

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, SATURDAY, OCTOBER 10, 1925

THE SOCIAL ATMOSPHERE.

A man who resides in a near by city recently remarked that he and his wife were going to move elsewhere, to a town where they formerly dwelt, because they did not find the folks in their present location sufficiently friendly.

In the place where they formerly resided, according to his story, there are 50 families with whom they were on calling terms, and who would be pretty sure to come in and see them from time to time.

Yet people do not make social calls as they used to some years ago. The above mentioned family may find conditions quite different when they get back into that place where they dwelt before the war.

Another commission is proposed for the State of Oregon. It would consist of five individuals and be officially designated as the state power and water board.

The New York United Parents' Associations have issued a list of suggestions as to how children can be aided to start the school year right.

PHIL BERG BACK IN STATES AFTER TRIP TO ORIENT. PORTLAND, Oct. 10.—Philip Berg of Roseburg, honor student in the school of business administration at the University of Oregon.



MUDDLING THROUGH.

The British statesmen look around, and trouble's all they see; the signs of lasting grief abound, and they sit drinking tea; a crisis looms up every day, to horrify the view, and still the British statesmen say, "Somewhat we'll muddle through."

BANK RESERVES JUMP. \$20,454,750. This is an increase in reserve of \$11,987,750, compared with last week when a deficit in reserve of \$21,522,900 was reported.

PRIME PICKIN'S FOURTH ANNUAL FLOWER EXCHANGE

OCTOBER 16-17

Woman's Club Announces Coming Sale of Rosebushes, Shrubs, and Other Plants.

The fourth annual flower exchange sale will be held at the chamber of commerce October 16 and 17, under the auspices of the Roseburg Women's club.

For a number of years city officials and leading citizens have endeavored to stimulate a greater interest upon the part of the general public to make the city more attractive.

Why Undertakers Grow Rich. By Elmer S. Aitchley. The doctor thumped me on the chest. He measured me both east and west.

Germany Not Yet on Dotted Line of League Pact. (Associated Press London Wire.) LOCARNO, Switzerland, Oct. 10.—The German and allied states today approved in second reading the majority of the points in the draft security pact.

Italian Fascists and Masons in Fatal Clash. (Associated Press London Wire.) ROME, Oct. 10.—Domizio Torrigiani, grand master of the Masonic order in Italy, today issued an order to all lodges to hold no meetings and to close all work until further notice.

Flash of Life. BEIRUT, Syria.—Members of the French garrison besieged for weeks the tribunes at Suquia are telling of how they were entertained by a radio concert broadcast from Pittsburgh.

Heat with gas. OAK GROVE BRUEFS. Mr. and Mrs. H. S. Kruse and George Wilcox were state fair visitors.

Four Men and Woman Arrested at Rice Hill. Harry Rogers, Hugh and Joe Roosa, Joe Rutledge and Marie Rutledge, his wife, were arrested on Rice Hill yesterday evening by Deputy Sheriff Leis upon instructions from the Chief of Police at Eugene.

Polish Ships Storm Bound. (Associated Press London Wire.) MONHEGAN ISLAND, Maine, Oct. 10.—The MacMillan Arctic expedition, just returned from a severe summer in the Arctic, found itself storm bound on the coast of Monhegan today, less than 40 miles from the end of their journey home.

Terminal Beauty Shop, phone 556. PHIL BERG BACK IN STATES AFTER TRIP TO ORIENT. PORTLAND, Oct. 10.—Philip Berg of Roseburg, honor student in the school of business administration at the University of Oregon.

JARDINE'S WARNING PUTS STOP TO PRICE HYSTERIA. (Associated Press London Wire.) CHICAGO, Oct. 10.—Hectic hours in the Chicago wheat pit may be gone forever.

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ROSEBURG HIGH KITCHEN CUPBOARD MEETS N. BEND THIS AFTERNOON

By NELLIE MAXWELL

A Few Nice Cookies. A COOKY jar well filled is a good asset in any household. They may pass with a dish of fruit for dessert, with a tinkling cold drink for a thirsty caller, as never-ending pleasure to the children and are a good "filler in" at any meal.

Plain Cookies.—Take one cupful of sugar and add to one-third cup of butter softened, then add one egg well beaten, two and one-fourth cupfuls of flour sifted with two teaspoonfuls of baking powder and one-half teaspoonful of salt.

CAILLAUX WILL REPORT TO CABINET TOMORROW. HAVRE, France, Oct. 10.—Finance Minister Caillaux and the members of his debt funding mission, returning from the United States arrived here on the train this morning.

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BRIGHTEN UP THE HOUSE FOR WINTER

By the use of a small amount of Sherwin-Williams "Decotint," which is one of the best wall finishing products made, you can make your home look as fresh and inviting as when just completed.

Then for any sort of cleaning where painted or varnished surfaces are involved, "Flaxoap" will do the business without impairing the finish or varnish.

Churchill Hardware Company The Iron Moogers

STARVING CATS TO DEATH MAY SOON BE ABOLISHED IN ROME. ROME, Oct. 10.—For many generations Romans have disposed of their cats by dropping them—some twenty feet below the level of the street—into one of the dry moats of the Pantheon or the pit containing the remains of the Trajan Forum.

HUNTS MISSING WIFE. Mrs. Elsie Erbes left Roseburg October 3 with her 5-year-old daughter and her present whereabouts are unknown, according to her husband, Louis Erbes, who came to Portland today and appealed to police to assist him in locating her.

Travel To SAN FRANCISCO Los Angeles and Way Points BY PICKWICK STAGE Two Schedules Daily—Leaving Terminal Hotel 7 A. M. and 3:35 P. M.

One Way Fare to S. F. \$14.75 Round Trip Fare to S. F. 29.00 One Way Fare to L. A. 26.60 Round Trip Fare to L. A. 50.00

Two Days to San Francisco and Three Days to Los Angeles by Pickwick Stage CALL Terminal Hotel Phone 586, Roseburg, Ore., for Information

Diet and Health By Lulu Hunt Peters, M.D. Author of Diet and Health and Diet for Children

SIGNING THE PLEDGE. WHEREAS, I am overweight and I realize that by reducing I can improve my health, efficiency and happiness, and

WHEREAS, I am one of the units of a great public, and the improvement of the health of its units means the improvement of the health of this great public, and

THEREFORE, I desire to join Dr. Peters' Watch-your-weight Class, and I promise I shall follow her directions insofar as is within my power. I shall play the game and do my part. I shall not cheat nor sneak. I PROMISE.

Now, if you really want to reduce, sign the above. You will need all the aid you can get to strengthen your will, for it is as flabby as weak wool. I know. It's embarrassing to me to let you know how much I know about weak will power. This pledge will help yours mightily. Pin it up here it will face you night and morning. It will sink into your subconscious mind and direct you more than you dream.

I shall call for a report of your progress soon. There is no catch in this. Nothing to sell, no system to exploit, no drugs to be used—nothing to do but to give you a knowledge of dietetics, and of exercise and psychology that have not been improved by following this rational system. I do not know of many cases that have had disastrous results by following blindly, advice to eat out all starches, all sweets and all fats.

But we are not going to do that. We will even allow you some pie occasionally! Now you are willing to join the class! Up to this time you were, perhaps, lukewarm, for most of the advice you have read is that you must avoid all the things you like as you would avoid Asiatic cholera. Why I am even going to let you eat potatoes! So—

Sign the pledge. Get weighed. Begin. I didn't know that was going to rhyme. I see I have some talent as a poet. That's nice. Maybe you are a lover of rare poetry and I can help brighten your hard life as we go on.

While you are reducing I want you to get weighed in the same weight clothing, on the same scales if possible and at the same time of day in relation to eating and elimination. Once or twice a week is often enough to weigh unless you are the fortunate possessor of a bathroom scale.

Have you joined? All right. FIRST ORDER: SHIRK YOUR STOMACH. Shrink your stomach! Good heavens, you have heard of shrinking flannels, shrinking violets, shrinking personalities, but you never heard of shrinking stomachs! Neither did I until it popped into my head one day as a good descriptive term. So when shrinking stomach goes swinging around the world and everyone is wondering where it originated, remember it was I, your fat director, who started it.