...00 IN TREASURE ...OUGHT IN OLD WRECK

...N Jan. 24. — Treasure ...ve located a wreck on the ... the sea just east of Cape ...hich is believed still to ...old and jewels valued at ... according to reports ...here from South Africa. ...st Indiaman Grosvenor ... in 1782, and the records ... carried great treasures in ... boxes. One hundred and ...rs exposure to the action ...ater has not destroyed ...s argued, and a company ... formed to conduct salvag... ...tions. The wreck lies close ...d. A tunnel has been dug ... shore to the hulk of the ..., and it is expected soon ...divers in the remains of the ...arching for the long lost

...ND HAND FURNITURE

... wishing to sell second hand ...airs, rockers, tables, tents, ...tures, of any kind, bring to ...ouse, 328 N. Jackson St. We ...

...ER RESIDENT DEAD

...ath of Dr. Charles V. Fish... Klamath Falls, is reported ... city. Dr. Fisher resided ...rg for several years prac... medicine in this city after ...llege. He left here about ...ars ago for Klamath Falls ... enjoyed a fine practice ... time of his death. He is ...red by many of the older ... of the city.

...TO B. OF R. T. MEETING

...ail January 26 at 7:30 p. m. ...ocial night. Cards. All ... invited.

...T. PAUL'S BE REPAIRED

...ON, Jan. 24.—The sum of ... which was sought by the ... England for the restora... the decaying dome of St. ... London, has been sub... ...nd the work will start at ...

...urch, which was built by ...topher Wren in 1710, has ... shown alarming signs of ...

...OURS AND RALPH HAND

...stle handicap match in Cot... ...e Armory, Feb. 3rd, 1923. ...rs holds the middle weight ... belt of the world, and he ...d as it sounds. Sours wres... ...Tbye in Portland, Jan. 31st. ...rees to beat Hand twice in ...s or loose the match. Also ... amateur preliminaries. Reg..., ringside $2.10; reserved ...eral $1.10; children 55c. ...ets in advance. On sale at ...ar Store.

FARM NEWS

...MMERCIAL FERTILIZERS PAY?

By B. W. COONEY

...n the whole can be answer... affirmative, but there are ...actors that control the ...e kind of fertilizer, amount ... time of application and ... of applying it all have di...ing upon the results.

...finite programs can be ar... ...y which results can be as... ...ery time we use a certain ... In a general way we ...e fertilizers best suited to ...ypes of soil, and crops, but ...ot know just what depend... ... be placed upon the soil it... ...his then requires the farmer ...ardist to do some experi... on his soils and crops. The ...ecommends growers to buy ... their own fertilizers. This ... should make a considerable ...o the grower.

...is the season of year when ...rs can be bought at lowest ... dealers have on hand the ... requirements. The price ... advances as stocks are re...

...ny fertilizer to be effective it ...ssary for the fertilizer to be ...d by the soil moisture; ...annot make use of it in any ...ay. Field applications should ...e early in the spring while ... abundance of moisture to ...te the fertilizer throughout ...

...S. EARLS ...TELLS WOMEN

...Backache and Periodic ...Yield to Lydia E. Pink... ...s Vegetable Compound

...N. Y. — "Every month my ...ould go to my head and I would ... have such a headache, nosebleed, backache and pains that I could not do my work. At night I could not get my rest and nothing seemed to do me any good. I read some of your testimonials about what Lydia E. Pinkham's Vegetable Compound had done for others, so I decided to try it. I ... taken two bottles when I began ...etter, and my back did not hurt ... my head ache. I felt like a new ... The Vegetable Compound is a ... medicine and I will always rec... it."—Mrs. A. D. EARLS, 530 ...St., Olean, N. Y.

...Kelsey adds her Testimony

...hagen, N. Y.—"I read your ...ement in the papers and my ... induced me to take Lydia E. ...m's Vegetable Compound to get ...rom pains and weakness. I was ... that I could not walk at times. ...can do my housework and help ...round out doors, too. I am willing ... to publish this letter if you think ... help others."—Mrs. HERBERT ..., R.F.D., Copenhagen, N.Y.

the feeding area of the plants. Several growers can often effect a considerable saving of money if their requirements are pooled together and purchased in the largest lots possible. Now is the time for all farmers and orcnardists to plan their requirements.

COMMERCIAL PRODUCTION OF VEGETABLES

Making plans for acreage to be devoted to the commercial production of vegetables is wise at this time. The gardener should weigh carefully just what crops he will grow, ever keeping in mind the market demands and his ability to sell these products at a profit.

The grower should further remember that he is producing a highly perishable commodity, one that will not allow him to look up a market when it has approached maturity. Go slow on any crop, unless there is an ever ready market, even before it is put in the ground. Remember that many men have gone broke trying to force an unwilling market.

The County Agent will do everything possible to assist any grower in getting maximum returns for his crops, but the County Agent or any other set of men cannot build a market in sixty days time. Weigh this subject carefully in the light of 1922 experiences.

There is only one reasonably safe course to follow. First locate a good market and then govern your production accordingly. Tons of vegetables in the fields never did or ever will make the grower anything but a straight loss. The Oregon farmers have had more than their share of this kind of finances already.

The markets the grower has open are not many and are usually represented by the local market, the canneries and dehydrators and the shipping markets. The local market can use less than ton lots; the canneries and dehydrators ton lots and larger. The shipping market wants car lots straight, properly packed, graded and labeled. Cupid may get away with love at first sight, but the market cannot be won in any such manner, it often takes years of faithful courting to make it come across.

We read that some maidens jilt their beloved at the alter, this is a poor joke and no mistakes. Investigation shows us that this practice is an old custom with dame market.

DOG OWNERS TAKE NOTICE

All persons owning or harboring a dog in the City of Roseburg will please take notice that the annual city tax thereon became due January 15, 1923, and unless the tax is paid at once, the law requires me not only to impound the dog but to arrest the owner.

I. S. KETCH,
City Marshal.

THE BLEACHING OF FOODS

(By Paul O. Sampson)

It has become a common practice among some food distributors to bleach certain varieties of their products. We have become accustomed to bleached flour, raisins, apricots, and many other foods, so that if we see a darker variety we imagine it is not wholesome. In fact, most dark foods have an exceptional food value. Iron that is so essential for health is found in foods that by nature are dark. Such as spinach, beets, raisins, dried peaches, etc.

The bleaching of these products is usually accomplished by the use of sulphur. The dried fruit that has not been sulphured will be very dark, and is delicious and wholesome. Sulphur when taken in this form into the system cannot be assimulated.

We should forget our past education along the line of what color a food should be. It is not the color of the food that nourishes the body, but whether that color is natural is the thing that counts. We often hear the remark. "What beautiful clear peaches those dried peaches are," when in reality they are only so by the bleaching process. Natural foods that contain nature's minerals will paint the cheeks a health glow from within.

Cosmetics applied to the skin deceive neither God nor man. Forget the idea of snow-white bread or brown bread that is made so with black-strap or sulphated molasses. Eat your foods for their food value regardless of color, learning to know them in their natural state, and you will be greatly benefited in health. The same thing applies to bleached rice. Because a rice is white and fluffy does not necessarily say it is wholesome. In fact it is just the opposite. The vitamines have been removed in the milling. The brown muddy looking rice is the natural rice, containing the mineral salts and vitamines so essential in the upkeep of the body. I would rather eat foods in their natural color and have a natural color for my cheeks than the bleached pale foods which give the pale enemie color to the cheeks. White, brown or pale should mean nothing to us in the choosing of foods, if that color has been placed there by the bleaching process.

MOVIES

"THE GHOST BREAKER" PACKED WITH UNUSUAL SCENES

Wallace Reid's latest Paramount picture, "The Ghost Breaker," which comes to the Antlers theatre tonight is said to be one of the most thrilling screen offerings in which that popular star has been seen in many months. Lila Lee and Walter Hiers are featured with the star.

"The Ghost Breaker" is a melodrama with modern trimmings. There is a wonderful old Spanish castle in Aragon, which is peopled with ghosts, a lovely Spanish girl (Lila Lee) who is much annoyed by the ghostly visitants; a young and red-blooded hero, played by Mr. Reid, who bumps into a feud in a visit to Kentucky, just because he happens to be a remote branch of the Jarvis family; a funny colored servant, Rusty Snow, which will introduce Walter Hiers as a black face artist; feud scenes; a thrilling fight in an elevator of a New York hotel; a chase after a liner; scenes in midocean aboard the liner; some fine pastoral effects and so on. All of which supplies color in plenty as well as thrills galore.

MARY PICKFORD AS HEROINE OF FAMOUS NEW ENGLAND STORY

In direct contrast to the vast number of sex and problem photoplays that are occupying the screen these days is Mary Pickford's famous picture, "Rebecca of Sunnybrook Farm," which will be on view at the Majestic theatre for the last time tonight.

This is easily one of Miss Pickford's best vehicles as well as one of the most popular and charming stories in all American literature. It is a tale of New England childhood, involving such familiar incidents as visitors' day at school ,the home-made circus, canvassing for soap premiums, and going away to boarding school. Miss Pickford has made the role of the little heroine fairly live upon the screen.

CHICAGO STENOGRAPHER WINS $1,000 PRIZE AWARD

Ninety-five pounds of energy, ambition, character and talent!

This—in a phrase—is Nell Marie Dace, winner of the Hugo Ballin-Herald-Examiner $1000 prize story "Married People" which will be seen at the Liberty theatre tonight and tomorrow.

The tiny secretary, supporter of a family, filled with the idea of fame and fortune some day to be placed at the feet of her little "gray mouse" mother—as she lovingly characterized the person most dear to her—won the $1000 award, offered by Hugo Ballin, motion picture producer, through the Herald-Examiner during a visit to Chicago of Mr. Ballin and his beautiful wife, Mabel Ballin, who is the featured player of the production.

Here's Relief For Neuritis

Never mind where, when or how those awful stabbing pains of neuritis got their start—you want relief from the torture right now!

Stop at any first-class drug store and get a supply of Tysmol. Apply a small quantity of this soothing preparation over the spot that hurts, and in a short time you should be free from pain.

Tysmol is taken up through the pores of the skin, going direct to the throbbing, aching peripheral nerves, which quickly respond to its healing influence.

There is no "dope" in Tysmol — no dangerous drugs of any kind. Guaranteed to be absolutely harmless. People everywhere say that nothing ever gave them such wonderful relief. Price $1 at W. F. Chapman's. Tysmol Company Mfg. Chemists, 400 Sutter St., San Francisco.

USED AND UNUSED FOODS

By PAUL O. SAMPSON

It is not the amount of food taken into the system that does one good, but the amounted digested. Many think to be continually eating something when they feel faint will give them strength. This is not so. Regularity of eating is of vital importance. We should eat what is required at meal time and nothing between meals. Let me illustrate: Suppose you had a pint of cream and wished to make some butter and you place it in a large churn. The first few revolutions would smear the cream on the sides of the churn and there it would stay until you washed it off, but no butter. The stomach needs, for proper handling, the food sufficient to give it the kneeding process. We should have bulk to our meals so this can be accomplished, as the mixing is accomplished in this way. Then nothing should enter the stomach until next meal.

Our bodies require just so much food for maintenance. That which is taken in excess becomes waste matter and must be expelled at a great expense of energy to the system. 65 per cent of our foods should be the starches as found in breads and the starchy vegetables. 25 per cent should be the fats as found in milk, butter, and sweets of all descriptions. 10 per cent should be the proteins such as eggs, meat, nuts, beans, etc.

Starches and fats can be stored in the liver and around the muscles as fats until one gets so fat they cannot waddle and then these foods turn to poison. Protein cannot be stored at all. When the system has used all the protein to rebuild the broken down tissues when the remaining portion immediately turns to gasses and waste matter. Overeating is one of the main causes of gastric indigestion.

Another pernicious habit is that of eating just before retiring. Three meals have been eaten during the day , but because of a feeling of faintness some eat again thinking to relieve this fatigue. By indulgence, this wrong practice becomes a habit, and often so firmly fixed that it is thought impossible to sleep without food. As a result the digestive organs work through the sleeping hours. The stomach works without rest and soon its work is not properly done and failing health is the result. They awake next morning unrefreshed, and with little relish for food.

When we lie down to rest the stomach should have its work all done and rest with the other organs of the body.

Five or six hours should intervene between meals.

CALL FOR SCHOOL BONDS

Notice is hereby given to holder and owners of School Bonds numbers 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11 and 12, of School District No. 32 of Douglas County, Oregon, dated February 1, 1913 and payable at option of said district on February 1, 1923, to present them to the county Treasurer of Douglas County, Oregon, or to the Fiscal Agency of the State of Oregon in New York City, N. Y., for payment for interest thereon will cease Feb. 1, 1923. In case the holder of said bonds elect to have same paid at Fiscal Agency of State of Oregon they must so advise the county treasurer in time to permit the transfer of funds to New York City in time for such payment when due.

Dated at Roseburg, Oregon, Jan. 2, 1923.

J. E. SAWYERS,
Treasurer of Douglas County, Oregon.

NOTICE OF ANNUAL MEETING

Notice is hereby given that the annual meeting of the stockholders of the Umpqua Valley Canning Company will be held on Tuesday, the 13th day of February, 1923, at the hour of two o'clock in the afternoon of said day, at the office of the Umpqua Valley Canning Company on South Mill Street, in the City of Roseburg, Douglas County, Oregon, at which time and place five directors will be elected to serve for the ensuing year, and any and all business pertaining to the interests of the Corporation will be transacted at said meeting.

Dated and first published this 25th day of January, 1923.

A. J. GEDDES,
Secretary.

TO WHOM IT MAY CONCERN

We, the undesigned barbers hereby agree to open our shops at 8 a. m. and close at 6 p. m. except Saturdays. Shops will be opened at 8 a. m. Saturday, and close at 9 p. m.

T. D. WEATHERFORD,
L. J. BARNES,
C. W. McALLISTER,
MILLER & BUELL,
A. J. WILLARD,
W. E. ROSE,
WALTER GOOD.

NOTICE re CREDITS

Beginning February 1, 1923, all bills shall be due and payable on the first of each month for the purchases made during the preceding month. Long terms hereafter will not be granted. This means shorter terms with better prices.

H. F. HEBARD,
Dealer general Merchandise, Umpqua, Oregon.

DAILY WEATHER REPORT

U. S. Weather Bureau, local office, Roseburg, Oregon, 24 hours ending 5 a. m.

Precipitation in In. and Hundredths.

Highest temperature yesterday	.44
Lowest temperature last night	.32
Precipitation, last 24 hours	.0
Total precip. since first of month	3.68
Normal precip. for this month	5.70
Total Precip. from Sept. 1, 1922, to date	17.16
Aver. precip. from Sept. 1, 1877	18.56
Total deficiency from Sept 1, 1922	1.40
Average precip. for 44 wet seasons, (Sept. to May, inc.)	31.39

Tonight and Friday Generally Cloudy.

WILLIAM BELL, Observer

POSTAL EMPLOYEES ILL

The local post office force is quite badly crippled by sickness. Miss Clara McCoy and Miss Mattie Perry are both quite ill and probably will be unable to return to work for several days. J. E. Kester, has been ill for several months at Seattle, while several of the carriers have been ill. All of the substitutes are working but the force is still short handed.

A. S. FREY & SONS

Are ready to furnish all kinds of rough and dressed lumber and timbers. Prices right. Phone 324.

RUNAWAY BOYS HELD

Alfred Castellucci and Leo Helgason, runaway boys from Los Angeles were picked up here last night by Officer Ison and S. P. Special Agent Stewart and are being held in the city jail until the officers can hear from their parents.

WORTH TRYING

People who suffer back weakness, rheumatic pains or other symptoms of kidney disorders should try Solvax. W. F. Chapman sells it under a guarantee of satisfaction or money refunded. Price 50 cents.

SOCIAL AT GLIDE

A program will be held at the new school building at Glide on Saturday evening, Jan. 27. A play will be given by the senior class and other interesting entertainment will be provided.

Musical recital at Presbyterian church, January 30 at 7:30 p. m. Benefit of the Missionary Society. Admission 10 and 25 cents.

NOTICE of sale of government timber, General Land Office, Washington, D. C., Jan. 9, 1923. Notice is hereby given that subject to the conditions and limitations of the Act of June 9, 1916 (39 Stat., 218), and the instructions of the Secretary of the Interior of September 19, 1917 (46 L. D., 447), the timber on the following lands will be sold Feb. 23, 1923, at 10 o'clock a. m. at public auction at the United States land office at Roseburg, Oregon, to the highest bidder at not less than the appraiser value as shown by this notice, subject to the approval of the Secretary of the Interior. The purchase price, with an additional sum of one-fifth of one per cent thereof, being commissions allowed, must be deposited at time of sale, money to be returned if sale is not approved, otherwise patent will issue for the timber which must be removed within ten years. Bids will be received from citizens of the United States, associations of such citizens and corporations organized under the laws of the United States or any State, Territory or District thereof only. Upon application of a qualified purchaser, the timber on any legal subdivision will be offered separately before being included in any offer of a larger unit. T. 15 S., R. 2 W., Sec. 35, N.E.¼ N.W.¼. Red Fir 1150 M., Yellow Fir 950 M., Red Cedar 150 M., none of the timber on this tract to be sold for less than $1.75 per M. for the fir, and $1.00 per M. for the Red Cedar. T. 16 S., R. 1 W., Sec. 13, S.W.¼ S.W.¼. Yellow Fir 220 M., dead Yellow Fir 150 M., Red Cedar 10 M., none of the timber on this tract to be sold for less than $1.75 per M. for the Green Yellow Fir, $1.00 M. for the Red Cedar, and 50 cents per M. for the dead Yellow Fir. William Spry, Commissioner, General Land Office.

PROFESSIONAL CARDS

DR. M. H. FLYLER — Chiropractic Physician. 114 W. Lane St.

BEFORE you sign an application for life insurance C. McElhinny the Oregon Life man

HOTEL UMPQUA
"Roseburg's Finest"
NEW AND MODERN
The people of Douglas county are invited to make their headquarters here.
W. J. WEAVER, Prop.

Clothes Insurance

Let us restore the Life and Beauty of your clothing. The service we offer is the best insurance you can obtain for longer wear.

PHONE US TODAY

Imperial

OUR AUTO WILL CALL.

PHONE 277.

Aluminum Ware Bargains

3-PIECE SAUCEPAN SET, 1, 1½ and 2-quart	84c
3-QUART CONVEX KETTLE AND COVER, each	84c
3-QUART CONVEX SAUCEPAN AND WITH COVER, each	84c
4-QUART DOUBLE-LIPPED SAUCEPAN, each	84c
1½-QUART DOUBLE BOILER, each	84c
4-QUART LIPPED PRESERVING KETTLE, each	84c
7-CUP COFFEE PERCOLATOR, each	84c

These gopds retail regularly from $1.00 to $2.25. They are sturdily made, with beautiful mirror-like finish outside and sunray inside, and guaranteed for 25 years. You will have to be quick to get any of these at the price, as the supply is limited.

Churchill Hardware Co.
The Winchester Store

Battery Undergoes Test—

Boyland and Fisher, local agents of the Mac-dry battery, today received an account of an interesting test to which the battery was subjected in Portland. The battery and its connections were frozen in a cake of ice, which was placed on the running board of a Studebaker car. The wires were then run to the engine and for two days the car was driven about the city with the battery working normally. After the test the battery showed no bad effects.

BROCCOLI GROWERS ATTENTION

Will take a limited amount of orders for imported fresh broccoli seed, delivered, March 1st, at the latest price. Per ounce $2. Price per pound on application, Fred Schmidt, Dillard, Ore.

CLASSIFIED COLUMN

ALL NEW CLASSIFIED ADVERTISEMENTS WILL BE FOUND ON LAST PAGE UNDER HEADING "NEW TODAY."

WANTED

DRESSMAKING. 528 S. Main.

"WANTED—Wood cutters $1.50 per tier." Phone 19F15.

WANTED — Woodcutters. $1.50 per tier. Phone 4.

WANTED—To buy modern house, with soldier's state loan. L. B. Pierce, 340 N. Jackson.

WANTED—Elderly man wants position. Light work of any kind or ranch work. Address "Position" care News-Review.

WANTED—To rent a farm well improved, with stock and implements. Some prunes. Address T. W. Hornbeck, Creswell, Oreg. Rt. 1

LOST AND FOUND

LOST—Gold cuff link. Finder return to this office.

FOUND—Gold pin. Owner may have same by calling at this office, identifying property and paying for adv.

MISCELLANEOUS.

TO EXCHANGE—Lot of good things to eat for 25c a meal. Home Restaurant. Opp. Depot.

TO EXCHANGE—Ashland residence for Roseburg residence. Also 3 acres well improved. Take auto and house in Roseburg. C. W. Young & Son. Phone 417.

OUR TWENTY YEAR AMORTIZED LOAN made on a 6% basis, is a saving to the farmer in comparison to an ordinary twenty year 6% loan by $332.45 on a $1000.00 basis. This loan, as well, is beneficial in assisting the farmer to improve his place, purchase more land or pay off existing liens. You are practically financed for life at a low rate of interest under a plan that is bound to get you out of debt. Please feel at liberty to consult us, we stand ready and willing to assist you at any and all times. Rice & Rice, Loan Brokers.

FOR RENT

FOR RENT—Safety deposit boxes. Roseburg National Bank.

FOR RENT—5 room house, inquire 735 Mill St.

FOR RENT—Nicely furnished apartments. 112 Brockway.

FOR RENT—Two furnished housekeeping rooms. 825 Miller St.

FOR RENT—Furnished apartment. Inquire 329 E. Douglas. Phone 149-L.

FOR RENT—5 room bungalow, garage. Also some furniture for sale. 1150 Corey Ave.

FOR RENT—Two furnished, also two unfurnished light housekeeping apts. Call 217 Chadwick St. Adults only.

FOR SALE

FOR SALE—R. I. Red eggs for hatching, $1.25 for 15. Louis Gamba, Looking Glass, Oregon.

FOR SALE OR RENT—Nice little 11 room hotel on highway. Only hotel in the town. Renter must buy furnishings complete, $250. Address "Hotel," care News-Review.

FOR SALE—Used player piano rolls, 50c each. Phone 370.

FOR SALE—40 head of ewes. J. E. Cooper, Oakland, Oregon.

FOR SALE—Old Papers, 10 cents per bundle. News-Review office.

FOR SALE—The best meals in city, Home Restaurant, 25c regular. Opp. Depot.

FOR SALE—Dry oak and fir wood. Phone 451, or call at 527 N. Jackson Street.

FOR SALE—Good Chevrolet. New license. Spot light, $175. Phone 192-J.

FOR SALE—Equity in new 5 room bungalow in Laurelwood Park. Second house in.

FOR SALE—236 acre ranch. 90 acres cleared. Some prunes. Buildings. Tel. 157-L.

FOR SALE—11 months old male Gordon setter dog. $10 if taken at once. Tel. 308-R.

FOR SALE—2 pure bred Bourbon turkey toms, $12.00. Phone 6F15. N. L. Conn.

FOR SALE—120-egg McClanahan incubator, cheap. Elma Dubell, Canyonville, Oregon.

FOR SALE—Apples at warehouse. 50c a box. Inquire Jarvis and Bellows 2nd hand store.

FOR SALE—One 1919 Chevrolet. Gas engines, all sizes. Roseburg Welding and Brazing Works.

FOR SALE—Hatching eggs, white Leghorn. $1 per setting, $4 per 100. A. B. Coop, Canyonville, Oregon.

FOR SALE—Dry oak heater wood. Also ash, alder and maple heater wood. W. A. Jenkins. Phone 14F41.

FOR SALE—Registered Duroc Jersey boars, ready for service. Price $20 each. Wm. Kletzer, Elkhead, Ore.

FOR SALE—Two high grade Holstein cows. Good milkers. For price and further information, call N. L. Conn, 6F15.

FOR SALE—Drag saw, new. Also smaller saw. One set of harness, new. Studebaker truck. Phone 157-L.

FOR SALE—Small stock of second hand goods, central location and on highway. Address S. H. care News-Review.

FOR SALE OR TRADE—160 acre ranch in Okenaga Co., Washington. Will trade for Roseburg property. Tel. 157-L.

FOR SALE—Oak wood in tree. Good grounds, ½ mile east of Melrose on county road. N. L. Conn Roseburg Oregon. Phone 6 F 15

A REAL BUY—1919 Maxwell touring, $175. Model 75 Overland roadster, $135, with new 1923 license. These cars too good to wreck. Sarff's Auto Wrecking house. 329 Main St.

SMALL PAYMENT DOWN—7 room house with three lots. Good garden land. Out-buildings. A good value at $2200.00, $200 to $300 down will handle. Some furniture included. G. W. Young & Son. Phone 417.

MICKIE, THE PRINTER'S DEVIL

By Charles Sughroe

Harold Used It Too Strong