

Health Warning

Eat the Right Breakfast Hot Days

Quick Quaker cooks in 3 to 5 minutes
Supplies the energy you need

SOME people make a practice of passing vigor foods in summer. That's a mistake. Above all things, you must eat foods that give strength. For hot days drag energy away.

For breakfast, have oats and milk. Quick Quaker cooks in 3 to 5 minutes. And that makes it easy. No hot kitchens. No fuming, no frying, no stewing.

Start on oats tomorrow. Note how good you'll feel. Mark the way that dragged-out feeling goes.

You'll smile at hot days. You'll work better, think better. Just try it!—See the difference.



SCIENCE TAKES HAND TO RELIEVE AUTOS RUN DOWN BY ANIMALS

DALLAS, Tex., July 7.—The trail of tragedy lurking for domestic animals in the wake of the automobile is being relieved by science and veterinary surgeons say, by an awakened human sympathy for suffering pets. Dallas has six cat and dog hospitals, doing work representative of what is transpiring in other cities throughout the country.

The hazards of the road are taking their toll among dogs and cats no less than among their masters. While surgeons may be working to save human life, others are working no less earnestly to save humbler but still precious lives.

The heaviest damage is done on Sundays. Dr. W. G. Brock, who maintains two animal hospitals here, treats from eight to a dozen dogs nearly every Sunday.

No longer must a dog forfeit his life just because he has the misfortune to suffer a broken leg. A bullet in the head formerly was his fate. Now the leg is set or even amputated.

Animal operations are almost as varied as human. They include mastoid operations for relief of hernia, removal of gallstones, tumors and eyes. The Caesarian operation and removal of an organ similar to man's appendix. Another common operation is extraction of foreign bodies from the stomach, such as rubber hula and rocks which have been swallowed. It is a common experience at

animal hospitals to have motorists carry in the limp form of a dog that has been struck, asking the surgeon to save its life. Motorist and dog may be strangers. The modern animal hospital is planned not unlike the human hospital. They have a fully equipped operating room, a medicine dispensary, with almost all kinds of medicine, a surgical ward, an observation ward, and one for contagious diseases, and a boarding department. At this time of the year, the clipping department is rushed. One hospital keeps two attendants clipping dogs at the hot season.

All animals workers urge people at this time of the year to set out pans of water for the animals. In the case of dogs and cats it prevents great suffering and after awhile what sometimes is erroneously taken for cases of "rabies."

MACMILLAN EXPEDITION ENCOUNTERS MUCH ICE

WASHINGTON, July 7.—The Macmillan Arctic expedition has encountered much icebergs in its run from Battle Harbor to Hopedale, Labrador, the Navy Department was informed in a message from the Steamship Peary, filed yesterday.

The Peary and Bowdoin have been steaming slowly through the ice all day, bound for Hopedale and Windyfield, Labrador, the message said. "There are miles and miles of loose cakes of ice." The message was intercepted by Edward N. Pease an amateur of Plymouth, Mass., and forwarded here. It was incomplete.

HOMESEEEKERS ARE FLOCKING TO STATE

From all points of the compass, homeseekers come pouring into Oregon.

A total of 189 families, desiring to locate on Oregon farms, have been reported by the Gateway offices at Ashland, Ontario, Ore.; Green River, Wyo.; Portland, Municipal Auto Camp and the Los Angeles branch office of the Portland Chamber of Commerce, since June 1.

Forty one of these prospective settlers have called personally at the office of the land settlement department, Portland, and been given information and assistance in locating.

So far for the month of June, 24 families have already been located on the land in various parts of the state, representing a capital investment of over \$150,000. W. G. Ide, manager, states that complete reports for the month have not yet been received from the various counties, and that no doubt this number will be greatly increased. Thirteen settlers have been reported for Josephine county, one for Klamath, one for Deschutes, and ten by the Czechoslovak Chamber of Commerce of Chicago, who have located in various parts of the Willamette Valley. A few of the new settlers are: John Tlusty, of Minnesota, 160 acres at Molalla; Joseph Distal, of South Dakota, 33 acres at McMinville; J. F. Hroza, of South Dakota, 62 acres at Butteville; Frank Klima, of North Dakota, 31 acres at Woodburn; James Krijol, of Illinois, and John Benes, of Wisconsin, 121 acres at Whiteoak; E. E. Stump, of California, 45 acres at Bear Creek; Sherman Ware, of California, 50 acres at Josephine county; Harvey G. Hoffmann, of Arizona, 10 acres, Josephine county; Thomas Gaffey, of California, 20 acres, Josephine county, and Emma L. Garrett, of Arizona, 3 acres near Grants Pass.

Heat with gas.

CELEBRATION AT MILLWOOD ON 4TH WAS GALA EVENT

The patriotic, liberty loving, and generous-hearted people of Millwood, assembled at the Twin Falls grove near the head waters of the far-famed summer resort Hubbard Creek on July 4th.

The weather being a stranger, readily observed the American flags floating in gala attire. After crossing the suspension bridge, constructed by the proprietor of the farm, Mr. Wandell, one passes across the peaceful waters, where immediately below, the plunging waters set as though they were vapors and wish to become a part of the moon mad sea. Once ashore one beholds a beautiful spot of nature; where God has done more than man to perfect beauty, and to cause one to realize that without his effort, the splendor is obscure. President of the day, Mr. S. G. Gotch, mounted the stand at sharp 10 o'clock a. m., and in a few appropriate words, informed the citizens of the object of the gathering; welcomed friends, neighbors and strangers. At the close of the President's review, Timothy Wandell, Jr., a new arrival from Kansas, fired the day's salutes by launching the cannon. Then appeared on the scene the marshal of the day, Mr. Timothy Wandell, Sr., on his favorite steed "Phoebe", who was harnessed in a glittering and expensive robe, and with an air of importance as if to say: "Here is my master who will preserve the discipline of the day." Queen Margaret (Mrs. Hines) was present and was busily engaged in preparing the children for the Butterfly White march, which was led by Lee Madox of Cleveland. The orchestra composed of Briggs and Black assisted by O. E. Setzer of Melrose, played several patriotic airs. The Declaration of Independence was read by Miss Ella Moore of Sutherlin and her reading proved she had given the subject much thought and study.

Several patriotic recitations were given by Master Amos Case of Millwood, much to his credit, and to the amusement of the throng of people. At 1:30 p. m. the band led his hearers into the history of our country. The oration of the day was given by John Black, a pioneer resident of the settlement. In a masterly manner, he led his hearers into the turmoil of blood and battle, and safely lifted them into peace and safety again, and finally showed that we owe our old Oregon residence in the favorite spot of earth. Many games of amusement were played and useful prizes won, but the participants names were not learned, therefore they can not receive the mentioning they justly deserve.

The banana stand conducted by Black Bros. was an asset to the day's success.

A bountiful feast was called at 12 o'clock noon and the people from Oakland, Sutherlin, Coles Valley, Camas Valley, Melrose and various other sections, attested to the quality of the many good things the hospitable ladies of Millwood had prepared for the occasion. At 3 o'clock p. m., the dancing began and at the strains of music the dancers whirled and twirled and the light fantastic ton until the clock said 12; then the many happy folks departed for their distant homes, long to remember the glorious 4th of July at Millwood.

A GUEST.

TO PRESENT "OREGON" PORTLAND, Ore., July 2.—On the twenty seventh anniversary of her historic engagement in the battle of Santiago, the U. S. S. Oregon, one of the "bulldozers of the navy" will be presented by the government to the state of Oregon

Students Attack Chinese Embassy



Chinese students stormed the Chinese embassy in Paris and forced Minister Tchang-Leh (above) to sign resolutions expressing sympathy for striking factions in Shanghai, seat of the present international trouble.

tomorrow with elaborate ceremonies.

This famous old battle, spared by the Washington treaty of armaments on condition that she be used only as a relic, now lies in the Willamette river under a bridge here, alienated, partly dismantled. Her breeches are welded and her muzzles spiked.

The Oregon will be manned in future by a superintendent, two assistants and a watchman and within certain hours daily will be open to public inspection.

Cook with gas.

FISH ON ATLANTIC COAST FORETELL WARM SEASON

NEW YORK, July 7.—Veteran fishermen cheer sea birds this season with word that this is apparently to be a "warm water" year inshore.

The rate at which cold-water mackerel have been passing this coast without making the usual stop and warm-water bluefish have been flocking in is advanced as the basis for the forecast. The ocean's present heated fringe along the coast, as indicated by the predilection of these finny water-vans, the one for cold, the other for moderate temperatures, is still further borne out in the fishermen's mind by conditions at sea. They cite the recent contrast between overcast weather reported in midocean by returning tourists and the rising mercury found on approaching land.

While the migration of fish and the behavior of the deep are largely a matter of theory, practical anglers admit they nevertheless explain the present atmospheric condition by the Gulf Stream which this spring in sufficient quantity with the cold currents coming down from the Arctic to moderate the latter as they flowed down their southern grooves. The condition is therefore regarded as fundamental and correspondingly permanent, insofar as Atlantic beaches are concerned this summer.

The fishing smack sharp first became convinced of this when mackerel struck in off Cape May obviously felt the heat and kept on going. Instead of idling up the Long Island shore until about June first, as is their wont, it was found they continued without pausing for breath to catch more congenial deep sea chills off Nova Scotia. Conversely, bluefish and weakfish began to move landward in response to the more attractive submarine climate.

Last year it was just the opposite, fishermen recall. The Gulf Stream, according to their theory, did not mix sufficiently with the Greenland water. The result was that mackerel abounded in local fishing grounds all summer, something never known before. Bluefish and weakfish were commensurately scarce, and were only to be found, in fact, well out at sea.

The Gulf Stream explanation of various varieties of fish apparently goes just so far. Anglers say complete mystery surrounds some of the vagaries of "sea boat" in its moods and actions.

Some years ago mackerel were "lost" so completely for several years that the government was obliged to issue a closed season to tempt them back. Now they are available in abundance.

Bluefish have been "lost" off and on since 1914, as much so that their overcast appearance disrupted a flourishing industry and largely caused the present dispersal of bluefish fleets.

Old fishing diaries preserved in Fulton Market record that bluefish disappeared in 1821 for forty years. When they returned they suffered the fate of Rip Van Winkle after his two decades of slumber. Long Island natives no longer recognized them and went for a long time in ignorance that they were merely the staple sea food of their fathers, back home again.

PROSPERITY IS SWEEPING NATION

(Associated Press Leased Wire.)

NEW YORK July 7.—Record breaking prosperity is revealed by bank statements issued in answer to a call of the comptroller of the currency for the condition of national banks as of June 30.

Resources, deposits and undivided profits of the large New York institutions exceeded the previous high totals of 1919 and 1920, boom years.

In Chicago, state and national banks showed combined increases in deposits of \$127,000,000. The deposits of the National City Bank, the largest in the country exceed \$90,000,000 for the first time.

The total in the statement submitted to the comptroller is \$19,903,965, a gain of more than \$80,000,000 since April.

TAX REDUCTION ON INCOMES SCHEDULED

(Associated Press Leased Wire.)

SWAMPSCOTT, Mass., July 7.—Swampscott, Coolidge said today that the next reduction in taxes should be made on incomes all along the line.

While leaving the actual preparation of the tax reduction bill in the hands of the house ways and means committee and treasury officials, Mr. Coolidge hopes that it will provide for general relief and at the same time make possible the great amount of returns in revenue.

To accomplish this end, Mr. Coolidge thinks the maximum surtax should be cut at least to 25 percent. If it is the opinion of experts, however, that a smaller maximum surtax rate, even as low as 12 percent, would produce greater returns to the government and stimulate business, he would favor this rate.

The President also stands on his previous pronouncement that the inheritance tax should be greatly reduced if not completely wiped out.

POLA NEGRI PURSUED BY OLD MAN GLOOM.

(Associated Press Leased Wire.)

NEW YORK, July 7.—Pola Negri, screen star, must pay \$57,000 to the government to recover two diamond and emerald bracelets and a diamond ring, which she failed to declare when she returned last May from a European trip.

Inspectors at the time also found 14 bottles of wine in her trunk, smashed them on a ship's rail and fined her \$5 a bottle.

The thirty carat diamond ring Miss Negri admitted was given to her in France.

Customs officials assessed the domestic value of the jewelry at \$17,000. The fine amounts to \$10,000.

THIS INCE TO TAKE SCREEN STAR AS WIFE.

(Associated Press Leased Wire.)

NEW YORK, July 7.—Lucille Bremer, dancing and screen star and daughter of the late Cipriano Castro, dictator of Venezuela, has been cast by Ralph W. Ince, motion picture producer for the role of his bride. The girl's stepmother, Mrs. Joseph Bryce, who lives here, has received word of the announcement of the engagement in Los Angeles. Ince was divorced last week in Los Angeles by his sister of Anita Stewart. A month ago Mrs. Ince obtained a judgment for \$9,661 under a se-

EMINENT SURGEON CLAIMS CANCER CAN NOW BE CURED

(Associated Press Leased Wire.)

"Cancer is the great human menace. It is increasing by leaps and bounds. If anything, it is increasing more rapidly in the United States than it is in the British Isles. Of those now living in the British Isles, 5,000,000 are doomed to die of cancer if they do nothing to prevent it. In the United States the doomed number is 10,000,000 or 20,000,000."

This remarkable statement is made by Sir W. Arbuthnot Lane, Bart., one of the world's most eminent surgeons and dietitians, in an article appearing in the June 20 issue of the Dearborn Independent.

According to Sir Arbuthnot, cancer is not caused by the bacteria that scientists have so long sought and not yet found, but rather by poisons created in the body by the food that is eaten. It is a fifth disease, and its prevention is accomplished by keeping the digestive tract thoroughly drained of its accumulations.

Continuing the doctor says: "What we should do, if we would avoid cancer, is to eat whole-wheat bread and raw fruits, and vegetables, shunning all meat, first that we may be better nourished, second that we may more easily eliminate waste products and thus adequately drain the house in which our cells live. Whoever foregoes white bread will perform a great service for himself. It is deadly."

It is a difficult task to change the food habits of a nation or to induce the people to take sufficient exercise each day. Sir Arbuthnot says, however, that "whoever will correct his diet to a reasonable extent, take reasonable exercise and keep his digestive tract absolutely clean, need have no fear of cancer."

FOREIGNERS LEAVE CITY

LONDON, July 7.—A Lloyd's message from Hankow says all British women and children have left Chung King, but the British men residents there are remaining. There is a shortage of food. (Chung King is about 800 miles above Hankow on the Yangtze river. Bitter anti-foreign feeling there has been reported during the recent Chinese troubles.)

THEATRES

Liberty Theatre

There is a wealth of entertainment in "The Market Value," a Paul Powell production starring Arnes Ayres, shown for the first time locally today at the Liberty theatre. The picture is an adaptation by Olga Printzau of Frances Nordstrom's sensational London stage success, which for more than a year has been on view at the same theatre in the English capital.

The story centers around Nancy Dumont, a beautiful young widow of the smart set, whose suicide husband has left her penniless. Three men fight for a pool of \$40,000 which they give to her as a legacy from her late husband. But with two of the men it is not a matter of altruism and it is not long before each of them is endeavoring to buy the other two out in order to gain control, as they term it, of "the Dumont stock."

This intricate situation has been skillfully worked out by Powell and the drama brought to a satisfactory conclusion without ever allowing the interest to lag. There is a delightful romance woven into the tale and many humorous bits have been injected into the story.

Antlers Theatre

Anna Q. Nilsson has five leading men, including several stars, in one scene of "Inez From Hollywood" the first National picture to

President and His Father



President Coolidge is seen with his father, John C. Coolidge in this photo, taken at the Coolidge family home in Plymouth, Vt.

United Brotherhood of Carpenters and Joiners of America

Meets at 478 S. Main second and fourth Tuesday evenings of each mo. th. All carpenters welcome.

T. F. HOLME, Rec. Sec. EMERY COLE, Pres.

Woodmen of the World, G. A. P. No. 125

Meets in the Odd Fellows Hall in Roseburg every first and third Monday evenings. Visiting brothers always welcome.

JOHN DELL HESS, C. C. M. M. MILLER, Clerk.

Neighbors at Woodcraft, Linde Circle No. 49

Meets on first and third Monday evenings, in K. of P. hall. Visiting neighbors invited to attend.

ALVIA WETHERELL, G. N. MARGARET WHITNEY, Clerk.

Pythian Sisters, W. P. M. Temple No. 4

Meets the second and fourth Monday evenings of each month, at the K. of P. hall. Visitors always welcome.

MARTHA CHRISTENSEN, M. E. C. EVA MARKS, M. of R. C. MAY E. PARKER, M. of P.

Umpqua Klan No. 5

Meets 2nd and 4th Mondays of each month. Address P. O. Box 885, Roseburg, Oregon.

I. O. O. F., Philetarran Lodge No. 8

Meets every Friday evening. Visiting brethren are always welcome.

DONALD YOUNG, N. G. A. J. GEDDES, Rec. Sec. J. B. BAILEY, Fin. Sec.

Knights of Pythias, Alpha Lodge No. 47

Meets every Wednesday in Knights of Pythias hall 120 Ross street. Visitors always welcome.

SAM CHRISTENSEN, C. C. ROY O. YOUNG, M. F. S. WIMBETTY, R. R. S.

Macabees Lodge No. 1027

Meets in Macabees hall on Cass street in second and fourth Wednesday evenings of each month, at 8 o'clock. Visiting brethren in good standing always welcome.

RICHARD BUSCH, W. P. P. THEO. W. ALTHAUS, C. W. B. GOODMAN, Sec.

ROSEBURG LODGE NO. 1027 L. O. M.

Meets every Wednesday night. Moore Hall, 348 N. Jackson St. Club rooms open 7:30 to 10 p. m. Visiting brothers welcome.

W. A. BOGARD, Dictator. H. O. PARROTTER, Secretary. JNO. M. THRONE, Treasurer.

K. O. T. M.

Meets each second and fourth Thursday of each month, in Macabees hall, corner Cass and Pine streets. Visiting Knights always welcome.

L. C. GOODMAN, C. W. G. W. RAPP, R. K.

W. B. A. O. T. W.

Roseburg Re-View meetings on second and fourth Thursdays at 7:30 p. m. Visiting sisters invited to attend. Re-View Macabees hall, Pine and Cass streets.

CLARA BONDRAKE, Com. JESSIE RAPP, Col.

B. P. O. Elks, Roseburg Lodge No. 325

Holds regular communications at the Elk's Temple on each Thursday of every month. All members requested to attend regularly, and all visiting brothers are cordially invited to attend.

J. G. DAY, Jr., E. R. J. T. GOODMAN, Secretary.

Roseburg Rebekah Lodge No. 41

Meets in Odd Fellows Temple every week on Tuesday evening. Visiting members in good standing are cordially invited to attend.

MRS. MARGARET ASHCRAFT, N. G. TILLIE I. JOHNSON, Rec. Sec. ETHEL BAILEY, Fin. Sec.

O. E. S., Roseburg Chapter No. 5

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Scene of Anti-Foreign Riots in China



Anti-foreign feeling is running high in Chinese cities, and at Hongkong, a British protectorate, authorities are holding coolie rioters in check with difficulty. The photo shows Hongkong harbor.

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