When Hungry Little Muscles


What kind of an answer? The digests easily, quickly and comright thing, or just anything? It makes a big difference.

Grape-Nuts, so delicious! crisp and sppetizing to taste, and so quick and convenient to serve is a splendid food for rebuilding young bodies. All the won and barley by Nut in wheat and barley by Nacure, includ ing the vital mineral elements,

## Grape-Nuts-the Body Builder 'There's a Reason <br> Made by Postum Cereal Company, Inc, Battle Creek, Mch

## vival Service Will End Tonight

## Milk

Vifamines

It's Pasteurized
Roseburg Dairy and Seda Works PHONE 18 se .

## Building Material



## L. W. METZGER <br> Coniractor and Builde

## DEVELOPMENT

develophext mbans miproveatent. we are miphovOF SERVIGE, Wo cannot grow faster than the surrounding enuntry; though we have to keep tar in advance of our prosent needs. Thus malatafn-
thg a larger tivestment thatf ordiarily requifed. WE ARE PREPARED TO SEBVE YOER EVKBY SKKD AT A Douglas County Light \& WaterCo pletely. Served with cream or milk, Grape-Nutsis exceptionally milk, Grape-Nutsis exceptionally
nourishing.
"That's splendid!" says appetite. "That's just the need!" say the hungry muscies, nerves and bones.

Ready to serve right from the package -always crisp and fresh. A favorite dish with all the family. Sold by grocers

## 

# FARMSNEWS 

SUGGESTIONS FOR TREATMENT OF TREES DAMAGED BY ICE STORMS



## Groceteria Way



## NO JOB Too Small or Too Large <br> Plumbing <br> Heating SCOTT BROS Phone $407^{\circ}$ Main and Oak NEW YORK HINT OF VENICE     <br>  <br> remantait btror or a tret ose <br>  <br> $\qquad$ <br> Consider the Cost <br> Moline Repairs Cost Less <br> Just Arrived

## WANTED

Sheep-Hogs

> FARM BUREAU Cooperative Exchange
> moseauhg and oakland.

