

JASPER PARK LODGE
OPEN JUNE 1 to SEPT 30
JASPER NATL PARK
—the largest National Park in the world.
4,000 square miles of scenic grandeur.
Dancing, motor, riding, fishing, tennis—our favorite recreation—will be the most enjoyable at Jasper Park Lodge, an ideal playground resort, in the heart of the magnificent Canadian Rockies.
Thoroughly modern hotel accommodations and conveniences are provided for 350 guests in the Central Lodge building and adjoining lodges. Rates are 50¢ to \$1.00 per day.
Make your reservations early.
LOW SUMMER PRICES
A. E. HARTY, City Park Act.
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PORTLAND, ORE.
Scenic Booklet Free.

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CANADIAN NATIONAL RAILWAYS
LARGEST RAILWAY SYSTEM IN THE WORLD

LONG DISTANCE HAULING
Service Guaranteed
Our trucks travel over all roads. They never grumble at the moving tasks we imposed upon them. Our long distance rates are as low as can be found for such a service.
"We Aim to Please"
H. S. FRENCH
TRANSFER AND STORAGE CO.
PHONE 210

Bandon

BY THE SEA

Visit Bandon next Saturday and Sunday—take the family and enjoy Oregon's finest seashore; let the children bathe in the sea, play in the sand, and climb among the picturesque rocks.

Bandon is on the Roosevelt Highway, one of the world's greatest scenic drives; you can buy a lot on this beautiful beach from \$100 to \$500 with only a small payment down; buy now while property is cheap; property values have increased since the opening of the highway and will in our opinion continue to increase as more people are visiting Bandon than ever before and purchasing property for summer homes, permanent residences and for business purposes.

For further information see

H. G. WILSON or A. T. LAWRENCE
522 1st Ave. N. 125 Cass St.
Roseburg, Ore. Roseburg, Ore.
Phone 70-J Phone 219

MAN WANTED FOR ATTACK WITH ROCK

(Associated Press Leased Wire.)
PORTLAND, July 29.—Following receipt of word from Oakridge, Ore., that J. C. Clinton of that city had struck with a rock and probably fatally injured another man, local police reported they were instructed to be on the lookout for him. Clinton was thought by Oakridge officers to be headed for Portland. The officers described him as between 40 and 45 years old, five feet and one inch tall, weight 175 pounds, gray hair, a stiff right hand, and was wearing a black suit. He is thought to be a gambler, police said.

BLARNEY STONE LURES AFTER WAR SECLUSION

(By Associated Press.)
BLARNEY, Ireland, July 29.—

Roseburg Steam LAUNDRY KIDS



HOUSEHOLD LINENS
WE LAUNDER LINENS IN A WAY THAT BRINGS US COMPLIMENTS EACH DAY.

The manner in which we "do up" household linens meets with the "housewife" approval. The manner in which we launder her table cloths, bed spreads and pillow cases appeals to her sense of politeness.

Roseburg Steam Laundry
Phone 79 Roseburg, Ore.

MALNUTRITION FOUND AMONG APPARENTLY HEALTHY CHILDREN

NEW YORK, July 29.—The malnutrition of children in the United States constitutes a serious health problem, according to the New York Association for Improving the Condition of the Poor, which for the last four and a half years has been testing various methods of combating this evil. Some of the facts ascertained from the society's study are included in a statement given out here today.

It is set forth that among 2,181 apparently well children examined in the medical clinics of the society, 616, or 28 percent, were diagnosed as mal-nourished. The society is seeking the most effective methods of correcting habits of eating or living which cause malnutrition, and has issued a monograph entitled "Food for the Family," containing suggestions for proper feeding as a means of insuring proper nutrition.

This condition of malnutrition is not due to insufficient food, but to the constant use of improperly chosen food or the inability of the body to make use of the food eaten because of insufficient air, rest, sunshine or physical defects. If these children were in danger from fire or industrial accidents, the reports of the society says every safety device and protective measure known would be urged to protect them. Although the effects of malnutrition are much slower, often much more indirect and much less dramatic than those from fire or accidents, they are even more deleterious because of the larger number affected and the lingering misery resulting.

"Many a wage earner is unable to increase his income to the safety level because of health conditions due to poor nutrition. Too many children who apparently show no signs of disease or malnutrition are allowed to drift into the wage-earning period with only a part of their rightful earning capacity developed."

"Malnutrition thus concerns more than the individual or the home in which it occurs. It affects the whole country by reducing the economic production of the individual and thereby increasing the cost of living. Since much of the sickness and lowered vitality in later life is the result of poor nutrition, as physicians have frequently stated, the importance of providing educational guidance in nutrition as well as providing attention for the correction of physical defects is great."

To ascertain what are the principal causes of malnutrition, the society analyzed the condition of 275 families among those now assisting. Of that number, 277 families required instruction in the preparation of the proper food; 198 needed assistance in the planning of meals; 16 families had to be helped in marketing, because simple foods, entirely strange to them, were recommended; while special diets had to be planned for 35 families. Only 27 families need financial assistance to provide adequate food. Greater economy was found to be necessary in 44 families, while in 60 families assistance took the form of helping them to readjust expenditures.

Indifference, women working and no one at home to look after the children, living conditions too congested, resulting in inadequate rest and improper ventilation; and mother ill, were other problems found to be responsible for malnutrition.

A guide to proper nutrition which the A. I. C. P. will use in its efforts to reduce malnutrition among the tenement districts of this city includes, in addition to suggested diets and menus, a "dozen good health rules for children," which reads as follows:

1. Use milk—fresh, clean, whole milk for children. Every growing child should have a quart a day, in some form.
2. Eat plenty of vegetables.
3. Eat only a small amount of candy, pickles and ice cream cones.
4. Eat coarse food, such as oatmeal, bran muffins and vegetables, so that the bowels will not be constipated.
5. Eat slowly and chew food well.
6. Have the meals at the same hours each day.
7. Eat only bread, or crackers and milk, or bread and butter between meals, and only in the middle of the morning or the afternoon.
8. Wash hands and face before eating.
9. Drink plenty of water.

Women Badly Injured at Her Wedding.



LADY URSULA GROSVENOR
When Lady Ursula Grosvenor, daughter of the Duke of Westminster, England's richest peer, was married in London to Captain Philip Stanley, of the Life Guards, 20 women were injured in a crush outside of the church of people who wished to see her in her wedding gown.

tween meals.
10. Be in bed by nine o'clock or before.
11. Have windows opened in the sleeping room at night.
12. Brush the teeth at least once a day.
Important DON'TS—
Do not let the children eat pork or veal, much meat of any kind, fried foods, rich pies and cakes, strong spice and vinegar, green or spoiled fruit.
Do not let children drink tea, coffee, beer, wine, sodas.
Do not let them eat between meals, except the things named in No. 7 above.
Do not let them eat candy, ice cream cones, nuts, cakes and cookies between meals.
Eat Hazelwood at Wimberly's.

THEATRES

Liberty Theatre
The ambitious film production, "The Desert Sheik," which is playing tomorrow and Thursday at the Liberty theatre in this city, is an adaptation of a story written by Sir Arthur Conan Doyle, first as a novel, "The Harem of the Korosko," and afterwards as a play, "Fires of Fate" (in which the late Mr. Lewis Waller appeared), which was based upon an actual incident which occurred up the Nile during the time when the author was a newspaper correspondent attached to the staff of Sir Reginald Wingate, Sirdar of the Egyptian army.
It is a story of some Cook's tourists who went up the Nile and got cut off by a band of dervishes, many of them being killed or taken away into the desert. The "Korosko" was the boat on which they travelled.
Picturized as a film and actually photographed in Egypt, with the co-operation of the local government and military authorities and the famous Sudanese camel corps, the episode is very thrilling.

Antlers Theatre
Pat O'Malley, who plays the juvenile lead in "The Fighting American," Universal Jewel production to be shown at the Antlers theatre next Thursday and Friday, claims distinction because he is one of the very few actors given leading parts who has emerged from a fight a badly defeated fighter. O'Malley is remembered for the part he had in "Fool's Highway." Universal Jewel starring Mary Philbin. As a gangster he fought against a dozen men.
"That is as it should be," he said in laying his claim to distinction. "In real life no one man can possibly whip a mob."
"The Fighting American" also gives O'Malley a chance to fight, and in each case he loses, except where it is a man-to-man affair.
This picture is the prize-winning screen story in the Carl Laemmle inter-collegiate scholarship contest. It was submitted by William Elwell Oliver, University of California student, and selected from several thousand manuscripts.

Hay Fever Conquered By New Prescription

Thanks to a remarkable new prescription known as Rinex Prescription, developed by a Cleveland specialist after 8 years' intensive study of Hay Fever, Mr. Charles Farmer, of 3791 Beatrice Avenue, Johnstown, Pa., reports he is entirely free of his Hay Fever troubles, and similar reports from thousands have come from all over the country.
Says Mr. Farmer: "I have tried hundreds of different remedies, but Rinex is the only thing that ever did me any good. I had Hay Fever as bad as any man in the country, but can truthfully say that I can hardly notice it since I started taking Dr. Platt's Rinex."
Only a few years ago it was discovered that Hay Fever is not a simple surface disease or irritation, but that the poisons in the air are absorbed through the thin mucous membranes into the blood itself, and so cause a poisoning of the entire system. Dr. Platt's Rinex, taken internally in simple capsule form, goes direct to this poison poisoning throughout the system and neutralizes it completely. So in 95 per cent of all cases, all the sneezing, runny eyes and nose, headache, fever, etc., disappear in 24 hours. In fact, complete relief in 24 hours is positively guaranteed, or it costs you nothing.
Rinex Prescription may be obtained on this absolute money back guarantee at Lloyd L. Crocker's Pioneer Drug Store.

RUSSIAN EXILES NOW IN PHILIPPINES WANT TO EMIGRATE TO U. S.

MANILA, July 29.—A survey of the condition of the 250 Russian refugees who arrived here nearly a year and a half ago from Vladivostok is to be made of the Philippine department, the bureau of customs and a physician of the United States quarantine service to determine whether they are qualified to enter the United States. There appears to be little likelihood of the refugees being allowed to land in the United States for many months to come, but Admiral Stark, who led the colony from Vladivostok, expresses the hope that arrangement for admission of most of the Russians may be made.

About a year ago some 600 of the 850 who came here in February 1923 were sent to San Francisco on the army transport Merritt and reports from there about favorable conditions in the United States have caused their friends and relatives remaining here to renew their efforts to reach America.
The colony of some 7,000 headed by Admiral Stark, adherent of the old monarchial regime, was forced to leave Vladivostok by the soviet. They took 15 small ships and set out late in 1922 to look for a country in which to land. Several thousand were dropped in Korea and other thousands were left in China, a number of ships being sold enroute to obtain subsistence. When they reached the Philippines the personnel had dwindled to 550 and the number of ships to 11. During the last year and a half five more of the ships have been sold, leaving six now at the Olongapo naval station.

GRUEN PATENT
GRUEN Patent watches: Pentagon or round shape; case 14 K. white gold or stainless steel; \$7.50 to \$10.00. Movement adjusted to temperature within the time required on railroad. \$70.00

GRUEN PATENT
Sent on Approval
Selections from our jewelry stock, at whatever price you indicate. No obligation to buy; your money back if you are dissatisfied and return your purchase promptly. Our shopper is experienced in selecting goods for customers who buy by mail; no red tape in filling orders; terms if desired.

Samuels Co.
JEWELERS
595 Market Street San Francisco

COOLIDGE WRITING ACCEPTANCE TALK
WASHINGTON, July 29.—President Coolidge has begun to put on paper the campaign keynote address he will deliver here August 1, formally advised of his nomination as the republican candidate.
Mr. Coolidge spent several hours yesterday dictating. He made rapid progress as he previously had outlined the address in detail, and another period was allotted today for similar work. Preparations for the notification ceremonies have been virtually completed by James B. Reynolds, director of the Washington headquarters of the republican national committee. The issuing of invitations and other details were placed in Mr. Reynolds' hands by National Chairman Butler, who will not return to Washington until a few days before the notification.

Senator Harold of Oklahoma, who visited the White House today preparatory to returning home, declared a Ku Klux Klan fight was developing in the republican senatorial contest in Oklahoma as well as in the democratic ranks. He added, however, that this would not interrupt the administration's campaign and predicted President Coolidge would retain the majority of 25.

WOMAN KILLS BABY; ASKS SPEEDY TRIAL

(Associated Press Leased Wire.)
BOISE, Idaho, July 29.—"Give me a speedy trial and shoot me or hang me—I want to join my baby in a happier land than this," Mrs. George White, 29, pleaded with officers Monday afternoon after she had emptied four chambers of a .32 calibre revolver into the head of her 18-month-old daughter at their ranch home three miles southeast of Boise yesterday afternoon.

RUPTURE EXPERT COMING TO ROSEBURG

Will Give Free Demonstration Friday and Saturday, August 1 and 2, at

UMPQUA HOTEL
From 10 a. m. to 4 p. m.
TWO DAYS ONLY

On above date the noted rupture appliance expert, C. F. Redlich, will give a free demonstration. "You will at once realize the difference between his highly efficient, absolutely sanitary appliances and the inefficient, uncomfortable, smelly and thoroughly unsatisfactory elastic web trusses with their bulky, plainly visible pads and their unsightly chains, long straps or the various mail order, steel, or wire trusses which never fit right. All of these unsatisfactory devices make your rupture steadily worse instead of better, as you well know. Dr. Redlich's appliances, scientifically fitted by an expert in person, will give security and comfort for years to come, not only to those with recent and small ruptures, but also to old, neglected cases. They are by far the cheapest in the long run."

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SECRETARY HUGHES VISITS IN PARIS
(Associated Press Leased Wire.)
PARIS, July 29.—Secretary of State Hughes and Mrs. Hughes who arrived in Paris last evening from London, began the day by inspecting, in company with Ambassador Herrick, the new American embassy, over which the stars and stripes were raised for the first time since independence day.
The visitors expressed themselves as highly pleased with the location of the embassy. The work of renovating and decorating the interior has not yet been done, but Ambassador Herrick was able to give his chief an idea of the way the new official home in France will look when completed.
Afterward Secretary and Mrs. Hughes took a drive prior to taking lunch with M. Jusserand, French ambassador to the United States.

FIRE SITUATION MUCH IMPROVED
The forest fire situation was greatly improved today, as a result of cooler weather and higher humidity. Many of the small fires burned out, and crews have been withdrawn. All of the big fires are under control and are going down rapidly. Men have been withdrawn from the Hubbard creek blaze and also from Hinkle creek, and Myrtle Creek. The Tom Folly fire is still burning, but is controlled. Over forty fire fighters were released today from various fires throughout the county.

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Be Careful
what children eat in Summer
QUICK QUAKER—that's the ideal breakfast. Cooks in 3 to 5 minutes.
Vigor food in a jiffy!
SUMMER is the time mothers must be careful of their children's diet.
Fruit and oatmeal hold first place, say authorities.
So give them Quick Quaker, the new Quaker Oats. Easier to prepare than plain oatmeal. Cook them well—delicious, flavory beyond compare. AND—no hot kitchen, no frying pans to fuss, no muss. Breakfast cooked and over in a jiffy.
Standard full size and weight packages—Medium: 1 1/4 pounds; Large: 3 pounds, 7 oz.

Quick Quaker
Cooks in 3 to 5 minutes

Used Furniture Bargains
Kitchen Tables Organs Riffles Sewing Machines Stand Tables Beds Oil Heaters Wash Stoves
We have the most complete line of second hand goods in Douglas County. If you can't find what you want Try Parslow's

PARSLOW FURNITURE CO.
111 N. Jackson Street

RELIABLE TAILOR
J. H. BERNIER
Upstairs Next Umpqua Hotel
Cleaning, Pressing, Alterations
We Make Your Clothes in Roseburg

A TUBFUL of Clothes
WASHED ABSOLUTELY CLEAN
The Savage Washer
In Only Fifteen Minutes
Then with this Savage Washer you merely gear and spin for one minute and the wash is enough for the line.
NO OTHER WASHER OFFERS SUCH ADVANTAGES
A Demonstration Will Prove Our Claim
Everybody's Exchange

Used Fruit Jar
Used Leather Couch
Monarch Range (almost new)
Fine Organ (will sell on terms)
Used Cook Stove No. 8.

Powell Furniture Company
238 North Jackson St.

PUMPS, ENGINE SCALES, TANKS
I handle the entire line of Fairbanks, Morse & Co. My specialty is irrigating outfits consisting of line engines and pumps carried in stock at all times. If you are in need of an irrigating scale or pump, etc., call 362.

L. W. METZGER
Warehouse at Oak and Pine