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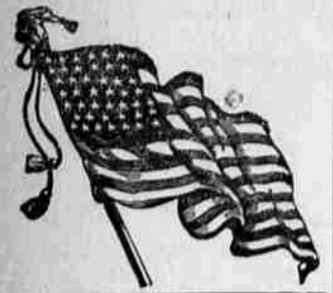
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TUESDAY, FEBRUARY 15, 1916.



BUILD FOR THE FUTURE.

Now that the city school board is face to face with the fact that a new building must be built, and are already making tentative plans regarding the style, size and nature of this building, it might be proper to call their attention to the generally expressed hope of the citizens that the new school house will be erected of sufficient dimensions to care for the increased needs made certain by the development of the city within the next few years. Another fact which is pertinent is this, Roseburg has now arrived at that point of expansion where some attention can be paid to civic betterment in the erection of her public buildings. We have passed that era of municipal existence where the only requisite for our public buildings, our school houses and our churches, is that they are waterproof, airtight and look like a shoe factory. Modern ideas demand some embellishment of the exterior as well as conveniences for the interior, especially when this can be obtained under the skillful guidance of experienced architects, with very little added expense. The added satisfaction to the citizens, and the pride they will take in it, will more than offset the slight additional cost. This is the nearly general sentiment of the community and district.

It make a lot of difference in the report of a political meeting, whether the one who gathers it is serving two masters, a fact that is well tested when one reads the account of the republican gathering here in Roseburg last Saturday, as it appeared in the big republican organ in Portland, and as it was shown in the local democratic one. Written by the same person, the account to the republican paper stated that one hundred were present, while in the democratic paper it dwindled to fifty. But it is really immaterial whether one dozen or one thousand were there, the fact was very apparent that all who were present were enthusiastic, and there was enough of life and animation to cause some of our democratic friends to begin to worry.

From a careful consideration of all the facts surrounding the location of the bridge near Riddle, about which the local paper there is striving to create a bad feeling, the conclusion must be reached that had the county court and the engineer in charge raised the abutments four or five feet higher than at present, they would have been called "bug-house" by a majority of those who have to use this river crossing. It is affirmed that the grade leading up to the bridge is now seven per cent, and one can imagine how much steeper an additional four feet would have made it. It looks as though some one was endeavoring to start something, or air a personal grievance.

Such a thing may happen as the result of the alleged attempt of some persons to poison the entire list of guests at a social banquet, that the chef and waiters will be compelled to taste the soup as it is brought in. This is an old method, but it generally proved efficient.

Have you received any garden seeds from Congressman Hawley? It is about time that they were being sent out, as spring comes early in this valley.

As yet no one has appeared who thinks the fun to be had at the Chicago convention as delegate from this congressional district, will offset the expense. Suppose we make up a purse to defray this and see how many willing patriots will bob to the surface.

Off Agin, On Agin
 STRICKLAND, W. GILLILAN

M. Best Valentine
 In '76 Mar 2. Laid in document that some 'n' look like such.
 O. A. A's a friendly letter that does not promise a touch!

It is a letter from a friend who means just what he writes. Who asks me, "When you coming 'round?" then earnestly invites me to his house to stay as long as I can manage it—He doesn't ask for anything—he's not like that a bit!

He says the things that others say before they reach the spot. Where they request a favor done, or money, like as not. The difference is, he means the things he says to please me so.

And though he use the self-same words—it's different, you know!

And hence I prize this document which doesn't look like much. It is a friendly little note that doesn't bring a touch!

Finaglin Philosophy
 'Any man big enough fr yez t' look up to, is too big a man t' look down on you.

Mistake
 The Boss—Here, Longbow, how do you come to charge us 25 cents transfer in this town?
 The Traveling Salesman—I forgot.
 The Boss—Forgot what?
 The Traveling Salesman—Forgot you used to travel that territory and knew there was a union station.

Whassa-use!
 Since a certain linguistive citizen was knocked into a cocked hat in has been doing more half-cooked talking through said hat than ever before.

Fixing The Date
 "When was that last heavy freeze you had in this country?" asked the inquisitive tourist.
 "O evah an' evah so long ago," replied the native. "It was the same yeah th' train was on time."

Was it anywhere near Bug River, that they held the diet of Wino in Merlin Luther's time?

No Second Childhood Permitted
 Three rooms in private family Rates reasonable to permanent adults.—Florida Times-Union.

Gentle Genius
 "That is the brightest woman I ever knew."
 "Why, I didn't know she'd ever even been to college."
 "She hasn't. But she can put bread in the oven to toast and get about her business and not forget and let the toast burn!"

The meanest thing that can be done is to turn the spotlight on brilliantly upon any mere human.

Might As Well Own It
 He may answer you back with plishtush and tuts, But the jaywalker's surely the King of the Nuts.

Hopeless
 There's no use talking—a city has no chance for a big national political convention unless it is located at one end or another of a drainage canal.

Explained
 "Paw?"
 "Yes, son."
 "What is meant by 'Weather By Telegraph' in the newspaper?"
 "It means, son, that most of the time the weather is not fit to be sent through the mails."

A good many spooky lectures are given dealing with "the secret of personal magnetism," etc. But if a fellow will bathe often enough, slaw plenty of pep, use what brains he has and be pleasant with people, he won't need to attend any of those lectures, which are patronized feverishly by a great many folks who seldom pay much attention to these matters.

Liked It
 "There! Didn't I tell you you'd enjoy quitting drinking?"
 "You sure were right about it! I enjoyed it so well I'll probably be quitting every week or so the rest of my life."

The Young Lady Across The Way



The young lady across the way says her dog is awfully smart and sometimes does things that look almost humanitarian.

BEAUTY CHATS
 EDNA KENT FORBES

Gray Patches Of Hair
 HAIR TURNS GRAY in rather a curious manner. Or rather several curious manners. Sometimes a sudden illness, or the shock of bad news, will turn an entire head white in a few



Watch your hair for graying patches

hours, though time will usually restore the color to hair turned in this sudden way.
 A severe illness, especially if the invalid is growing old, will often take all the color from the hair follicles,

but as soon as the woman is convalescing the old color will come back with her increasing strength. A change of climate has been known to affect the color of the hair. Sometimes hair turns gray in spots, as many as a dozen white streaks alternating with colored ones, down the length of a single hair.
 This special form of graying usually means that the head is in need of more nourishment, that the loss of color is due to that and not to age. This is premature grayness, and the easiest to cure. Personally, I do not like to advise putting color on the hair, although I have in my possession an excellent restorer of color for dark hair—a recipe I have given to several hundreds of women who have written me for it. This is perfectly harmless—but the ideal thing is to make Nature herself bring back the color she has taken away.

If your health is run down, your hair will suffer for it, the strength that should go to make it long and luxuriant will be used to make up the strength your body has lost. A general tonic for the whole system will react on the hair too. Of course, a hair tonic is needed, one that contains a little alcohol as possible.

Questions and Answers
 Will you please publish the recipe for the best developer—Slender Girl.
 Reply—I cannot publish it here. If you will send me an envelope, addressed and stamped, I will send it to you.
 I am eighteen, and a clerk in an office, but our hours are short and the work pleasant. Yet I am so nervous I can scarcely work. Can you recommend a tonic?—D. B.
 Reply—Get a tonic from your doctor. My advice is a good long walk before bedtime, so you fall asleep from sheer exhaustion. Also, more to eat and longer hours of sleep.

Health Talks
 BY WILLIAM BRADY, M.D.

Reserve Power Of The Heart

GIVEN A CASE of valvular defect (caused by scar deformity following some former inflammation of the heart lining), or a case of permanent high blood pressure, or one of arterial hardening, or one of chronic Bright's disease, the important question in diagnosis and prognosis is the reserve power of the heart.
 A normal heart has sufficient reserve power to withstand sudden or temporary physical strain, such as running to catch the last car home, going through an attack of typhoid fever or pneumonia, or chastising someone who misjudges one's character.
 When you run for some distance you get short of wind, and then presently you get your "second wind" if you keep running and your heart is normal. This "second wind" is largely a response on the part of the reserve power of the heart. People with defective reserve power get short of breath on slight exertion and remain so until complete rest is obtainable, or even in spite of complete rest.
 There are various factors which reduce reserve power in the heart. A leaking valve obviously makes greater demands upon the reserve power in order to keep sufficient blood circulating. A high blood pressure from any cause demands a more forcible heart beat to drive the blood through the arteries, and the extra work is done by drawing on the available reserve. Diseased kidneys, tobacco, alcohol, worry, irregular hours and overeating all tend to exhaust the heart's reserve. It is bad business to live on your savings.
 Reserve power may be built up much as a bank balance is built up.

QUESTIONS AND ANSWERS
 Some Bad Guessing
 One doctor I consulted told me I had weeping eczema. Another said it was itching piles. Neither examined me. I obtained no relief from either prescription. Will you kindly suggest something.
 Answer—We would suggest that you protest against paying the doctor a fee if he forgets to examine you. It might be leprosy or the seven-year itch for all he can tell without an examination.

Only Cure For Rupture
 Is operation the only cure for rupture in a man twenty-eight years old.
 Answer—Yes, and the sooner done the better.

PROGRAM OF THE SCHOOLMASTERS' CLUB

At a meeting of the Schoolmasters' club to be held at the banquet room of the Methodist Episcopal church, Roseburg, Oregon, February 19, 1916, 2:30 p. m. the following program will be carried out:
 Music, furnished by Miss Moorhead.

Address—"Let Me Do It," by Alfred Powers.

Address—"The Relation of the Principal or Superintendent to: a. His Children; b. His Teachers; c. His School Board; d. His Community," by J. H. Ackerman, president state normal school.
 H. O. BENNETT, Secy.

Mrs. D. Barker, who has been visiting at the home of Mrs. D. A. Dorch, left this morning for her



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Bed Time Tales
 Clara Ingram Judson

Flitter Finds A Trap

"Um-ah! Um-ah! Dear me, but that is good!" said Flitter Flying-squirrel, as he munched at a bit of food. "I wonder what that can be?"

He cocked his head first to one side and then to the other in a vain attempt to see by the half-waning moon just what it was he had found. "That tastes something like—only something like—the bird meat my mother brought me last summer. Now what in the world could it be?"
 Flitter nibbled slowly and cautiously at the choice bit he had found; and was just licking his lips and preparing to take a firmer bite when—CLICK! Oh, but he did jump!
 Without stopping to look or think, he ran to the nearest tree, a slender ash, and swiftly hurried up its trunk. There, safe from danger on the ground, he stopped to get his breath and look around. But nothing happened and nothing moved or made the slightest sound.



Without stopping to look or think, he ran to the nearest tree

After waiting silently for nearly an hour, Flitter at last got up his courage to run down a branch on the side of the tree that was away from the sound; from there he flew to the ground and ran home.
 "Mother!" he called breathlessly, running into the home in the hollow tree, "something happened to me, only it didn't happen!"
 "What's that?" laughed Mother Flying-squirrel. "Nothing happens when it doesn't happen."
 "No, of course not," agreed Flitter. "I meant that I thought it was going to happen and it didn't."
 "That's different," said Mother Flying-squirrel kindly. "What did you think was going to happen, Flitter?"
 Flitter explained about the extra choice bit of food he had found; about how he was enjoying it and about the terrifying sound that spoiled the feast.
 "Oh, yes, I know what that is," said Mother Flying-squirrel as soon as he had finished, "and I am glad that you had the good sense to come home and ask me about it at once. Flitter. What you found was a trap." "What is a trap?" asked Flitter excitedly.
 "A trap is a dreadful thing that hunters set to catch creatures. What you found was likely a mink trap. This is just the time of year that hunters come to catch Mikey Mink and his kind. Though for my part, I think they may as well stop trying to catch Mikey—he is too smart for them! They may catch some minks—but never Mikey! Mind you, be very careful about these traps, Flitter, and don't get caught by one. If you are cautious, you can get many a fine meal from the trap without being caught. But you must watch and be careful—remember!"
 "To-morrow—Old Mr. North Wind's Advice"

Your Social Set

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