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"Where you Save"

Between Churchill's and Fisher's

British Chemist Says Man Should Live to be 125

By F. A. WRAY
National News Service Staff
(Correspondent.)
ON, Aug. 23.—Live to be 125? Logan of Professor Barton, one of England's best chemists.

"animal," he says, "normally live five times the period of its life. A human being continues until the age of twenty-five. If life should be 125, not 70." According to Professor Scammell, the life of a man depends on the food he eats. The farmer, who probably eats the best food, lives the longest. He lives on the best food and the finest scientific food that

the human body can assimilate. "Regard the human body merely as a chemical organism," says the professor, "and treat it as such. To keep it at its highest efficiency it requires the continual replacement of certain chemicals. If unsupplied the body wastes and dies."

Potash An Essential.

"We have discovered that the most important constituent of this organism is an alkaloid called potash. When there is a full and adequate supply of this substance, then, the body remains vigorous for long over the Psalms' allotted span."

"But the trouble has been to supply potash in a form in which it can be assimilated by the body and taken into the blood. We have now discovered how this can be achieved."

"Experiments in the past five years have shown that if potash is mixed with radio-active water it can be taken into the system with the most amazing results. It not merely prolongs life, but it keeps people in what we regard as advanced middle age in a state of perfect health and efficiency."

"I am treating 28 patients at the present time, all advanced in years, and all have recovered perfect health and the vitality of young people."

"I have one patient, Mr. John R. Cooke, of Sandhurst, Berkshire, England, who is 75 years of age. He is a retired bank manager, of Reading. He has been undergoing treatment for twelve months, and he writes me enthusiastically as to the mental and physical reinvigoration he has experienced, and he looks like a young man of 40."

"But the actual prolongation of life is not the main thing. What I aimed at, and have succeeded in, is to 'keep' people in late middle life active,

healthy citizens and thus prevent their existences becoming a burden both to themselves and those around them, as so often happens."

Signs of New Youth.

"So far as the actual physical indications are concerned, after a few weeks of the treatment the hair begins to grow afresh, the nails grow, the muscular system is completely braced up, and we are now experimenting and facing, with some hope, the problem whether a human being cannot grow a third set of teeth."

"If we can discover the exact chemical composition of the enamel of the teeth, then I believe we shall succeed. There is scarcely a great dentist in the world who is not feeling after this discovery."

Apart from human beings, Professor Scammell applies his radio-active treatment to the soil. He has a number of testimonials that soil, after his treatment, will produce five to seven times the crops formerly grown."

"The world's population is growing so fast," says the professor, "that in seventy years' time we may be faced with a world-wide famine unless the output of food can be made to keep pace with the increase in the race."

Engagement Announced Last Night

Mrs. George Wilcox entertained with a dinner and evening party last night in honor of Shirley Machen and N. H. Bates who have announced their engagement. The wedding will take place on October 7. Only a few friends were bidden to dinner, at which time the engagement was announced. Others dropped in later in the evening to congratulate the engaged pair. The bride-to-be formerly resided in Portland, having only made her home here for a short time. Mr. Bates is employed by the S. A. Mocer company in the office in this city. He resides in Seattle.

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METHODS OF SEWING ALFALFA AND CLOVER

Difficulties to be Overcome in Getting Good Stand of These Crops

SPRING PLANTING BEST

Flow Land Deep, County Agent's Advice—Inoculation of Seed Will Aid Materiality—Land Plaster Proves Beneficial.

Every stockman in the county is interested in the best methods of obtaining a good stand of alfalfa or red clover. Like all other farm crops, we find that certain practices in every district have or have not proven a success. It then follows that we hope to avoid failure, and can succeed by the application of the practice that has given us the largest number of successes.

In a careful investigation of a large number of trials in all parts of the county it has been found that some modification of the practices in force in the county, it is believed, will result in a larger number of successes.

No explanation will be given of the common practices of the farmers in sowing these legumes, but rather point out the way of a practice that will insure a greater measure of success.

The county agent advises early spring sowing rather than fall. There are many reasons why everyone can hope for greater results by early spring sowing. It has been taken for granted that each farmer knows in a broad way the types of soil that are most adaptable to the success of these crops. After this important matter has been agreed upon, next step would be the preparation of the seed-bed, selection of seed, amount to be sown, how to inoculate, depth of sowing and when sown. The plan can best be understood by an example.

In substance, it is best to proceed as follows with either alfalfa or red clover: Fall-plow the land 8 to 10 inches deep. This can be done either moist or dry. Leave the soil as it comes from the plow until the following spring. At this point comes in a practice which is new to most farmers: Apply 100 pounds of land plaster to each acre of this fall-plowed land any time before December 1, 1922, in the spring just as soon as the soil will work up in a mellow condition, sow the seed. Inoculate the alfalfa seed with the proper culture if the soil upon which this crop is being sown has never been sown to alfalfa before. The inoculation is not always necessary in the case of red clover, but it is always helpful, and should be the rule. Sow from 10 to 15 pounds of pure seed to an acre. It is always advisable to sow some fibrous root alfalfa such as Cossack, Grimm, Baltic or Montana Dry Land. It is strictly up to the grower to know that he gets the genuine article. The above mentioned varieties have a root system much superior to the common strains.

The advisability of sowing a nurse crop with alfalfa or clover will depend largely on the supply of moisture. It is never advisable unless that fact can be reasonably assured. This seed can either be sowed broadcast or drilled. But drilling is preferred, due to the fact that all seeds are planted at an even depth. When the seedlings have reached 6 to 8 inches in height and weeds are present the crop can be clipped. The crop will quickly recover and should produce some hay or good pasture the same season. If it is decided to pasture the crop, do it with care. After the first season's growth, do not disk harrow or spring tooth the young seedlings too severely or a great deal of harm will be done. The crop will stand considerably cultivation after it is one year old. Again, it is strongly advisable to apply 100 pounds of land plaster to each acre the fall following each year's growth.

This article is not intended to infer that this is the only way in which to obtain a good stand of these valuable crops, but rather to explain the way in which a good start can be made.

County Agent B. W. Cooney states that he has had a number of years' experience in the growing of alfalfa, but notwithstanding that fact, he has learned something interesting about the crop each year, and says that he will be glad to give the farmers every possible assistance to increase their acreage of these valuable legumes.

Court House to Have Fire Apparatus

Complying with the demands of the state fire marshal, that the county court house be provided with fire-fighting equipment, a standpipe and hose racks are being installed to enable occupants of the building to fight an incipient blaze. The county court house has been condemned on frequent occasions as a fire trap, and with 17 coal-burning stoves in operation during the winter time it is a constant fire menace. The danger is so great that the state fire marshal has at last commanded that precautions be taken and facilities provided to fight fire. The standpipes will be equipped with hose racks and sufficient hose will be provided to fight small fires.

Perry Webb Jr. returned from Portland this morning, after enjoying the last two weeks visiting with his grandmother.

Flapperism Is Pet Aversion of the Countess de Goliere, 96 Years Old

Famous Woman Doctor Tells How She Has Been Able to Retain Health.

By H. T. HOPKINS
(International News Service Staff Correspondent.)
PORTLAND, Ore., Aug. 21.—Dr. Charlotte de Goliere Davenport—the Countess de Goliere—has a pet aversion—the flapper.

"I don't like these modern women, heatedly declared the countess, who is 96 years old. 'With their rolled stockings, bobbed hair and clubs they are not very admirable. I talked to a club of them here in Portland and I told them they had better be at home cooking and mending for their husbands, and I told them that nobody wants to read the papers they write for their clubs.'"

Dr. Davenport, who is touring the western part of the United States for her health, formerly was tutor to the Empress of Austria. Of her seventeen children some of her sons have been generals in the French army. One of them is said to be the richest man in Brazil.

She Looks Young.

Dr. Davenport appears to be a woman of 69 instead of 96. She has a waist measurement of 25 inches. She has never known the feel of a corset.

Her advice to young men is: "Don't get married until you can find a woman who is willing to do her share."

And pass up the flapper type!

She has some advice for the reporter: "Eat the right kind of food."

And not to overlook the photographer: "Drink lots of water." Good food, lots of water and hard exercise are her recipes for long and happy life.

"I love young men," said the doctor, and to prove it she called: "Willie, Willie!" The clicking of a typewriter in an adjoining room stopped and a comparatively young man of fifty-one years appeared.

Introduces Husband.

"This is my husband," said the countess when she introduced the handsome, black-haired man. He seemed mighty happy to be her third spouse. The first was Count Paszkoff, of Russia, whom she married when she was fifteen. He died a year later. She was wedded three years later to a French colonel. He died when she was 35. Meanwhile she had become an expert fencer, and she went to the Empress of Austria as the latter's fencing tutor.

Dr. Davenport came to America 44 years ago and became very popular in Washington and throughout the east, due to her beauty and accomplishments. Her home now is in Philadelphia.

The countess is very much opposed to being photographed.

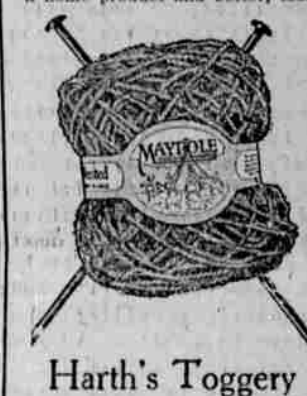


Countess de Goliere

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APPETIZING GREEN OLIVE ENTREE
Serves 6-8, Preparation 25 Min.

2 c. cottage cheese. 1/4 c. melted butter.
1 c. bread crumbs. 3/4 c. boiling water in which
1/2 c. Spanish green olives 1/4 tsp. beet extract has
been dissolved.

METHOD: Mix cheese, crumbs and olives, adding enough of the melted butter and beet extract to moisten the mixture sufficiently to shape into individual rolls. Place on a greased tin and bake 15 minutes in a hot oven. Baste occasionally with a tablespoon of the liquid. Serve cold as a salad or hot as main dish with hot tomato sauce.

Women the Greatest Buyers in the World

There are 22,000,000 homes in the United States. The women who buy for these homes spend on the average \$500 each, or a total of \$11,000,000,000, each year. That is more than \$36,000,000 every working day. Every year it amounts to half as much as America's Liberty Bond issue.

Each woman is a part of this army of buyers, and each, if she will, may be guided to wise and economical purchases if she will, may be guided to wise and economical purchases she can of the advertisements which manufacturers are printing for her benefit.

The advertising in every newspaper and every magazine is a buying guide for this greatest buying force in the world. This advertising makes it safe and easy for every member of this buying army to make her purchases.

It establishes in her mind a buying habit and gives her a preference of one brand of goods to another or an advertised article to one that is unknown.

It identifies for her a certain product as being standard, so that she may easily dodge the wiles of sellers who try to sell something that is not so good.

It fixes merit as an everlasting adjunct to certain articles.

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