

The Sensible Gift

Interwoven Socks for Christmas

Gifts are appreciated for the spirit in which they are made and for the taste with which they are selected. Give him something to wear but see that it is something that he will wear. We have devoted much thought to our Christmas furnishings and you are assured of finding the right quality, the right pattern, and the right price.



For a Sensible Serviceable Christmas Gift You Can't Beat Those Famous Interwoven Socks



Lisle lined wool in stripes and heathers—Biscuit Shades and Antwerp Blue. 75c

EVERYTHING FOR HIS CHRISTMAS Shirts, Garters, Ties, Mufflers, Caps, Gloves, Hats, Sweaters, Belts, Pajamas.

Wool and Silk in all the new colors and patterns. \$1.00

DUDS FOR MEN, Inc.

QUINE BROTHERS

LEISURE HOURS

The most industrious housewife is entitled to some leisure. Few women who carry their groceries home in a basket realize the many hours that kind of drudgery consumes in a year. Our complete service makes this labor and loss of time unnecessary. We deliver free and charge the goods if you have a credit account. We have a good supply of Oranges, Candy and Nuts. Our line of groceries is complete. Phone us your orders.

ECONOMY GROCERY

O. L. JOHNSON Phone 63 The Store That Serves You Best. 344 N. Jackson St.

NEWSY BITS

HOME—A Fascist opinion given by Senator Cippico during debate on a bill curtailing freedom of the press: "The press and the moving pictures have been too long in Italy uncontrolled schools for crime. The government intends to put an end to this shame."

LONDON—A Christmas cake weighing more than a ton has been made by a 71-year-old baker. Into it went 2500 eggs. S. F. Stevens has been making Christmas cakes for 26 years, each one bigger than its predecessors.

NEW YORK—Having taken Henry Ford's advice to come to Broadway with big enchanted (fiddle) and make some money, Melville Dunham now has a vaudeville contract. Melville would not take more than \$3 nightly for playing for Henry Ford, although the family home at Norway, Maine, was threatened with sale for taxes. A friendly editor has now paid the taxes. Everything seems coming Melville's way except that in Augusta, Ga., Mrs. Mattie Borrill insists that she wrote a waltz attributed to Melville when he played it for Henry's dancing class.

BUDAPEST—Henry and Melville would be welcome here. Foreign jazz is taboo after New Years. Musical comedy and light opera are having a pre-war vogue.

This week we will sell (one to a customer), pure aluminum 5-quart teakettles for 90c. Only 24 to be sold. Big sale of Gold Seal mats, 18x36 size. Fowells.

Put that personal touch to your Xmas greeting cards by having your name printed on each card. See the News-Review office for a nice line of samples at a reasonable price.

Barbecue sandwiches and coffee—Oh, Boy!

Does Your Back Ache?

Bad Backs Bring Suffering to Many Roseburg Folks.

Is that dull, constant backache making you old and miserable? Does your back throbb and ache until it seems you just can't keep going? Do you suffer headaches, dizzy spells and urinary disorders? Feel weak, tired and worn-out? Then look to your kidneys. Delay may mean serious kidney sickness! Use Doan's Pills—a standard diuretic to the kidneys. Doan's are recommended by Roseburg folks. Mrs. Laura Kimball, 232 S. Flint St., Roseburg, says: "My kidneys were always weak and if I took cold it settled in my back and I suffered dreadfully. I couldn't hold out to sweep the floor. Also my kidneys acted irregularly. Doan's Pills relieved these attacks, strengthening my back and kidneys." 60c. at all dealers. Foster-Milburn Co., Mfrs., Buffalo, N. Y.

Travel To SAN FRANCISCO

Los Angeles and Way Points BY PICKWICK STAGE

Two Schedules Daily—Leaving Terminal Hotel 7 A. M. and 3:35 P. M.

Table with 2 columns: Route and Fare. One Way Fare to S. F. \$14.75, Round Trip Fare to S. F. 29.00, One Way Fare to L. A. 26.60, Round Trip Fare to L. A. 50.00

Two Days to San Francisco and Three Days to Los Angeles by Pickwick Stage

CALL

Terminal Hotel

Phone 586, Roseburg, Ore., for information

BEAUTY CHATS

EMERGENCY TREATMENTS

Suppose you are working in an office and a little more tired than usual at the end of the day, and someone very particular calls you up and wants you to go out that evening. And you simply cannot look tired, you must look as though you had spent the whole day resting and amusing yourself. Do you know what to do to look perfectly fresh.

If possible, get into a hot bath as soon as you get home, and lie down five or ten minutes before dressing. Sea salt in the water makes it specially refreshing, too. But if you can't do this, if you haven't time, try this—

Have a cup of hot tea as soon as you get home; that soothes and refreshes. Change your shoes for slippers, take off your dress, tie your hair back and smear your face and neck with cold cream. Spread some on your elbows, and rub the face and neck with your hands. Get the cream over your hands too, and around your finger nails.

Now wring your face cloth from hot soapy water and wipe the cream from your face, neck, and arms. Hold the cloth over the face a few minutes, till the skin turns quite pink. Rinse with cold water or rub with ice for a moment, clean the nails and scrub the hands thoroughly to get the cream from them.

Powder the skin and brush the hair vigorously with a hair brush. Spend whatever time you have left sleeping and polishing your finger nails. If your eyelashes are powdered, rub them with cold cream; it makes them glossy and thicker in appearance. Rest all you can in the few moments you have—you'll be amazed how much fresher you feel for this simple treatment and how much fresher you look. Hot and cold water to stimulate the skin and brushing to stimulate the scalp is what you need.

Helen and Katharine R.—There are some liquid varnishes that give a glaze to the nails, but the effect is startling and unnatural. It is much better to use a paste and then attain a polish by a generous use of the buffer. If you prefer a pinkish tint to your nails, you can have a little carmine in the paste. Lemon juice is a harmless nail bleach to use under the nails if the cleansing with soap and water is not sufficient. The paste for bleaching off white spots on the nails is made from pitch and myrrh in equal parts. Apply this at night and cover finger tips with finger stalls to protect the bedding, and remove the paste next morning by rubbing a little oil into the nails.

Tomorrow—Well Shaped Legs.

Efficient Housekeeping

By Laura A. Kimball

PLANNING THE CHRISTMAS DINNER

Table with 2 columns: Dish and Ingredient. TOMORROW'S MENU: Breakfast: Left-Over Prunes, Cereal, Dropped Eggs, Toast, Luncheon: Baked Beans, Rolls, Dinner: Squash Cream Soup, Lamb Chops, Potatoes Steamed in Skins, Lima Beans, Fruit Salad, Chocolate Cornstarch Coffee.

Housekeepers are now planning their Christmas Dinner menus. Here is an excellent one which may be of help (it will be repeated in this column for December 25, but the accompanying recipes for out-of-the-ordinary dishes will appear only this once.)

Holiday Soup: Roast Stuffed Turkey with Brown Gravy, Mashed Potatoes, Glazed Onions, Turnip Croquettes, Chiffonade Dressing Lettuce, Plum Pudding, Sauce Mince and Squash, Pineapple Coffee, Nuts, Biscuits. Holiday Soup: Scald one quart of sweet milk with one can of corn and one medium-sized onion peeled and sliced. Mix three tablespoons of flour with one-half cup of cold water and add this to the hot milk-mixture. Cook it in the top

of your double boiler 20 minutes, stirring till thickened, then rub through a sieve. In another pan cook two cups of canned tomatoes for 12 minutes, then add one-fourth teaspoon of baking soda to them and strain. Add the hot milk-mixture, season to taste with salt and pepper, and serve.

Turnip Croquettes: Wash, pare and slice several large turnips, then cover with salted water and cook till tender; drain, press out all water possible by wringing the turnips in cheesecloth and measure. You will need one and one-fourth cups of it. Season this amount with salt and pepper to suit liking, then add two slightly-beaten egg yolks and cool. When cold, shape into small croquettes, roll these in crumbs, in raw egg, and again in crumbs and fry in deep hot fat. Drain a moment on crumpled brown paper before serving.

Glazed Onions: Peel 12 silver-skin onions and cook in salted boiling water till tender. Drain and saute in a frying pan in three tablespoons of butter mixed with one tablespoon of granulated sugar. When delicately brown, serve. Chiffonade Dressing Lettuce: To make the dressing, mix together two chopped hard-boiled eggs, two tablespoons each of minced cooked red pepper and raw minced onion, and a pinch each of paprika and salt. Add a little minced parsley if you have it. Wet all with six tablespoons of vinegar. Chill and shake three minutes in a bottle before serving on lettuce leaves. Tomorrow—The Maid's Room.

Diet and Health

By Lulu Bunt Peters, M.D.

Author of Diet and Health and Diet for Children

ANSWERS TO CORRESPONDENTS

A HAPPY FAMILY "Dear Doctor: I am so happy that I just had to let you know about it. Just think of it: I have lost 25 pounds in five months. I used to weigh 181 pounds and now am 142. I had been fat for six years. I am 17 years old, five feet, seven inches tall. What is my correct weight?"

"No one recognizes me on the street. My friends all tell me my looks have improved 100 per cent and I certainly feel better. My complexion is clearer now than it has been for years."

"I did not go on a liquid diet because I was going to college and it was rather hard, but I certainly watched my step. The best part is that I have not gained a pound in the last two months while I was on my maintenance diet."

"My craving for candy has certainly disappeared since I have been on my diet; also for potatoes and gravies, which I used to eat so much of before. I leave out lots of butter, cream, all white breads and fat meats."

"My mother has also followed your instructions and has lost 45 pounds, and she is also keeping her weight."

"I want to thank you for your wonderful help. I am starting many girls on a diet by telling them how I got thinner.—E. T."

"At 17 years of age and five feet, seven in height, according to the weight-height scale-tables for girls of school age, the average is 135. As we believe it is better for growing boys and girls to be from 5 to 10 per cent overweight for the average, at 142 you are ideal weight."

"You are wise in cutting out most of your rich gravies and bread and butter and fat meats. You should not cut out all the butter or cream for your system needs the vitamins they contain. So have a little of these every day. I am glad your craving for candy is gone. Excess

candy eating certainly does cause an awful lot of trouble. When you tell your girl friends about reducing, tell them to be sure to include two or three glasses of milk each day, or its equivalent in milk dishes. We all need the lime and perfect protein of milk or cheese and especially do young people need it. Most all know that while reducing, we can eat very liberally of the green vegetables and salads (without oil) and fairly liberally of the fruits, but some think that milk is fattening and therefore fail to take it. This is a mistake. A glass of skim or buttermilk is only 80 calories. (Whole milk is twice that—160 C's) and is no more fattening than the same number of C's of any food. The lime and protein are in the milk, not the cream, so you can use these instead of the whole milk. However, if skim or buttermilk is used by young people, some butter should be taken for the growth vitamin that is present in the cream. It is perfectly appendicitis that you and your mother have obtained such fine results, and I congratulate you both. Thank you for writing.

FLAXSEED AND PSYLLIUM SEEDS Mrs. E.—It is true that flaxseeds have a mucilaginous quality similar to that of psyllium seeds, but the same amount of flaxseed does not produce nearly so much mucilaginous material as the psyllium, so is not so efficient in constipation.

Not all drugstores carry the psyllium seeds, so if you cannot obtain them, send a self-addressed, stamped envelope to me in care of this paper, with your request, and I will send you a list of manufacturers. (You had better ask for the article on Constipation at the same time.)

Mrs. B.—For the instructions on gaining and losing you send a self-

They give your life new ease

What would your life be without advertised products?

Imagine your home stripped of curtains, glass, paint, magazines, telephones, phonographs. Your table set without pepper, salt, sugar—everything except home-prepared foods.

Your life would seem both hard and drab. You would have little comfort or convenience; know nothing of the means to secure them. Unhelped, your own ingenuities would tend to limit your space. You would progress by limps instead of leaps. You might not progress at all.

Advertisements sweep you on to enjoyments. Read them. Know about advertised products. They give your life new ease.

They are worthy of your confidence Pin your faith to advertised products . . .

ROSEBURG NEWS-REVIEW DOUGLAS COUNTY

addressed, stamped envelope and ten cents in stamps.

MASONS ATTENTION

A special meeting of Laurel Lodge, No. 13, will be held Masonic temple Wednesday evening, Dec. 16th. Work in E. A. Degree.

by order W. F. M. W. F. HARRIS, Sec'y.

NOTICE OF SHERIFF'S SALE OF REAL PROPERTY

In the Circuit Court of the State of Oregon for Douglas County. F. M. Carothers, Plaintiff. F. M. McDonough and W. E. McDonough, Defendants. Notice is hereby given that by virtue of an execution and order of sale issued out of the above entitled court in and against the cause on the 23rd day of November, 1925, to me directed and delivered, commanding me to sell the herein-ly the judgment and decree of foreclosure rendered and entered in after described real property to wit: the above entitled suit on the 30th day of November, 1925, in favor of the above named plaintiff and against the above named defendants, for the sum of \$2421.77 with interest on \$2000.00 thereof at the rate of 8 per cent per annum from the 20th day of November, 1925, and the further sum of \$71.95, and the further sum of \$200.00 attorney's fees, and the further sum of \$12.30 costs and disbursements, I will, on Monday, the 28th day of December, 1925, at the hour of 2 o'clock in the afternoon of said day, at the front door of the court house in Roseburg, Douglas County, Oregon, offer for sale and sell at public auction, to the highest bidder for cash in hand, the following described real property, to-wit:

Lot one, the southeast quarter of the northeast quarter and the northeast quarter of the southeast quarter, all in section 9, township 27 south, range 2 west, of the Willamette Meridian in Douglas County, Oregon; subject to redemption as provided by law, and will apply the proceeds of said sale in the payment of the costs and expenses thereof, and the balance, if any, I will pay to the Clerk of the above entitled court as required by law. Dated November 24th, 1925. S. W. STARMER, Sheriff of Douglas County, Oregon.

NOTICE OF FINAL HEARING

In the County Court of the State of Oregon for Douglas County. In the matter of the estate of Marie N. Currier, Deceased. Notice is hereby given that R. W. Marsters, administrator, with the will annexed, of the estate of Marie N. Currier, deceased, has filed in the county court of the State of Oregon for Douglas County, his final account and report of his administration, and the court has fixed Wednesday, the 23rd day of December, 1925, at the hour of ten o'clock A. M. of said day, in the court room of said court in the city of Roseburg, Oregon, as the time and place for hearing objections to said final account and report, and the settlement thereof. Dated and first published this 24th day of November, 1925. R. W. MARSTERS, Administrator, with the will annexed, of the estate of Marie N. Currier, Deceased.

Merry Christmas and Good Health. Illustration of a Christmas tree and a cross.

United Artisans—Meets in MacCabe hall first and third Thursdays. Visiting members always welcome. MAY PINGEL, M. A. MILDRED McCULLOCH, Treas. BELLE STEPHENSON, Sec.

B. P. O. Elks Roseburg Lodge No. 326—Hold regular communication at the Elks Temple on each second and fourth Thursdays each month. All members requested to attend regularly, and all visiting brothers are cordially invited to attend. J. G. DAY, Jr., E. R. J. T. GOODMAN, Secretary.

LODGE DIRECTORY

Union Encampment, No. 5, I. O. O. F.—Meets in Odd Fellows Temple on 2nd and 4th Wednesdays of each month. Visiting Patriarchs always welcome. W. P. WETHERELL, Scribe.

Umpqua Klan No. 5—Meet 2nd and 4th Mondays of each month. Address P. O. Box 885, Roseburg, Oregon.

Laurel Chapter No. 31, R. A. M.—Meets every third Tuesday of each month in Masonic Temple. All members requested to attend and visiting companions welcome. A. A. WILDER, High Priest. W. F. HARRIS, Secretary.

Neighbors of Woodcraft Lias Circle No. 42—Meets on first and third Monday evenings, in K. of P. hall. Visiting neighbors invited to attend. ALVIA WETHERELL, G. N. MARGARET WHITNEY, Clerk.

I. O. O. F., Phi-Kappa Lodge No. 8—Meets in Odd Fellows Temple every Friday evening. Visiting brethren are always welcome. C. F. CRAMER, N. G. A. J. GEDDES, Rec. Sec. J. B. BAILEY, Fin. Sec.

Woodmen of the World, Camp No. 125—Meets in the Odd Fellows Hall in Roseburg every first and third Monday evenings. Visiting neighbors always welcome. JOHN DELL HESS, C. C. M. M. MILLER, Clerk.

K. O. T. M.—Meets each second and fourth Thursday of each month, in MacCabe hall, corner Cass and Pine streets. Visiting Knights always welcome. L. C. GOODMAN, Com. G. W. HARR, R. E.

Roseburg Rescue Lodge No. 41, I. O. O. F.—Meets in Odd Fellows Temple every week on Tuesday evening. Visiting members in good standing are cordially invited to attend. ANNA WICKHAM, N. G. GERTRUDE HATFIELD, R. S. EMMA LENOX, F. S.

ROSEBURG LODGE NO. 1087 I. O. O. M.—Meets every Wednesday night, Moose Hall, 248 N. Jackson St. Club rooms open 7:30 to 10 p. m. Visiting brothers welcome. W. A. BOGARD, Dictator. H. O. FARGETER, Secretary. JNO. M. THORNE, Treasurer.

Knights of Pythias, Alpha Lodge No. 47.—Meets every Wednesday in Knights of Pythias hall, 130 Rose street. Visitors always welcome. SAM CHRISTENSEN, G. G. ROY O. YOUNG, M. F. E. E. WIMBPLY, K. E. S.

W. E. A. O. T. W., Roseburg Regular Meeting No. 11.—Holds regular meetings on second and fourth Thursdays at 7:30 p. m. Visiting sisters invited to attend reviews. MacCabe hall, Pine and Cass streets. CLARA BONEBRAKE, Com. JESSIE HARR, Col.

Eagles, Roseburg Aerie—Meets in MacCabe hall, on Cass street on second and fourth Wednesday evenings of each month, at 8 o'clock. Visiting brethren in good standing always welcome. GLENN WOODRUFF, W. F. THBO. W. ALTHAUS, W. F. B. F. GOODMAN, Sec.

O. E. S., Roseburg Chapter No. 3.—Holds their regular meetings on the first and third Thursdays in each month. All sojourners brothers and sisters are respectfully invited to attend. CORA B. SINGLETON, W. M. FREE JOHNSON, Secretary.

DE MOLAY CHAPTER

Regular Communication, 2nd and 4th Thursdays, Masonic Hall.

A. F. & A. M., Laura Lodge No. 13.—Regular communications second and fourth Wednesdays each month, at Masonic Temple, Roseburg, Ore. Visitors welcome. M. S. HAMM, W. M. W. F. HARRIS, Sec.

United Brotherhood of Carpenters and Joiners of America—Meets at 478 S. Main second and fourth Tuesday evenings of each month. All carpenters welcome. T. F. HOLMES, Rec. Sec. EMERY COLE, Pres.

Pythian Sisters, Umpqua Temple No. 4.—Meets the second and fourth Monday evenings of each month, at the K. of P. hall. Visitors always welcome. MARTHA CHRISTENSEN, M. E. EVA MARKS, M. of R. C. MAY E. PARKER, M. of F.