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## THE BATHS OF LUXURY AND OF HYGIENE.

"I want to help you to grow as beautiful as God meant you to be when he thought of you first."

"Nowhere else in the world has the giant of material progress worn such huge, seven league boots" as in this truly great, but still crudely young republic of ours. But with all our progress, we have been culpably blind and negligent concerning certain fundamental principles which must underlie every fair structure that is building for all time.

The health of a nation, physical, mental, and moral, is its greatest wealth; but in our haste to grasp the glittering bauble of material riches, we have squandered there as recklessly as a child tosses the sands upon the seashore. The enormous fortunes accumulated by a few have enabled these lucky mortals unblighted by Saturn—who form, perhaps the seventieth part of our teeming millions, floating buoyantly on top of the struggling, striving multitude—to surround themselves with everything that science and invention can furnish for the perfection of healthful living as well as its luxury.

These conditions, in a certain measure, at least, a wise government should provide free for its less favored people who are unable to pay for them; and the return, in improved health and morality and consequent decrease in crime, would be hundred fold. We have been disgracefully negligent in the matter of free baths, and the good which would be accomplished by the establishment of these in every town and city it would be impossible to overestimate. When we consider the condition of the "great unwashed," the actual suffering in nervous irritability and countless bodily tortures from the want of cleanliness alone, the wonder is they are as patient—that reckless, hasty crimes, vicious work of a moment's made self-abandonment, are not more frequent!

The health, light-heartedness, and happiness of the Japanese are doubtless due in no small measure to their public baths, which make it possible for every man, woman and child to enjoy a daily plunge. It would be a "retort courtois" if some of those so-called "barbarous" nations, to which in our arrogant pride of superior morality we send missionaries, would come here and start a public bath crusade. That would perhaps turn a light upon us by which we could "see ourselves as others see us," and rouse public interest to remove this blot upon our civilization. "The soul and mind cabled with the confines of a dirty skin can no more exercise their God-like prerogatives of highest reason and activity than a prisoner in a felon's cell can exercise his limbs with the vigor and agility of a free man. Healthy imagination thus becomes dormant or extinguished, and conscience itself abridged or degraded into vice."

A skin loaded and obstructed with exuviae puts the body in exactly the condition for the absorption of all noxious vapors and infectious germs from the atmosphere. Thus are the poor compelled to take and to spread every contagious disease that is in the air. The greater part of contagious poisons are made epidemic in this manner. The poor have no weapons for defense; they cannot rub away the poison, but must absorb it into their own poor, run-down bodies.

The extreme purity of the skin being absolutely essential for health, it follows that the daily bath is the surest means to secure it; and nothing conduces more to keep the skin soft, the flesh firm and round, the limbs pliant, and the whole body vigorous than frequent baths. Many beauty-destroying disorders are induced by neglect of bathing, for

everything which depresses the action of the skin lowers the tone of all other vital organs. The volatile matter, or vapor, exhaled daily by the skin in normal health is twice that which the lungs eliminate, hence an inactive skin throws extra work upon both lungs and kidneys; and if it does not disease these organs it will wear them out prematurely. Three fourths of the diseases to which civilized man is subject are attributed to the pores of the skin becoming stopped up.

If women could but realize the nature of the poisonous matter exuded from the skin through its millions of pores, it would not be necessary to advocate the advantages of the bath and its absolute necessity.

Yours for charming womankind,  
MADAME QUIVILLA.

## NEWS FROM THE JUNGLES OF CAVITT CREEK.

Messrs. Ireland and Houser, of the forest service, made their monthly tour of inspection last week.

Mr. George Weber and family are camping at the old Harry Williams place where they succeeded in landing several bags of speckled beauties and a few fine bucks.

This is the year of "no fires" in this part of the woods, to the delight of the timber owners.

Fred Asam, the veteran guide, is busy this week plotting the Weber party to the haunts of the finny tribe and the antlered herd.

Let every road supervisor take a solemn vow that he will not spend a cent of the taxpayers' money (except for temporary repairs) on the roads, unless the same is on as good a grade as the topography of the district will permit, and then grade, ditch, rock and gravel. This is the vow of H. J. Robinett, our road supervisor, so we understand.

Our old-time neighbor, L. A. Sanctuary, returned to his homestead last week after several years' absence, owing to a paralytic stroke which he suffered several years ago.

Leslie Perdue came up from Roseburg yesterday with a load of supplies for his homestead.

Mrs. H. J. Robinett had the good fortune of killing a fine three pointed buck on the homestead last week. She fired four shots with a 20-30 Marlin rifle, three of which took effect in the neck, and one missing.

Newt Howe is having quite a time locating his two gray horses which strayed away from White Rock camp some ten days ago. He says he has traveled at least 500 miles trying to find them. Why don't he put an ad. in The News? That is the way to find what you are looking for, when you can't find it any place else.

How we hope and pray for a railroad to be built nearer! If not to us, then to our far away neighbors whoever they may be.

There was considerable excitement in our community the other day, caused by an unusual sound the like of which was never heard on Cavitt Creek before. It seems as though they all heard it, and began to investigate, and after diligent search they found it to be a low, faint moow—the voice of a lone Bull Moose, who had straggled into the country. X. Y. Z.

M. Petrie, an old soldier, went to Oakland this morning to spend a few days with friends.

## LOCAL NEWS.

Contractor F. F. Patterson went to Yoncalla this afternoon to look after business interests.

Dr. Stewart has returned to resume his practice after an absence of about two months.

Norman Throne, of Ashland, arrived in Roseburg this afternoon for a brief visit.

Deputy Sheriff Lawson, of Glandale, arrived here this afternoon to look after business interests.

Justice of the Peace Reuben Masters left for the country this morning where he will spend a few days' hunting.

J. M. Engle left here this afternoon for points in the northern part of the county where he will spend a few days.

Marriage license was issued this morning to H. J. Carter and Anna Colman, both residents of Myrtle Creek.

According to word received here today, Hon. Ben Selling, who has been spending the past few days at Marshfield will return here Friday.

Dr. A. F. Sother, who has been spending the past few weeks at Marshfield, Gardiner and other coast points is expected home this week. Mr. Sother will make the trip from Portland to Roseburg by automobile.

Clarence H. Hooper, of Portland, arrived in Roseburg this morning to spend a few days visiting with friends. Mr. Hooper owns a homestead above Tiller and it may be possible that he will visit that locality before returning home.

F. P. Norton and wife, of Marshfield passed through Roseburg this afternoon enroute to points in the northern part of the state. Mr. Norton has a fast string of driving horses which he has entered in the important speed events to be held on the various Oregon tracks this fall.

Mr. Nelson, accompanied by Mr. Madison and wife, all former residents of Minneapolis, Minn., left here this afternoon for Portland after purchasing two 10-acre tracts, formerly a part of the Leadbetter Orchards, in Edenbower. The purchasers intend to return here this fall with a view of making Douglas county their permanent home.

M. V. Case, of Cleveland, was in Roseburg for a few hours today. Mr. Case says he is already making plans to rebuild his sawmill which was recently destroyed by fire. He will also erect a modern residence to replace the one destroyed at the time of the fire. The new mill to be erected by Mr. Case will be modern in every particular, and in a measure, will be fire-proof.

The sight of two mysterious characters on the roof of the local post-office late last night caused considerable excitement, and the officers were called into action. When the officers arrived on the scene the men had left, however, without leaving a clue to establish their identity. The officers believe the men were bent on robbery and would have accomplished their purpose had it not been for their detection.

T. J. McCarvel, of Rogue River, and Miss May E. Jennings, of Reuben, were quietly married at the city hall last evening. The wedding ceremony was performed by City Recorder Carl Wimberly and was witnessed by a couple of intimate friends of the contracting parties. The happy couple left for Rogue River this

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morning where they will make their future home.

Mrs. Jupin, mother of J. H. Jupin, an employe of the city, arrived here a few days ago from Marshfield where she has been quite ill. She is said to be somewhat improved at the present writing.

Miss Bonnie Burr, of Boston, Mass., was the mysterious name appearing on the register of the McGallen hotel this morning. Miss Burr is the lady with the pink mask, and according to newspaper reports, was due to arrive at Portland this afternoon. Whether Miss Burr really registered in Roseburg last evening or whether some person assumed her name is mere conjecture. Even the hotel clerks are unable to solve the apparent mystery.

According to Joseph Sykes the rainbow and brook trout arriving here this morning were distributed as follows: 51,000 in the North Umpqua river, between Whistlers' Bend and Honey Creek; 7,000 in Rock Creek, 10,000 in Callahan Creek, 8,000 in the north fork of Deer Creek, 6,000 in the middle fork of Deer Creek, and 5,000 in the south fork of Deer Creek.

Loyal Emery returned to his home at noon today after submitting to a slight operation.

Elated over the prospects of stocking the various streams of Douglas county, local sportsmen are today considering the advisability of asking the state game commission to send a consignment of bass to Roseburg in order that they may be "planted" in the South Umpqua river and its tributaries. Thomas G. Craig, deputy fish warden, who accompanied this morning's consignment of rainbow and brook trout to Roseburg; informed Dr. F. H. Vinell and other

local fishermen that bass were plentiful in and about the Willamette and Columbia rivers and that a supply could be obtained here in the event the matter was taken up with State Game and Fish Warden Findley. In view of Mr. Craig's assertions, local sportsmen will probably confer with the state game and fish warden at an early date. In all 188,000 rainbow and brook trout were planted in the streams of Douglas county this morning.

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Where does the wind begin?  
Why can't we see in the dark?  
What are eyebrows for?  
Why are the rain drops round?  
Why is the snow so white?  
What is the Milky Way?  
What is the use of our hair?  
Why do we grow old?  
Why is yawning infectious?  
Do we think in words?  
Why does water freeze?  
And thousands of others

### Opens Every Door A Child Should Enter

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