Was skeptical of Kellogg's Bran until it gave him back his health

Naturally Mr. Carter—whose letter follows—was skeptical. He had tried practically everything for the relief of constipation. All had failed. But Kellogg's Bran brought him permanent relief, just as it has done for thousands of others. Read his letter:

Gentlemen:
I am 43 years old, and have been for years a great sufferer from constipation. I had to resign a clerical position because of rushes of blood to my head, some of which caused me to fall to the ground. I took an outdoor laboring job and tried for the first time, skeptically I admit, your Krumbled Bran. The result has been wonderful. I began to be normal after I had been on the Bran about three days. No more enemas, no more Oil Dr. Somebody's Pills, Epsom salts by the ton, etc., ad infinitum! You have the most wonderful product for constipation I have ever seen or tried. Yours very gratefully,
L. T. Carter, 294 Nineteenth St., Brooklyn, N. Y.

Kellogg's Bran, cooked and krumbled, does not irritate the intestines like drugs and pills. It acts exactly as nature acts. Eaten regularly, it is guaranteed to relieve permanently the most chronic case of constipation, or your grocer will return your money.

You will like the exclusive, nut-like flavor of Kellogg's Bran, cooked and krumbled. Eat two tablespoonfuls daily—in chronic cases with every meal. Eat it with milk or cream and in the recipes on every package. Sold by all grocers. Made in Battle Creek.

COOLIDGE-JONHSON FIGHT ENTERS INTO CALIFORNIA PRIMARY

(By Associated Press.)

SAN FRANCISCO, March 26.—The political battleground on which the partisans of President Coolidge and Senator Hiram W. Johnson are fighting to capture the republican national convention will shift to California May 6, when the presidential primary will be held.

The democrats, through their state central committee, have decided to place on the ballot candidates for delegates to the national convention pledge to the nomination of William G. McAdoo, so that their ratification by the democratic voters at the primary apparently will be only a formal matter. Although the state central committee endorsed the McAdoo candidacy only after a torrid debate, in which the Teapot Dome inquiry was aired, the endorsement was overwhelming and party leaders do not concede a chance that a rival set of democratic candidates for delegates will be petitioned for.

In this state there is added interest in the presidential rivalry because Johnson, one of its senators, is a native son, and because McAdoo has made Los Angeles his residence. The fact that the Teapot Dome investigation involves California oil lands has heaped fuel on the political fires.

Delegates supporting Senator Johnson won first position on the republican ballot by being the first to present their signed petitions to the secretary of state. It was but a few hours later, however, that the Coolidge adherents qualified.

The last presidential primary in California, May 4, 1920, was contested in the republican ranks between Senator Johnson and Herbert Hoover, now secretary of commerce, and also a Californian. Johnson won by a plurality of nearly two to one. The heaviest vote received by a Johnson candidate for delegate was $370,809, while the top Hoover man got 269,285. There was little variation in the individual votes received by the candidates on either ticket.

To go to the national convention each candidate must receive more votes than any one candidate on the opposing ticket. The possibility of a split delegation is remote, however, as a set of delegates may be voted for as a whole and most voters disposed of their ballots in this way.

In the general election of November 7, 1922, Johnson was returned to the senate with 564,422 votes, his democratic opponent, William J. Pearson, receiving 215,748.

Delegate candidates of the socialist and prohibition parties are entitled to ballots in the coming primary.

Morse's Seeds

It only takes a little seed and you want that little good!

Send for FREE catalog

C. C. Morse & Co., Seed Growers
519 Market Street • San Francisco

ROD AND GUN CLUB

Regular meeting Friday, March 28, at Broadway's Garage. Full attendance requested.

MINING ASSOCIATION TO CONSIDER NATIONAL LAWS

SPOKANE, Wash., Mar. 26.—Plans will be formulated at the 1924 convention of the Northwest Mining association, which meets in Spokane during the first week of December, as to what action the organization will take on the state and national blue sky measures, according to Dan Drumheller, Jr., president of the association.

"Our organization is nonpartisan yet it is political," Mr. Drumheller said, "and there will be work for the convention prior to the next session of the legislature, when an attempt will again be made to make the blue sky law applicable to all mining affairs."

The December date was selected for the 1924 convention, it was stated, because it was most acceptable to prospectors and miners and because it will be held just prior to convening of the legislatures. It was pointed out that this would allow the association time to consider a definite policy or stand to take during the legislative sessions.

During a recent meeting a committee of three members was appointed to act for the association in opposing the Dennison blue sky bill again before congress.

SEVERAL CANDIDATES FILE

(Associated Press Leased Wire.)

SALEM, March 27.—Ralph W. Swagler of Ontario today filed with the secretary of state, his statement as a candidate for the democratic nomination for congress from the second Oregon district.

"Effective agricultural relief, lower taxes and clean government," is his slogan.

Hugh McLain of Marshfield filed as a candidate for delegate to the national democratic convention for the state at large. He says:

"I believe that Wm. G. McAdoo is entitled to my support on his record of achievement. If elected I will support him if he receives Oregon's endorsement." His slogan is "Oregon's choice first. Clean, able, progressive democracy."

Other candidate who filed today were:

John C. Ritter, Portland, for republican nomination for state senator from the 13th senatorial district.

Edward F. Bailey, Junction City, for democratic nomination for representative in the legislature from the third representative district, comprising Lane county.

BIG FORD DANCE

Leas and Co. will give a big Ford Dance on Saturday, March 29. All tickets $1 which are good at any time, full value for any merchandise. Come on over and have a good time at our expense.

PROFESSIONAL CARDS

DR. M. H. PLYER—Chiropratic Physician. 114 W. Lane St.

MATERNITY HOME
1118 Winchester St. Phone 490
Mrs. D. Cornwell
Patients privileged to have their own doctor.

Lark's Radiator Works
C. O. LARK, Prop.
New cores installed. Fenders and bodies repaired.
All work guaranteed.
Prices reasonable.
515 No. Jackson St.

Stop, Look and Listen
If you want bargains, come to the Auction House. Remember, we get you the high dollar at your farm auction sales. See us for dates.
Radabaugh-Patterson
328 N. Jackson Phone 541-J

Hills Bros Coffee grew up with the West

OKLAHOMA was still a territory, the Roosevelt Dam was not even a hazy dream, and Custer's famed Last Charge was but two years old when Hills Bros. Red Can Coffee was born, in 1878. So you see, Hills Bros. and the tradition of the West as the home of wonderful coffee grew up together.

To reassure yourself that this coffee tradition is in safe keeping, break the vacuum seal of a tin of "Red Can." Release that rare aroma! Then brew a cup and lift it to your lips. What flavor! Any wonder Red Can is The Recognized Standard?

With all its high quality, Hills Bros. Coffee is not high-priced. It is economical to buy—and economical to use. Hills Bros., San Francisco.

HILLS BROS COFFEE

In the original Vacuum-Pack which keeps the coffee fresh.

©1924, Hills Bros.

...LY WOULD MAKE ...IGRANTS DESIRED ...N OTHER COUNTRIES

(By Associated Press.)

...E, March 26.—Premier Mussolini's government are facing ...ically and expertly Italy's ..., among them that of emi... The question is being studied ... sides, including the choice of ... emigrants for the different ...s requiring additional labor; ...itary, moral, and educational ...ion of those who propose to ...their native country; the en...ment of emigration; the ...of suitable lands to which emi... should be directed, and the ...n and assistance of the emi... ...hen he is far away from home ...ge and unknown surround...

...overseas emigration rose to ...during 1923, an increase of ...ver the preceding year. Of ...,000 went to the Argentine; ...the United States; 15,000 to ...,400 to Canada; 2800 to Uru...,250 to Australia; 1100 to Cen...rica. North American immi...restrictions have driven a ...portion to the Argentine, ...vernmental care and regulations have enabled many agricultural laborers to find suitable remunerative work in Brazil. In pursuance of Mussolini's principle of assisting those who have served their country during the great war, the commissioner general of emigration assigned 9,000 American permissions to ex-combatants, and the government has been gratified to learn that the percentage of undesirable emigrants has been lowered among Italians than in any other nation.

The sanitary preparation of Italian emigrants has enormously improved during the last few years; there will soon be special emigrant houses in Naples, Genoa, Trieste and at Bardonecchia which are provided with hot and cold baths, elaborate systems of disinfection and cleansing, and sanitary attendants, who medicate emigrants and start them off in a thoroughly healthy and clean state.

An International Conference will be held next May in Rome to suggest and agree upon regulations for the further protection and assistance of emigrants, and the arrangements for sending home the money earned by them.

ROD AND GUN CLUB

Regular meeting Friday, March 28, at Broadway's Garage. Full attendance requested.

HOTEL MAN ACQUITTED.

(Associated Press Leased Wire.)

SEATTLE, March 27.—John E. Savage, manager of the Butler hotel here today received his second acquittal from a superior court jury on a charge of violating a new city ordinance forbidding Sunday dancing. Butler's defense was that he simply provided music and that dancing was optional with his patrons. The city law department announced that it would continue to arrest him for each Sunday night.

For everything special in the Easter candy line call at the Palace of Sweets.

...TARRH
...of head or throat is usually benefited by the vapors of—
VICKS VAPORUB
Over 17 Million Jars Used Yearly

RED PEPPER HEAT ENDS RHEUMATISM

Red Pepper Rub takes the "ouch" from sore, stiff, aching joints. It cannot hurt you, and it certainly stops that old rheumatism torture at once.

When you are suffering so you can hardly get around, just try Red Pepper Rub and you will have the quickest relief known. Nothing has such concentrated, penetrating heat as red peppers. Just as soon as you apply Red Pepper Rub you will feel the tingling heat. In three minutes it warms the sore spot through and through. Pain and soreness are gone.

Ask any good druggist for a jar of Rowles Red Pepper Rub. Be sure to get the genuine, with the name Rowles on each package.

Yours truly,
John Smith

ALL the world despises an anonymous letter. We like a man to sign his name to what he writes.

But did you ever think that unknown merchandise is anonymous? Nobody to vouch for it. No name signed.

Notice the advertisements in this paper. There in bold print are the names of those who stake their reputations—stake your good-will towards them on the truth of what they have written.

The maker of advertised goods realizes that he might fool you once—but never the second time. His success is dependent upon your continued confidence in what he says in the advertisements.

Read the advertisements with confidence. They tell truths that you should know.

THE MEASURE OF SATISFACTION IS LARGER IN ADVERTISED PRODUCTS

NOTICE

Dr. F. M. McGlasson offers scientific combination treatments with electrical aplliances, and McManis Mechanical table de luxe. Special introductory prices. Call at 202 Brockway St., Roseburg, Oregon.

BORAH SEEKING TO ARRANGE CONFERENCE

(Associated Press Leased Wire.)

WASHINGTON, March 27.—Senator Borah, republican, Idaho, offered a joint resolution in the senate today requiring the president to invoke "such nations as he deems wise," to send representatives to a combined economic and disarmament conference in Washington.

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TO HOLD EXAMINATION

The U. S. Civil Service commission announces an open competitive examination for railway postal clerks on May 3, 1924. Vacancies in the railway mail service, at an entrance salary of $1,600 per year, and positions in other branches of the service will be filled from this examination. Persons interested may receive any desired information and application blanks, from Charles Fields, Civil Service examiner at the local post office.

Lloyd will take you cheaper on long trips; no trip less than 50 cents. Lloyd's Taxi, phone 44, 155 Sheridan.

GOOD DRESSING AND AUTOS GO TOGETHER

Instead of cutting down the amount of money they spend for clothing people are actually spending more for apparel since the automobile has come into general use, according to a bulletin of the International Association of Garment Manufacturers. "No man or woman is going to climb into a shiny new car wearing a worn, shiny suit of clothes or an out of date hat," states this report. The bulletin points out that the increased contact between town and farm due to motor travel, has improved the market in farming sections. The increase in the use of country clubs made possible by the automobile has stimulated the demand for sport clothing. The use of camping tours and the wear and tear on clothing through more active outdoor life are other ways in which, in the opinion of the garment makers' association, the automobile is prompting larger sales of clothing.

Give Your Teeth a MODERN Tooth Brush

Teeth are saved by brushing.
What Should Your TOOTH BRUSH DO?
A good tooth brush should make thorough brushing easy, should clean all the surfaces, clean between the teeth, clean the hard-to-get-at places.
Save your teeth by brushing them with a Modern San Tox Scientific Tooth Brush.

Lloyd L. Crocker
Pioneer Drug Store
241 N. Jackson

When you need a Bed Room Suite
Call on
LENOX Furniture Co.
or
Phone 26

WINTRY DAYS IN SHANTUNG DRIVE BANDITS TO VIOLENCE

(Associated Press Leased Wire.)

ESINGTAO, China, March 27.—Shantung province again is exercised over the boldness and cruelty of local bandits; and the recent murder of S. S. Keh, a Chinese industrial railroad engineer, has attracted more attention than any event since outlaws last spring wrecked the Tien-tsin express and captured a number of foreigners.

Keh, who is believed to have been a graduate of Massachusetts Institute of Technology, was taken by bandits. Seven weeks later a ransom of $15,000 was paid in his behalf, but nevertheless Keh was killed after the money had been turned over to the robbers.

The latter part of January 100 bandits, feeling the pinch of cold and hunger, swooped down on a native village to loot it. A heroic chief of police at the head of 18 men drove them off after a fight in which 15 of the robbers were slain.

About the same time a force of soldiers long unpaid turned brigand and looted the nearby city of Fengtzu, cleaning out banks, provision shops and lumber and coal yards. From a colliery they demanded 15 carloads of coal. The manager took to his heels to save himself and the bandits helped themselves. Sailors and marines in port have proved troublesome, but so far have not turned bandit.

In China it is no unusual thing for a man to be a defender of law and order for one day and a rampaging bandit the next. It all depends upon whether the rice-bowl is being frequently replenished or not.

Karnak Rugs—The aristocrat of American Wiltons. For sale by McKean, Darby & Baldwin.

After illness—recuperate, take SCOTT'S EMULSION

We Rebuild Any Shoe
for any man, woman or child. We re-sole, re-heel, re-shape footwear of all kinds. Our special machinery enables us to turn out a finished pair of shoes for any member of the family, converting your worn old shoes into spick and span new ones for all practical purposes.
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Or Kidder Shoe Store

FAMILY GROCERY SPECIALTIES
When you do your grocery shopping with us, you are assured quality products, courteous treatment and prompt delivery, at the most
Reasonable Prices
Your Husband and Children are sure to enjoy your meals more.
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