

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, FRIDAY, NOV. 20, 1925.

THE DANGERS OF SPECULATION.

The prices of securities on the stock market are high, but that does not seem to deter the public from rushing in to buy stocks. The experts on investment tell us, that if one is going to buy stocks, the time to do it is when sentiment is blue and most people are anxious to sell.



NOT NECESSARY.

I worked for months for Gingham Gass, who runs the hardware store; I shoveled nails and polished brass, and manufactured the floor. Off, as I packed a hundred weight of hardware, I would say, "I wonder what that Gingham skate would do were I away? He surely knows that of his store I am the stay and prop; if I should come here nevermore his revenue would drop.

Reported Better—him recently, is reported to be very V. Andraeff, who has been ill much better. However it will be at Mercy hospital following injury some time before he will be able to receive when a timber fell on to return home.

Advertisement for Mel O-Maid Ice Cream, Fancy Brick Ice Cream, and Douglas County Creamery. Includes text: 'Thanksgiving Specials', 'At prices you can afford to pay.', 'We carry extra fine Whipping Cream. Guaranteed to Whip.'

PRUNE PICKINS

BY BERT G. BATES

GOOD EVENING FOLKS—Most men really don't care whether they can kiss a girl or not. But what a shock to their self-esteem if they can't.

Speaking of international relations, we have yet to hear of the girl who objects to mandates.

Dear sir: After taking four boxes of your corn flakes my corns are much better. Yours truly, M. T. Head.

There is many a safety pin that carries more responsibility than a bank president.

Fadder to Son: (Key) take yourself out a life insurance policy for ten thousand dollars and I'll buy you a new motorcycle.

"Yes," said Piza's famous tower, "I always have leanings that way."

IT'S SIMPLE If the singular of lice is louse, and the singular of mice is mouse, then the singular of sighs is souse.

Environment isn't everything. Lots of people who take a bath every Saturday night can't swim.

The difference between a success and failure is that the former lives on last month's income and the latter lives on next month's.

A PROBLEM OF TRANSPORTATION

Mother—Billy, why are you making your little brother cry? Billy—I'm not. He's dug a hole and he's cryin' because he can't bring it into the house.

"Well, well," said the absent-minded man as he stood in the bathtub, "now what did I get in here for?"

When a man reaches the age of fifty in this country he is not considered fit for any job except the presidency, or perhaps a place in the cabinet.

Teacher: Jimmy, if I said, "I am beautiful," what tense would it be? Jimmy (promptly): Past.

"I'd like to be a turtle," signed the lad on mother's lap. "Why would you be a turtle, son?" "Oh, he has such a snap."

"Clothes make the man" might be amended by "get out and hustle to pay for them."

He heard his fiancée was spending \$1,000 a month with her dressmaker; so he married the dressmaker.

A man never can understand why a woman will tell him the honest truth about her faults, her weaknesses, and all her past love affairs, and then lie to him about a little thing like the number of her shoe and the date of her birth.

The trouble with getting in on the ground floor is that it so often has a trapdoor into the cellar.

There are men who like long skirts and men who like short ones; but the only way for the women to suit each individual taste is to wear their skirts on rollers so that they can raise and lower them like window-shades.

He—That young lady seems reserved. She—Reserved for whom?



"An I. O. U. is one kind of a paper wait."

Men's suits cleaned and pressed, \$1.50. Roseburg Cleaners, phone 472.

NOTICE TO WATER CONSUMERS

Owing to repairs, water will be shut off Saturday, November 21st from 1.00 to 2.00 p. m., affecting the following districts: From Jackson east on Commercial; East Sixth from Commercial south to Fleser street; Second Avenue South from East Sixth to end of Malo, and all Bogard's Addition.

THE CALIFORNIA OREGON POWER CO.

GLENDALE BOYS' NARROW ESCAPE SUDDEN DEATH.

John Bartie, 14-year old son of Mr. and Mrs. Fred Bartie of Fernvale, narrowly escaped death Sunday, when he took hold of an electric wire carrying 2,200 volts. John and his little brother were playing on the Glendale Lumber Co's flume, that carries lumber from the Fernvale mill, when he discovered a wire that had fallen over close to the flume and decided to see if he could reach it. He was successful.

Aside from a burned hand he escaped uninjured, but had it not been for the fact that he was several feet off the ground and the shock causing him to fall, it would in all probability have proven fatal. — Glendale News.

Cook with gas.

BEAUTY CHATS

HAIR TONICS

You probably have my formula for hair tonic, but in case you have mislaid it, I'll print it again at the end of this chat. I advise every one to use it in one of its two forms: without the pilocarpine if there are no gray hairs; but if there is any tendency toward premature graying, or even if gray hair has already started, there is always an age when graying is inevitable, but I see no reason why age should not be pushed back several years. Tonics and proper care of the scalp will do that.

Most hair needs but one tonic, cleanliness and fresh air. Short hair gets dirty sooner than long hair, but is so easy to wash that most women are giving themselves to successful shampoos every week now. A good thing, too, for if the scalp is dry, a little oil can be rubbed in to counteract the drying effects of the shampoo, and if the scalp is too oily, the weekly washing will not hurt it.

Daily thorough brushing is the next thing needed, but we've talked about that a lot recently. Hot olive oil or hot crude oil should be rubbed into a dry scalp, or a dandruff-oily one, the night before the shampoo, rubbed in liberally, and allowed to soak in all night. I cured one case of dry dandruff that had existed 12 years, by rubbing occasionally with olive oil. It took months, but after all, the dandruff had perished years. Some beauty shops use iodine, but you

had better not try this yourself. The tonic formula is—pilocarpine, hydrochlorate, 2 grains; precipitated sulphur, 30 grains; carbon detergent, 30 drops; castor oil, 10 drops; alcohol, 4 ounces; Tr. cantharides, 4 drams; Cologne, 4 drams; rose water, to make 8 ounces.

Betty D. C. K.—You can bleach the season's sunburn from your arms if you use cucumber juice on them every few days. Another way is to rub powdered oatmeal into the skin after you have washed and rinsed it. The skin should not be entirely dry as the oatmeal is drying will also make the skin very soft and smooth.

Mrs. E. T. B.—Nothing leaves the hair so soft as an egg shampoo. To do this effectively, rub the egg into the scalp an hour before the shampoo, and then proceed as with any other method. All the dried egg will dissolve in the lather and rinse out of the hair while it carries with it all dandruff that may be on the scalp. There is sulphur in the egg that helps to purify the scalp, and that too, amounts to a special scalp treatment.

Anxious Mother—I do not think there is any particular age for a boy to begin to wear long trousers. It should be whenever the boys appears awkward in short ones; this could be as early as 14 years of age with a large boy, or 16 with a small one.



REQUESTED RECIPES

TOMORROW'S MENU

Table listing menu items: Breakfast (Grapefruit, Cereal, Fried Liver and Bacon), Luncheon (Catsup, Lettuce, Jam, Tea), Dinner (Vegetable Soup, Baked Peppers Stuffed with Hamburg Steak, Baked Potatoes, Carrots, Cheese Ball Salad, Cranberry Tart), Coffee.

Apple Butter: Wash apples and cut them in fairly small pieces, not removing skins or cores. Place them in the preserving kettle and barely cover with cold, sweet cider. Bring to the boil and let continue to simmer till the apples are tender, then rub through a coarse sieve to eliminate seeds and cores. Measure the pulp and to each quart add one pint of brown sugar (or granulated sugar may be used if desired), one tablespoon of ground cinnamon and one teaspoon of ground cloves. Return the mixture to the preserving kettle and simmer till thick. Store in sterilized jars or eat at once.

Cheese-Ball Salad: To one-half cupful of either cottage cheese or cream cheese, add one tablespoon of minced raw onion and one teaspoon of chopped red pepper. Cream the mixture well and then form it into small balls. Serve these on lettuce leaves which have been

drenched with French dressing. (For "Bride.") Grape Jelly: Place steamed grapes in your preserving kettle with no water (the grapes themselves contain enough juice to make the addition of water unnecessary). Heat and crush, and when the juice is running freely turn them into your jelly base. Let drip overnight. In the morning measure this juice. For each pint of it set aside two cups of granulated sugar. Warm the sugar on a plate in your oven. Let the grape juice boil gently for 20 minutes before adding the warm sugar to it. Boil briskly till the sugar is dissolved, and after that more slowly till two drops will form at once on the edge of a spoon (when a little of the juice is shaken up from the kettle and dripped back into it). This is one of the "jelly tests."

Generally it requires but a few minutes for this two-drop stage to be reached. Turn the mixture into hot jelly glasses which you have sterilized by boiling, empty, for 15 minutes in clear water to cover. If you pour boiling-hot jelly into cold glasses the glasses will break. So keep them hot by wrapping in towels wrung from hot water. Also set them out of a draught, at this stage. When the jelly is cold and solid, pour melted paraffine wax over the top, place on tin covers, and store. Many women write me their jellies do not "jelly." This may be because they were not boiled long enough or because the fruits had not enough pectin in them. When this happens, buy bottled pectin and follow the directions on the bottle.

Tomorrow—Furnishing the Apartment.

Advertisement for Diet and Health by Lulu Hunt Peters, M.D. Author of 'Diet and Health' and 'Diet for Children'.

ANSWERS TO CORRESPONDENTS.

YOU CAN GAIN, TOO "Dear I. O. U.: Two years ago I purchased a copy of your book. At the time I figured it was a dollar wasted, for while several of my friends had gotten wonderful results both in reducing and gaining from your methods, I was convinced that I was the exception and that no one could help me. I weighed 98 pounds and as I am five feet, nine and one-half inches tall, you can imagine how skinny I was. I had spent hundreds of dollars on doctors, diets, etcetera. After reading your book and counting my calories, I realized that I was practicing slow starvation for I could not consume anywhere near the amount of food you listed as being necessary for an ordinary maintenance diet. However, I decided to try stretching my stomach as you advised. I worked up to four quarts of milk per day and in addition forced myself to eat three meals a day. I made a gain of three pounds per week and at the end of six weeks, found it unnecessary to continue with the milk. Alas and alack! I continued to gain without effort and for the past 18 months have weighed 155 pounds, which is more than I want to weigh, and my enormous appetite continues.

"My principal trouble now is a large abdomen, although this was present even when I was thin. While my health is excellent I have considerable gas and this combined with the 'kiss' of fat on my abdomen spoils the looks of my figure."

"Assuring you of my lifelong appreciation of the skeleton squad and my commendation of your putting me in the fatty squad. Sincerely,

Mrs. M." You have also joined the throng that has proved that counting calories works both ways, Mrs. M. As I have stated so many times, underweight, unless it is caused by some obvious disorder, is due to under-eating, just as overweight is due to over-eating. You don't realize this until you count your calories.

You haven't said anything about exercise. I think if you had had some general exercise and had paid special attention to strengthening the abdominal wall by special abdominal exercises, you would not have the "gobs" of fat there. It is highly important to tone up the muscles, both in reducing and gaining. You might receive some benefit from heavy massage on the abdomen, (beginning lightly, of course). If you can afford it, get one of the hand rollers that are on the market. The wooden one with the peculiar corrugated surface I consider the best. In massaging yourself you also automatically give yourself some exercise, and that is not the least of the benefits of self-massage. You should take special exercise for your posture; your posture is probably incorrect and that makes your abdomen seem more prominent.

Your gas is probably caused by your over-eating, and you have to begin to eat a little less and masticate your foods more thoroughly. Perhaps you had better cut down on your starches and sugars. I would keep up the quart of milk a day.

Now I want your lifelong appreciation for putting you in the normal squad, so do begin to take (Continued on page 7.)

Thanksgiving Sale Of DINING SERVICE



Dining Furniture

8-Piece Combination American Walnut Dining Suite at the Special Price of \$108.00 Italian Pattern

8-Piece Combination American Walnut Dining Suite Regular \$221.00, at the Special Price of \$176.00

Library Extension Tables Either Combination American Walnut or Combination Mahogany. Regular \$23.75. Special \$18.00

These dining suites are not cheap woods finished in Walnut and Mahogany, but are the genuine woods used in the exposed places and a cheaper wood used for core stock.

McKean, Darby & Baldwin

Complete House Furnishers Roseburg, Oregon

Business and Professional Women: The regular meeting of the Business and Professional Women's Club will be held Friday at 8 p. m. All members are urged to be present.

Woman Surprises Friends: After a spell of Typhoid Fever 7 years ago I began to suffer from indigestion and gas in my stomach and colic attacks. This gradually became so bad that my doctor advised an operation for gall stones. A friend advised me to try May's Wonderful Remedy which I did with splendid results. My friends were astonished at my rapid improvement. I have no more bloating and can eat anything I wish. It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract, and allays the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will convince or money refunded at all druggists.

GLENDALE BUDGET TO BE RAISED IN SUM OF \$5,595. At the budget meeting held on Monday evening, little interest was manifested by the citizens in general and the budget carried without a hitch, making the funds for the year 1926 with which to run the city a certainty.

The amount asked for in this budget was \$7,595 less \$2,000 derived from water rentals, making a total of \$5,595 to be raised from taxes. Those of the committee and

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Advertisement for THANKSGIVING Turkey and Chicken SHOOT SUNDAY, NOVEMBER 22ND at the John Marks Ranch. Includes text: 'LUNCH AND AMMUNITION SERVED ON THE GROUNDS', 'Everybody Come and Win a Turkey or Chicken for Thanksgiving Dinner.', 'Roseburg Rod & Gun Club'.

Advertisement for WE DELIVER FREE. Includes text: 'Let the telephone carry the message and you won't have to carry the basket of groceries.', 'ECONOMY GROCERY O. L. JOHNSON', 'Phone 63 The Store That Serves You Best. 344 N. Jackson St.'

Advertisement for WINTER'S RAINBOW for FOLEY'S HONEY AND TAR FOR COUGHS AND COLDS. Includes text: 'Quick Relief For Old and Young', 'DISTURBANCE IN A LOCAL THEATRE'.

Advertisement for Only Light Car in America with 4 Speeds Forward—the FORD Ruckstell-equipped. Includes text: 'RUCKSTELL AXLE', 'C. A. LOCKWOOD MOTOR CO.', 'Roseburg, Oregon'.