

ROSEBURG NEWS-REVIEW

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ROSEBURG, OREGON, FRIDAY, NOVEMBER 23, 1923.

PHYSICAL EDUCATION FOR YOUR CHILDREN

Thirty-two states have adopted a physical education program and others are preparing to do so. This is not a new wrinkle or fad, since physical education is the survivor of many centuries.

The ancient Greeks divided their subjects of study into music and gymnastics. Each youth was trained in the gymnasium. The heroes of Greek literature were those who received the olive crown as the winner of some event in the Olympic games. The passage of time was even marked by these games, every fourth year being an Olympiad.

Physical education is necessarily an integral part of general education. The whole child goes to school, both body and mind. The American public school has until recently tried to develop the mind of the individual without thought of the body. The modern physical education program calls for games for all—games which call into play the fundamental muscle groups involved in running, jumping, throwing, and climbing; all form a large part of the program. Story plays, rhythmic-action plays, and running games for the very tiny tots; folk dancing, competitive athletics, organized games, and stimulating mass drills for the older children are the tools with which the teacher has to work.

Physical education also concerns itself with those muscle groups which hold the body in an erect position. The close relation between self-respect and posture is familiar to all of us. Physical education through games makes for the social and moral development of the child. The play-ground knows no race, class, or social distinction. The best man for the position is the one chosen. Recognition and acknowledgment of the rights of others must be observed in all teamwork. Cooperation and teamwork are synonymous. Where but on the play field does the child learn the elements of true sportsmanship? The successful team is the one in which all the members are working together in close cooperation.

Furthermore, the physical education program concerns itself with the health of the child. It centers the attention on positive health habits. Physical activity focuses the attention of the child on physical conditions from the constructive standpoint rather than from the morbid state. Thus health education becomes an ever-present element in physical education.

Physical education is then that phase of education which concerns itself with the growth and development of the child. It aims to promote good health and those social and moral qualities that make for good citizenship.

Other countries have taken national action to extend physical education to their children.

Are we going to do less? It all depends on you.

We are leaving these questions with you:

Are the average boys and girls of today pictures of perfect health? Are they resourceful? Do they seek to be entertained? Are they provided with adequate and worth-while occupations for leisure hours? Are we providing adequate opportunity for the promotion of these opportunities?

Germany is said to be facing a break-up, but it can be avoided by a good thorough cough-up.

PRUNE PICKIN'S
BY BERT G. BATES

GOOD EVENING FOLKS—

One of our Felletownsmen Was up on the Main stem today Wearing a pair Of spats Which his uncle Usher wear during Days of Glop Charley.

DUMBBELL DORA THINKS

A Persian rug is made from the hides of Persian cats.

Prophet Bell and Jups Pluvius held one of them "tate-a-tates" last night which resulted in Jups gittin' out his sprinkler can today.

MORE OR LESS SUPERFLUOUS

The panicky person in an automobile who suddenly seizes the wheel when somebody else is driving.

Printed details about the kind of a breakfast the condemned man ate before going to the chair of the noose.

People who get married on a stage, in bathing suits, or up in a balloon. People who know what they want.

People who don't know what they want. People who want what they want when they want it.

"Marrying" pastors.

People who come from a movie and proceed to tell you all about the plot.

"Official" opening and closing of the straw hat season.

Optimists who tell you they are.

The opinion of a man who makes "100, or more a week on the question whether two people can raise a family on \$20 a week.

The man with a hammer who has an ax to grind.

The horn on a Ford.

The skull and cross-bones device on bootleg liquor.

Fortunate the ice man in the choice of jobs. He always has his pick.

When a man gets married, his wife is judged by the girl he used to go with.

It's questioned who has supremacy of the air. To date the air has.

Many a man's home is unpleasant because his wife married a grouch.

If Ford actually runs for president, spark plugs may replace the campaign slogan.

AUNT EMMA SAYS

"In the old days a body could tell a careless woman by the way her lamp chimneys looked, but now you have to look close and see whether she forgot to powder her neck."

TO "POLLYANNA"

(A Beloved Fellow-Worker.) Of all the girls we know and love There's none like Pollyanna. We get more laughs through the day. More fun to chase our blues away. We get all this—besides our pay, And all—from Pollyanna.

No matter what the day is like—There's sun From Pollyanna. She talks of weather, styles and rights, She comments on all things and sights. She even references our fights. Does Pollyanna.

She's just a little person, too, Is Pollyanna. But seen from broadcast point of view, She makes our troubles seem so light; She'll charm dark clouds to coziest light. We'd swear always that black was white. For Pollyanna.

A zoo keeper says all wild animals will soon be extinct. We hope this will include the restless motorist.

If it takes eight years and ten thousand dollars to become a doctor, why be a plasterer and work for twenty dollars a day.

"Believe me," said the flapper, "I'm careful about showing too much of my silk stockings—when they have cotton tops."

If the department really wishes to improve the postal service, it might install automatic locking devices at the stamp window.

"Boner fellows make more noise when they're washing their face than they do when they're making soap."

"This is a wash-basin case."

"My W. O. George and daughter, Dorothy, let this afternoon for Thanksgiving when they will spend the week-end at the home of Mrs. Charles and Mrs. George."

Mr. and Mrs. George will visit with Mrs. Lucille Wright, a former resident of this city.

before it could be righted turned completely around and over into the ditch. Holmes held up the machine and declared it was driving, and not out with men sweeping debris. The car, although turned completely over, is not badly damaged.



MOUNTAIN SPROUTS

(By Wickes Wamboldt.)

A farmer told me that he drove into town one day to peddle a wagon load of produce. He disposed of everything but two baskets of Ben Davis apples. Nobody wanted those. So, the farmer said, he decided to resort to "strategy." At the next house, when they asked him what kind of apples he had, he replied, "Mountain Sprouts."

The housewife shook her head. "I don't want any of those," she said, "but I would like some nice Ben Davis apples for cooking."

This farmer had thought he was being strategic, but he was not. He had merely resorted to plain lying. A lot of people think they are employing strategy when they are only lying; and lying never pays.

I recall the instance of an advertising manager who had some trouble with the firm with which he had been connected. He desired to eliminate that particular chapter of his life. Later he was negotiating for a contract with the head of a large company.

"Aren't you the man who used to be advertising manager for So and So?" asked the prospective patron.

"Oh, no," was the hasty reply. "I had hoped you were that fellow. I used to see a good deal of his work and it was the finest I ever saw."

The advertising man did not get the contract, and he always believed that it was because he did not admit his identity.

We all, consciously and unconsciously, have a sincere admiration for the man who will not deceive. I remember one reprobate who came into my way. He had almost every fault known to man, but he would not lie. He could be depended upon to tell the truth, no matter what it cost him. Because of that one virtue in him, I tried in every way possible to get him on my feet.

We can put up with a certain amount of bad temper, with a certain amount of inefficiency, with a certain amount of many failings, if a man is truthful. Because then we always know where to find him. But, in my estimation, the person who will lie to you, the one in whom you can never feel any confidence or sense of security, could not offset this defect with all the other virtues in the calendar.

Lying is sometimes white, but it is always lying and is bad dubious. To the old adage, "Honesty is the best policy," we might add, "and lying never pays."

SOCIAL DANCE

At Winchester Saturday night, November 24, where you always have a good time.

HIS CRAZY-QUILT SUIT

MADE OF 2,887 PIECES

(International News Service.) DENVER, Nov. 23.—Downtown Denver traffic was congested when A. T. Vandevanter, 16-year-old Oklahoma farmer, paraded sixteenth street wearing his "crazy quilt" suit of clothes.

Vandevanter was accompanied by his wife, who informed the curious that she made the suit herself, which consisted of 2,887 pieces. It took her six weeks and three days to accomplish the gaudy affair.

Mr. and Mrs. George A. Bradburn will leave tomorrow morning for Eugene where they will spend the week-end. They will attend the homecoming game Saturday afternoon.

Mrs. M. Ettner.



Are Your Days A Pleasure?

Health Will Make Them So

Salem, Ore.—"For some years I have used Dr. Pierce's Golden Medical Discovery as a spring tonic and have never found it to fail in cleansing the system, stimulating the blood and giving a feeling of healthy life. At one time I was weak and run-down, felt all worn out and ready to go to bed, but the help I got from the 'Golden Medical Discovery' brought back to me a feeling of strength and new life. I shall always have a good word to say for this wonderful remedy for I have always found it good when a tonic was needed. I have also used the 'Pleasant Pellets' for the stomach, liver and bowels, and can say they can be depended upon to clear and regulate these organs."

—Mrs. M. Ettner, 475 South 15th St., Buffalo, N. Y., for free medical advice or send 10c for trial package of any of his medicines.

LOCAL NEWS

Sheep bells, branding fluid, and Coopers sheep dip at Wharton Bros.

J. G. Bacon and family spent the day in Roseburg looking after business and visiting with friends.

Pruning saws, five different kinds to select from at Wharton Bros.

Mr. and Mrs. C. W. Kirk will leave tomorrow for Seattle where they will spend several weeks visiting with friends and relatives.

Royal Chinook saws and other wood cutters' tools at Wharton Bros.

Mrs. Roy Conley was in town today spending several hours shopping and visiting with friends. Mrs. Conley is from Myrtle Creek.

Mrs. H. C. Waddell of this city left this afternoon for Cottage Grove where she will spend several days visiting with friends.

Mrs. Ida Dwyer left this afternoon for Eugene where she will spend the week-end visiting with friends and relatives.

TEXAS INSANE ASYLUM PROVES LIQUOR OASIS

SAN ANTONIO, Tex., Nov. 23.—Discovery and seizure of liquor on the state insane asylum premises by ranger forces is developing into a state-wide investigation prompted by the arrest of scores of civil organizations.

The liquor, rangers declare, was

1883

1923

The First Settlement in The Umpqua Valley

WAS made in the early thirties by men sent from Vancouver by the Hudson's Bay Company to establish a post to trade with the Indians for furs. It has generally been believed to have been located on the Umpqua river and across it from the present town of Elkton, and called Fort Umpqua.

It appears, however, that this was the second post of that name as established by this Company, as set out in the record of an expedition by John Work, and recently edited and made public by Mr. Leslie M. Scott, of the editorial staff of the Oregonian.

John Work was a chief factor of the Hudson's Bay Company, and was sent from Vancouver to the Umpqua in the year 1834. As stated by him, he left Vancouver "on May 23, 1834, on a Trapping and Trading trip to the Southward with 12 men."

The route taken was along the present West side line of the Southern Pacific railroad to the site of the town of Menzies, thence up the course of the Long Tom River and across the headwaters of the Simlaw river and over the Calapooia mountains, reaching Elk Creek and following down it seven miles to the present location of Drain, where camp was made for several days.

Taking three men and an Indian guide Work proceeded down Elk Creek and the Umpqua to near the latter site of Scottsburg to procure some furs left there for his Company. In both going and returning camp was made at the site of Elkton, and as no mention is made of Fort Umpqua it is apparent that it did not exist there in 1834.

Returning to the main camp, where it is recorded that game was plentiful and the hunters killed both an elk and a deer, it develops that "the Umpqua Old Fort" was the objective point of the expedition, and that it was located on the main Umpqua River at the mouth of the Calapooia. In going there the present site of Oakland was passed, and proceeding down the Calapooia arrival at the settlement was on June 17th. This had probably been established there by Chief Factor John McLeod and Michel Laframboise in 1832.

Work records that they employed most of a day "trading with the Indians and traded only 21 large and 22 small beaver and 5 otters, which I believe is all they have. They are troublesome to deal with. He mentions that the river was about 150 yards wide and the water shallow and that a horse could ford it at that time. Also that the old Chief Satarna was living there and with several of his people visited the camp in the evening.

Returning to Vancouver the company followed the way back to Drain and then crossed the Calapooia divide by way of Elk Creek and the Coast Fork of the Willamette, using practically the same route as later used by the first settlers.

The Douglas National Bank

Forty Years of Service.

SPECIAL FOR SATURDAY ONLY

Turkey-27c a lb.

NORTH SIDE MEAT MARKET

BOYER BROTHERS

found in the quarters of an assistant supervisor, Jesse James Robinson, the assistant, has been placed under bonds of \$500 answering to a federal charge of possession.

SALES MANAGER WILL LEAVE HERE SUNDAY

Fisher's big special sale is drawing to a close, Saturday being the end of the period allotted to reducing the stock, and the managers of the store are very well satisfied with the volume of business transacted.

On dainty Hemstitched Handkerchiefs and handkerchiefs, which are very popular.

BUY FOR GIFTS A FEW SUGGESTIONS

Stamped Needlework, Ribbon, Towels, Corsets, Dresses, and many other things.

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NARROW ESCAPE IN AUTO WRECK

C. L. Chesley and P. P. Holman, had a narrow escape from serious injury after this morning, when the Chevrolet car in which they were going to work, turned turtle on the highway near the top of the Winchester street hill. The automobile was not and

TWO TON-NIGHT

Set your liver right—only 25c.

Set your liver right—only 25c.