

# ROSEBURG NEWS-REVIEW

Issued Daily Except Sunday

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ROSEBURG, OREGON, FRIDAY, MARCH 21, 1924.

## ACTION OF THE NERVOUS SYSTEM.

A great number of people are overexcited, worried, troubled, —in short they are far from healthy-minded. The mind isn't simply the brain in your skull. The mind lives in every extremity of the body, acting on every nerve and muscle, reacted by every change in the body. Our thoughts can change the beating of the heart. Our emotions change the very chemistry of the body. Your actions and your health are controlled by two closely allied nervous systems, according to health authorities. One system is concerned with voluntary movements and acts of the will. The other system is associated with the actions of involuntary muscles in the blood vessels, heart, intestines, or other organs with secretory cells. These two systems, the cerebrospinal and autonomic are closely associated in activity. The health of the nervous system, and indeed of the body as a whole depends on a nice adjustment of the work to be done by the two systems. If you wish to attain the best results from any hygienic measure you will have to satisfy the mind along with the body. It is better to disregard some rules of hygiene rather than worry over them. Health demands the elimination of fear, worry, anger, hate, envy, jealousy, and other depressing abnormal mental states. A wholesome mental attitude is not suddenly acquired. It comes only by persistent and conscientious effort to see straight, to keep the values of life clear. The secret of equanimity consists not so much in repressing fear or worry, as in dropping or ignoring it, that is, diverting and controlling the attention. The main art of mental hygiene consists in the control of the attention. It is quite possible for many persons to develop wholesome mental responses and for many to achieve a higher type of control than the usual and customary. To train oneself in small things to meet the problems of life is the beginning of that power which in crises of life will find the owner strong, able, and sufficient. Wholesome mental traits essential to health are confidence, openmindedness, unselfishness, and faith in the goodness of life. The way to develop self-confidence is to try honestly and keep at it until experience of success comes. Experience of success increases confidence. Open-mindedness means plasticity of mind, ability to feel new meanings, to find new values. It makes for variety, interest and health. Unselfishness is to be cultivated because of its wholesome effect on health. Mental health and growth feed on satisfying situations. Faith in the goodness of life means optimism. Enjoy the many wonderful things of life. The path to faith in the goodness of life lies among the commonplace everyday affairs of work and play. The simple life makes for such faith. To do anything well you must practice. The healthful mental state can be developed just as surely as exercise tends to muscular development. The art of nerve control must be practised like penmanship, public speaking, singing, or anything else that is worth while. This is something that needs more than ordinary effort. Learn to control the power of attention and you will form a power to turn on the currents of thought as you would turn on an electric light. The most vital thing in mental hygiene is decision. Indecision is a mind warring with itself which is a waste of much useful energy. Learn to make clean-cut decisions and you will establish a habit that does not know failure.

Every now and then some oil promoter visits Roseburg. Why so much attention is being paid to this particular community from a petroleum standpoint we fail to determine. But if the indications are half as good as some of these fellows proclaim, why do they not interest real oil experts in the matter and men of sufficient means to carry forth a genuine test, instead of coming to Roseburg and attempting to get local capital to finance something entirely foreign to their business judgment. This city is ready and willing to take on any legitimate enterprise and give it both moral and financial support, but it is not going to finance any wildcat schemes to fatten the pocketbooks of a string of unreliable promoters. We are too busy looking after the interests of legitimate enterprises to engage in any community transaction that borders on gambling. If these alleged oil "experts" will leave us entirely alone we will try and get along without their services until such time as legitimate means are established for operating for oil in this particular section. We hope oil can be had in this county, but we also hope to get our information from some one sufficiently reliable and responsible to buck the game on a fifty-fifty basis. We don't intend to hold the sack while the snipe-shooter rounds up the birds with a barrage of honey-combed promises based on false misrepresentation.

The Oakland Gobblers are going to celebrate at Oakland July 4. And to make the event of more than ordinary importance plans are already being made to put over one of the biggest and best celebrations ever held at that city.

Among the birds that are coming north are those that travel by the freight car special.

Every now and then you see a woman with long hair—headed for the barber shop.

## LUDENDORFF AND OTHERS ON TRIAL

MUNICH, March 21.—The trial of General Ludendorff, Adolph Hitler and their co-defendants, charged with treason for their part in the "putch" of November neared a conclusion today.

Prosecutor Stenglein demanded eight years imprisonment for Hitler, from one to six for the others. He recommended that the prisoners serve their terms in what is known as "Fortress Confinement" as usual for political offenders, under which prisoners have considerable freedom.

# PRUNE PICKIN'S

BY BERT G. BATES

**GOOD EVENING FOLKS—**  
We saw a sign  
Advertising paint  
And it was  
Labelled  
"Barreled sunlight"  
And we wonder  
If its as strong  
As the  
Barreled moonshine  
Around these parts.

**DUMBBELL DORA THINKS**  
An electric fan is a feller who loves electricity.

The boys are out "warming up" for the baseball season and we'll be glad when we can warm up the bleachers.

Overcast skies and a downpour of aqua pura fails to cast any gloom over a village of boosters.

Silence may be golden, but the public lecturer makes his gold just the same, in other ways.

These are the little things that count, cried the salesman as he demonstrated the adding machine.

**THIS FROM US**  
I've loved 'em on the back porch,  
I've loved 'em in the hall  
But when they get the family car,  
I love 'em best of all.

It would take more than an alarm clock to make some people rise to the occasion.

### YOU CAN DO IT BETTER THAT WAY, ANYHOW.

Sing a song of expense, living's awfully high; lobster's cost a fortune, so does good old rye. Butter costs ten cents a spread, eggs fifteen a fry; if gas were less expensive, I'd turn it on and die.

The society for the Prevention of Cruelty to Animals has done nothing about te worms eatin' apples.

To smoke cigarettes is a habit; to smoke a pipe, a luxury, and to chew tobacco, an achievement.

### IN HIDING

Woman customer, (after the tired assistant had pulled down blanket after blanket until there was only one left on the shelf): "I don't really want to buy a blanket today, I was only looking for a friend."

Clerk: "If you think he's in the other one, madam, I'll gladly take it down for you!"

One thing worse than being in jail is being in jail again.

"Well, I'll be damned!" said the stream as the fat man fell in the middle.

It's a funny world and a lot of people who do not pay their just debts pretend to despise other thieves.

Our worries are inevitably the result of our weakness.

### THE LATEST

It's King Tut pearls  
It's King Tut watch,  
It's even King Tut ring,  
It's King Tut hose,  
It's King Tut clothes,  
It's King Tut everything.

Now you have heard  
And I have heard  
Our modern woman rave.  
From what I see  
She'll soon have me  
Inhabiting a cave.

Now that the city has purchased the Marsters site with the fine lawn around it for a little park, along comes the council and takes the joy out of life for the village spongers by announcing that cluster lights will be placed in front of the place.

When a feller buys a two pants suit he thinks he's sittin' pretty.

The village sheiks and shebas are buyin' new neckties and barrettes with the approach of the week end.

It uster be that a feller could take a dame to the show and buy her an ice cream sody afterwards, but now it takes a shot of moon to bring home the bacon.

It's been a couple days since any dame has been in town sellin' magazines to git votes to go to college.

*Leaf Artists Say:*

"When a singer has sore throat she oughter quit singin'!"

### BEAUTIFY WITH GLADIOLI

Thousands of home grown gladioli bulbs in choice mixtures at 25, 50 and 75 cents per dozen. For sale at Chapman's and Churchill's, Harriet Haldean Gladioli Gardens, 1947 Corey Avenue, Roseburg.

## FATHER LOCATED IN COUNTY HOME

Separated from friends and relatives for 20 years, down and out, sick and helpless, R. L. Stearns, aged inmate of the county home is today a happy man, for on Saturday he is going home, and will see the son of whom all trace has been lost by the father for 10 years.

Twenty years ago, R. L. Stearns was an active man in this county. He was a hard worker, but followed by sickness and misfortune, he became the pawn of fate and was finally cast as a derelict upon the charity of the county. Back in Cleveland, Ohio, he had left a son, a young and enterprising man with whom he had kept in touch during his time in the west. Then the father moved his residence, was sick for a time, and the son, too, moved from Cleveland, Ohio, to Toledo. Letters were sent out and returned. The father wrote the son and the son wrote the father, but the letters were returned to each unopened. The son believed the father to be dead, and the father finally gave up in despair ten years ago.

But the son has continued the search for his father in spite of the period of time which has elapsed, and only a few days ago received definite assurance that the aged man was located in the Douglas county home. This morning the aged father received a railroad ticket to Toledo, Ohio, and money to cover his expenses home. He is leaving Saturday, but already he has secured a suitcase and his belongings are securely packed and the traveling case tightly strapped in preparation for the long journey, and after 20 long years of separation he is going home to spend the last of his years with the boy whom he had never again expected to see.

## WILL WRITE AND QUIT TENNIS GAME

(Associated Press Leased Wire.)  
BROOKLINE, Mass., March 21.—Positive declaration that 1924 would be his last year as a tennis player unless the ruling against writing for newspapers should be revoked was made last night by William T. Tilden, here to take part in the National Indoor mixed doubles tournament.

Tilden said he would play with the Davis cup team this year, but owing to the rule against writers being enforced by the Olympic Committee he was ineligible to compete in the Olympic games for America.

He expressed belief that the Olympic committee rule would hand-lead America in the Olympic games. "Just now there are several players in the first twenty who are writing," he said.

## UMATILLA LAMB CROP CONTRACTED

(Associated Press Leased Wire.)  
PENDLETON, March 21.—The greater part of Umatilla county's lamb crop has been contracted for sale for late summer and early fall delivery, according to a statement yesterday afternoon by Mae Hoke, secretary of the Oregon Wool Growers' Association. Both mutton and breeding lambs are included in the sales and the prices are said to be f. o. b. shipping point. Lambs are to be delivered when they are ready for market and breeding lambs are to be delivered between September 15 and October 1. Gooding and Son of Gooding, Idaho, and the Ballard Sheep company of Yakima, Wash., are the purchasers of the lambs.

## SINGER AGENCY WILL CHANGE LOCATION

The Singer sewing machine agency which has been located in the small brick building between The Abrahams and Salzman buildings, is being moved to a new location on Cass Street, the first door west of the Model Bakery. The agency and hemstitching department will be in their new location immediately and business will not be suspended for any time as the change will require only a short time. The building now occupied is being removed to make room for the new two-story structure being erected by A. Salzman.

## JUDGE KENDALL TO BE CANDIDATE

Judge John C. Kendall, circuit judge of the second judicial district, will be a candidate to succeed himself at the coming primary election, according to an announcement made by him today. Judge Kendall was appointed to the position he now holds, to fill the vacancy made by the appointment of John S. Coker to the office of U. S. District Attorney. Since taking office he has held the longest term of Circuit Court in the history of Coos county. He is the youngest circuit judge in Oregon and probably on the Pacific Coast.

# 24

111 "ONE ELEVEN" cigarettes for 15¢

He has been an active worker in road and harbor development in southeastern Oregon. In his statement to voters Judge Kendall says:

"I shall be a candidate upon the republican ticket to succeed myself as Circuit Judge for the Second Judicial District, comprising Benton, Coos, Curry, Douglas, Lane and Lincoln counties at the coming May primary election. I have earnestly and conscientiously endeavored to fairly and impartially discharge the duties of Circuit Judge of this district in the past and if elected will so continue.

"During the past year I have been conscientiously engaged in the trial of Court business and have held terms of Circuit Court in each of the six counties of my district as well as a special term in Multnomah county. "The record of the official business transacted in my Court in the various counties of my district is my only platform and upon it I submit myself to the electorate of my district for nomination and election."

## MEMBER OF JONES GANG IS WANTED

(Associated Press Leased Wire.)  
MEDFORD, March 20.—Extradition papers have been asked for by Jackson county authorities for the return of Milan Jones, alleged member of the Jones brothers gang of Grants Pass, and Ruth Brown, 35, a former resident of Albany, Oregon, now held by Los Angeles, California, authorities. Jones is alleged to have been the ring leader of the gang that staged a series of hold ups in this and Josephine counties two years ago, and the Brown woman is alleged to have been the beneficiary of the criminal adventures, that specialized in the robbery of tourists and automobile couples at lonely spots on the Pacific highway. Two of the brothers—Oregon and Dewey—are serving prison sentences at Salem.

## Left Last Night

Mrs. F. B. Van Horn of San Francisco, who has been spending the past several weeks in this city visiting left last evening for Green where she will spend several days visiting with her parents, Mr. and Mrs. M. M. Van Horn.

## RED PEPPERS END RHEUMATIC PAINS

When you are suffering with rheumatism so you can hardly get around just try Red Pepper Rub and you will have the quickest relief known. Nothing has such concentrated, penetrating heat as red peppers. Instant relief. Just as soon as you apply Red Pepper Rub you feel the tingling heat. In three minutes it warms the sore spot through and through. Frees the blood circulation, breaks up the congestion—and the old rheumatism torture is gone. Rowles Red Pepper Rub, made from red peppers, costs little at any drug store. Get a jar at once. Use it for lumbago, neuritis, backache, stiff neck, sore muscles, colds in chest. Almost instant relief awaits you. Be sure to get the genuine, with the name Rowles on each package.

## When in Roseburg Hotel Umpqua

SUITS CLEANED & PRESSED \$1.50

## SPRING CLEANING

WILL BE SIMPLIFIED IF YOU TAKE ADVANTAGE OF OUR HOUSE-CLEANING SERVICE. CURTAINS, DRAPES, TAPES-TRIES, ETC., WHATEVER THE TEXTURE OR COLOR, WILL BE PERFECTLY CLEANED AND RETURNED WHEN YOU ARE AGAIN READY FOR THEM.

Roseburg Cleaners  
308 N. JACKSON ST.  
PHONE 472

# Classified Section

ALL NEW ADS ON BACK PAGE

**WANTED**  
WANTED TO RENT—Four or five room house close in. Inquire 540 So. Jackson, Phone 454-L.

WANTED—4 or 5 room modern house, furnished, or information any house to be vacated by Apr. 1 will be acceptable. S. L., News-Review.

AN ASSOCIATE WANTED with a large local acquaintance, by an established fire insurance office; must devote all his time to business. No capital required. Address M. W., care News-Review.

**LOST AND FOUND**  
LOST—2 halters on Dixonville road. Phone 3F4. E. M. Mathis.

FOUND—Package of blue prints at cor. Oak and Rose Sts. Owner call at this office. Identify property and pay for adv.

**MISCELLANEOUS**  
AR OWNERS—Don't forget to call 553 when in need of auto parts. Saw's Auto Wrecking House.

SMALL WASHINGS—Done one day and returned the next, rough dry. Phone 537.

**FOR RENT**  
FOR RENT—2 apartments. Phone 403-R.

FOR RENT—Safety deposit boxes, Roseburg National Bank.

FOR RENT—3 furnished rooms with garage. 355 No. Rose St.

FOR RENT—Furnished sleeping room, bath. 401 South Main street.

FOR RENT—Furnished sleeping rooms, close in. With or without heat. 221 W. Washington St.

FOR RENT—4 room apt. Modern. Close in. Abundance of flowers, and place for garden. Phone 227-Y.

**FOR SALE**  
FOR SALE—Used player piano rolls. 50¢ each. Phone 370.

FOR SALE—5 h. p. electric motor. Phone 462-L.

FOR SALE—Restaurant and fountain on Pacific highway doing a good business. Address R. F., care News-Review.

FOR SALE—2 year old registered bull, St. Mawes Laurel Lad. \$75. C. L. Weber, Roberts Creek. Phone 421-F.

FINE HOME FOR SALE—Brand new 4 room home, built in features, bath, septic tank, fine electric fixtures, 1/2 acre ground, garage. One must see it to appreciate its homey appointments. Just across the street from my home and office at Riverside. Price \$2750. Terms, J. W. Tollman Real Estate, Riverside. Phone 265-J.

FOR SALE—Pure bred Tancred White Leghorn eggs for hatching. \$1 for 15. Mrs. D. P. Daniels, Melrose, Oregon.

Spent Short Time Here—Bill Klein and Lester Matthews, students of the Oregon Agricultural college, spent a short time in this city last evening visiting with friends. They are on their way to their homes in Los Angeles, California.

A beautiful roof and a lasting roof—Pioneer red and green. Our prices based on car load purchases. Dent-Gerrotsen Co.

UMBRELLAS RECOVERED AND REPAIRED  
We are having first class umbrellas repaired. We have the colored covers. We make umbrellas to your order. We have covers low as \$1.25 in 24 inch entrance. Phone 117-Y.

Resurrection plants, the miracle Fern.

This is a Stradivari

When a man's appearance becomes careless, people know that he is slipping. When a man begins to dress neatly, everybody sees that he is winning success. When a man always dresses well, he is everywhere recognized as somebody. It never fails.

The hardest job any man ever gives himself is to try for success in old clothes. The efficient man makes no such mistake. Always well dressed, he easily wins respect, which is the first big step upward. People boost the man who looks the part.

IT PAYS TO DRESS WELL EVERY MINUTE, EVERY DAY  
Dress For Men