

Something to think about

When lying awake at night, stop counting imaginary sheep and think what is probably the cause of your sleeplessness.

Both coffee and tea contain a drug element that irritates a sensitive nervous system, often causing restless nights and drowsy, irritable days.

A delicious, hot cup of Postum contains nothing that can deprive you of restful sleep

at night, or hamper your days. But it does supply all the warmth, comfort and satisfaction that can be desired in the mealtime beverage.

Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer to make the drink while the meal is being prepared; made by boiling fully 20 minutes.

Postum FOR HEALTH

"There's a Reason"

Made by Postum Cereal Company, Incorporated
Battle Creek, Michigan



Some Flood

Too much rainy weather is going to make you late with your spring work unless you prepare for it now. A tractor will help you get your crop in the ground in good time, but unless you have good tools to use with it, you will not get much good out of it. No matter what type of tractor you buy, or own, we can sell you a plow or disk or springtooth that is made right, priced right, and

GUARANTEED TO WORK RIGHT

No. 26 2-12 Fordson Plow, only \$77.80

at any R. R. station in Douglas County

Don't forget about that flour. It is going fast. Buy now if you want to get it at the old price.

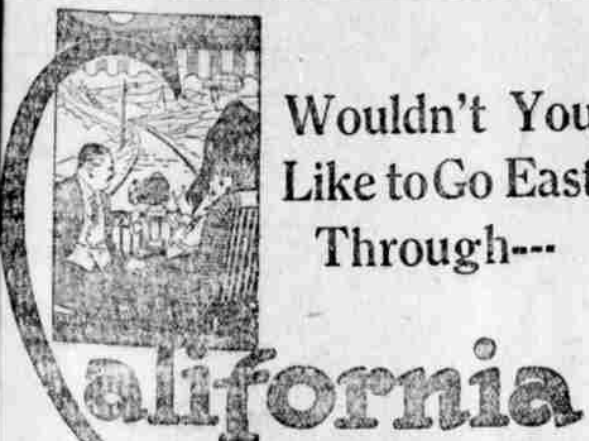
SEE US FIRST; WE CAN SAVE YOU MONEY

Farm Bureau Cooperative Exchange
Roseburg and Oakland

ing for San Francisco—
W. Gilbert, representative
of the Tide Water Oil Sales Cor-
poration, will leave Saturday for
San Francisco to attend a meet-
ing of his company to be held at
city. Mr. Gilbert formerly rep-
resented the Marshall Wells Co., of
Ore., but since the first of the

year has been with the oil company.
His territory extends from Oregon
City to Klamath Falls.

The rubber boot and shoe Vulcani-
zer, plus expert workmanship, fixes
the leaks and half soles and heels
your rubber boots. Goodyear Shoe
Repairing Co. 238 N. Jackson St.



Wouldn't You
Like to Go East
Through---

California

Of course you would, and by going
this way you will see most of the
beauty spots of the West.

You may join the merry-makers on
California's silvery strand; see the
races at Tia Juana; go through Car-
rison Gorge and over the Apache Trail
Highway, and take in the Mardi Gras.

Then, too, you have a choice of
routes, stopover privileges and best
of train service.

Ask your local ticket agent for
LOW ROUND TRIP and ONE WAY
FARES, time tables and descriptive
folders, or write

JOHN M. SCOTT

Gen'l Passenger Agt., Portland, Ore.



"The Sunshine Way" Cross U. S. A.

AUTO DRIVERS TO GET THEIR SLEEP

(By United Press)

PHOENIX, Arizona, Jan. 11.—To
prevent the repetition of an accident
which cost the life of William R.
White, auto stage driver who fell
asleep at the wheel, the Arizona Cor-
poration commission has issued an or-
der prohibiting auto transportation
companies from requiring more than
16 consecutive hours of service of a
driver until he has had at least nine
hours rest.

White was killed near Claypool,
Arizona, July 27, through the colli-
sion of the motor truck which he was
driving with a locomotive of the Ariz-
ona Eastern Railroad. The commis-
sion conducted an investigation which
showed that White had been without
sleep for an excessive number of
hours, and was apparently very near-
ly asleep at the wheel when the ac-
cident occurred.

If your rubbers leak, bring them in.
We will vulcanize them just like new.
Goodyear Shoe repairing, 238 N. Jack-
son Street.

LOWER HOUSE COMMITTEES MADE

SALEM, Jan. 9.—Fletcher of Polk
draws the chairmanship of the power-
ful ways and means committee in the
house.

Ben F. Jones of Lincoln is chair-
man of roads and highways, Philip
Hammond of Clackamas of revision of
laws, D. C. Lewis of Multnomah heads
the big law committee of judiciary,
M. J. Lee of Clackamas is chairman
of irrigation. Otto Wilson heads al-
coholic traffic.

The full committee list for the
house announced by Speaker Rubil
following the convening of the house
for the afternoon session is as fol-
lows:

Agriculture — Randall, chairman;
Hesse, Albert Hunter, Jackson, Bu-
chanon.
Alcoholic traffic — Wilson, chair-
man; Overturf, Gordon, L. H. Mc-
Mahan, Lee.
Assessment and taxation — Buchan-
on, chairman; Charles A. Hunter,
Loveloy, Reynolds, Shelton, Wheeler,
Ford.

Banking — Miles, chairman; Beale,
Albert Hunter, Kirkwood, Brownell,
McPhillips, Throne.

Capitol buildings and grounds —
Campbell, chairman; Cramer, Keeney,
Cities and towns — A. K. McMahan,
chairman; Lackey, Ezell.

Clinics — Graham, chairman; Mc-
Phillips, Lee.

Commerce and navigation — Adams,
chairman; Jackson, Kuehn, Hurlburt,
Goin.

Corporations — Mann, chairman;
Adams, Campbell, McPhillips, Gra-
ham.

Counties — Jackson, chairman; Ran-
dall, Lewis, Cramer, Keeney.

Education — Woodward, chairman;
Buchanan, Wheeler, Simmons, Beale.

Elections — Kuehn, chairman; Sim-
mons, Hurl, Ezell, Gordon.

Expositions and fairs — Charles A.
Hunter, chairman; Burdick, Lee,
Ezell, Schumacher.

Engaged bills — Hurd, chairman;
Brownell, Fletcher.

Enrolled bills — Brownell, chairman;
Hurd, Fletcher.

Fisheries — Hurd, chairman; Miles,
Mott, Peirce, Watson, Jones, Brown-
ell.

Food and Dairy Products — Cary,
chairman; Cramer, Hesse, Randall,
Wheeler.

Forestry and conservation — Bailey,
chairman; Kuehn, Overturf, Cary,
Keeney.

Game — Kirkwood, chairman; Cow-
gill, Smith, Ezell, Bailey.

Health and Public Morals — Love-
joy, chairman; Simmons, L. H. Mc-
Mahan, Watson, Charles A. Hunter.

Horticulture — Miller, chairman;
Reynolds, Thorne, Schumacher, Blows-
ers.

Immigration — Hurlburt, chairman;
Blowers, Graham, Schumacher, Wil-
son.

Insurance — Watson, chairman;
Brownell, Loveloy, Thorne, Bailey.

Irrigation — Lee, chairman; Cow-
gill, Lackey, Shelton, Burdick, Gor-
don, Kay.

Judiciary — Lewis, chairman;
Bailey, Carkner, Hammond, Huston,
Mott, Meindl.

Labor and Industry — Kay, chair-
man; Peirce, Mann, Woodward,
Lackey.

Legislation — Carlin, chairman;
Fletcher, Meindl, Goin, Randall, Al-
bert R. Hunter, Cramer.

Livestock — Cramer, chairman;
Goin, Hesse, Charles A. Hunter,
Smith.

Manufacturing — Bolton, chairman;
Bennett, Kuehn, Kay, Schumacher.

Medicine, pharmacy and dentistry —
Lackey, chairman; Huston, Ford,
Miller, Woodward.

Military affairs — Cowgill, chair-
man.

KEEP LOOKING YOUNG

It's Easy—If You Know Dr.
Edwards' Olive Tablets

The secret of keeping young is to feel
young—to do this you must watch your
liver and bowels—there's no need of
having a sallow complexion—dark rings
under your eyes—pimples—a bilious
look in your face—dull eyes with no
sparkle. Your doctor will tell you ninety
per cent of all sickness comes from
inactive bowels and liver.

Dr. Edwards, a well-known physician
in Ohio, perfected a vegetable com-
pound mixed with olive oil to act on the
liver and bowels, which he gave to his
patients for years.

Dr. Edwards' Olive Tablets, the sub-
stitute for calomel, are gentle in their
action yet always effective. They bring
about that natural buoyancy which all
should enjoy by toning up the liver and
clearing the system of impurities.

Dr. Edwards' Olive Tablets are known
by their olive color. 15c and 30c.

man; Hammond, Watson, Wilson,
Huston.

Mining — Ford, chairman; Bolton,
Cramer, Shelton, Cowgill.

Printing — Smith, chairman; Hurd,
Kirkwood, Miller, Overturf.

Public institutions — Simmons, chair-
man; Reynolds, Key, A. K. McMahan,
Cramer.

Public lands — Hurlburt, chairman;
Miller, Bolton, Cary, Graham.

Railroads and transportation — Gor-
don, chairman; Miles, Meindl, Camp-
bell, Bennett.

Resolutions — Meindl, chairman;
Burdick, Wheeler, Jones, Lewis.

Revision of laws — Hammond, chair-
man; A. K. McMahan, Simmons, Ben-
nett, Shelton, Burdick, L. H. Mc-
Mahan.

Roads and highways — Jones, chair-
man; Adams, Beale, Carkner, Cramer,
Ford, Mott, Hesse, Overturf.

Rules and joint rules — Fletcher,
chairman; Jones, Carkner, Hammond,
Hurlburt.

Salaries and public officials —
Peirce, chairman; Reynolds, Blowers,
Beale, Smith.

Ways and means — Fletcher, chair-
man; Brownell, Peirce, Thorne, Hurd,
Albert R. Hunter, Mann.

CAVE VISITORS GET A WARNING

(By United Press)

MEDFORD, Oregon, Jan. 11.—Heavy
penalties will be imposed upon tour-
ists who play vandal in the newly
opened Oregon Caves next season, it
was announced here last week.

The Oregon Caves, grottoes of won-
derous beauty and one of Oregon's
choicest treasures, were made more
accessible to the public last season by
the construction of an excellent high-
way passable for automobiles during a
large part of the year.

Thousands of tourists availed them-
selves of the privilege of visiting the
underground chambers and, as a con-
sequence, more stalactites were broken
off in one season than in all the
preceding 47 years since the caves
were discovered. Names were scrawled
on the sides of the passage-ways and
"smudge artists" left their signa-
ture marks of names, dates, and
home addresses in sooty characters,
traced in candle smoke.

More stringent supervision of ex-
ploring parties will be undertaken
next year, according to present plans,
and fines will be imposed upon all
those discovered with stalactites in
their possession.



What Is Eyestrain?

EYESTRAIN is the re-
sult of improper func-
tioning of the eyes which
causes headaches, ner-
vousness, drowsiness, etc.

Our properly fitted glasses
will overcome these
conditions and give you
"easier vision." Let us
give you real help.

BUBAR BROS.

Optical
Department

DAY OLD CHICKS

I am booking orders for day old
chicks, hatched right from Tanager
strain, S. C. White Leghorns, culled
by latest method. Price \$15 per 100.
Eggs for hatching \$4 per 100.

C. A. PUCKETT,
Canyonville, Oregon.

HOTEL UMPQUA

"Roseburg's Finest."
NEW AND MODERN
The people of Douglas county
are invited to make their head-
quarters here.
W. J. WEAVER, Prop.

Have Your Rubber Boots Repaired

We are now equipped with a New
Vulcanizing System and prepared to do
all kinds of repairing on Rubber Boots,
Shoes and Rubbers.

W. S. HOWARD

GOODYEAR SHOE REPAIRING

238 N. Jackson St.

Roseburg, Oregon

SUNDAY SCHOOL REPORT GIVEN

Ruth Rodley, secretary of the
Looking Glass Sunday school, sends
in the following report for the year

Just ended, showing the school to be
in a very satisfactory condition:
Membership at beginning of year,
primary class, 78; junior class, 131;
intermediate class, 266; adult class,
187; total, 662. Present member-
ship, primary class, 95; junior class,
111; intermediate class, 219; adult
class, 194; total 619. Average at-
tendance, 1st quarter 51, 2nd quar-
ter 66, 3rd quarter 66, 4th quarter
55. Average attendance for the
year 60. Offerings received, 1st
quarter \$15.69, 2nd quarter \$27.59,
3rd quarter \$12.09, 4th quarter

\$24.79. Total amount received \$80.-
34; disbursements \$67.00; balance
on hand \$17.34.

Return to Ohio—

Rev. and Mrs. L. G. Walker, of
Ohio, who have been spending the
past few months visiting their
daughter, Mrs. H. B. Church in this
city, left today for their home.

WHOOING COUGH

No "cure"—but helps to re-
duce paroxysms of coughing.

VICKS
VAPORUB
Over 17 Million Jars Used Yearly

AUCTION SALE

Rain or
Shine

At the A. L. WILSON RESIDENCE, 747 So. Pine St.
Tuesday, January 16, starting at 1:30 o'clock

The following articles will be sold: 1 Dresser without
a glass; 1 News Stand; 24 Disc Records; 1 Bookcase;
1 Stand; 1 Morris Chair; 2 Rockers; 2 Kitchen Chairs;
1 Sanitary Cot; 3 Bedsteads and Springs; 2 Dressers;
Some Pictures; 1 Heater Stove; 1 Cook Stove; 1 Good
Saddle; Lot of Jars; 2 Good Tubs; 1 Rug; 1 Axe, Saw
and Square; 1 Pick; Bundle Window Screen; 1 Stone
Churn; lot Dishes; few Glass Dishes; 9 Cups and
Saucers; 9 Plates; 6 Platters; 6 Sauce Dishes; 4 Vege-
table Dishes; 2 Bread Pans; 6 Pie Tins; 2 Kettles; 1
Granite Tea Kettle; 2 Granite Stew Pans; 1 Earthen
Mixing Bowl; 1 Earthen Bean Jug; 1 Double Boiler;
2 Granite Basins; 1 Syrup Pitcher; 1 Spider; 1 H. C.
Griddle; Dishpan; Soap Saver; Table; Pin; Sieve;
6-Hole Range; 3 Chairs; 1 R. Chair; 1 Steel Cot and
Mattress; Extension Table and 3 Leaves; Stand; Bed
and Mattress; New Crown Sewing Machine; Heating
Stove; New Perfection Oil Stove; 2 D. R. Fruit Pic-
tures; Mirror; 6 Small Rugs; 2 Brooms; 1 Mop; Dust-
pan; Granite Basin; 2 Tubs, Boiler and Board; Clothes
Line; Axe; Hoe; Shovel; Fork; Hoe; 3 Lamps; 3 Flat-
irons; Ironing Board; 8-Day Clock; 10-qt. Pail; Win-
dow Shades and Curtains; Electric Light Bulbs; House
Plants; 25 pounds Fertilizer; Kettle Covers and small
stuff. Many other articles too numerous to mention.

A. L. WILSON, Owner
M. C. RADABAUGH, Auctioneer

WE INVITED—

Paul O. Sampson of Los Angeles, Calif., a nationally
known food expert, to assist us in making a real whole-
some digestible loaf of health bread. The results were
most-gratifying. We have called it

LIFE-O'WHEAT BREAD

Fine ground flour, with other ingredients correct,
makes a loaf that can be assimilated by even the weak-
est stomach.

Delicious, well, we will let you be the judge.

For Sale at All Grocers.

MODEL BAKERY

Land Plaster!

L. W. METZGER

General Building Materials

Warehouse in Old Empire Barn