

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, FRIDAY, JANUARY 1, 1926.

ROSEBURG A SUBSTANTIAL AND GROWING CITY

Building records for the year 1925, just closed, show that Roseburg has enjoyed a greater growth the past year in the way of new business structures and beautiful and substantial homes than ever before in its history.

This county is the home of thousands of contented, happy and prosperous people. It has great wealth from an agricultural standpoint and offers inducements equal, and in many instances superior, to any other section of the state to energetic and thrifty people.

Ninety-two per cent of the people of this county pride themselves upon being American born. Educational facilities are the best. We now have eight groups of districts organized into union schools for high school purposes only with a combined valuation of \$7,961,640.

Every safeguard and assistance is offered the new settler in this county and we welcome you to the best in the West, with full assurance that you will not be disappointed by any claims made in the New Year's edition of the News-Review.

THE THRILL OF THE NEW YEAR.

The bells that ring out the old year and ring in the new are just the same ones that ring every day in the year. But somehow as these chimes sound aloud, a new thrill attaches to them.

During the year just closed—1925—not a single flake of snow fell in Roseburg. In the vernacular of the street urchin we would say, "this is some climate."

To its many thousands of regular readers the News-Review extends its best wishes for a Happy New Year and continued prosperity throughout 1926.

Write it with a six—the five has been crowded off.

Rippling Rhymes

GETTING AND QUITTING. It is good to get the dollars and to put them in a pan; sages, gentlemen and scholars all endorse this thrifty plan, and they push against their collars and acquire what coin they can.

The newspaper is the university of today. It is perhaps the most important factor in the steady raising of the level of intelligence in America. In millions of instances, perhaps, it is the only printed intelligence that our citizens consult.

This is the day that all good resolutions go into effect.

LOOKING BACK TO 1925.

In America the year 1925 has been a rather quiet one. There have been no startling public movements. We inaugurated a president in March, but his policy has dwelt on economy and efficiency more than on the passage of new laws.

The people should not think, because the country is prosperous, that the need for philanthropy does not exist. All through the cities and towns there are those who have been hard hit by unfortunate circumstances, and who can not possibly meet the demands for money that are made on them.

A bill is pending in congress providing that after next June, the postoffice department shall not do the printing on government envelopes. If this government was being run on socialistic principles, such printing would of course be a legitimate proposition.

In spite of all the effort made to prevent the marketing of fraudulent and worthless securities, this evil continues. It seems pitiful that so many worthy people are constantly being induced to buy securities that have little or no value.

Two things that should be eliminated from our social life are the angle-worm mustache and the boyish bob. As we have neither we vote agin 'em.

The cold gray dawn of '26 Brings forth the Glad New Year. And Twenty-five must take the count While we stand by and cheer.

WORLD TURNING TO PEACE PATH DAWES ASSERTS (Continued from page 1) Drummond, secretary general of the League of Nations, in a New Year's statement today given to the Associated Press, emphasized that "too often it is forgotten, perhaps because of the very success which has been attained, that the League of Nations has existed for only six years."

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PRUNE PICKIN'S

By BERT G. BATES

GOOD MORNIN' SOAKS— There isn't much to life but this: A baby's smile, a woman's kiss, A book, a pipe, a fire, a friend, And just a little cash to spend.

DUMBELL DORA THINKS Light housekeeping is runnin' a lighthouse.

Some of the bozos who are want to whine a mournful lay regardin' the future of the ol' village are now kickin' up the dust somethin' fierce with their plim that the Natron cut-off is goin' to revert us back to a cow pasture and if it does it'll be a lotta fun settin' on the front porch and watch the lawn-mower rust as we sing this little hymn:

"The trains don't stop In our hum town— The woodpeckers pecked The depot down!"

The galoots who are pessimisticin' around thuse are the offsprings of the ol' timer who predicted grass would be growin' along the main stem if we ever bonded ourselves to buy pavement.

It must be a tuff ol' life to live and watch your well-aimed predictions miss the mark a coupla thousand miles.

They didn't blow the fire siren ystiddy eve at midnight on acct. of bein' afraid some dutiful fireman would be called off of a neckin' party. That's wot we term brotherly love, feller citizens!

We attended the rasslin' match at the armory ystiddy p. m. and there's no wonder Papa Time picked up his sickle and beat it at midnight. Let us hope and pray that little 1926 will live to see the Charleston gracefully berried and the devotees laid up with rheumatiz.

One nice thing about havin' the wife along to watch the ol' year out and the new one stagger in is that you don't hafta explain where you got that Autumn taste and the sad look in yer eye.

Some of those yodelin' tenors oughta stay home now and then to satisfy the hypercritical ear of their "eighteen-month-olds."

It has been rumored around that ye ol' has been doin' a little art work on the side and only last night a little gal approached us and said with down-cast eyes: "Do you ever do anything in the nude." And we murmured sweetly, "We sometimes take a bath."

A bambino socked us on the back this a. m. and said, "Happy New Year" but his clammy handshake would have been a good advance agent for the undertaker.

HELL HATH NO FURY LIKE— A woman cheated out of gettin' to her neighbor first with a choice morsel of gossip.

One of the office force failed to show up for the inspirational grind this a. m. and his wife called up, statin' that he sat on the cold ground last night and caught cold in his tonsils.

Somehow or other we think this New Year would be a dern sight nicer if the income tax was not so dern close upon us.

The painted scene upon milady's back is the newest innovation of Dame Fashion. It's a dern swell painter who can make a calm ocean scene on a gal with a coupla shoulder blades that look like water wings.

Down Frisco way they're usin' lectricity to produce an alcoholic effect upon the body without the usual odor upon the breath. An' Tom Ness has us all on a meter up here.

Some efficiency bozo says we should all stop and count a hundred before abusing anyone. If the feller is bigger than you are we suggest you count up to a million or more.

Here it is only ten a. m. and fourteen of our dozen New Year's resolutions are layin' on the floor lookin' like the remains of a misspent youth.

Two things that should be eliminated from our social life are the angle-worm mustache and the boyish bob. As we have neither we vote agin 'em.

The cold gray dawn of '26 Brings forth the Glad New Year. And Twenty-five must take the count While we stand by and cheer.

That got dern bill collector.

"It won't be long now until the village flappers will be payin' attention agin to the fellers who drive open cars."

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BEAUTY CHATS

TOOTH PRECAUTIONS

It is always a bad sign when your... As it, or rather, fresh blood, toothbrush turns pink as you clean... the spot will be a little your teeth, but it doesn't necessar...

When there is congestion, the blood is being stopped, or held back... a stream clogged up with muck and sticks. Clear this, and the blood flows normally. When it is stopped, the vitalizing quality goes out of it, it can't do your gums particular good. It has to go through its regular circulation, be revitalized. Massage the gums ten or a dozen times a day.

I wouldn't irritate the gums still more by using a very stiff brush. If yours is new and the bristles harsh, hold it under hot water before you use it, long enough to make it moderately soft.

Do this for gums that are apt to bleed or that are inflamed—you can tell by looking at them for they will be too pink. Wet your finger—it must be clean, of course, and rub it back and forth along the gums, pressing quite hard against them, and massaging the inner as well as the outer part of the jaw.

You'll see what I mean if you press your finger firmly against your arm. When you take it away, there will be a white mark where you've pressed showing that you have driven the blood away from the

Efficient Housekeeping

Another Reader Weekly, rejoiced that her economics has gotten her family out of debt...

The woman who is bent upon achieving a thing, is far more likely to realize her dreams than the woman who longs for something half-heartedly nursing a secret belief that it is out of her reach...

With this thought in mind, I wish you all a really Happy New Year!

A RESOLUTION FOR HOUSEKEEPERS

amount we set aside weekly for food."

Let us determine upon at least one big improvement in this coming year. It may seem so way of our reaching the goal, the improvement of our homes or our lives?

And when we are deciding upon what "big improvement" we shall aim at, let us not forget savings. If we have not already begun to save—what bigger improvement could we make this year?

With this thought in mind, I wish you all a really Happy New Year!

ANSWERS TO CORRESPONDENTS

Diet in Chronic Bright's Disease. Mrs. J.—In general, the diet in chronic Bright's disease must be low in protein (the meal elements in food). Therefore, meats and egg whites and fish should be used very sparingly.

All irritating substances like condiments and alcoholic should be omitted, and salt used very sparingly. All of the fruits can be taken except those that have an acid residue, and these are prunes, cranberries, plums and rhubarb.

Because spinach has some oxalic acid in amounts that are not harmful to the healthy kidneys, it should be parboiled and the water discarded. Special attention must be paid to avoid constipation.

We have an article that goes into the subject of Diet in Chronic Bright's disease, more in detail. You may have this for the request accompanied by a self-addressed, stamped envelope.

Sagging Colon. Mrs. H.—The large intestine or colon starts from the right side in the pelvis, goes up on the right to the liver (the ascending colon), crosses the abdomen (the transverse colon), and then goes down on the left side (the descending colon). When we speak of sagging colon, we usually mean the transverse.

It was found in a series of X-ray pictures of perfectly normal young women students at a certain college that over half of them had colons that were sagging which were lower than what we used to consider normal. I tell you this because perhaps the thought that you have organs lower than normal, has worried you unnecessarily. Of course there are cases of sagging of the organs that do give symptoms and these cases are benefited by a properly fitted abdominal support and exercises which will tone up

Headaches. H.—Headaches are not a disease in themselves. They are usually symptoms of trouble elsewhere in the body besides the head. Briefly, the common things to think of are the eyes, nose, intestinal trouble and pelvic trouble. You should have a complete physical examination to determine the exact cause.

Meanwhile see that your diet is right. Diet, diet, diet! We have to harp on that all the time because an improper diet is the cause of more sickness and death than any other one thing. Send for our article on Headaches and the one on Balanced Diet. Enclose your self-addressed, stamped envelope with your request.

K.—Yes, we have an article on Bolls. You need send only a self-addressed, stamped envelope with your request.

INTERSTATE COMMERCE COMMISSION CHANGE

WASHINGTON, Dec. 31.—President Coolidge has accepted the resignation of C. C. McChord, as a member of the Interstate Commerce Commission, effective tomorrow.

The President has submitted to the senate the nomination of H. V. Taylor, a Democrat of Mobile, Ala., to succeed him.

DR. NERBAS DENTIST

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