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TUESDAY, JANUARY 18, 1916.

HAS THE TRUE RING.

The determination of the citizens, of Yoncalla, as expressed by their enthusiastic mass meeting held yesterday not to be downcast and disheartened because of the untimely destruction of their fine school building, is only what was to have been expected from the class of citizens comprising that progressive place. According to the reports of the meeting received here, place after place was offered in which to hold the classes until such time as temporary quarters can be obtained and a new building put up. No thought of stopping the schools until this could be accomplished was observed in the remarks of any of the citizens, and all supplies needed were offered by the merchants at actual cost prices. It was a hard blow to the thriving community, especially when one considers the other misfortunes which have preceded this, but the undaunted spirit in which this new problem is being taken up and will be handled, gives proof that it will be carried out to a most successful finish. All Douglas county can well be proud that citizens with the grit and determination such as is displayed in Yoncalla, are residents within its boundaries.

Villa seems to have gone stark raving mad in his hate for this country, since it was seen fit not to recognize him officially. If reports are not exaggerated, he has declared a war of annihilation against this country, and gives his orders that no Americans be spared who fall in the clutches of his bandit band of robbers and murderers, for that is the position occupied by them now. At one time Villa had the sympathy of the people and press of this country, but now there can be but one answer to his madness, and that is to see him hunted down and made to atone for the deeds committed by his direct orders.

Poor little Greece seems to have at length come to the end of her pretended neutrality. As it is announced that the allies have given her two days in which to comply with certain terms regarding the retention of the diplomatic representatives of the central powers. It would seem that rather than suffer the fate of Belgium, Serbia and Montenegro, it would be better to at least acquiesce and bend to the mandate of a stronger force. It may not be so heroic, and may not agree with the legends of their past, but there will be fewer widows and orphans, and her cities will not be laid in waste and ruin.

BURNQUIST IS THE YOUNGEST GOVERNOR



Gov. J. A. A. Burnquist.  
J. A. A. Burnquist, lieutenant governor of Minnesota, who succeeded Governor Hammond as chief executive of that state on the latter's death recently, is but thirty-six years old. He is the youngest living governor. He graduated from the Minnesota University law school ten years ago and has since been a practicing attorney in St. Paul. He is a Republican.

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OffAginOnAgin  
STRICKLAND W. GILLICAN

The 4-Flusher  
He thought that labor should be paid the very highest price, (The scab the workmen's suffrage, and he knew that listened nice.)  
He sobbed about their poverty and wept o'er "meager wage"— "I would have wondered much if aught his sorrow could assuage.

But when he bought the stuff produced by laborers "underpaid," he kicked his trousers nearly off because it wasn't made.  
A whole lot cheaper than it was—it pained him to the bone.  
To see a workman prosper when the money was his own.

Finnish Philosophy  
Some people are accused as stalin their wise remarks fr'm other people. But when we hear their line of talk we are surprised to see what poor selections a thafe kin make!

Poetry  
Munsey's Magazine recently had this little gem:  
Star o' night, Star o' night,  
Keep shining, shining,  
Out of infinity,  
In all sublimity  
Of your divinity:  
Through the ethereal sea,  
Through the aerial sea,  
Keep shining, shining,  
On me.  
This touching and hospitable invitation by the poet to the star, urging said star to have a shine on him and when, moves us to do thus:  
Pup o' mine, Pup o' mine,  
Keep barking, barking,  
Into immensity,  
With great intensity,  
Howling your density:  
Bark on, to beat the band—  
See how much I CAN stand!  
Keep barking, barking,  
To a yel!

Wise Query  
Stranger—"Is there any mail here for J. W. Ladley?"  
General Delivery Clerk—No, nothing has come yet.  
Stranger—All right.  
General Delivery Clerk—If any more comes, where shall I send it?

Fight, and the world fights with you. Neutral, and you neutr alone.

Even the man who wont agree that it pays to advertise knows mighty well that it doesn't pay not to.

Fragmentary Conversation  
"Scattering remarks," said the stenographer as she blew the parings away from the dictagraph.

Confirmed  
"Dearie, it is being rumored around that you are my boss. What'll I say?"  
"Tell 'em I'm not."  
"All right, lovey."

Human Relationships  
Teacher—"Have you any brothers?"  
Little Girl—"One, teacher. I'd 'a' had two if my Cousin Charley hadn't died.

There are a lot of hypocrites, of course. But you can nearly always trust a big husky who stands around unconsciously whistling church tunes.

An incubator is a chicken's wooden stepmother.

Ever notice how ugly so many people are?  
Sixty seconds make one minute, sixty sucker births make an hour, etc.

Weather suit you?  
If not, are you thinking of making trouble about it?

It's a wise child that knows his own bother.

There was a man in our town Who would not advertise. And when his business ship went down, It caused no great surprise.

The Young Lady Across The Way



The young lady across the way says she never can remember the exact difference between assets and liabilities, but she supposes a good business man always is careful to keep plenty of both on hand so as to be safe whatever happens.

Health Talks  
By WILLIAM BRADY, M.D.

Home Remedies For Sick Headache

MIGRAINE or sick headache, which is much more common in women than in men and usually begins at puberty and continues until middle life, is probably a hereditary toxicemic neurosis—or, in more humane language, a nervous disease inherited from one or the other parent, characterized by periodic seizures, like epilepsy, which are produced by some poison retained in the blood, by fatigue, by excesses, or by mental excitement. But causes aside, what should be done for migraine?  
Since attacks recur with more or less frequency it is obvious that the patient must beware of drug habits. Practically all of the popular migraine or headache tablets contain, as the pain-killer, either acetanilide, phenacetin or an analogous coal-tar derivative, which, while it certainly knocks out any kind of neuralgic pain, also knocks out the heart and breaks down red-blood corpuscles. The acetanilide habit is more destructive than the morphine habit. It sends many a victim direct to the insane hospital. And this notwithstanding the fact that the tablets are "Guaranteed Under the Pure Food and Drugs Act," or "perfectly harmless."

Persons overweight who have attacks of sick headache ought to join the Bread and Milk Club—no ques, but members struggle along somehow on a plain fare of bread and milk or crackers and milk one day in each week, to give the stomach a rest and sort of catch up with their toxins.  
A diet containing little or no meat, but plenty of bread and butter, vegetables, fruit and sweets, has done much good for migraine. If there is a tendency to constipation in spite of such a diet, then either a mineral

water laxative or any of the undoc-tored saline laxatives, like Epsom salts, or phosphate of soda, or Seidlitz powders, may be taken every few days, to favor the elimination of toxic matter.  
Rest in bed, bathing the head with cool water containing a few grains of menthol, or rubbing it gently for ten minutes with corylin (a menthol derivative), and a tepid pack will give relief. Instead of resorting to the pain-killers, it sometimes suffices to take a "the strong tea or coffee, hot, unsweetened, without milk, in sips; or in lieu of that the stimulating principle of coffee, caffeine, may be taken, a grain or two, with or without ten grains of sodium bromide in solution.

Certain cases of migraine respond well to prolonged and regular use of our most hated domestic remedy, castor oil. About an ounce a day as regular ration is advised by those who believe in it.  
The cause for some periodic headaches is found in the nose.

QUESTIONS AND ANSWERS  
Albumin Not From Food  
When albumin is found in the urine, must meat, eggs, white bread and salt be omitted from one's diet? Please give me a diet.  
Answer—Not without particular directions from the doctor. Albumin in the urine doesn't signify any special kidney disease in itself. A diet cannot be determined upon such meager information. The albumin does not necessarily come from albuminous foods. There should be a microscopical examination also, and a blood pressure and heart examination.

Dr. Brady will answer all questions pertaining to Health. If your question is of general interest it will be answered through these columns; if not it will be answered personally if stamped, addressed envelope is enclosed. Dr. Brady will not prescribe for individual cases or make diagnoses. Address all letters to Dr. William Brady, care of this newspaper.

Vest Pocket Essays  
BY GEORGE FITCH

VERMONT

VERMONT is one of our most popular pocket edition states. It is one-half of a philopona—New Hampshire being the other—and is slightly smaller than Nye county, Nevada, though considerably more prominent, socially.

Vermont has the best foundation of any state. It is solid marble and the humble Vermont farmer could go out back of his barn and blast the ingredients for a royal palace out of his cow lot if he had time. Agriculture in Vermont is conducted with dynamite, pickaxes and channelling machines, and the farmer has to treat his farm as if it were a parlor carpet in order to keep from wearing all the soil off of its beautiful stone subsurface. Vermont has some of the thinnest skinned farms in the world and some of the thickest skinned politicians.

The population of Vermont is about 36,000 people, most of whom were born there. The state is not annoyed by immigration. On the other hand, almost every day the population of some Vermont town goes down to the train to bid good-bye to some citizen who is going West to buy a farm large enough to balance a calf on without sacrificing the potato patch. Vermont has supplied the ancestors for hundreds of thousands of Western people, and is regarded with great affection everywhere west of New York. Tombstones and ancestors are in fact its greatest exports. The soil of Vermont when properly cut and polished makes beautiful tombstones, and the Vermont boy if caught young enough and transported to some western state becomes a Congressman with scarcely any effort.

Vermont is located on about twenty-four branch line railroads and three strong men many hundreds of years ago. The capital of the state is Montpelier, a small town cleverly concealed on a branch of the Boston & Maine. Vermont has a full-sized legislature composed of two separate houses, and when it is in session the women of the state have to help out in the chores.

Vermont has had a glorious history and has insured three times—once against the Indians, once against the British and once against Massachusetts, which attempted to swallow it. The state has been very meek and mild during the present century, however, and has not as yet claimed the privilege of electing its own senators.

Views Of The Press  
The Almoner Of The Nations

THIS YOUNG REPUBLIC has risen to a place of unique distinction among the nations of the earth—a distinction without precedent or parallel in the annals of history.

It is a far cry back to the day when the bold Italian explorer first looked upon this new continent, but from that time till there was established here that new republic which was a radical departure from all known forms of government, and was the first great experiment in government of the people, by the people and for the people, seed were being sown from which there was destined to be reaped a harvest of blessings for humanity.

It is but to restate accepted history to say that the declaration of American independence was received with ridicule and pessimistic predictions of the speedy collapse of the proposed republic by all the monarchial nations of the world, and it required seven years of heroic battle, and the direct privation and suffering to make good the declaration that the people of America had the right and ought to be free and independent. Even after independence had been achieved, the government established was looked upon with ill-disguised contempt by all the nations beyond the seas. And 132 years has not been long enough time to convince the believers in the divine right to rule that a government based on the consent of the governed can endure.  
It has endured, and not only endured, but, holding to the basic principle that all just government derives its power from the consent of the governed and that the people are the repository of all power, has risen to a commanding position of unchallenged pre-eminence among the nations of the earth. The capacity of the people for self-government has been demonstrated for a century and a third.  
The man obsessed with the idea that power flows downward to the people from those having an inherited right to rule may be unwilling to concede that the position and power of this nation is the logical outcome of popular government, but the fact remains that here peace prevails and the despised republic has become the almoner of the nations.  
The stone which the builder rejected has become the headstone of the corner. The star of the once despised young republic casts athwart the seas its rays of comfort and hope for the war-cursed nations whose fields are reddened with human blood and whose people sup with poverty and sit by desolate hearthstones, while the wall of bruised hearts rises above the din of human habitations. —Houston Chronicle.

Cartoons Of The Day



People's Legal Friend  
BY E. R. BRANSON

A Physical Impossibility  
Q. Could one be held to a contract if its performance should be physically impossible? A. No.

Mr. Branson will be glad to answer all questions. If your question is of general interest it will be answered through these columns; if not, it will be answered personally if stamped, addressed envelope is enclosed. Address all letters to E. R. Branson, care of this newspaper.

A Big Man

Senator Thomas of Colorado, is a person who has never been needlessly hampered by too strict adherence to convention. He does things in his own way. For instance, he wears a neat, gray wig in the winter time, but lays it off with the coming of the first spring days, along with his high shoes and winter underwear. When he came to the Senate he made a long speech, almost as soon as he had been assigned to a seat—regardless of custom to the contrary. Always he goes ahead by whatever route occurs to him. Others can go some other way if they wish to. It was the same way when he was a criminal lawyer, out in Colorado years ago.

Thomas was one of the most resourceful criminal lawyers in the West. If he couldn't get a fellow out of jail by alibi, habeas corpus, or some other such conventional means, he would think up some other way. This made him a mighty desirable attorney for murderers and such people. Many a bright young murderer had his career spoiled and died suddenly from hanging, simply because he lacked the foresight to employ Thomas for his attorney.

In one case Thomas appeared for a man accused of murdering a prominent citizen, who had received a bullet wound under the shoulder blade. The question was whether the man had been murdered or committed suicide. Thomas took an optimistic view of the situation and advanced many theories to show the jury that it was a case of suicide.

But, the prosecuting attorney asked: "How could it have been suicide when it is physically impossible for a man to point a gun at such an angle against his own back? Men aren't built with long enough arms."  
"Ah, shucks!" declared Thomas at that point, and he picked up the revolver, which comprised Exhibit A, and with his long right arm, pointed

Pepper Talks  
BY GEORGE MATTHEW ADAMS

Obligations

Everyone of us has his Obligations. We have our Obligations first to what we have within us that may be of benefit to the world at large. Then we have Obligations of Citizenship, of Friendship, of Business, of Honor—of Responsibility for having been made a Human Being.

To be true to your highest Obligations is to make every man your Debtor.

You may think that to "let up" on some one of your high Obligations at times is not going to make much difference. But the keen eye of opportunity, Perfection, that ever watches over the progress of every individual, is sure to detect and record it against you, and your bigness and greatness is going to lose from that hour just that much—how much, no man may know.

For every Obligation that is slighted or abandoned, there appears an added Obligation that must be paid for at its own price.

Honor Your Obligations and keep them. Be glad that you have Obligations off of which you may Grow. For no one is worth his Salt or his Dust that has not at some time or other placed worthily, some other person as highly Obligated to him. Every time you render a good Service, you fulfill an Obligation. Every time you do what you feel you ought to do, you wipe an Obligation from your list of happy Tasks.

Grow rich off of your Obligations by compelling them to increase your Usefulness and Happiness instead of adding to your life unhappy Burdens and nerve-wrenching Worries.

Current Poetry

The Lesson

When Tommy went to bed at night he used to lark and play. Instead of folding up his clothes and putting them away. He'd leave his stockings on the stairs; he never cared at all. If jacket, shoes and waist and tie were scattered through the hall. And after he was fast asleep there lay along the floor A slovenly, untidy trail of everything he wore.

But just last week he had a dream—a goblin all in white. Stood leering at him through the gloom; a truly horrid sight. And savagely the goblin said: "At last, I think, I've found The very foolish little boy that throws his clothes around. Now find those clothes, sir, right away; for we are going to go Down yonder by the frozen creek and frolic in the snow. I'll give you just two minutes, just two minutes, sir, from now, And if you are not dressed by then I'll take you, anyhow."

Well, Tommy hunted breathlessly, but all that he could do. Within the time allowed to him was just to find one shoe. And with one shoe and nothing else, although he begged and cried, He had to trudge through frozen drifts beside the goblin's side; To slide across the glittering ice, while that malignant sprite Stood pelting him with snowballs through that long and awful night. He woke next morning shivering and when night came—poor kid— He threw his clothes around the room the way he always did. —James J. Montague.

Snapshots  
By Jay E. House

An actor often succeeds in disguising himself, but a preacher seldom is able to conceal his trademark.

There is, at least, this to say for the safety razor: it doesn't remove the lather from a customer's mouth with its fingers.

An optimist is a man who has minding stock to sell. A pessimist is the gentleman who bought it.

About the best bait a woman puts out is the way she dresses her hair for a party.

"Early rising," says one eminent authority, "is a mistake." It certainly is—for the worm.

The hunter who mistakes a man for a rabbit often is right about it.

Any joke is funny if your boss tells it.

One man in a thousand tells a story well. But the 999 keep right on with their practicing.

While he doesn't rely on it entirely, the devil generally baits with whiskey. If it is claimed for a medicine that it is good for the liver there is always a brisk demand for it.