

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, THURSDAY, DECEMBER 24, 1925

PRINTING OF GOVERNMENT ENVELOPES.

The popular theory that the federal government is averse to engaging in any enterprise that competes with private business is about to be given the acid test through a bill introduced in congress by Representative S. A. Kendall, of Pennsylvania, who, by the way, will be remembered as one of the former owners of the Roseburg water and light systems.

Efforts in past years to accomplish the purpose of the Kendall bill has been met by the government's action in sending out brief questionnaires to all buyers of stamped envelopes whose names were printed thereon, asking them to state in their replies whether they favored or opposed continuance of the government's practice.

CHRISTMAS HAPPINESS.

From earliest history Christmas has been associated with thoughts of joy. Something about the day has seemed to excite people to a happy mood. People seem to forget their troubles and anxieties. To a large extent this sentiment may come from the custom of making gifts.

Roseburg was evidently never visited by the individual who exclaimed "what is so rare as a day in June?" A day in December in Roseburg would have challenged his greater admiration and doubtless brought forth a wealth of encomiums.

The nation feels justly indignant at the announcement that Brazil is about to raise the price of coffee. A goodly portion of Americans do not object to paying \$15 and up for a quart of lethal imitation of the stuff they once bought for about \$2, but when it comes to paying an extra few cents for a pound of coffee they have a right to consider themselves victims of downright robbery.

Henry Ford thinks the world has been afflicted with what he calls the "billy-wow-wows" since the war, and that old-fashioned dancing will help relieve that condition. Mr. Ford probably means by this expressive phrase that people have recently acted more like savage dogs and obstinate goats than like generous minded human beings.

It was good news when the Dail Eireann of Ireland accepted the recent settlement of their disputed boundary with the government of Northern Ireland. A few years ago they would probably have fought rather than give up any territory they thought was theirs.

Largely increased sales of bicycles are noted. They are a particularly fine possession for a boy or girl, and many adults find them a useful, quick and inexpensive method of getting around.

The rich resources and flourishing industries of Coos and Curry counties are ably heralded to the outside world through the columns of a 70-page Christmas edition of the Coos Bay Times, of Marshfield and North Bend.

The annual edition of the News-Review will be the biggest and best paper ever issued in Southern Oregon. And you'll say so, too, when you get a glimpse of the product.

The fellow that is all swelled up before Christmas goes down like a punctured tire when the bill collector starts out on his mission the first of January.

What to buy "her" and "him" is a problem that has been worrying a great many people the past few weeks.



ANOTHER CHRISTMAS.

Again the Christmas bells are heard, and I, an old, world-weary bird, look 'round me and exclaim, "I'd make some critter glad today, the soul within me yearns to play the grand old Christmas game. Is there a home where human hearts endure what poverty imparts, all hopeless of relief?"

MOORE'S Music Shop and Studio 225 N. Jackson St. Roseburg, Or.

Merry Christmas

With Kindest Thoughts and all Good Wishes for Christmas and the New Year Harth's TOGGERY

PRUNE PICKNICKS

BY BERT G. BATES

GOOD EVENING FOLKS— For a whole darn week You've been strugglin' Feverishly to think up Something original To say to you folks Out there On Xmas eve But now we're At the zero hour And the uncompleted Pome-lets and Pome-lets have Been tossed in the Yewmish' waste-basket So there's nothin' Left to do but Wish you a MERRY CHRISTMAS!

DUMBLETT DORA THINKS Brassiere is a thing to put plants in.

'Twas the night Before Christmas And all through The house Not a creature was Stirrin' not even A mouse— All because Paw's home brew Turned out sour.

Well, folks, 'guess we'll go out and do our Xmas shoppin' now that things have all been picked over and the selectin' is easier.

There's another Xmas poem: 'Twas the night before Christmas And all through the town Rushed hundreds of people, Each wearin' a frown; They pawed at the leavin's— Morose, glum and surly, For their Christmas shoppin' Had not been done early.

After Xmas then what— Ask Dad— He knows!

One of the waitresses in a local hot grocery joint, stood at parade rest yesterday eve when a bozo gave the following order: "Two eggs poached, medium soft, but toast, not too hard, coffee, not too much cream in it. The gal squinted her eye at him and with a mutter, said, 'Yes, sir, an' would you like any special design on your dishes?'"

It's hard enough to buy a Xmas present for one wife, let alone be in a Mormon.

Tomorrow is the day the head of the house splatters the gravy on the ceiling and dumps the dressin' in his lap.

The best Xmas present Prophet Bell can give us right now is weather that'll produce first class broccoli.

Soon as we recover from our Yuletide bust we'll draft some resolutions for the New Year bust.

Let's be the use sayin' Merry Christmas to a fellow when all you're thinkin' 'bout is yerself!"

DISPUTANT'S BULLETIN DISTURB WOMAN'S SLEEP

ASTORIA, Ore., Dec. 24.—On complaint of Miss Lyll Nordson, it was today learned that while she was sleeping this morning two bullets pierced her bedroom window and buried themselves in the wall near her head, officers arrested two men in a rooming house across the way.

It developed that the two had fought following an argument and one of them pulled a gun and fired twice at the other, the bullets going wild. The two men held are Otto Lauru and John Miska.

BANK LESS THAN YEAR OLD CLOSES

BOISE, Idaho, Dec. 24.—Because stockholders of the Western Commercial Bank at Caldwell were unable to meet an assessment of 100 per cent to meet losses on real estate loans and "frozen paper" the institution affairs have been placed in the hands of E. W. Porter, state commissioner of finance. The closure was voluntary.

Window and plate glass for sale at Metzger's.

DAILY WEATHER REPORT

U. S. Weather Bureau, local office, Roseburg, Oregon, 24 hours ending 5 a. m. Precipitation in ins. & Hundredths Highest temperature yesterday 62 Lowest temperature last night 47 Precipitation last 24 hours .0 Total precip. since 1st month 3.66 Normal precip. for this month 5.92 Total precip. from Sept. 1, 1925, to date .953 Average precip. from Sept. 1, 1925, to date .1245 Total deficiency from Sept. 1, 1925, to date 2.95 Average precipitation for 48 wet seasons, (September to May inclusive) 31.48 Generally fair tonight and Friday; moderate temperature. WM. BELL, Meteorologist.

MITCHELL ASKED TO HEAD COMMERCIAL AVIATION PROJECT

WASHINGTON, Dec. 24.—Colonel William Mitchell, sentenced by court martial to five years suspension from the army has been asked by the Aerial League of America, with offices in New York, to become its general director and supervise the organization plans for air way development.

A letter addressed to the colonel by Henry Woodhouse, president of the league, said the colonel's services were sought in connection with plans for establishment of 34 trans-continental trans-Atlantic, trans-Pacific and Pan-American airways; build an air junction at Muscle Shoals for 18 trans-continental, trans-Atlantic and trans-Pacific airways and to build the first two "air cities" in the world on land already purchased for the purpose at San Marcial, Sonora, Mexico, and tracts being bought in Arizona.

Colonel Mitchell is expected to decline the offer.

PROGRAM AT BIBLE STANDARD MISSION TENT TONIGHT

A Christmas tree and program will be enjoyed tonight at the Bible Standard tent. The program will start at 7:30 and beside the music and speaking there will be a short talk by the pastor, after which Santa Claus will distribute a treat to the children.

THEATRES

Liberty Theatre One of the funniest of animate objects is a fish. There's something about a fish that always suggests scenes floundering around on land, slipping out of the hands of the fisherman who is ready to tell a story about how big it was and how it got away. A goldfish scene brings down the house—especially when a soured individual gets in a mix-up with it.

The odorous "Fish Alley" at Los Angeles harbor, where the motley fishing fleets come in with their catches from the sea, is used in several scenes in "Keep Smiling," the new Luxon picture, starring Monty Banks, which comes to the Liberty theatre Friday. The lowly fish rises to cinematic fame. In one scene Monty Banks is driving a speeding motorboat, about which he knows very little, and he soon runs afoul of a fishing seine and litters his craft with all varieties of odd fish. The cast of four fishermen find lodging in most embarrassing places.

There may be things funnier than a live fish out of the water and trying to get back, but we haven't seen 'em.

Majestic Theatre There's one prisoner less in Sing Sing!

Tom McElhan, a convict-for-a-day for scenes in his newest Paramount picture, "The Man Who Found Himself," a prison story written especially for the star by Booth Tarkington, recently "broke jail," hopped from a bridge to a fast-moving freight train which carried him to freedom while several hundred inmates of the "college on the Hudson" looked on with a half-hearted "they-did-it-the-movies" grin.

In "The Man Who Found Himself," which will be the feature at the Majestic theatre on Xmas, Tom, as vice-president of his father's bank in a small Hudson river town, is suspected of having taken a considerable amount of bank funds for his own use. A rival banker puts the examiners wise. Result: a two years' vacation "up the river" for the star.

By frustrating an attack on one of the guards, Tom is made trustee, and he takes advantage of his new position to make his escape when he hears that "the girl back home" is to marry the man who sent him to jail through trickery. So on he goes, while prisoners peering from the barred windows high above the courtyard wondered just how far they'd really get if they tried the same thing.

Antlers Theatre That much abused term "all star" may legitimately be applied to the notable cast of film favorites who help make D. W. Griffith's latest photodrama "That Royle Girl," one of the current season's outstanding successes.

Carol Dempster, whose wistful beauty and sensitive acting has won her an enviable following, portrays the title role in this vivid film version of life in the jazz belt and underworld of Chicago.

W. C. Fields, the famous Follies comedian, who won the wholehearted approval of both critics and public with his inimitable characterization in "Sally of the Sawdust" again plays the no-account "Pop" of Miss Dempster.

James Kirkwood, prominent leading man both on the stage and screen, has the principal male role—that of the strait-laced New England district attorney who falls in love with "that Royle girl."

Harrison Ford, the fourth featured member of the cast, impersonates the important character of Fred Kellar, the flashy and popular jazz composer and dance orchestra leader. At Antlers Xmas, matinee and evening.

The management of the new Oriental Gardens, Roseburg's most elaborate ball room, have decided not to open this wonder palace until after Jan. 1st. So the Swanee Sereaders are making the New Years dance an affair long to be remembered. SEE US GO.

BEAUTY CHATS

STIMULATE THE SKIN

There is one great thing to learn about the skin: it must be stimulated until it glows, every single day. Then you'll have a perfect complexion.

Here's a once-a-day face treatment that will give you a skin like the rose petals for satiny lines. First: take a generous amount of cleansing cream and rub well into the face and neck, first tying back the hair so it does not get greasy. Then wring a face cloth from hot soapy water, and wash the cream off, and the dirt that has worked itself well into the pores of the skin. Wring the cloth again out of hot water and hold all over the face, and again and again, until your skin is red and glowingly warm.

Then vary the treatment according to your age and the character of the complexion. A dry skin or a wrinkled one must have a message with flesh making cream to follow. An oily or a very young complexion can have the briefest rubbing with cleansing cream again, wiped off at once, and followed—the treatment now becomes the same for every face—by a strong astringent. The beaten white of egg, diluted with its own amount of water and of vinegar is very good, a strong solution of tincture of benzoin is good, and nothing is better than a ten minute rub with a piece of ice.

The treatment is ended by wiping the face gently with a soft towel and then powdering. If the chin line is sagging, rub hard over the loose muscles with your cream, and use your astringent more thickly here. Rub back and forth with the ice. If you use it, from the front of the chin down the neck line.

Such a treatment will open the pores and cleanse them of dirt and waste matter, and shrink them in their cleansed, refreshed condition to the inconspicuous state nature intended for them. Try this and see how you like the results.

Doubtful Jane—To measure the chest expansion, force all the breath out of the lungs and measure snugly under the busts, then expand to full capacity and measure again. The normal expansion for a woman should be about three inches, and if it is below two inches it shows that she is not breathing correctly.

Mrs. Charles B.—When there is any slight disorder such as a cold or indigestion, a fast for twenty four hours will be all that is needed to bring about a complete cure. Never force your appetite at any time as nature often takes it away so the system can make some adjustment.

Marie G. J.—The peroxide blonde has almost ceased to be, fortunately, for she never improved upon nature through bleaching her hair to that unnatural shade of gold.

Tomorrow—About Teeth.

unmarked little cakes are temptingly attractive.

M. A. P.'s Fruit Cake: Mix together one and one-half cups of raw grated sweet potato, one-half cup of corn syrup, one-half cup of light brown sugar, one tablespoon of butter and three beaten eggs. Add one-half teaspoon each of ground cinnamon, nutmeg, ginger, cloves and salt. Also add one cup each of seedless raisins and dried currants and one-half cup each of shredded citron, chopped almonds, shredded orange and lemon peel mixed, and one cup of chopped English walnuts. Stir all well and bake two hours in a greased pan in a very slow oven.

Pork Fruit Cake: Pour one pint of boiling water over one pound of finely-ground salt pork, then stir in one pound each of seedless raisins and dried currants, one-fourth pound of citron, chopped, two and one-half cups of granulated sugar, one and one-half cups of molasses, two teaspoons each of ground cinnamon and cloves, one teaspoon each of ground allspice and nutmeg, two teaspoons of soda and seven cups of flour. Bake two hours in a slow oven. This makes three large loaves. Halve the recipe if too large for your family.

Ordinary cookies cut into star shape will delight the children at Christmas. I know of one clever mother who traced the outline of a Christmas tree on tissue paper from a child's picture book, then cut a stiff cardboard tree from this pattern. She laid the cardboard on cookie dough and with a sharp knife cut around it—this originating a little cutter of her own. Tomorrow—Decorating the Christmas Table.

Diet and Health By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

ANSWERS TO CORRESPONDENTS

Carbonated Drinks. J.—The so-called soft drinks, made of carbonated water and fruit syrups and put up by reliable firms, are not harmful. On the contrary, they are fairly good energy food, and very refreshing.

The number of calories in a bottle of soda depends upon the size and degree of sweetness. A one-half pint contains from 100 to 150 calories. Three cubes of sugar count 100 calories, and you can judge the number of calories in the drink by estimating approximately how much sugar you think it takes to make it as sweet as it is.

Ice cream sodas are also good harmless food drinks in moderation, but the calories—of oil 350 to 550, depending upon the richness.

For those who are reducing it is best to take plain carbonated water, when fountain drinks are taken. It doesn't register in calories.

Infected Jaws. Mrs. H. wrote asking about an infected jaw, but her letter was returned for some reason. (Evidently she did not address it correctly to the newspaper which carries my column.) The returned letter found her in the hospital for that same infected jaw, and it was found to be caused by an infected wisdom tooth which was impacted. (That means it had not erupted through the gums. If it had not been for the providence of God working through the very best mouth surgeons in the country, I would have died easily," she writes. I'm glad you didn't believe that God won't do anything for you unless you ignore his agents and other material help. Mrs. S. Infected jaws may become very serious and one should seek a skillful dentist or surgeon immediately. Impacted teeth are not uncommon cases of infected jaws. The X-ray will disclose if the teeth are the cause of this trouble.

One Danger in Vegetarianism. Mrs. H.—It sometimes happens that vegetarians (those who eat no flesh foods of any kind) have a diet that is deficient in protein. Protein is one of the very essential foods, because the tissues of the body are largely made of protein, and if you don't supply enough they are going to suffer, naturally. You should have 250 to 350 calories of protein each day, so if you are a vegetarian you will have to take more milk, cheese, eggs or nuts than usual. I'll give you a list of foods with the protein calories: Calories of Protein in 100-Calorie Portions of Foods Bread, 1 slice (1/2"): 7; Highest: 12 to 18 calories protein; Cooked cereals, small cup (oatmeal): 10; 10 to 18 calories protein; Rice, 1 small cup, 16 calories protein; Macaroni, 1 small cup, 15 calories protein; Whole milk, 5 ounces: 20 calories protein; Skim and buttermilk, 10 ounces: 35 calories protein; Cheese (cottage cheese), 2 tablespoons: 75 calories protein; Eggs, 1 and 1/2, 36 calories protein; Very lean meat and fish (2 to 3 ounces): 50 to 75 calories protein; Peanuts, 10 to 12 double: 20 calories protein; Almonds, 12: 13 calories protein; Walnuts, 1 to 6: 10 calories protein; Beans, 1 1/2 cupful, 20 calories protein; Green Peas, 3/4 cup, 28 calories protein; Corn, 1 1/2 cup, 11 calories protein; Onions, 3 to 4 medium: 12 calories protein; Potato, 1 medium, 11 calories protein. (Continued on page four.)