

The key to success is work— There is no substitute for it!

In order to do your best work, you must be healthy. You must sleep soundly at night, your nerves must be strong, steady and under perfect control.

If you are accustomed to drinking tea or coffee with your meals or between meals, you may be loading yourself with a very great handicap. Your nervous system may be stimulated beyond what is natural for you.

For tea and coffee contain their and caffeine. These are drugs, as any doctor can tell you. They are known to irritate the nervous system by their action and to cause restlessness and insomnia, which prevent the proper recuperation of the vital forces.

If you want to be at your best, capable of doing the very best work that lies in you, why not stop drinking tea and coffee? Drink Postum, the rich, satisfying beverage made from scientifically roasted cereals.

Postum contains absolutely no drugs of any kind, but in flavor tastes much like rich coffee. It helps nerve and brain structure by letting you get sound restful sleep.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

Ask your grocer for Postum. Sold everywhere.

Postum for Health—"There's a Reason"



BUILD ON EASY TERMS.

DO YOU KNOW

Now is your chance to build your home on the easy payment plan. I will furnish the lot and build your house on small monthly payments. Phone 334-Y. F. A. BOWEN.

This is your last week to get in on the ground floor of "Kings." Our representative will be in to see you. Sale closes Saturday. Dundas Martin Service.

Advertisement for Mitchell Oakland cars, featuring an image of a car and text: 'An All Season Car for the Entire Family. MITCHELL OAKLAND SEDANS AND COUPES. J.F. Barker & Co. ROSEBURG, OREGON. "We Have It"'

Advertisement for Roseburg Cleaners: 'FREE Extra Trousers with every made to order suit. ROSEBURG CLEANERS. 308 N. Jackson. J. F. DILLARD. Phone 472'

Advertisement for Winchester Sportsmen and Junior Rifle Corps: 'That we may stimulate and encourage interest in Winchester Sportsmen AND THE Winchester Junior Rifle Corps. We will make the interesting prices on Winchesters. Churchill Hardware Company'

Advertisement for Douglas County Light & Water Co: 'Did you ever stop to think? Churches may be closed (six days in the week); schools two days; the post office Sundays and holidays; the banks and stores ditto. But our plants never know a day off, not even an hour—24 hours a day, every day in the year, every year of your life. EVER THINK OF THIS? Douglas County Light & Water Co. R. M. JENNINGS, Manager.'

Farm Week Set For Dec. 26 to 31

Farmers who want to mix more science with their farm work in production of the most profitable crops in the most economical way, will be offered the latest and best proved information at O. A. C. Farmers' week this year, December 26 to 31.

Getting idle lands to work, and working lands into larger and more profitable production through choice of crops, soil management and wise use of produce, is the man-size problem many Oregon farmers are wrestling with. Labor and science are the two solutions—and the more the science, the less the labor needed, say the Farmers week announcements.

Short courses will be run in some special phases of farming and related subjects as follows:

Two weeks course in fruit and vegetable growing, Dec. 3-17.

Four weeks course in bookkeeping Jan. 30-Feb. 25.

Four weeks course in grain grading, Jan. 9-21.

Eleven weeks course in tractor mechanics, Jan. 2-March 18.

Eleven weeks course in dairy manufacture, Jan. 2-March 18.

Eleven weeks course in general agriculture, Jan. 2-March 18.

Five months dairy herdsman course, Jan. 2-June 10.

Five days homemakers conference, March 20-25.

The Oregon grower who has just won second place in the nation-wide celery production contest, half acre lots, has never missed an O. A. C. Farmers week or short course in farming.

MILCH GOATS

In milk now. Price low. Delivered free. Write to Milch Goat Ranch, Myrtle Creek, Oregon.

American Jazz Taken to France

By WEBB MILLER (United Press Staff Correspondent.) PARIS, Nov. 25.—Howard E. Booker, of San Francisco, the man who set all England dancing, influenced American jazz bands upon the United Kingdom, and taught the stolid Britisher how to shake a wicked shimmy, and introduced the "tight little isle" to baseball, has invaded France.

When Booker gets through, France will be agitating the "chemise" to American steps, to American syncopation, played by American jazz bands; also seeing movies produced by American and English artists on French soil in movie-houses financed by Americans and run by American methods.

Within twenty-four hours after setting foot on French soil Booker signed a lease to the Apollo theatre and started a dance-hall on a plan brand-new to Frenchmen. Also in a twenty-five minute deal bought the second largest movie house in Paris or three millior francs. Booker's American quick-lunch methods of business bewildered the Frenchmen so much they were suspicious of him and asked to delay the deal. It was only when he scribbled a check for for three million francs. Booker's tract that they decided he wasn't joking.

His first venture at the Apollo theatre has just opened with three American jazz bands playing American tunes. Booker imported forty-two English girls, four American girls and four Belgians to teach Frenchmen to dance the United States way. There are also four American men and eight Englishmen to teach French girls. The instructors sit in a special enclosure awaiting the summons. The would-be chemise wagger merely buys a ticket for one franc which entitles the holder to one dance with the instructor.

This is the same system Booker introduced into England at the Hamersmith Palais de Dance which had such a phenomenal success.

The Apollo has already had a striking success with 500 to 1700 dancers every night. The hours are from midnight to four o'clock in the morning and a tea-dance from five to seven in the afternoon.

"The American man is the best natural dancer in the world," Booker said. "And the American style of steps is the best. That is why Europe is crazy over American dancing. Also the American syncopated music cannot be beaten. All Europe is dancing to our tunes—or it will be when I get through. The English girl is almost as good a dancer as the American girl. The French run a bad third. And the remainder of Europe is nowhere in the running. "Europe is just waking up to the dancing craze and moving pictures—comparatively speaking. And Americans are getting in on the ground floor for the boom that is to come."

Your question answered at last. POSITIVE PROOF that YOU are an Immortal Being. 1 1/2 after death. L. Isadore Ranke. Helpline studio, No. 25 and 30, 8 o'clock. Free.

HOUSE OF A THOUSAND BOXES.

Carr's wish to announce that their store will again have a huge stock of Christmas boxes. And as usual "Carr's can save you money."

William Evans, salesman for J. O. Newland & Son, Dodge Bros. dealers, announces the following sales in the past week: George Burt, Earl Henbest, S. M. Strickler, J. H. Fisher, H. U. Cochran and Bert Sutherland.

Advertisement for Vicks VapoRub: 'SORE THROAT Gargle with warm salt water—then apply over throat—VICKS VAPORUB Over 17 Million Jars Used Yearly'

Dan Casey Will Hang For Murder

PORTLAND, Nov. 25.—Dan Casey must hang for the murder of James H. (Buck) Phillips, O. W. R. & N. special agent, who was slain by box-car handbills the night of June 14 in the Mock's bottom railroad yard. A jury returned a verdict of "guilty as charged" in Circuit Judge Kavanaugh's court at 10 o'clock Wednesday morning. The verdict was said to have been reached on the first ballot after the jurors received their final instructions Tuesday night, but they could not at first agree on whether to recommend life imprisonment or the death penalty. The decision was arrived at during the night.

Casey received the verdict with a smile. He showed no sign of nervousness or fear. He stood while the verdict was being read and then sat down without comment, pulled a package of cigarettes from his pocket and calmly lighted one.

He then held out his hands for the handcuffs and as Deputy Sheriff Kendall led him back to jail, he said:

"Well, they gave me the limit. I'd rather have that than just part way." Casey will be sentenced Saturday morning at 9:30.

TOY DISPLAY WINS.

A big line of toys, books, games and dolls now on display at Carr's is attracting much attention. Their toy department would do credit to any city. With a larger line than ever and much cheaper prices than last year, Carr's Toy Department will prove a Mecca for Christmas shoppers.

Advertisement for Auto Tops Side Curtains: 'Auto Tops Side Curtains MADE TO ORDER Phone 468 708 N. Jackson C. M. JONES'

Advertisement for Plumbing and Heating: 'PLUMBING AND HEATING Jobbing a Specialty SCOTTBROS Phone 407 Main and Oak'

Advertisement for Roseburg Plumbing & Heating Co: 'Roseburg Plumbing & Heating Co. 242 N. JACKSON ST. Our Business is Plumbing—Improved Plumbing. If we attend to your plumbing it will be done right. DELL V. RAST PLUMBER OFFICE PHONE 131 "He Serves You Right."

Advertisement for Economy Grocery: 'EVERY ARTICLE sold in this store spells E-C-O-N-O-M-Y We appreciate your splendid support and promise you our best service in return. Phone 63. Economy Grocery'

Large advertisement for Chesterfield Cigarettes: 'Don't stick with the prunes. MY DAD'S favorite yarn. WAS THE one about. THE OLD storekeeper. WHO WAS playing checkers. IN THE back of the store. AMONG THE coal oil. AND THE prunes. WHEN THE sheriff. WHO HAD just jumped his king. SAID "Si there's a customer. WAITIN' OUT front." AND SI said "Sh-h-hf IF YOU'LL keep quiet. MEBBE HE'LL go away." NOW HERE'S the big idea. WHEN A good thing. HAPPENS ALONG. DON'T LEAVE it to George. TO GRAB the gravy. FR'INSTANCE IF. YOU HEAR of a smoke. OR READ about a smoke. THAT REALLY does more. THAN PLEASE the taste. THERE ARE no hooks on you. THERE'S NO law against. YOUR STEPPING up. WITH THE other live ones. AND SAYING right out. IN A loud, clear voice. "GIMME A pack of. THOSE CIGARETTES. THAT SATISFY." YOU'LL say you never tasted such flavor, such mild but full-bodied tobacco goodness. You're right, too, because they don't make other cigarettes like Chesterfields. The Chesterfield blend can't be copied. CHESTERFIELD CIGARETTES They Satisfy LIGGETT & MYERS TOBACCO CO. Did you know about the Chesterfield package of 10?

NOTICE OF SALE OF GOVERNMENT TIMBER. General Land Office, Washington, D. C., October 30, 1921. Notice is hereby given that subject to the conditions and limitations of the Act of June 3, 1914 (33 Stat., 218), and the instructions of the Secretary of the Interior of September 15, 1917 (40 L. D., 447), the timber on the following lands will be sold Dec. 7, 1921, at 10 o'clock A. M., at public auction at the United States land office at Roseburg, Oregon, to the highest bidder at not less than the appraised value as shown by this notice, sale to be subject to the approval of the Secretary of the Interior. The purchase price, with an additional sum of one-fifth of one per cent thereof, being commissions allowed, must be deposited at time of sale, money to be returned, if sale is not approved, otherwise patent will issue for the timber which must be removed within ten years. Bids will be received from citizens of the United States, associations of such citizens and corporations organized under the laws of the United States in any state, territory or district thereof only. Upon application of a qualified purchaser, the timber on any legal subdivision will be offered separately before being included in any other of a larger unit. T. 16 S., R. 2 W., Sec. 3, Lot 1, fr 1290 M., cedar 55 M., SW 1/4 NE 1/4, fr 1288 M., cedar 60 M., none of the fr timber to be sold for less than \$1.75 per M., and none of the cedar timber to be sold for less than \$1.00 per M. T. 21 S., R. 4 W., Sec. 23, NE 1/4 NE 1/4, fr 1500 M., NW 1/4 NE 1/4, fr 290 M., SW 1/4 NE 1/4, fr 280 M., SE 1/4 NE 1/4, fr 400 M., cedar 100 M., none of the fr timber to be sold for less than \$1.75 per M., and none of the cedar timber to be sold for less than \$1.00 per M. WILLIAM SPHY, Commissioner, General Land Office.

A new car of those fancy Yakima Gem petals, also a new price. Be sure and see them and get Bell Sisters Bldg. Open Sundays by price at Peckles Supply Co. appointment. Phone 462.

Advertisement for Roseburg Steam Laundry: 'ROSEBURG STEAM LAUNDRY Let us help you with that Big Family Dinner. Phone 79 Send it to the Laundry. Send us your party linens, guest towels and washable drapes. SPECIAL ATTENTION TO PARCEL POST'

Advertisement for The Owl Says: 'The Owl Says:— WELL, I'M HERE Not the stuffed variety, but a Real, Live, wide-awake He-Owl. Our made-to-order Clothing is the real thing, too, and Cleaning and Pressing—well, there's no better. Come in and meet me. OWL CLEANERS 124 CARR ST. PHONE 17 CHESTERFIELD'

Advertisement for Break Away: 'Break Away From High Prices Everybodys Exchange New Specials for You! See our Windows The Groceteria'

Advertisement for Conservatory: 'CONSERVATORY PIANO VOICE! VIGLIN ART KIN-TERAPY KOHLHAGEN BUILDING Phone 390'