

Diseases traced to constipation are many — get permanent relief with Kellogg's Bran

Why does constipation breed other diseases? Because it floods your system with dangerous poisons. And the longer you suffer, the more poisons accumulate. That is why constipation should be relieved at once.

Doctors recommend Kellogg's Bran, cooked and krumbled. They know it brings results because it is ALL bran. And only ALL bran can be 100 per cent effective in relieving constipation.

ALL bran — Kellogg's — sweeps, cleans and purifies the intestine. It gets as nature acts. It makes the intestine function naturally and regularly. If eaten regularly, it will bring permanent relief in the most chronic cases of constipation—is guaranteed

to do so or your grocer returns your money. Eat at least two tablespoonfuls daily—in chronic cases, with every meal. You will like the wonderful Kellogg flavor—so crisp and nut-like—so different from ordinary bran, which are most unpalatable.

Eat Kellogg's Bran, cooked and krumbled, with milk or cream. Sprinkle it over other cereals. Cook it with hot cereals. And by all means try it in the recipes given on every package.

Kellogg's Bran, cooked and krumbled, made in Battle Creek, is served in individual packages by the leading hotels and restaurants. Sold by all grocers.

THE VALUE OF THE TOURIST DOLLAR

There seems to be a division of opinion as to the value of motor tourist travel through the state of Oregon. So that a few figures will not be amiss to show that the motor tourist dollar is really worth something to the cities and towns through which one of our great tourist highways pass. For instance, Roseburg on the Pacific highway, that will carry at least 60 per cent of the 1,000,000 motor tourists during the year 1924, is vitally interested in whether this traffic pays anything to the towns and cities. The following figures seem to show that Roseburg cannot afford to assume an offish attitude towards the humble traveler and its occupants:

Hood River estimates that every car stopping over night will mean the expenditure of approximately \$15.00 per car.

Ashland, upon the strength of her tourist income, has just issued an additional bond with which to improve an already celebrated tourist park and states that the tourist business means thousands of dollars to the merchants of Ashland.

Grants Pass features her caves and plans an intensive program by which to attract the tourist dollar to her territory during the coming year.

California's celebrated popularity is built almost exclusively on tourist publicity.

A budget of \$50,000 is being raised by the Sound cities to place before the tourist the attractions of their territory.

The traffic department estimates that 125,000 cars from other states will come to Oregon this year. Salem estimates that 60 per cent of these will pass through here on the Pacific highway. An actual test count in 1923 showed an average of 2,000 cars per day near that place.

One million tourists will visit Oregon during 1924. California claims that 10 per cent of the tourists settle in that state. If Oregon should hold 5 per cent it will give us a net gain of fifty thousand.

The State Chamber estimates that the tourist travel will be worth more than eighteen million during the coming year.

Ashland Auto Camp reports that forty thousand cars stopped over night alone during 1923.

CURTAIN MATERIALS

Yes, we have in quite a line of serius, marquisettes, and fancy nets. Just what you want at prices you can afford to pay. Carr's.

SOPHOMORE GIRL ENTERS CONTEST

Edith Starrett, sophomore, is to represent Roseburg high school in the national oratorical contest, having been chosen to contest for county honors against all other schools of Douglas county before the district meet is held in Portland, Miss Starrett, in compliance with the rules of the contest has written her own oration, which is upon the subject of peace and is entirely original. Miss Laura Ross, high school faculty member, who is in charge of the contest here, states that Miss Starrett's oration is very credible and will probably win her high honors. The winner of the district meets at Portland will go to Los Angeles where a sectional meet will be held. Sectional champions will go direct to Washington, D. C., where the final meet will be held, with lucrative cash awards at stake besides the complete payment of all expenses of the contestants. The local high school is taking an active interest in the affair and is backing its representative to the utmost.

GETTING TOO FAT? TRY THIS—REDUCE

People who don't grow too fat are the fortunate exception. But if you find the fat accumulating or already cumbersome, you will be wise to follow this suggestion, which is endorsed by thousands of people who know. Ask your druggist for Marmola Prescription Tablets and follow directions. One dollar is the price the world over. Get them from your own druggist or send price direct to Marmola Co., 4612 Woodward Ave., Detroit, Mich. By doing this you will be safe from harmful drugs and be able to reduce steadily and easily, without starvation diet or tiresome exercise.

TO ATTEND ZONE MEETING

County school superintendent O. C. Brown, Mrs. O. C. Brown, Mrs. Ellen Post and Mrs. Florence Grandy of the county health unit and Miss Moxelle Hays of the University of Oregon, left Roseburg today for the zone meeting at Smith River which is to be held Saturday. They will make the trip by auto, going by the way of Marshfield.

NOTICE

Dr. F. M. McGlasson offers scientific combination treatments with electrical appliances, and McManis Mechanical table de luxe. Special introductory prices. Call at 202 Broadway St., Roseburg, Oregon.

M. R. Ryan, formerly county commissioner and Dwight Reed, Drain banker, were among the Drain residents who spent yesterday in Roseburg attending to business matters.

For everything special in the Easter candy line call at the Palace of Sweets.



FREE CATALOG

Sash, Doors Millwork Hundreds of beautiful designs direct from the manufacturer at lower carrying prices. Send for your copy today. ROYAL LUMBER CO. 2210 First Avenue, Seattle.

CASE IS POSTPONED

George Neuner has received notification from Burns, Oregon, that the case of Oregon against Joseph I. Cavender which had been set for trial next Monday at which Mr. Neuner was to have assisted as special prosecutor, has been postponed. The reason given for the postponement was the fact that a certificate of prejudice has been filed against the presiding judge and additional time has been taken on presumably for the purpose of securing another judge. The date has been changed to April 14.

ELECTRO-MAGNETIC TREATMENT

Cures rheumatism, Bright's disease, kidney troubles, high and low blood pressure, and all forms of blood disorder, colds, and pneumonia. G. A. Raney, M. T. D., Magneto Baths, 209 Perkins Bldg.

LODGE DIRECTORY

- Pythian Sisters, Umpqua Temple, No. 4.—Meets the 2nd and 4th Monday evenings of each month, at the K. of P. hall. Visitors always welcome.
- JOHANNA GRAE, M. E. C.
- MYRTLE WIMBERLY, M. of R. & C.
- MARTHA CHRISTENSEN, M. of P.
- Woodmen of the World, Camp No. 128 Meets in the Oddfellows hall in Roseburg every 1st and 3rd Monday evenings. Visiting neighbors always welcome.
- A. A. SCHLOEMANN, C. C.
- M. M. MILLER, Clerk.

A. F. & A. M., Laurel Lodge No. 13.—Regular communications 2nd and 4th Wednesdays each month, at Masonic Temple, Roseburg, Ore. Visitors welcome.

G. K. QUINE, Jr., W. M. W. F. HARRIS, Secy.

I. O. O. F., Psieltarian Lodge No. 8.—Meets in Odd Fellows Temple every Friday evening. Visiting brethren are always welcome.

W. S. HOWARD, N. G. A. J. GEDDES, Rec. Sec. J. B. BAILEY, Fin. Sec.

Knights of Pythias, Alpha Lodge No. 47.—Meets every Wednesday evening in Knights of Pythias hall, 130 Rose street. Visitors always welcomed.

CLAIR K. ALLEN, C. C. J. R. FARRINGTON, M. F. E. E. WIMBEP'LY, K. R. S.

Laurel Chapter No. 31, R. A. M.—Stated convocations on 1st and 3rd Tuesdays, Masonic Temple. All members requested to attend and visitin' companions welcome.

R. L. COOPER, High Priest. W. F. HARRIS, Secretary.

Neighbors of Woodcraft, Lilac Circle No. 49.—Meets on 1st and third Monday evenings, in K. of P. hall. Visiting neighbors invited to attend.

DONNA OAKLEY, G. N. MARGARET WHITNEY, Clerk.

United Artisans — Meets in Maccabee Hall first and third Wednesday. Visiting members always welcome.

LAUREN McCULLOCH, M. A. MILDRED McCULLOCH, Treas BELLE STEPHENSON, Sec.

United Brotherhood of Carpenters and Joiners of America—Meets in Moose hall second and fourth Wednesday evenings of each month. All carpenters welcomed.

T. F. HOLMES, Rec. Sec. F. A. BOWEN, Pres.

K. O. T. M.—meets each 2nd and 4th Thursday of each month, in Maccabee hall, corner Cass and Pine streets. Visiting Knights always welcome.

L. C. GOODMAN, Com. G. W. RAPP, R. K.

Eagles, Roseburg Aerie—Meets in Maccabee hall, on Cass street, on 2nd and 4th Wednesday evenings of each month, at 8 o'clock. Visiting brethren in good standing always welcome.

EUGENE LITTLE, W. P. P. RICHARD BUSCH, W. P. B. F. GOODMAN, Secretary.

B. P. O. Elks, Roseburg Lodge No. 326 Hold regular communications at the Elks' Temple on each Thursday of every month. All members requested to attend regularly, and all visiting brothers are cordially invited to attend.

FRANK CLEMENS, E. R. J. G. DAY, Jr., Secretary.

PALMER CAPTURED NEAR JEFFERSON

(Associated Press Leased Wire.) SALEM, April 4.—James Palmer, one of the 10 prisoners who escaped from the Lane county jail at Eugene Wednesday night, was captured in a hay stack west of Jefferson early last night by M. R. Bacon, a state traffic officer. Bacon was hunting for Bert "Oregon" Jones, one of the escaped convicts from the state penitentiary when he found Palmer. Information of the capture of Palmer was received at the state prison here. Palmer is under conviction of manslaughter and was to have been sentenced yesterday.

FREE WITH STATIONARY

We are giving Eversharp pencils, priced, \$1. \$1.50 and \$1.75 with each purchase of special box stationary. Lloyd Crocker.

FIRE DESTROYS CHURCH

(Associated Press Leased Wire.) BALTIMORE, April 4.—The Harlem Park Methodist Episcopal church in Gilmore street, west Baltimore, virtually was wrecked by fire last night which broke out in the basement from an undetermined cause about an hour after the Baltimore conference of the denomination had adjourned its meeting for the night. The church was valued at \$100,000 and insured for approximately \$65,000.

50c FOR NOTHING!

See our special on hot water bottles. Bring your old rubber hot water bottle with you. Lloyd Crocker.

CORPORATION DISSOLVED

Notice of dissolution has been filed by the Douglas County Water, Light and Power company with the state corporation commissioner. This company's holdings in Roseburg and vicinity were purchased by The California Oregon Power Company.

Lark's Radiator Works

C. O. LARK, Prop. New cores installed. Fenders and bodies repaired. All work guaranteed. Prices reasonable. 515 No. Jackson St.

Stop, Look and Listen

If you want bargains, come to the Auction House. Remember, we get you the high dollar at your farm auction sales. See us for dates.

Radabaugh-Patterson 328 N. Jackson Phone 541-J

When you need a Bed Room Suite

Call on LENOX Furniture Co. or Phone 26

Cries Out Loud

Yes, folks, your cobbler will cry when you learn of the wonderful life device which increases the wear of shoe soles from three to seven times.

It will save you not less than \$5 in repair bills on each pair of shoes. Price 25c

See "The 5000 Mile Disk" at CARR'S VARIETY STORE I. ABRAHAM CHURCHILL HARDWARE CO. C. J. BREIER CO. DUDS FOR MEN PEOPLES SUPPLY CO. GOETTEL VARIETY STORE



The glorious West loves her glorious coffee

WHEN the coffee-critical West adopts one certain brand as her very own, what more need be said? Hills Bros. Red Can Coffee outsells all other brands of coffee, and is, beyond question, The Recognized Standard.

Break the vacuum seal and inhale "Red Can." What a fragrance! Brew a cup and lift it to your lips. Now you understand the tremendous popularity of this truly wonderful coffee. It is further good to know that such marvelous flavor is sealed fresh in vacuum "for keeps."

With all its high quality, Hills Bros. Coffee is not high-priced. It is economical to buy—and economical to use. Hills Bros., San Francisco.

HILLS BROS COFFEE



In the original Vacuum-Pack which keeps the coffee fresh.

To remove chocolate stains from fabrics soak for half an hour in strong cold borax water, pour boiling water through the stain, and wash in the usual manner. Sponge with chloroform when the stains are on non-washable fabric. Approximately 4 1/2 cups of borax dissolved in 47 cups of water. New York Patent 1912.



Our this week's showing of new dress materials, patterns, linings, in a great variety of patterns, every one of them unique and stylish, will delight women buyers who love beautiful dressings.

I. ABRAHAM THE SILK STORE



SAVAGE WASHING FEATURE Does the whole job of washing and does it quicker than any other type of machine. Positively dries clothes without use of a wringer. Saves your hands and does not put them in contact with hot water.

Costs about 2 cents per hour to operate. Savage Washers will last a lifetime. All exposed parts of rust-proof metal. SEE US FOR A DEMONSTRATION EVERYBODY'S EXCHANGE ROSEBURG, OREGON

A Chance to Save Money

HERE IS AN OPPORTUNITY TO SECURE THE

Roseburg News-Review

AND

BETTER FRUIT

TWO EXCELLENT HOME PAPERS AT NO ADDITIONAL COST TO YOU. BETTER FRUIT IS PUBLISHED ONCE EACH MONTH AND IS A FINE MAGAZINE FOR THE FRUIT GROWERS OF DOUGLAS COUNTY.

Here Is Our Offer

ROSEBURG NEWS-REVIEW, YEAR BY MAIL \$4.00

BETTER FRUIT 1 YEAR \$1.00

WE WILL GIVE YOU BOTH ONE YEAR FOR \$4