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MONDAY, FEBRUARY 14, 1916

THE GOVERNOR'S VISIT.

There is no question but that the visit of Governor Withycombe to the Soldiers' Home yesterday will redound to material benefit to that worthy institution, for the governor has stored in his memory a number of thing which he will bring up at the next session of the legislature and ask appropriations to carry them The governor truly said, the dat. state of Oregon has a jewel here in Roseburg, in the possession of such an ideal spot for an institution of this kind, and it has been either stingy or indifferent in providing means for its proper care and en-largement to meet the ever increasing demands, or to make it one of the places of interest under the fostoring care of a great state. While the institution under its present excellent management is on a high plane of efficiency, there is much that is to be desired, and the entire citizen ship of this city and country will back up and assist the governor in his recommendations to the legislature to attain this.

THE RESOLUTIONS.

There are resolutions and resolutions, but for ones which have the real old time ring to them, those presented by the committee reporting to the county central committee last Sat. urday, are certainly entitled to a high rank in the first class. They are complete enough and concise enough to be incorporated bodily in a state or national platform. They have the ring of steel, and there is not an affirmation that cannot be backed up with facts and conditions.

When resolutions and declarations like these go ringing over the country, they will bring a spontaneous response, for there is not a single sentence from beginning to the very end, to which the popular verdict will not say amen. Cut these resolutions out and paste them in some place where they can be read time and again, for they are masterpieces of facts affi logic.

When the editorial sanctum was presented with a huge platter of various kinds of most excellent cake this morning with the compliments of two prominent attorneys of the

city, an investigation was quietly started to find out what they had been doing that they wished hushed up, but the only thing that developed was that Dexter Rice and A. N. Greatt were celebrating their birthdays, they having been presented as valentines to their respective parents a number of years ago. Out of consideration of the undisputed quality of the gift, and the thoughtfulness of the act, it can be stated that the gentlemen have kept up their reputation as valentines ever since, and The News, along with their many triends extends its congratulations and wishes for many recurrences of

President Wilson makes his formal announcement of candidacy for the second term in a letter made public today, to the voters of Ohio. Bs this action the president but cinches his title as the champion mindchanger of the decade. If there are any doubts about this, attention is called to the plank in the Baltimore platform, which is generally accepted an boing the inspiration of its nom-Ince.

the day.

Off Agin On Agin CARL D. SHOEMAKER STRICKLAND W. GILUILAN

To-morrow, when my world is right

To-morrow, when my world is right again. When I've resumed my kindly thought of men. To-morrow, when to-day's clouds shall have passed And I can see a sky more blue and vert

vast, I shall burst forth in joyous song

And plead with folks "Be happy!" ns of yore.

Finnigin Filosofy Money needs t' be made av touch material to kape people fr'm tearin' ut to pleces squabblin' over ut.

'Smatter With Him? When a sporting editor writes boastfully that a team in his town has 'lowered the duck-pin record.' ne is constrained to believe he has That's what happened in the At-lanta Constitution not long since.

Running In A Ringer Miss Bell trains the new oper-ators for the Bell Telephone Com-pany at Atlanta.

We have often noticed that when "love and affection" are mentioned as the consideration in a real estate deal, the purchase price is never paid in instalments.

Lawsamassyno! Life will be no more worth living For many a hard-up man Since they've got to solling autos On the easy-payment plan.

Better Euphony New York will substitute for "not guilty." in the case of insane eriminals."Guilty, but insane." Why not alliterate it and say, "Naughty but nutty"?

Some people have the happy faculty, when they meet you in after years, of recalling vividly all the things you hoped everybody elso had forgotten except yourself.

She Wanted It To Wane "Are you interested in wax fig-ures, Mrs. Belygge?" "No, I'm a good deal more inter-ested in my own waxing figure."

One sometimes wishes twilight sleep had been employed at the "Birth of a Nation."

The Boob! "Girl Flees From Father," read Mrs. Honihand from the newspaper headline. "I didn't know them things was hereditary," remarked her husband, as he arose to wind the clock.

He Kind O' Knew "Do you know," asked the man who was examining the youth for chauffeur's license, "the difference between bore and stroke?" "Well, I've met some bores that were almost equivalent to a stroke."

Thinking It Over We learned just the other day that Sweden has fifty-two million acres of hand. But we have taken no action in the matter as yet. Safe Bet

"There's a town named Agency Ford, on the Missouri below St.

Well?" "Nothing; only I bet that name is reversed somewhere in the town."

Other Way Around "You say this great express-rob-ber is your brother-in-law?" "No, he's my brother-outlaw."

The Northerner Down South

The Northerner Down Sound O I'm going to the Arctic to remain till birdles sing-Dern these semi-tropic countries where you freeze from fall to spring!

Of course we'd readily believe aything the unselfish English told a about German treachery to this anything ountry



Cheer And Appetite

The warra of the old proverb "Bet-ter a dinner of herbs where love is, than a stalled ox and hared there-with" had more in mind than the mental effect of such conditions. Never eat while you are angry or ex-Never eat while you are

Aside from its religious signifi-cance, the idea of saying grace be-fore meals is an excellent one from the standpoint of health, simply be-cause the moment of quiet each mem-ber must spend while the words of blessing are pronounced, calms and soothes each one present. Keep your mind cheerful during the meals at least. If you feel cross, or tired, or quarrelsome, control it

the meals at least. If you feel cross, or tired, or quarelasome, control it until some time when you are not eating. During the three meals of the day, est slowly, etjoy pleasant conversation, stop worrying, try to get the best from your food. You will be repaid by better digestion, and a distinct tendency towards a cheerfulness not forced for the occasion. occasion.

Questions and Answers

not minuterstand, you who vish to reduce, and think that cheerfulness those bol fone is the cause of your fleshiness. So me 3 would as the cause of your fleshiness. A would a to traver



A New Way To Play With Paper Dolls

"Cu, DEAM!" sighed Mary Jane dole a doll house of those little bits of fully, "I can't play with my dolls af-ter all!" "No?" haughed mother, continuing

"Oh, yes, I have dolls enough," an-swared Mary Jane, "but I have no doll house to put them in. It's stupid to try to play doll without a doll house."

to try to play doll without a doll house." Mother stepped up to the table where the dolls were spread out in rows and looked them over. "Nover did I see so many paper dolls in one little girl's house," she remarked pleasanty. "You have a doll of every kind, I do bellevel." "Yes, I have," said Mary Jane, in-te cated, in spite of h., resolve not to play with the dolls. "I have bables and boys and girls, and grown folks of all kinds. But I wish I had a house to put them in! It's no fun just to lay dolls out on a table and look at them—you know that, mother! I do wish you could buy me a paper doll house!" Mother made no answer. She stood looking at the dolls for a full minute and then she began to smile. "Why of course," she said. "Why dida'i I think of that before?"

"Then you will get me a paper doll house?" asked Mary Jane engerly.

"No, but I'll do something better." Baid mother; "I'll show you how to make one."

Mary Jane, in a very dubious frame of mind, watched her mother take her selssors out of her work basket, go to the writing desk and sort out three sheets of rather stiff letter paper and then sit down at the table works for weath

ready for work. Mother cut the paper into narrow strips about an eighth of an inch

tei sill" "No?" laughed mother, continuing "Why not?" asked mother, who happened to be going through the roota just as Mary Jane spoke, "I'm were entirely cut into strips, mother sure you have plenty of dolls to play

All Blancourse

Mother cut the paper into narrow strips about an eighth of an inch widd

laid the scissors back in her basket

laid the sciesors back in hor basket and picked up a beap of the narrow strips are had cut. "Now," she said, "what kind of a house shall we make first? A bunga-lew?" And right before Mary Jane's eyes, mother made on the table a plan of a bungalow-using the paper string to mark the walls of the

plan of a bungalow—using the paper strips to mark the walls of the rooms! Openings made the doors, and windows were marked by double pleces of the paper. "Oh, I see what you mean!" ex-claimed Mary Jane. "You design the house as you build! That's more fun than a ready-made house!" And she too picked up a pile of the paper strips and began building. She made a house, a hotel, a school and a gymnasium—all out on the dining table: then she put the dolls in the house and began her play. To-morrow—Filter Finds a Trap



Health Talks BY WILLIAM BRADY, M.D. Bad News For Buttermilk Fans Eveny new "cure" has its early day

Eveny New "cure" has its early day of wonder-working, then a day of doubt, finally a day of desuctude. Now comes the desuctude of the Bul-garian bacillus, the sour milk cure. It appears that the lactic acid germ, the old age specific of Metchnikoff, has its untoward effects.

It appears that the lactic acid zorm, the old age specifie of Metchailtoff, has its untoward offects. When you drink buttermilk, soured milk or any of the Bulgarian bacillus cultures, you are alding and abetting the formation of lactic acid in the intestinal canal. Now, just for the sake of argument, lef's say you are anemic, cachectic from some chronic disease, or emaciated. In such case you would probably be already more or less poisoned by "acidodai," which means the accumulation of carbonic acid gas and other acid combinations in the blood and tissues. To feed mature of buttermilk or Bulgarian bacillus cultures would obviously be adding fuel to the fire, take it from br. Orvall Smiley, who has studied the matter carefully and knows where of he speaks. Dr. Smiley has observed a number of patients suffering from symptoms of aggravated acidosis, due to the taking of Bulgarian bacillus prepara-tions on their own initiative. Among the symptoms he enumerates in re-perting his observations are in-creased heory irritability. Here are some of the conditions in which the authority cited believes (hough some physicians insist that Bulgarian bacillus, or other acid-pro-ducing medication, is objection-able: Theoremismic, cancer, diabetes (though some physicians insist that Bulgarian bacillus, eutures often do good in diabetes), excessive acidly of stomach (not that caused by for-mentation of food), any form of

colds?

QUESTIONS AND ANSWERS A Case In Point I am advised that the drinking of bultermilk is harmful for a person with chronic rheumatism. Is that correct? Answer-Read the above. Inciden-

tally, you had better find out what is the matter before you decide on the treatment. *Id est*, what is "rheuma-tism" in your case?

Don't Darken The Room

Are durkened rooms better than bright or very light rooms for per-sons who are hypochondriacal? .(nsucer-No. Have the room well lighted.

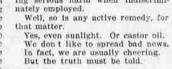
Hygiene Of Underclothing What kind of underwear do you recommend to prevent rheumatism or

PIONEER PREDICTS WAR WILL stillery, and also of Co. M 16th COME TO THE PACIFIC COAST N. Y. heavy artillery, serving his

country well and faithfully during all

WASHINGN, Feb. 14.-"The time those critical times. He was a will come," declared Ezra Meeker, farmer by occupation, and is survived

thugarian bacillus cultures often do soad in diabetes), excessive acidity of stomach (not that caused by fer-mentation of food), any form of other kinds of underclothing.



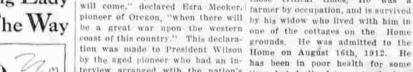
Some day Roseburg is going to own a gravity system of water works with the water coming from snow fed. streams of the Cascades, and located aike onough up to give a pressure that will carry a stream of water to the highest points of the city. any one doubts this let him look back ten years, yes five years, and see what they brought in improvement, and some of the doubts will vanish.

When a fellow has lived all his life in Ohio where spring gardening does not begin until April, then moves out to the Umpqua valley and has applicants to spade up his garden plot the middle of February, he bigins to believe that he is getting pretty close to the ideal spot.



it's never safe to judge a man's ability by his looks, and we all re-

Gollath



terview arranged with the nation's time, but declined to go to the hoschief executive by Representative pital, preferring to stay in his cot-Dill, of Washington.

Meeker spoke in behalf of a mill- the chapel of the Home on Tuesday tary highway along the trail made at 2:30, with interment in the cemfamous by himself, from St. Louis to etery adjoining. Olympia. Meeker said that "the Japancse are a proud people, and they firmly believe that they are just as good as any other race on the globe, and some of them think that they are a triffe better. History will repeat itself and we as a nation must either abandon the open door policy in China or be prepared to defend frame shurch building Roseburg. ourselves against an Oriental in- Oregon.

vador."

VETERAN PASSES AWAY.

Charles Green, aged 76, died at the Soldiers Home at 3:45 this or all bids. moraing. He was, during the Civil member the story of Samson and war, a private in Co. E, 3rd New York 240-f25

for the erection of an addition and the completion of a concrete and

Plans and specifications can b seen at the Catholic Parochial House or will be mailed on a deposit of I

NOTICE TO CONTRACTORS

Sealed blds will be received until

noon, Saturday, February 26th, 1916.

Rights are reserved to reject any

FATHER E. WALSH. Pasto



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Roseburg, Oregon

The young lady across the way says

dollars,

tage.