet in height (without shoes) by 5. Add 110. If under five feet, multiply number of inches under by 5, and subtract from 110. In other words, if you are five feet tall, you are allowed 55 pounds more, or less, respectively.

You may vary 5 to 10 percent above or below this figure, and still be normal, depending upon the heaviness of your bones. Those with heavy bones naturally can weigh more, and vice versa.

We all have a certain amount of fat to round our contours and cover our bones. This is normal; but when the fat accumulates to the extent that it frankly exceeds padding on the exterior, we know that the internal organs are also blanketed in the same manner, which isn't so good.

What is the cause of overweight? There is only one cause for overweight in 95 cases out of 100, and that is overeating for the needs, usually coupled with under-exercise. This holds good for those who think they have inherited their fat, and for those who think it is due to some operation, or to the menopause, or to auring and pregnancy, or to any

other factor. Overeating for the needs! This doesn't necessarily mean that you are a glutton, although of course, you may be! It simply means that every day you have averaged a few more food units (calories) than your activities called for. (I'll explain more about calories later.)

Now, I must start you on your course. I'm going to put you on 1200 calories a day after I get you started on a normal occupation needs around 220 calories daily, so 1200 means 1000 calories less than you need, and these 1000 calories will be supplied by your own fat, and it will take four ounces, or a quarter of a pound to do it (one pound of fat amounts to 4000 calories). At that rate, you will reduce around two pounds a week, which is all you should lose. In some cases it is too much.

But if you want to get a glorious start, I'll let you lose from five to ten pounds (of weight) in the first three days. You do this by going on a liquid or semi-liquid diet averaging 600 calories daily for these three days. We have called this start the shrinking-stomach period, of which more later.

If you like skim or buttermilk, take a glass of that every two to two and one-half hours. One glass (8 ounces) is 80 calories. Two quarts would amount to 640 calories. If you use whole milk, you can take only half the amount you would of the skim or buttermilk for it has twice the fuel value. If you don't like milk, take orange juice—a scant glassful, 100 calories. If you want tea or coffee with cream or sugar, or both, remember that one small spoonful of sugar is 25 calories and average cream is 100 calories for one and one-third ounces about three tablespoons. Coffee and tea themselves are

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