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For Infants, Invalids and Growing Children
The Original Food-Drink For All Ages
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**Ladies Auxiliary
Hold Installation**

The Ladies' Auxiliary of the B. of L. F. and B. held open installation at the Maccabee hall last night. They invited the engineers and their families, and also the firemen and their families. A 6 o'clock dinner was served, following which the installation was held. Dancing and games completed the evening. Mrs. Snow Bolter acted as installing officer, and Martha Cook as marshal. Lillian Walker was re-elected president; Fay Troxel, vice president; Margaret Hall, past president; Roxal Thayer, secretary; Lola Reidel, treasurer; Alene Hoffman, collector; Letty Johnson, chaplain; May Fredricks, warden; Nannie Pierce, conductor; Dora Morgan, interguard; Edna Colttum, outer guard; Elma James, magazine correspondent; Esther Shaddock, delegate; Minnie Hosmer, substitute delegate; Eva McGee, alternate delegate; board of trustees, Bell Peterson and Martha Cook.

**ADVICE TO LOVELORN
AND OTHERS**

Dear Mrs. Ellsbery: I have been having trouble with my husband for the past two years, and as I am at the point where I cannot stand it any longer, I thought I would write to you and ask you if you could help me. He has been drinking a great deal ever since I married him, and instead of getting better he is getting worse. I have done everything I could. Never nagged him, tried to make home as pleasant as I could, but in spite of everything he gets drunk on an average of two or three times a week, including Saturday nights always. Sometimes on Saturday nights he does not come home at all, but will come home some time during the day Sunday. I do not ask him where he has been, because I know that he goes to the parties that the men he goes with give, and that always women are there. I know he is worth while, and would be the finest man in the world if he would not go with the crowd he goes with and get drunk. I have wondered if it would do any good if I started to go out and have that kind of a time too, but have lacked the courage to try it. I want to break him of it if I can without leaving him, because I love him even yet. Can you help me in any way? If you think my case is hopeless, do not answer this letter.

SORROWING WIFE.
Ans. I think your case is by no means hopeless, and I think it is about time you stopped being a "sorrowing wife." You have done everything that you can do, and I think it is time now to let him do something for himself. I advise you to leave him at once, but I do not advise a divorce. If that does not bring him to his senses, then I am sure he is not worth while as you think he is, and you would be far better off without him. Tell him quietly and finally that you are leaving him, but that you will love him, and if he will prove himself to be a



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I ALWAYS keep Dr. King's New Discovery handy. It breaks up hard, stubborn colds and stops the paroxysms of coughing. No harmful drugs, but just good medicine. All druggists, 60c.

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New Discovery
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Stubborn Bowels Tamed. Leaving the bowels unmoved results in health destruction. Let the gently stimulating Dr. King's Pills bring to you a regular, normal bowel functioning. 25 cents. All druggists. PROMPT! WON'T GRIPE
Dr. King's Pills

**Teachers Hold
Meeting at Glendale**

(By MISS RUTH YORK)
GLENDALE, Ore., Jan. 9.—The second meeting of this year's Rural Teachers Council was called to order by the president, Geo. Bethers, at 10:30 a. m.

The minutes were first read, and then the program as made out by the program committee was carried out as follows:
Discussion, Our twenty minutes of Physical Training; how best to carry it out, led very ably by Mr. C. Savage of Glendale. Out of respect for law in the first place it should be a part of the daily program of each school room. In high school, twenty minutes in one period should be given to organized games. To have a good mind, strong and active, a strong healthy body is almost necessary. Inactive, dull pupils can be awakened mentally, as well as physically, by proper setting up, "limbering up," and play direction. Mrs. O. C. Brown emphasized that it was the duty of such teacher to see that the law is enforced. Miss Martin of Days Creek gave a fine demonstration of her work along this line. Mr. Cross, rural supervisor, emphasized the importance of "limber up" exercises for corrective purposes, to stimulate bodily activity, and so prevent many ills of life caused from narrow chests, stooped shoulders, etc. Mr. Frederick gave many fine suggestions for correlation, so as not to beat the air, so to speak, give swimming strokes, saw wood, bore with an auger, apply exercises to antagonistic muscles as a help in the study of physiology.

The discussion on Better English for lower grades, was led by Ruth York, for upper grades, by Ruby Timmons, both of Riddle, and for the high school by Miss M. B. Estes of Canyonville. They spoke of the uses of posters of dramatization, of friendly criticism of improper expression, appreciation by pupils, as well as teachers, of proper and pleasing expression, also of detective work, or bad English boxes. The influence of good books was emphasized, as well as many other things. In the matter of slang, Mrs. Brown suggested that if the children were asked to translate the expression into pure English, the beauty of it would be more attractive. To eliminate the poor English, it is necessary to substitute the correct form. From now on our work should be, in all lines, of a constructive sort. The committee was asked to make a list of good books for each grade.

The question of primary discipline and busy work was led in discussion by Miss Easley of Glendale, and Mrs. Harriet Pardee of Canyonville. These reports were among the best I had ever heard. They are to send in to the county office a written report so that a plan book can be mimeographed, and then sent to all primary teachers who care to have them.

After the pleasant noon intermission, Mr. Geo. Bethers asked that we consider having the February meeting at Canyonville, instead of Riddle. A motion was made and carried to that effect.

Mr. Marle I. Woods favored us with a beautiful vocal solo, after which Geo. Bethers gave a report on Vocational Guidance, based on vocational clubs, by Gillet, the report to be continued in the next meeting. The main thought was that of finding your place in the world of occupation.

Mr. Marle I. Woods gave a splendid report on "Community Betterment": (1) Work of the child in school with the supervision of the teacher—such as a civics club, or literary club; (2) work of teachers outside of the school room—his participation in the life of the community; (3) parent teachers meetings, to unite the home and the school; to make it easier to know and feel the problems of both; (4) possibilities of improvement along many lines which can be accomplished when the need is felt, by the hearty cooperation of its citizens.

The industrial club work report was to pay the least, unsatisfactory, for there has been only one club organized thus far—a Dist. 2, Sewing Club at Riddle. These girls in district 1, sewing, were last year 100 per cent achievement. Other clubs are soon to be organized. One excuse now, is the delay in the compilation of material by the state department because of the rush of fall business along that line.

A roll call for standardization revealed the fact that much is yet to be done, but all are working to accomplish the utmost.

Mrs. Brown gave a brief echo of the O. S. T. A. and of what a fine opportunity the delegates had to hear Mr. Burton and Mr. Judd, two of the leading educators of the day.

We were then asked to each have reports ready for our next meeting, when a splendid program will be given as made out by the committee. We adjourned, everyone feeling that we had had a most helpful day.

Goodyear Tire Service, Ford Garage.

**National Guard
Profit to Oregon**

Oregon derived a net profit of \$119,977 in the operation of its National Guard during the past year, according to an annual financial statement issued by George A. White, adjutant general of the state. This was accomplished under the joint army partnership with the federal government through which the United States treasurer distributed in Army payrolls and camp pay among 2400 Oregonians located in 20 Oregon cities the sum of \$199,052.50, the total cost to the state of administration and upkeep being \$79,075.

This year's profit was nearly four times as much as was derived from the government's payrolls last year, due to the increase in size of the state service and success in meeting all Government requirements for pay of the Oregon citizen soldiers. In addition to the \$199,052 received in cash the state secured the award of Federal property amounting to \$257,217.29.

Towns receiving bundles of U. S. Treasury checks for drill and camp pay of citizens include Ashland, Medford, Marshfield, Newport, Toledo, Roseburg, Eugene, Albany, Salem, Portland, Independence, Corvallis, Dallas, McMinnville, Silverton, Woodburn and Lebanon.

Companies are now being formed at Cottage Grove, Hood River and Gresham. Companies are planned for other Oregon towns as soon as further federal appropriations are made, as follows: Astoria, Tillamook, Hillsboro, Forest Grove, Pendleton, La Grande, Baker, Prineville, The Dalles Bend, Grants Pass and Klamath Falls.

NOTICE, ATHLETIC ENTHUSIAST.
The initial basketball game of the season will be played Saturday night. Roseburg vs. Wilbur.

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**What You
Should
Do**

By
Dr. Nerbas

Be on the watch at the portals of your digestive tract for the diseases that are lurking to enter your system.
The Germ Acid that decays your teeth is striking at your very physical function.
Brush your teeth regularly and let a dentist help you watch for the first sign of decay.

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**Oregon Hanging
Declared Wrong**

SALEM, Or., Jan. 6.—The argument that restoration of capital punishment in Oregon was a plain violation of the bill of rights and that the legislature exceeded its authority when it proposed the resolution restoring the death penalty in this state was advanced by attorneys for Elvie Kirby, alias James Owens, in briefs filed in the supreme court here today.

Kirby and John Rathie were convicted of participating in the murder of Sheriff T. H. Taylor in Umatilla county in July, 1920, and later were sentenced to be hanged. Subsequently their cases were appealed to the supreme court with the result that the verdict of the lower court was affirmed. The defendants then were re-sentenced and the date of the execution was fixed for December 3 of last year.

Kirby's attorneys filed habeas corpus proceedings looking to the release of their client, Judge Bingham of the Marion county circuit court, denied the writ, whereupon an appeal from his decision was filed in the supreme court. As a result of the court proceedings Governor Ocott re-arrested both Kirby and Rathie until later in February. Attorneys for Rathie held that neither the people nor the legislature has any right to subtract from the bill of rights, although it is within their power to make amendments. In restoring the capital punishment law the attorneys alleged that an effort was made to repeal a part of the bill of rights.

Because of the prominence of the Kirby case in criminal circles, it was intimated that the supreme court will set the arguments for an early date. In this event not many months will elapse until a final opinion will be forthcoming.

Should the supreme court hold against Kirby, his attorneys have intimated that they will appeal the action to the United States supreme court.

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We take care of your delivery—let us explain.

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"Throw out the Laugh Line"

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The Clancy Kids
Enough to Make Any Kid Howl
By PERCY L. CROSBY

WHY ARE YOU CRYING, TIMMIE?
"CAUSE I GOT MY KNICKERS COVERED WITH DUST."
BUT THEY'RE CLEAN NOW.
"I KNOW THEY ARE."
THEN WHY DO YOU STILL CRY?
"CAUSE MAMA WOULDN'T LET ME TAKE 'EM OFF WHILE SHE BEAT THE DUST OUT."