

Why do you eat Bran?

TO FIGHT CONSTIPATION—the most dangerous condition your system can become...
Get rid of this dangerous condition—start "slipping" and become a prey to any of the most dreaded human ailments which have their beginning with constipation and toxic poisoning!
Fight constipation as you would fight fire! Fight it with bran—Kellogg's—BECAUSE IT IS ALL BRAN! Don't temporize! Don't waste time and health by going half-way! You need ALL BRAN; you need the bulk, the "roughage" of ALL BRAN, because it sweeps, cleanses and purifies!
REALIZE THIS—foods with a part bran content can only relieve constipation in proportion to the amount of bran they contain! They are 25 or 50 per cent bran—you may get 25 or 50 per cent relief!
REMEMBER THIS—Kellogg's is ALL BRAN and is guaranteed to give you positive and permanent relief if you will eat two table-spoonfuls daily, or as much with each meal in chronic cases!
 Don't delay; don't fuss with half-way measures! You have too much at stake! All cereals sell—

Look for this signature!
 Kellogg's
 the original BRAN—ready to eat

CHANGES MADE IN FOOTBALL RULES

NEW YORK, Sept. 18.—(A. P.)—Several radical changes in football rules, decided upon last winter by the football authorities, will be in effect during the coming season which gets into full swing the end of September.

Chief among changes are those abolishing kicking tees, barring "passive interference" on the screen pass, shifting the try-for-point from the five to the three-yard line and other alterations designed to speed up the game.

A summary of changes follows:
 In Rule 1, section 3, the committee has added its approval to the so-called "offset" goal posts so that either straight line posts or offsets are legal.

In rule 3, section 3, there is an answer to the generally increasing complaint that certain stiff shoulder guards and protectors were dangerous. The committee has legislated that shoulder guards must be padded outside as well as inside and cleats must not be dangerously sharp, and has urged all officials to relentlessly enforce every phase of the rule relating to equipment.

Under rule 6, comes the elimination of tees. All tees are swept out of existence, but on place-kick a player may hold the ball on the ground for the kicker. The ball is now kicked off from the middle of the field instead of from the 40-yard line. Section 9 has been altered so that any part of the player's person being out of bounds counts just the same as the foot.

Under rule 9 the committee has practically placed shift plays in the hands of officials by legislating that players must come to an absolute stop and remain stationary in their new positions sufficiently long to prevent any doubt in the minds of the officials as to the legality of the play.

Rule 10—The 5-yard line has been changed to the 3-yard line on a try-for-point after touchdown.

In rule 14 is the evidence of the committee's desire to speed up the game and prevent unnecessary and unreasonable delays. The official may arbitrarily call time whenever he thinks a team is unreasonably delaying putting the ball in play and may warn them or penalize them. In the case of calling of time for substitutions or for other reasons which appear to the official to be with the intent of lengthening the game, he may instruct the timekeeper not to stop the watch but let the time run on. Captains may now ask that time be called four times in each half, but the penalty for a greater number of requests has been increased to five yards.

In rule 16 the screening of the forward pass has been changed by a ruling that ineligible players must keep out of the way of the players of the side which did not make the pass, else they are liable to a penalty for interfering with the defensive side's opportunity to reach the ball. The field judge and umpire both are to watch violations under section 3.

Rule 17 puts a stop to the receiver of the forward pass running out of bounds and then coming back into the field of play to receive the pass. Under this same rule the last 10-yard penalty remaining in the book has been changed to 15 yards, namely, intentionally throwing a forward pass to the ground. It has been made legal to decline the penalty on a forward pass.

Rule 18 finishes up the entire matter relating to outside kicks. If a kicked ball crosses the scrimmage line, no one on the kicker's side can touch or recover the ball until it has touched an opponent, but any man may recover a kicked ball which has not crossed the line of scrimmage.

Rule 23, section 5—A foul committed behind the goal line which does not involve change of possession of the ball is penalized one half distance to the goal line from the spot where the ball was put in play. Section 11 has been expanded by the instruction to the referee that he shall explain alternative penalties to the captain of the offending team.

Rule 4—The referee alone shall have a whistle, but a pistol is recommended to the timekeeper to notify in referee of the expiration of time.

New today, We have several real good cheap Ford cars. Just what you are looking for when you start on your hunting trip. Terms as low as three dollars per week. Come and look at them today. RAPP BROS.

Grown at high altitude—3000 feet or more above sea level—that's why it's just right



sent to the lair, representing to them a dead loss. Now scores of castles and manors with centuries of historic connections and thousands of acres of land are offered for sale.

One of the most famous is the Fingask Castle with 12,827 acres of land, which was built in 1584 and has been connected with all the important events of highland history, particularly the escapades of Bonnie Prince Charlie.

Despite many inducements the owners cannot find a market for their estates.

NOTICE TO PUBLIC

Supplement No. 2 to Public Service Commission Order No. 7, providing for a service charge on each meter of sixty cents (\$60), per month, becomes effective thirty days from date, September 1, 1924.

SOUTHERN OREGON GAS COMPANY.

FULLBACK IS ILL

(Associated Press Leased Wire.)
 SEATTLE, Sept. 19.—Elmer Tesreau, veteran University of Washington fullback, is suffering from an attack of tonsillitis and is not expected to appear in daily practices at the stadium here for a week, Coach Enich Bagehaw announced today.

Parking space for flies. Flies flock to our fly paper and stay there. We carry other forms of hard luck for flies too. Lloyd Crocker.

NOTICE

City Ordinance 256 is about to be enforced on and after October 1st, 1924. This ordinance regulates bakeries, restaurants, kitchens, candy kitchens, confectionaries, etc. in the city of Roseburg.

This ordinance requires the owner or proprietor of any bakery, restaurant, confectionery, kitchen, or candy kitchen to make a written application for a permit to operate to the Committee of Health and Police of the city council. After inspection and compliance with this ordinance a permit will be issued.

This ordinance also requires that all persons engaged in the preparation or handling of food shall have a physician's certificate of freedom from infectious or contagious diseases.

W. A. BELL, Health Officer.

The grape season is at its height at the Overland orchards. The grapes have ripened early and the season will be short. Those who want grape juice should order now and send containers. Only what is ordered will be pressed.



After washing your car—and while it is still wet—go over it with a wet cloth into which a tablespoonful of Gloss has been rubbed. Then polish dry to a fine lustre. At your dealer's.

STANDARD OIL COMPANY (California)

for your automobile

GOOD PROGRAM AT STATE FAIR

Management Well Pleased With Outlook for Entertainment During Week

FINE RACING CARD

Horse Show and Track Events to Be Big Features—Many Bands Furnish Music.

SALEM, Or., Sept. 19.—Officials of the Oregon state fair, which opens in Salem next Monday, September 22, for the sixty-third consecutive time, are jubilant over the outlook for a record-breaking exposition. The management has bent every effort to make the event a big success and they have had the undivided assistance of department heads and exhibitors alike.

Aside from the exhibits which will overflow in every department, there has been no failure on the part of officials to recognize the importance of an amusement card of excellent proportions. In the schedule which the management has announced there is assurance that the entertainment of the crowds each day will be well looked after.

Among the notable features of the 1924 fair will be, of course, the big night horse show that will be held each night with the exception of Tuesday, and which will present forty-seven different classes. Like other departments of the fair the horse show will attract men and women with their entries from every section of the northwest.

The horseracing card is one of the classics in years with several important events listed for each afternoon. Some of the fastest horses from the Tia Juana and California tracks will participate as well as many from Canada, Washington and Oregon.

The musical program for the fair will be attractive with the Salem Cherrish band not only performing at the nightly horse shows, the races, but giving three open air concerts each day as well. In the latter events O. B. Gingrich of Salem, will appear in solo solos with the band accompaniment. The Capitol City Quartette, composed of Albert Gille, H. B. Glasger, Richard Robertson and A. J. Hansen, all well-known Salem singers, will be heard at the races Wednesday and Saturday and at the horse shows Wednesday, Thursday, Friday and Saturday at the races.

On Tuesday, American Legion Day, bugle and drum corps will be present from Portland, Eugene, Salem, Springfield, McMinnville and Oregon City, as well as several other places and these will be featured at the races as well as on the grounds earlier in the day. Friday will see the arrival of at least nine bands and musical organizations from various parts of the state, representing the different booster organizations. The Old Soldiers Pipe and Drum Corps will be on hand again to give impromptu out of door concerts and Hebel's Cherrybud band, composed of girls will play throughout the week at different hours and at different places.

Monday will be given over to children, all girls and boys under fourteen to be admitted free. Numerous things will be arranged for their pleasure, ending with the horse show in the evening in which a pony steppurchase will be a feature with a number of local boys taking part. Livestock judging contests in the Industrial Club divisions will be a notable detail on the first day's program.

Young children brought to the fair by their parents may be cared for at the modern kindergarten in the Educational building which is to be conducted by Mrs. R. St. James, under the supervision of the state parent-teacher association.

The usual Monday attractions will be found, with carnivals and shows occupying their customary place, but with all gambling concessions eliminated on the grounds.

A number of special meetings have been called for the week. Probably the most important will be the gathering of officials of all booster organizations Friday afternoon, with notable speakers present. Wednesday evening will be the date of the annual fall session of members of the Oregon Purebred Livestock Association held in the rest room. The annual banquet of the same body will take place Thursday evening in the Christian Church restaurant. The G. A. R. will have a meeting and entertainment program between the hours of half past one and three o'clock Thursday afternoon in the auditorium of the new pavilion.

Est Hazelwood at Wimbler's.

LODGE DIRECTORY

I. O. O. F., Philetarian Lodge No. 6.—Meets in Odd Fellows Temple every Friday evening. Visiting brethren are always welcome.

LYLE DAVIS, N. G.
 A. J. GEDDES, Rec. Sec.
 J. B. BAILEY, Fin. Sec.

Umpqua Klan No. 5.—Meet 2nd and 4th Mondays of each month. Address P. O. Box 885, Roseburg, Oregon.

United Artisans—Meets in Maccabee hall first and third Wednesdays. Visiting members always welcome.

LAUREN McCULLOCH, M. A.
 MILDRED McCULLOCH, Treas.
 BELLE STEPHENSON, Sec.

Woodmen of the World, Camp No. 125.—Meets in the Odd Fellows Hall in Roseburg every first and third Monday evenings. Visiting neighbors always welcome.

A. A. SCHLOEMANN, C. C.
 M. M. MILLER, Clerk.

K. O. Y. M.—Meets each second and fourth Thursday of each month, in Maccabee hall, corner Cass and Pine streets. Visiting Knights always welcome.

L. C. GOODMAN, Com.
 G. W. RAPP, R. K.

Neighbors of Woodcraft, Lilia Circle No. 49.—Meets on first and third Monday evenings, in K. of P. hall. Visiting neighbors invited to attend.

DONNA OAKLEY, G. N.
 MARGARET WHITNEY, Clerk.

Eagles, Roseburg Aerie.—Meets in Maccabee hall, on Cass street, on second and fourth Wednesday evenings of each month, at 8 o'clock. Visiting brethren in good standing always welcome.

EUGENE LITTLE, W. P. P.
 RICHARD BUSCH, W. P.
 B. F. GOODMAN, Sec.

W. B. A. O. T. W., Roseburg Review No. 11.—Holds regular meetings on second and fourth Thursdays, at 7:30 p. m. Visiting sisters invited to attend reviews. Maccabee hall, Pine and Cass streets.

JESSIE RAPP, Col.
 MRS. FLORA L. WILLIAMS, C.

A. F. & A. M., Laurel Lodge No. 13.—Regular communications second and fourth Wednesdays each month, at Maonic Temple, Roseburg, Ore. Visitors welcome.

G. K. QUINE, Jr., W. M.
 W. F. HARRIS, Sec.

Knights of Pythias, Alpha Lodge No. 47.—Meets every Wednesday to Knights of Pythias hall, 130 Rose street. Visitors always welcomed.

CLARK K. ALLEN, C. C.
 J. R. FARRINGTON, M. P.
 E. E. WIMBERLY, K. R. S.

B. P. O. Elks, Roseburg Lodge No. 326.—Holds regular communications at the Elks' Temple on each Thursday of every month. All members requested to attend regularly, and all visiting brothers are cordially invited to attend.

D. B. DUBAR, E. R.
 J. G. DAY, Secretary.

Laurel Chapter No. 31, R. A. M.—Holds convocations on first and third Tuesdays, Masonic Temple. All members requested to attend and visiting companions welcome.

R. L. COOPER, High Priest.
 W. F. HARRIS, Secretary.

Roseburg Rebekah Lodge No. 41, I. O. O. F.—Meets in Odd Fellows Temple every week on Tuesday evening. Visiting members in good standing are cordially invited to attend.

MRS. V. J. MICELLI, N. G.
 TILLIE L. JOHNSON, Rec. Sec.
 ETHEL BAILEY, Fin. Sec.

O. E. S., Roseburg Chapter No. 3.—Holds their regular meeting on the first and third Thursdays in each month. All sojourning brothers and sisters are respectfully invited to attend.

HAZEL FRENCH, W. M.
 FRED JOHNSON, Secretary.

United Brotherhood of Carpenters and Joiners of America.—Meets in Moose hall second and fourth Tuesday evenings of each month. All carpenters welcomed.

T. F. HOLMES, Rec. Sec.
 F. A. BOWEN, Pres.

Pythian Sisters, Umpqua Temple, No. 4.—Meets the second and fourth Monday evenings of each month, at the K. of P. hall. Visitors always welcome.

JORANNA GRAE, M. E. C.
 MYRTLE WIMBERLY, M. of R. & C.
 MARTHA CHRISTENSON, M. of F.

Umpqua Inn

Home cooking "like mother used to make," served family style. Tourist accommodations.

MEALS 50c

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 825 Winchester St. Phone 268-J
 2 Blocks North of Camp Ground
 Roseburg, Oregon

Wicker Furniture
 That's Different
 We Have It

A unique breakfast set and many other distinctive pieces of furniture.

Winter will soon be here.

Buy your Steve Now!

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321 N. Jackson St., Roseburg

Milk is such a small item of the cost, but such an important part of your cooking that you can't afford to use anything but the very best



Borden's
 UNSWEETENED
 EVAPORATED
 MILK

Made in the Northwest

Borden's Evaporated Milk is the product of 67 years' experience in the making of milk foods. Its creamy richness and pure, fresh-milk flavor are unsurpassed. Thousands of particular women will use no other kind. The taste tells why! Try it—but insist on Borden's!

HAVE US MOVE YOUR FURNITURE

MOVING FURNITURE receives the utmost care and attention in our hands. Our vans are specially padded and equipped for the transportation of furniture to any part of the city or surroundings. "We aim to please!"

H. S. FRENCH
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CHIROPRACTIC

CHRONIC DISEASES
 THESE are due to nothing more than nerve affection. A displaced vertebra, impinging upon a nerve, will result in chronic illness. Our adjustments relieve the trouble at its source.

"Yours for Health!"
C. M. McNEIL
 Chiropractic Specialist

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REMAIN SLIM AND STRAIGHT

THE Fall mode in Cloth Coats is faithful to the slender line, but surprises one with a wealth of smartly novel details. For placed in a startlingly different way, long scarf collars or sometimes very tiny collars, and lavish embroideries—these are correct hints of the mode's versatility.

I. ABRAHAM
 THE SILK STORE

Let Us Serve Quality Groceries!

The good housewife knows the paramount importance of buying high quality groceries and buying them economically. It's such women that will find pleasure and satisfaction in the purchases made here.



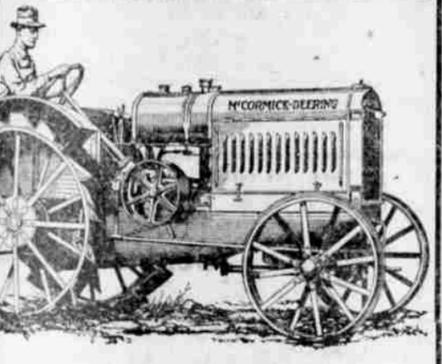
EVERYBODY'S EXCHANGE
 ROSEBURG, OREGON

MAKE LIFE EASIER BRITISH PENSIONERS

Sept. 19.—Roland endeavoring to create settlements in South Northmen with small to can no longer live in accordance with the to which they are ac- He says that England retired army and navy

officers, and others with practically no capital but with small fixed incomes varying from \$1,500 to \$4,000 a year. England has too forbidding a climate for such people, but in South Africa, on holdings of from two to five acres, they could be very happy.

Band concert Sunday at Randon by the Sea.



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The Douglas Grill
 Hotel Douglas

Conducted as a First Class Restaurant.

Continuous Service from 5:30 a. m. to 10 p. m.
 Everything on the Market at

The Most Reasonable Prices in Roseburg
 You Will Be Satisfied

Special Rates to Teachers and School Pupils
 Special Dinners to Order on Short Notice.

W. R. WARNER, Prop.

ASTRONOMER DIES

(Associated Press Leased Wire.)
 ANN ARBOR, Mich., Sept. 19.—John M. Schaeberle, astronomer, twice head of expeditions sent out by the Lick Observatory to South America, died at his home here. He was a graduate of the University of Michigan and former member of the university faculty.

MARCEL AND CURL LAST LONGER after a Golden Gnat Shampoo.

SCOTCH TAX COLLECTORS OUT AFTER DELINQUENTS

ABERDEEN, Sept. 15.—(A. P.)—The burden of taxation which has depopulated Scotland of the country estate and the lord who owned large sections of counties is beginning to be felt in the highlands.

Because their highland estates are largely unproductive and their extent somewhat doubtful, the owners have heretofore not been held strictly to account by the tax-collector. Recently, however, the tax assessors have been busy in the northern Scottish counties and large tax bills have been