

WORK DAYS AND REST NIGHTS

Can you do it now? If you can't, there's something wrong. Many find coffee a disturbing element, so wisely leave it off and use

Postum Cereal



Postum is a pure cereal drink containing nothing that can possibly disturb nerves or digestion. You'll find Postum has a delightful flavor that fully satisfies.

"There's a Reason" for Postum

Made by Postum Cereal Co., Inc.,
Battle Creek, Mich.

Care of Your Storage Battery

The storage battery in your car carries the same importance to the rest of your car as the heart does to the human body. The current which the battery supplies is just as necessary to the operation of the car as blood is to the human body. If your heart quits pumping blood into the arteries, you die; and if the battery quits sending the current to the car, it dies too. The battery is perhaps the simplest part of your car, and yet it requires almost constant care. The cage of the battery should be properly divided into two parts, first the external care; and second, the internal care.

The battery should be kept dry and free from dirt. Do not permit the dust to collect on the top of the battery. If the acid has been spilled, be sure to wipe it off with waste wet with ammonia water. The acid will soon rot the box. Do not permit an open flame near the battery.

Pure water must be added to the cells regularly, and at sufficient frequent intervals to keep the solution at the proper height, which is level with the bottom of the vent tube in the cover. The battery should be inspected every two weeks in winter and every week in summer. Do not fill with acid; this requires experience. Fill with pure water only. Use only distilled water or rain water collected in glass or earthenware jars.

If you test your own battery, have an accurate hydrometer and test each time before filling the battery. The gravity varies with the state of the charge as follows:
1285—fully charged.
1215—half charged.
1150 or below—completely discharged.

When the battery is 1150 or below it should be taken to a service station and recharged. If the battery runs down soon after a recharge you should have your wiring looked after, as this indicates a short circuit in the electric system.

TO PLANT 450,000 TREES.

Plans for the spring planting of burned over areas on national forests of Oregon and Washington have been completed, according to J. F. Kummel, in charge of reforestation for the local forest service bureau. About 450,000 trees from the Wind River nursery will be planted in areas on the Rainier, Santiam and Crater national forests, the first in Washington and the other two being in this state.

MEN STICKING TO THE OLD NIGHT SHIRT

(By United Press.)
CHICAGO, April 7.—In musical comedies and magazine advertisements you find your fancy striped pajamas, but in real life, the men are clinging to the old-fashioned night shirt.

At least that is the opinion of P. H. Layland, a Chicago haberdasher. "Not only the jazy old boys, but gay young frikers are keen for the comforts of a roomy night shirt that covers up your feet," said Layland. "Snappy, up to the minute styles public, but comfort in the bed room—that is the policy."

James A. Patton, wheat king is quoted as saying the other day: "Damm pajamas." His traveling bag had been stolen. It contained a night shirt. A friend offered pajamas.

NOTICE.

Partly entering my house while I was away and taking clothing belonging to my daughter and myself, had better return them at once, as I have information as to who the guilty party is.

MRS. WALLACE STARMER,
641 Short Street.

NOTICE.

All persons holding orders against the escrow stock in the Automatic Electric Brake Company please submit them to Miss Blanche Reed, Secretary of the company, 440 Hancock St., Portland, Oregon, so we can protect you when the stock is released from escrow.

ROBERT Z. FARMER,
President.

CELEBRATE WAR ANNIVERSARY
PHILADELPHIA, April 7.—With the principal buildings decorated in the national colors and with many workers celebrating a half holiday, Philadelphia today celebrated the first "All American day". Patriotic organizations paraded, the American Legion being the most prominent. In a proclamation, Mayor Moore today designated April 7, the anniversary of the declaration of war, by the United States on Germany, as "All American day" so that the loyal citizens may "reassert American principles and show their desire to curb restlessness and disorder in industrial life."

General Pershing at the request of Colonel Franklin D'Olier, formerly national commander of the American Legion, and now an active worker in that organization, will speak tonight at the Academy of Music.

BAD BREATH

Dr. Edwards' Olive Tablets Get at the Cause and Remove It

Dr. Edwards' Olive Tablets, the substitute for calomel, act gently on the bowels and positively do the work people afflicted with bad breath find quick relief through taking them. Dr. Edwards' Olive Tablets are a vegetable compound mixed with olive oil. They act gently but firmly on the bowels and liver, stimulating them to natural action, clearing the blood, and purifying the entire system. They do that which calomel does, without any of the bad after effects. Take one or two every night for a week and note the pleasing effect. 15c and 30c a box.

INDIANS ALL OF SAME RACE

Differences in Type No Greater Than Among the Whites, According to Scientist.

The American aborigines from the Hudson bay and Alaska to the southern tip of the continent are all members of the same race, according to Dr. Frederick Morsen of New York and Pasadena, said to be more familiar with the American Indian than any other white man.

Doctor Morsen declared the differences in type found in Indians of the various parts of the continent are becoming manifest among us today. He recognizes people from Maine as typical of that section of the country, and says a southerner or westerner can be easily distinguished by one familiar with the types of American people.

"The aborigines of America are all red men," Doctor Morsen said. "The Eskimos have flatter noses and oily skins, due to their diet and the climate."

He found corresponding differences among the Indians of the Eastern coast, the West, Mexico and other parts of the country, but other indications prove the distinguishing characteristics were the product of food, environment and methods of living.

Mentioning the treatment the red men have received from the whites, Doctor Morsen said: "The Pilgrims debarked on Plymouth rock and fell upon their knees. Then they fell upon the aborigines and we've been falling on them ever since."

RULER HAD PRACTICAL MIND

Like Our Own Politicians, Sultan Preferred Any Eventuality to Being Forgotten.

At Trengganu (Malay Peninsula) the native sultan welcomed me and I spent several days with him, telling him what was happening in the world and discussing his problems. The problems were largely financial. He owed some money, and, knowing that he had something in the treasury, I asked why he did not pay his debts.

He thought for a time and then replied: "Well, I'll tell you. If I pay those people, they will forget about the sultan of Trengganu. If I don't pay them, they'll never forget me."

The conversation turned to the subject of prisoners. On my way to the palace I had passed the cages where the prisoners were kept. Many of them were starving to death, for unless their friends or family cared for them they got no food.

"Why don't you feed them?" I asked.
"Why should I?" he replied. "If I feed them, my whole country will want to go to jail."—Asia Magazine.

Point of Honor.

Samuel Untermyer, the brilliant New York lawyer, who probed the building question, said in a discussion about honor:

"Business men are honorable; or they don't get on. Even big business men are honorable. Of course, few business men are as punctilious about a point of honor, though, as Honest John Jones was.

"Honest John Jones, you know, once stole on tiptoe, fountain pen in hand, into the empty waiting room of his hotel. He stepped stealthily up to an inkwell, advanced his fountain pen towards the ink, then drew back with a start.

"No!" he groaned, striking his brow with his palm. "No, I cannot fill my fountain pen with the hotel's ink—it would not be honorable."

War of Science on Diseases.

Of the diseases of men and animals known to be infectious, Dr. Walter E. King counts up 88 having organisms not yet discovered that are believed to be so small as to pass through the customary filters. These include chicken-pox, rabies, dengue fever, small-pox, trachoma, measles, poliomyelitis, scarlet fever, typhus and mumps, and yellow fever was in the list until Doctor Noguchi's recent discovery of the organism. As in the case of tuberculosis, knowledge of the organism does not always bring a direct remedy. On the other hand, steps toward eradicating yellow fever, through the destruction of the germ-carrying mosquito, were made possible while the disease organism was still unknown.

Wireless Waves Fire Oil Wells.

In recent years there have been a number of oil well fires the origin of which has never been explained. The fires started at such times when the sites were deserted and could not have been done through any human agency, and in this connection R. M. McLean of Desdemona, Tex., has come to the fore with a remarkable theory that the firing is done by wireless waves gathered by the metal entering into the construction of the derricks. This gentleman has observed a number of oil well fires which could be explained in no other way.

Reassurance.

"Look here," demanded the new patron of the Dizzy Hour luncheon. "When do I get that order?" "Control yourself," snapped Romeo the waiter. "The cooks are on strike, but I think they'll come to an agreement 'most any hour now."—American Legion Weekly.

Probably Not Overdressed.

"But that woman in the box seems to have no clothes on at all!" "Ah, yes; she's the best-dressed woman in Paris.—Le Journal Amusant (Paris).

Studebaker

NEW LIGHT-SIX LANDAU-ROADSTER

JUST the car for doctors, salesmen, contractors and men engaged in work or professions where it is necessary to be out doors.

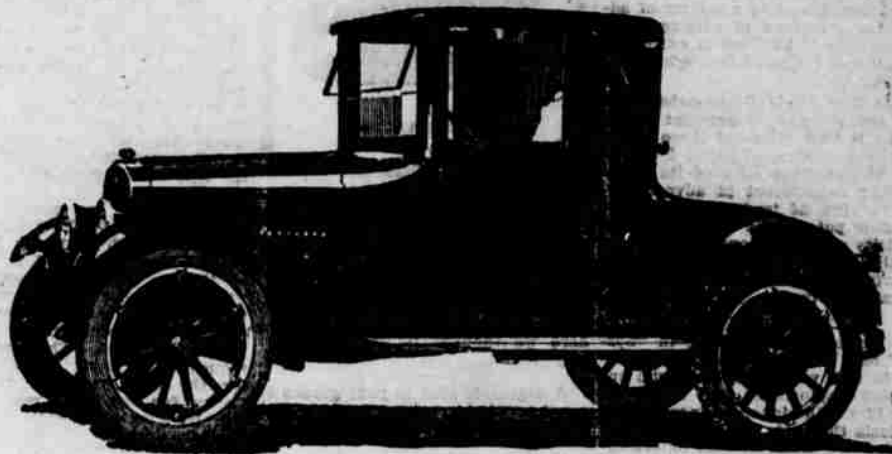
This is an ideal two-passenger car of the convertible type. It enables you to keep clean and dry in getting back and forth to work, or in making business or professional calls—thus giving you greater efficiency and increasing your income.

The economy and performance of the new LIGHT-SIX LANDAU ROADSTER are remarkable—due to light weight, perfect balance, use of highest quality materials, and the fact that this car is designed by Studebaker engineers and built complete by Studebaker in the newest and most modern automobile plant in the world.

Come in and see this 40-horsepower Studebaker-built LANDAU ROADSTER—ride in it—and judge for yourself what a wonderful car it really is.

Touring Car . . . \$1485
Landau-Roadster . . . 1650
Sedan . . . 2150
Cord Tire Equipped
F. O. R. South Bend

C. O. THOMAS
Distributor, Roseburg, Ore



THIS IS A STUDEBAKER YEAR

HEINLINE Conservatory of Music

PIANO VOICE
Harmony and Theory
Musical Kindergarten
Kohlhagen Bldg. Phone 390.



Fence just received. Carload of
Pigs. Several kinds poultry
fence. Carload barb wire, nails
and staples. Write us.

Stearns & Chenoweth
Oakland and Yoncalla.

LUMBER YARD

We manufacture our own lumber
and have both rough and dressed
lumber at yard. If you want lum-
ber, see us. PHONE 324.
NORTH SIDE GROCERY

SAFEST METHOD

DR. R. H. NERBAS

DENTIST

If you have lost teeth as a
result of pyorrhea, decay or
accident, you should lose
no time having the defect
remedied. Modern dentistry
makes it possible to relieve
your embarrassment and
improve your efficiency.

PAINLESS EXTRACT ION

PHONE 488

DR. H. R. NERBAS
DENTIST
6 & B MASONIC BLDG.

AUTOMOBILE BATTERIES

New Gould Batteries while they last:

Chevrolet . . . \$32.00 Studebaker . . . 35.00
Buick . . . 34.50 Overland . . . 35.00
Dodge . . . 41.00

MOTOR SHOP GARAGE

Agency Buick and Chevrolet

441 North Jackson St. ROSEBURG, OREGON.

Gromore Fertilizer

FOR

LAWNS, FLOWERS, GARDENS, BULBS
FERNS, SHRUBS, ORCHARDS

Try it once and you will always use Gromore
SEND FOR BOOKLET

J. F. BARKER & CO.,

Hello! Yes, Well get Busy

Build that needed house now. Paint the home buildings. Repair that fence and make the farm look more tidy. Build that highway. It is badly needed. Pave that street. It will help your town. Improve the water-works and extend the sewerage system, for they will better the health of your town. Build that church, that school, that courthouse, and go ahead with everything that shows you are a red-blooded American, with faith in your country. Now is the time for men—real men—to lead off and do things. Cowards only are slackers. The patriot can do as much in this time of peace for his country as he could do in war. Let's play ball!

WE HAVE

The Paint, The Hardware

Let us outfit YOUR "NINE"

Churchill Hardware Company

ROSEBURG, OREGON.

Movie Closeups

When Ben Ames Williams' story, "The Saturday Evening Post" was published, it instantly created a sensation. Perhaps millions of persons read the story and now that it has been adapted to the screen for Wallace Reid under the name "Always Audacious," it doubtless will attract attention. "Always Audacious" is shown at the Antlers theatre.

In this remarkable photoplay, Mr. Reid plays two roles—those of Mr. Danton, wealthy club man and crook, and Slim Attucks, crook. The men were born on the same day and are as alike as two peas. The story conceives the idea of doing off his double and assuming his life in society and the business world. He causes Danton to be caught, and with the aid of his double impersonates him until he turns up determined to reveal his own. How this is accomplished makes an interesting story. The climax is one of the most gripping ever seen in a motion picture. Of course, there is a pretty love story of which Margaret Loomis, the young woman is the central figure. Reid doubles in many of the scenes as Danton and Attucks with striking results.

NOTICE TO CONTRACTORS.

Bids will be received until 7:30, April 11, 1921, for the erection of a building at the corner of S. Main and 1st streets, in Roseburg.

Plans and specifications are on file at the office of J. C. Jones, engineer and phone numbers found therein. The building will be of reinforced concrete and pre-cast stone, the contractor to furnish all material except labor in the main floor. No existing building to be removed or any or all bids rejected.

NOTICE.

General hauling done promptly. Heavy trips a specialty. Phone 251. Route at Jarvis second hand.

PROFESSIONAL CARDS

MUSICAL VIOLIN INSTRUCTION.
J. J. Kohlhaas Block.
A. J. Kohlhaas, Auctioneer, gets high & low bids.
F. H. GUY, Florist, 414 W. Main.
N. B. FLYNN, Chiropractor, 222 W. Lane St.

LUMBER

all dimensions, at reasonable prices. We have a block North Side Store, 1267 Umpqua. Phone 235-R.

Sheet Metal Work

OF ALL KINDS
J. H. SINNIGER
OAK STREET PHONE 428

WE SELL Edison MAZDA LAMPS

Douglas County Light and Water Co.

WE INVITE COMPARISON.

See what everyone else has to offer, then come to our store and see what you save. Shoes at the lowest prices quoted in years. Remodeling sale.

ROSEBURG BOOTERIE.

NOTICE.

Having leased the Hildebrand and Campbell bar we are in a position to furnish sand, gravel or sediment in any quantities. Phone 157-R or 27-F2. Wallace & Calhoun.

ATTENTION GUARD MEN.

If your new uniform needs altering, take it to the Roseburg Cleaners, J. F. Dillard. We have an expert army tailor to handle this work. Quick service. Leave your clothes with us.

SEED POTATOES FOR SALE—

—PRIDE OF MULLENBACH

We are offering hand selected stock for \$2.50 per hundred pounds. For table use, \$1.50 per 100 lbs. BRADFORD BROS.
West Roseburg. Phone Res. 40F4. Office 481.

FOLKS WE ALL KNOW



Pipe poor Pa, patiently plodding homeward. Pa, alias the Old Man, was once a regular Cut-up and had more pep than a two-year-old colt behind a Brass Band. Now he looks like a Government Mule hauling Pig Iron. This teaches us that We should be Kind to the Old Man.

CHICHESTER'S PILLS

THE DIAMOND BRAND.
Largest and Best Known Brand.
Pills to Kill and Build Health.
Take one or more. They are
Dr. J. C. Williams' DIAMOND BRAND
PILLS. Sold by Dr. J. C. Williams, 1000
SOLD BY DRUGGISTS EVERYWHERE