

CANDY INSTEAD OF WHISKY

It Is Claimed Sweets Take the Place of Alcohol.

Brooklyn, Dec. 23.—Candy eating is becoming a great American national habit. The use is no longer confined to children, the married girls and their mothers. Man has come so under the potent influence of his sweet tooth and to the growing penchant for sweets that the candy bill of Uncle Sam is \$130,000,000 a year.

It is said by experts that the enormous increase in the use of candy is the most direct outcome of a corresponding decrease in the use of alcohol. Physicians have noted the fact that the two tastes are diametrically opposed. Alcohol destroys the taste for sweets, and it is rare to find a heavy drinker who cares for desserts, let alone gives up himself to the delights of candy.

Correspondingly the heavy candy eater is not likely to be the person who has a strong liking for whiskey, beer or wine. In the last few years the admitted gain of sobriety among all classes of people has had the effect of adding to the business of the candy maker in leaps and bounds. It is no uncommon thing to go into the office of a business man, the leader of law or finance who is constantly dealing with problems involving the outlay of a big sum of money, and find on his desk a box of bonbons or chocolates. These he will offer to a visitor much in the same way that he used to think it proper courtesy to offer a cigar or invite his guest out to have a drink with him. Considered solely as an article of food candy is most beneficial. It supplies heat and energy in compact form, is readily digested and is of great value in relieving fatigue. Many men find in candy a mild stimulation, something somewhat similar in effect to what they formerly got from tobacco or whisky. In the manufacture of candy the United States leads the world both in the quantity and quality of the product.

THE HEALING STRENGTH OF MINERAL WATERS

In Cases of Dyspepsia, Rheumatism, Gout and Nervous Breakdown, Is Marvelous

Upon recent investigation by eminent physicians, chemists and scientists it has been demonstrated that natural, earth flowing mineral waters are the most beneficial means for the cure of organic maladies.

Paso Robles Hot Springs are at this time the point of interest to most investigators, as recent occurrences have attracted the attention of the thinking world to these springs.

One of their chief points of interest to medical men is said to be that which proves that a pre-eminent action rests in the waters which flow from the earth at Paso Robles, California.

Paso Robles Hot Springs are making cures daily of rheumatism, gout, stomach trouble, neurotic diseases, kidney trouble, and general breakdown, which proves almost beyond question to medical men that there is some quality in these waters superior to any in this country and probably in the world.

It is also claimed for Paso Robles that the air conditions are perfect. It lies in a small valley protected by mountain ranges; is 720 feet above sea level and is not assailed by too much sea moisture or an abnormal temperature from the hot land winds.

This air condition is thought by some to have almost as much to do with its cures as the waters themselves.

The town like all health resorts, is filled with boarding houses of all kinds, so that every purse will be pleased. There are hotels for the rich, where any luxury may be had. Private baths for exclusive patrons who wish to be to themselves.

These springs have been known for centuries, for they were used by the Indian to cure his sick, and later the Franciscan fathers performed wonderful cures here, but it is only recently that the really marvelous powers of these waters were made

known to the world at large.

Nearly every form of organic trouble is treated at these hot springs, for the authorities welcome all except those who have tuberculosis or unclear diseases. For the man who suffers from overeating or from alcoholic excesses there is nothing in the world to equal a week spent at Paso Robles. It straightens him out with a rapidity that is wonderful, and the best recommendation is that they do away with the nerve-craving for stimulants because of their peculiar soothing effects upon the nervous system.

Truly speaking the study of Paso Robles Hot Springs is one which is giving the medical fraternity abroad and at home much interest, and is probably directing more attention to California than any other of her natural gifts to man.

A small book, neatly illustrated, has been recently published by the management telling the story of the Hot Springs in a most interesting manner and giving complete information. Send for it, either to Wm. McMurray, General Passenger Agent of the O. R. & N., Portland, Oregon, or Dr. F. W. Sawyer, manager, Paso Robles, California.

XMAS ALMOST AT HAND

A Few Suggestions For Your Consideration

DESKS—Have you seen our line of ladies desks, combination cases, book cases, etc.?

CHAIRS—We are showing the finest line of rockers and dining chairs we have ever had the pleasure of showing.

TABLES—Dining tables, buffets and china closets, library and center tables in latest designs and styles.

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THE WATER FRONT DRY GOODS STORE

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We don't sell for cost or below cost—but we will sell right at cost. If you don't believe it, try us and see. With each dollar's worth of goods purchased you are entitled to a chance on a nice set of silverware, knives, forks, table and teaspoons. See them in the window. Come and see for yourself, don't be misled by any one for you will miss it.

D. J. JARVIS
PROPRIETOR.

Roseburg Restaurant

South Side Cass St., Near Depot.

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In order to accommodate our customers who are unable to do their Xmas shopping in day time, we will keep our store open evenings until Xmas. Graves Art Emporium. If

Hay, oats or grain are all right for the horse, but how about your wife. Wouldn't she be pleased to have some of those swell fixtures for her home, now on display at Winnie Gaddis, the plumber? If

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Amos W. Hester, violinist at Star theatre, will accept pupils for violin. Especial attention to juveniles. Inquire at Star theatre or phone 885.

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